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VILIM ball VILIM BALL

VILIM ball AI-Powered Vibration Therapy Ball User Manual

Brand: VILIM ball | Model: VILIM BALL



Image: The VILIM ball, a white and black spherical device, shown alongside its product packaging, highlighting its design and presentation.

1. INTRODUCTION

The VILIM ball is an AI-powered vibration therapy device designed to provide temporary relief from hand tremors associated with conditions such as Essential Tremor and Parkinson's disease. This manual provides essential information for the safe and effective use of your VILIM ball, including setup, operation, maintenance, and troubleshooting.

2. SAFETY INFORMATION

Please read all safety instructions carefully before using the VILIM ball. Failure to do so may result in injury or device malfunction.

- Consult your physician before using this device, especially if you have pre-existing medical conditions or are pregnant.
- Do not use the device on broken skin, open wounds, or areas with acute inflammation.
- Keep the device out of reach of children.
- Use only the provided charging cable.
- Do not disassemble or attempt to repair the device yourself. Contact customer support for assistance.
- Discontinue use if you experience any discomfort, pain, or adverse reactions.

Legal Disclaimer:

Statements regarding this device have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PACKAGE CONTENTS

Ensure all items are present in your VILIM ball package:

- 1x VILIM ball AI-Powered Vibration Therapy Device
- 1x Magnetic Charging Cable
- 1x User Manual

4. PRODUCT OVERVIEW

The VILIM ball is a compact, ergonomic device designed for hand tremor management. It utilizes AI-driven personalized vibration therapy to stimulate muscles and nerves, aiming to reduce tremor activity.

The Genesis of VILIMED

At VILIMED, we're dedicated to developing innovative devices that **improve quality of life**. Our flagship product, the VILIM ball, offers a **non-invasive solution to reduce hand tremors**, empowering individuals to **regain control and confidence**.

Image: A hand holding the VILIM ball, with text indicating it is personalized, non-invasive, developed in Europe, trusted by users worldwide, and provides results in 10 minutes.

Key features include:

- **AI-Powered Personalization:** Adapts vibration patterns to your unique tremor.
- **Anti-Habituation Technology:** Modulates vibrations to prevent the nervous system from adapting, maintaining therapeutic efficacy.
- **One-Button Operation:** Simple and intuitive to use.
- **Portable and Rechargeable:** Designed for convenience and use anywhere.
- **Compatibility:** Works with the SteadyHands tremor meter app for tracking progress.

5. SETUP

5.1 Initial Charging

Before first use, fully charge your VILIM ball. Connect the magnetic charging cable to the device and a USB power source. The indicator light will show charging status (refer to device for specific light indicators).

5.2 App Connection (Optional)

For enhanced tracking and personalization, download the SteadyHands tremor meter app from your device's app store. Follow the in-app instructions to connect your VILIM ball and begin monitoring your progress.

Commitment to Quality

From idea to science-backed device, VILIM ball went through years of research, development, and testing. CE 0197 and ISO 13485 certified, it meets the **highest standards for safety, performance, and real-life use.**

Image: A visual guide demonstrating four easy steps to use the VILIM ball: holding it, pressing the button, relaxing for 10 minutes, and repeating three times a day.

6. OPERATING INSTRUCTIONS

Follow these steps for effective tremor therapy:

1. **Hold the VILIM ball:** Place the device comfortably in your palm and gently squeeze it with your fingers.
2. **Press the Button:** Press the power button on the device. Therapy will begin automatically. No complex setup is required.
3. **Relax for 10 Minutes:** Allow the AI-powered vibration to work. Maintain a relaxed grip.
4. **Repeat:** Use for 10 minutes per hand, three times a day, at intervals of approximately 4 hours, or as recommended by your healthcare professional.

Personalization is key. For full benefits, consistent use for at least 14 days is recommended.

Understanding the Therapy

The VILIM ball transmits repetitive mechanical stimulation. This process helps exchange nerve signals between the cerebral cortex and the arm, which can suppress hand tremors. The effect can be felt instantly after the first use and may last up to 4 hours.

Your browser does not support the video tag.

Video: An explanation of how the VILIM ball works to reduce hand tremors through AI-powered vibration therapy.

Your browser does not support the video tag.

Video: A demonstration of effective VILIM ball therapy, highlighting its use for 10 minutes.

Your browser does not support the video tag.

Video: A user's journey with the VILIM ball, showcasing before and after results of tremor relief.

7. MAINTENANCE

7.1 Cleaning

The VILIM ball is designed to resist dust and splashes. To clean, wipe the device with a soft, damp cloth. Do not submerge the device in water or use harsh chemicals.

7.2 Storage

Store the VILIM ball in a cool, dry place away from direct sunlight and extreme temperatures. When not in use, it is recommended to store it in its original packaging or a protective pouch.

7.3 Battery Care

The device contains a Lithium Ion battery. For optimal battery life, avoid fully discharging the battery frequently. Recharge the device when the battery indicator suggests low power. The VILIM ball has a long battery life, with up to 6 months on standby after one charge.

Start Feeling Steadier Today

Testimonial 1: "Vibration Therapy in Tremor has a very long tradition. Until now, the devices used for this treatment were too big and too bulky. With the VILIM ball, we now have a handy device that can be used anywhere for modern personalised treatment."
—
— Neurologist Dr. Dieter Volc, Austria

Testimonial 2: "I am amazed how VILIM ball made me feel! I have ET for all my life, and now I have none or very little head, internal tremors, no voice, full-body tremors, and my hands has just very slight tremor."
—
— Nichole Wilton (Shakey Nan), Australia

Testimonial 3: "The VILIM ball allows me to reduce my tremor effectively, quickly, and unobtrusively at any place and at any time. It is small, handy, chic, works quietly and most importantly: Absolutely free of any chemistry and without any side effects!"
—
— Britta Sprick, Germany

Image: An infographic detailing the VILIM ball's features: compact and portable, quiet and discreet, long battery life, built to last, personalized AI therapy, and effortless use.

8. TROUBLESHOOTING

If you encounter issues with your VILIM ball, refer to the following common solutions:

Problem	Possible Cause	Solution
Device does not turn on.	Low battery or device malfunction.	Charge the device fully. If the issue persists, contact customer support.

Problem	Possible Cause	Solution
No vibration during therapy.	Device not activated correctly or internal issue.	Ensure the power button is pressed firmly. Check battery level. If still not vibrating, contact support.
App not connecting to VILIM ball.	Bluetooth issue or app settings.	Ensure Bluetooth is enabled on your smartphone. Restart the app and the VILIM ball. Check app permissions.
Tremor relief is not noticeable.	Inconsistent use or individual variation.	Ensure consistent use as recommended (10 minutes per hand, 3 times daily). Personalization may take up to 14 days. Consult your physician for further advice.

9. SPECIFICATIONS

- **Item Model Number:** VILIM_BALL
- **Batteries:** 1 Lithium Ion battery required (included)
- **Package Dimensions:** 6.22 x 4.76 x 3.03 inches
- **Item Weight:** 4.23 ounces
- **Manufacturer:** JSC "Vilimed"

10. WARRANTY & SUPPORT

The VILIM ball comes with a 2-year product support. For warranty claims, technical assistance, or any questions regarding your device, please contact VILIM ball customer support through the official website or your point of purchase.

Please retain your proof of purchase for warranty validation.