HUAWEI Seiya-B29W

HUAWEI Watch FIT4 Pro Smartwatch User Manual

Model: Seiya-B29W



Front view of the HUAWEI Watch FIT4 Pro Smartwatch, featuring a green band and a vibrant green watch face displaying time and golf-related data.

1. Introduction

The HUAWEI Watch FIT4 Pro Smartwatch is a sophisticated wearable device designed to enhance your daily life through advanced health monitoring, comprehensive fitness tracking, and smart connectivity. With its durable construction, long-lasting battery, and intuitive interface, it's an ideal companion for both everyday use and intense athletic pursuits.

2. Setup

2.1. What's in the Box

- Watch × 1
- Charging Cradle (including the charging cable) × 1
- Quick Start Guide & Safety Information & Warranty Card × 1



The HUAWEI Watch FIT4 Pro Smartwatch, its magnetic charging cradle with cable, and accompanying quick start guide, safety information, and warranty card.

2.2. Charging the Device

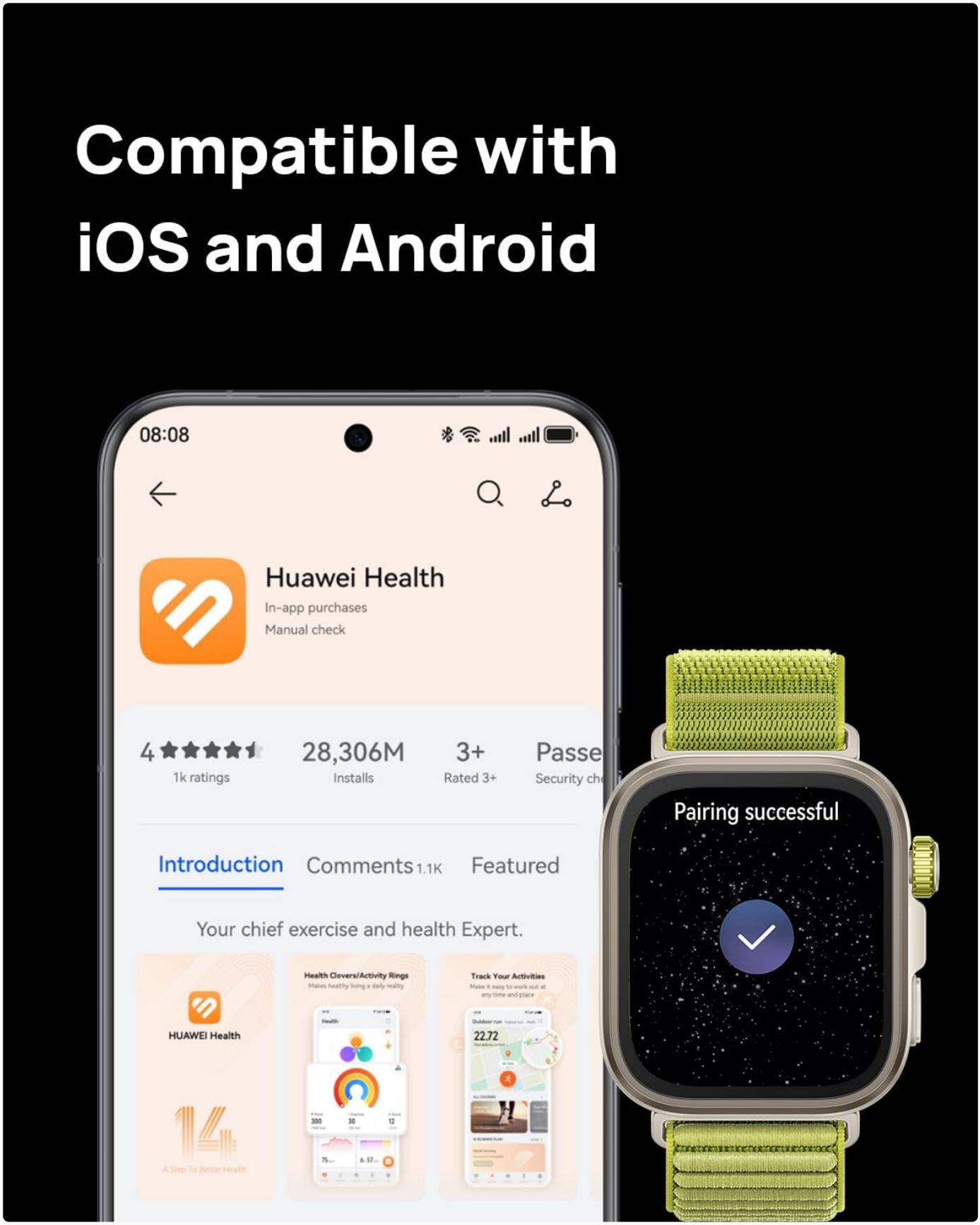
Before first use, fully charge your HUAWEI Watch FIT4 Pro. Connect the charging cradle to a power source and align the watch with the magnetic contacts on the cradle. The watch will indicate charging status on its display.



The smartwatch connected to its 2nd-gen Wireless SuperCharger, illustrating that a 10-minute charge provides a full day of use, with up to 10 days of maximum battery life.

2.3. Pairing with Your Smartphone

To unlock the full potential of your smartwatch, pair it with your Android or iOS device using the Huawei Health app. Download the app from your device's app store, open it, and follow the on-screen instructions to add your HUAWEI Watch FIT4 Pro.



The smartwatch displaying a 'Pairing successful' message next to a smartphone screen showing the Huawei Health app, indicating compatibility with both Android and iOS devices.

3. Operating the Smartwatch

3.1. Display and Navigation

The HUAWEI Watch FIT4 Pro features a vibrant 1.82-inch Sapphire Display with a Titanium Alloy Bezel, offering exceptional clarity and durability. Navigate through menus and features using the touchscreen and the physical buttons on the side.



A close-up side view of the smartwatch, emphasizing its sleek 9.3 mm thickness and lightweight design at 30.4 grams, contributing to comfortable all-day wear.

3.2. Health Tracking

Stay on top of your well-being with advanced sensors and algorithms:

- **Continuous Heart Rate Monitoring:** Tracks your heart rate 24/7.
- **SpO2 Monitoring:** Automatic blood oxygen saturation measurement.
- **Stress Analysis:** All-day stress level monitoring.
- **Sleep Tracking:** Provides detailed insights into your sleep patterns and quality.



The smartwatch screen showing various wrist-based health insights, including sleep score, stress levels, and exercise duration compared to the previous day.

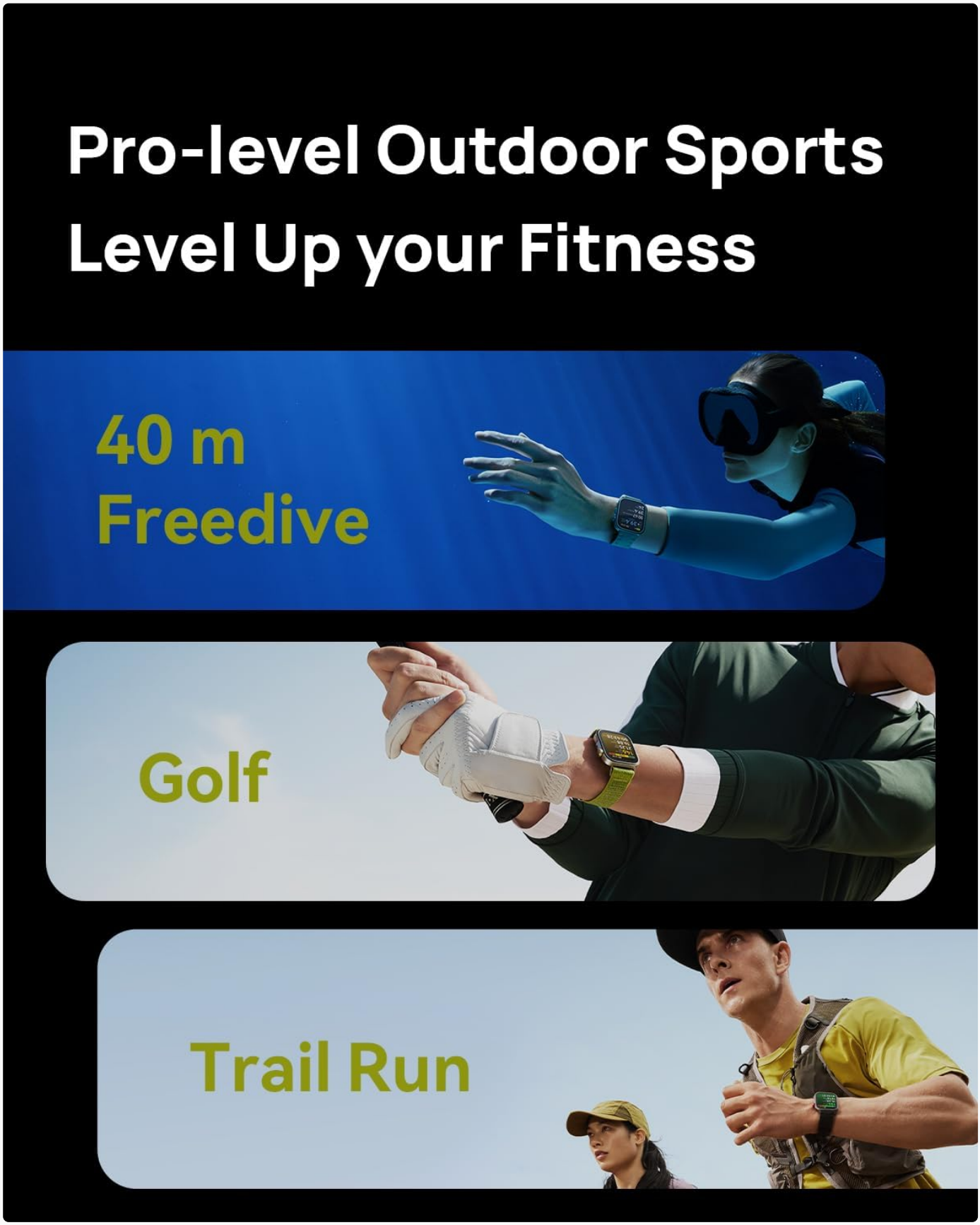
3.3. Workout Modes and GPS

The smartwatch supports over 100 workout modes, including specialized tracking for:

- **Trail Runs:** Detailed performance insights for outdoor running.
- **Golf:** Maps and data to improve your game.

- **Freediving:** Tracks dives up to 40 meters.

Built-in Dual Band GPS ensures accurate route tracking and positioning for outdoor activities.



Visual representation of the smartwatch's advanced tracking for various sports, including 40-meter freediving, golf, and trail running, designed to help users level up their fitness.

3.4. Connectivity

The HUAWEI Watch FIT4 Pro offers robust connectivity options:

- **Bluetooth:** 2.4 GHz, supports BT5.2 and BR + BLE for seamless smartphone connection.
- **NFC:** Supported for convenient tap-to-pay functionality in regions where Huawei Pay is available.
- **GNSS:** L1: GPS + GLONASS + GALILEO + BDS + QZSS; L5: GPS + GALILEO + BDS + QZSS for precise location tracking.

4. Maintenance

4.1. Cleaning Your Smartwatch

Regularly clean your watch and strap to prevent skin irritation and maintain device performance. Use a soft, damp cloth to wipe the watch face, body, and strap. For stubborn dirt, a mild soap solution can be used, followed by rinsing with clean water and thorough drying.

4.2. Water Resistance

The HUAWEI Watch FIT4 Pro is rated for 5ATM water resistance and supports 40-meter freediving. It is suitable for shallow-water activities like swimming in pools or the ocean. Avoid using it in hot showers, saunas, or for high-speed water sports, as steam and high pressure can compromise water resistance.

4.3. Battery Care

To prolong battery life, avoid extreme temperatures and fully discharging the battery frequently. Charge the device when the battery level is low, but it's not necessary to wait for it to completely drain. Use only the provided charging cradle.

5. Troubleshooting

5.1. Connectivity Issues

- **Watch not pairing:** Ensure Bluetooth is enabled on your phone and the watch is within range. Restart both devices and try pairing again.
- **Notifications not received:** Check notification settings in the Huawei Health app and your phone's system settings to ensure permissions are granted.

5.2. Tracking Inaccuracies

- **Heart rate/SpO2:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor area regularly.
- **GPS:** For best accuracy, ensure you are in an open area with a clear view of the sky. Allow the watch a few moments to acquire a signal before starting outdoor activities.

6. Specifications

Feature	Detail
Product Dimensions	1.81 x 0.47 x 0.31 inches
Item Weight	1.07 ounces (30.4 Grams)
ASIN	B0F32SN51Q
Item Model Number	Seiya-B29W
Batteries	1 A batteries required. (included)
Standing Screen Display Size	1.82 Inches

Memory Storage Capacity	4 GB
Operating System	HarmonyOS
Special Feature	Touchscreen, Lightweight, Multisport Tracker, Activity Tracker, Always On Display
Battery Capacity	400 Milliamp Hours
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Battery Cell Composition	Lithium Polymer
GPS	Built-in GPS
Shape	Rectangular
Screen Size	1.82 Inches

7. Warranty and Support

Your HUAWEI Watch FIT4 Pro comes with a warranty. Please refer to the included Warranty Card for detailed terms and conditions. For further assistance, technical support, or service inquiries, please visit the official HUAWEI support website or contact their customer service.

For the most up-to-date information and support resources, always refer to the official HUAWEI channels.

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Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

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Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question