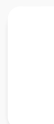


Dripex Punching Bag with 19 Suction Cups

Dripex Freestanding Punching Bag

USER MANUAL

Brand: Dripex | **Model:** Punching Bag with 19 Suction Cups



1. INTRODUCTION

Thank you for choosing the Dripex Freestanding Punching Bag. This manual provides essential information for the safe and effective assembly, operation, and maintenance of your new fitness equipment. Designed for adults and youth, this heavy boxing bag with a stable stand is ideal for home gym workouts, including boxing, kickboxing, Taekwondo, and Muay Thai training.



Image: The Driplex Freestanding Punching Bag, showcasing its design and a user in action.

2. PRODUCT COMPONENTS

Your Driplex Freestanding Punching Bag package includes the following main components:

- 1 x Boxing Bag (Upper Section)
- 1 x Boxing Bag Stand (Connecting Pole)
- 1 x Base (with 19 Suction Cups)
- 1 x User Manual
- Necessary assembly tools (usually a wrench)

The punching bag itself is constructed with four inner materials for durability and rebound:

- Thick and high-density PU leather outer layer
- Power buffer layer
- High elastic EPE Foam

- Polyurethane liner

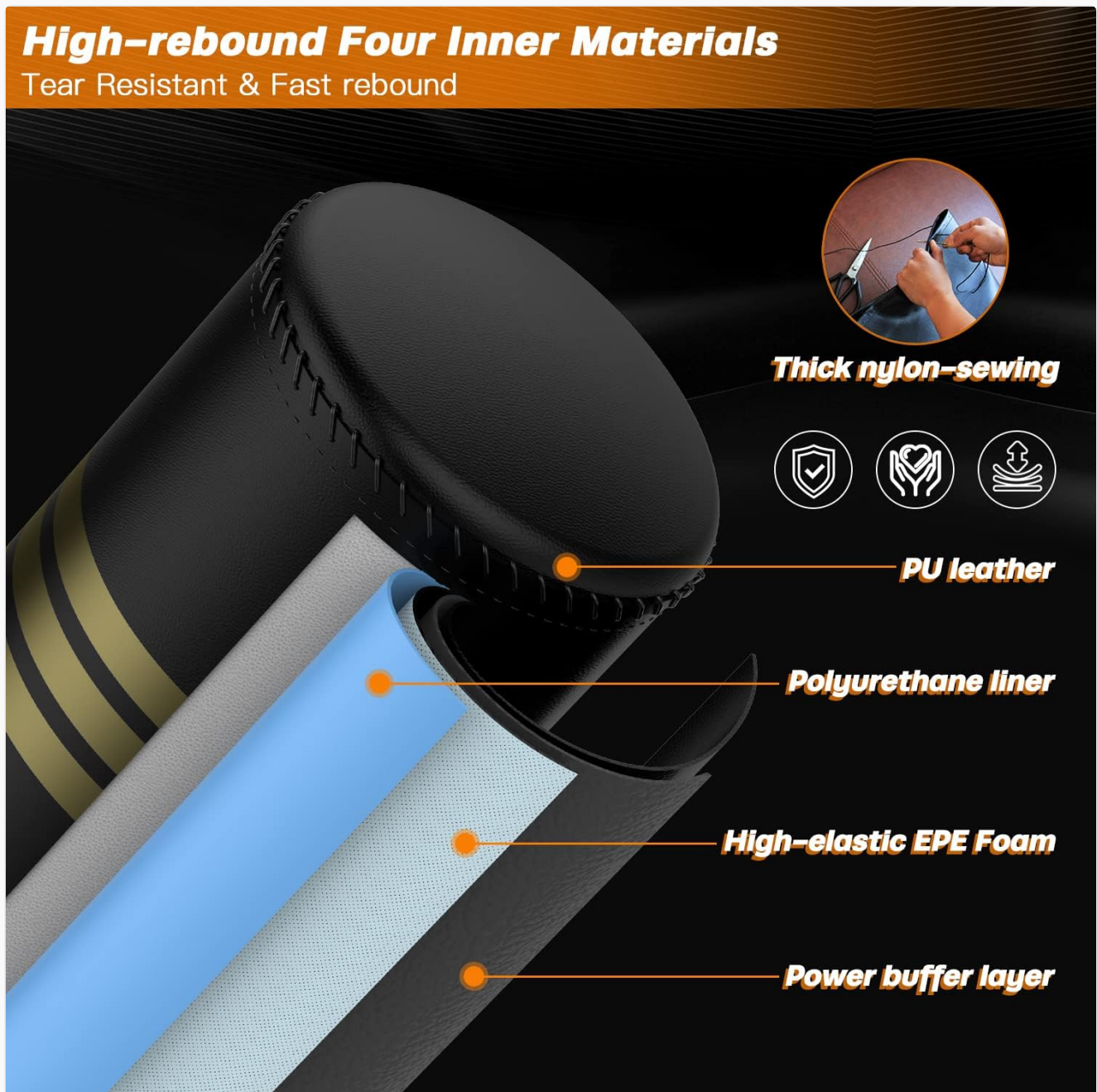


Image: Cross-section diagram illustrating the four layers of the punching bag's construction.

3. SETUP AND ASSEMBLY

Your Dripex Freestanding Punching Bag will arrive in two separate boxes due to its size. These typically arrive on the same day. If not, please contact customer support.

Two shipping boxes you will receive



Base and bag will be shipped separately due to the large size. The another package arrives very soon. Sand is not included. Total shipping weight : 16 (kg)



Image: Visual representation of the two separate packages you will receive for the punching bag and its base.

3.1 Filling the Base

The base must be filled to ensure stability during use. Sand is highly recommended for filling the base, as it provides greater stability compared to water. Sand is not included with the product.

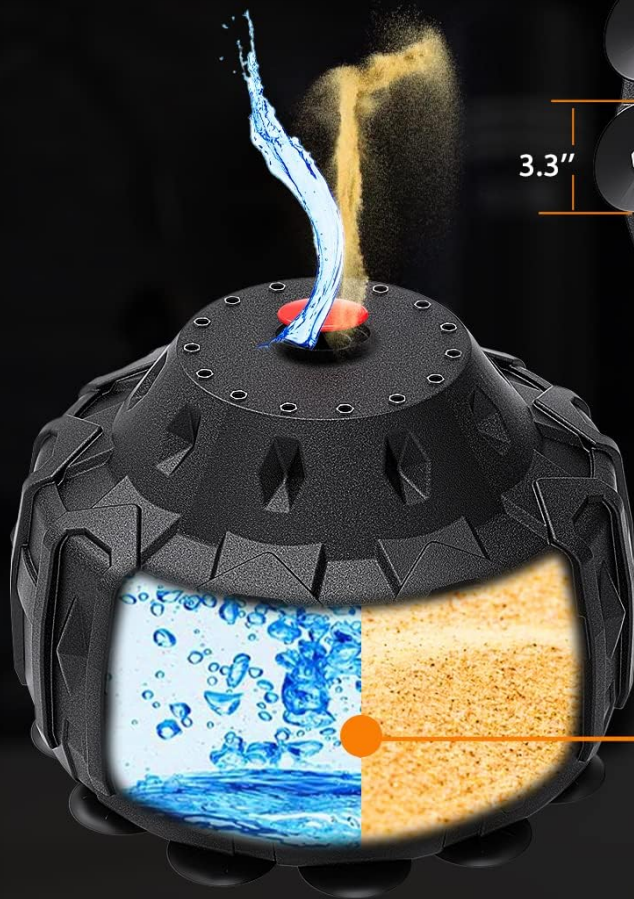
1. **Choose a Location:** Before filling, decide on the permanent location for your punching bag, as it will be very heavy and difficult to move once filled.
2. **Prepare the Base:** Locate the filling port on the top of the base.
3. **Fill with Sand:** Carefully pour sand into the base. A funnel with a wide opening is strongly recommended to facilitate filling and minimize spills. The base can hold approximately 182 lbs (82.5 kg) of sand.
4. **Secure the Cap:** Once filled, securely close the filling port cap to prevent leakage.

If filling with water, the base will weigh approximately 137 lbs (62 kg). Do not use the suction cups if filling with water, as this may lead to leakage.

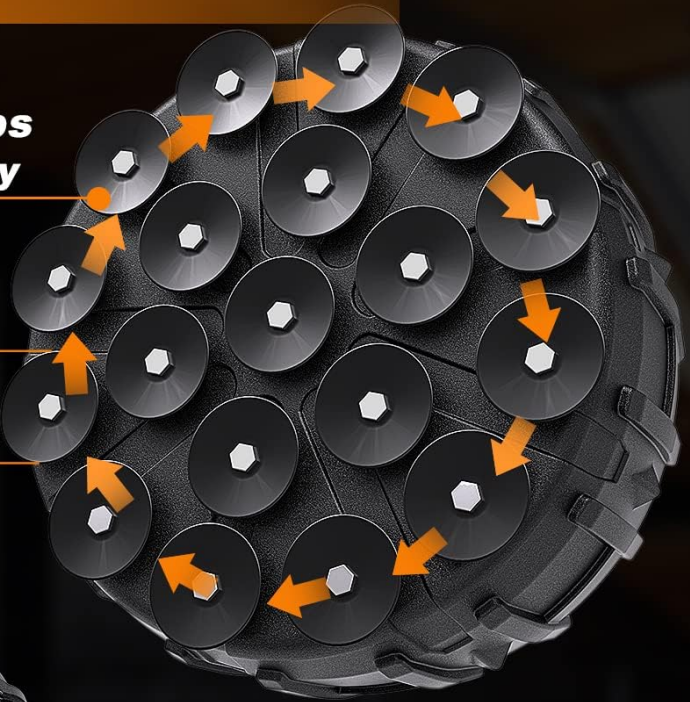
Durable Base with Bottom Suction Cups

Sturdy to Kick and Hit

19 strong suction cups
Keep them clean and dry



3.3"



182 lbs filled with sand,
137 lbs filled with water

(Sand is the best option for fill material)

Image: Detailed view of the punching bag's base, illustrating the filling process with sand or water and the arrangement of the 19 suction cups.

3.2 Assembling the Bag and Stand

Once the base is filled, proceed with assembling the punching bag and stand:

1. **Attach the Stand to the Base:** Align the bottom of the stand (connecting pole) with the central opening on the filled base.
2. **Secure the Connection:** Use the provided bolts and wrench to firmly attach the stand to the base. Ensure all bolts are tightened securely to prevent wobbling during use.
3. **Attach the Punching Bag:** Place the punching bag (upper section) onto the top of the stand.
4. **Final Securement:** Ensure the bag is properly seated and secured to the stand.

No drilling into walls or ceilings is required for installation.

4. OPERATION AND USE

The Dripex Freestanding Punching Bag is designed for various striking techniques and workouts.

4.1 Using the Suction Cups

The 19 suction cups on the base provide additional stability, especially on smooth, clean surfaces like tile or finished wood flooring. To maximize suction, ensure both the suction cups and the floor surface are clean and dry before placing the bag.

4.2 Striking and Training

The bag stands approximately 65 inches (165 cm) tall, making it suitable for adults and youth between 47-70 inches (120-178 cm) in height. The integrated shock absorption system, featuring Gmml technology and a stainless steel fixed plate, effectively reduces vibration and makes the bag more stable during strikes. This system also helps to evenly distribute stress, minimizing impact on the user's body.

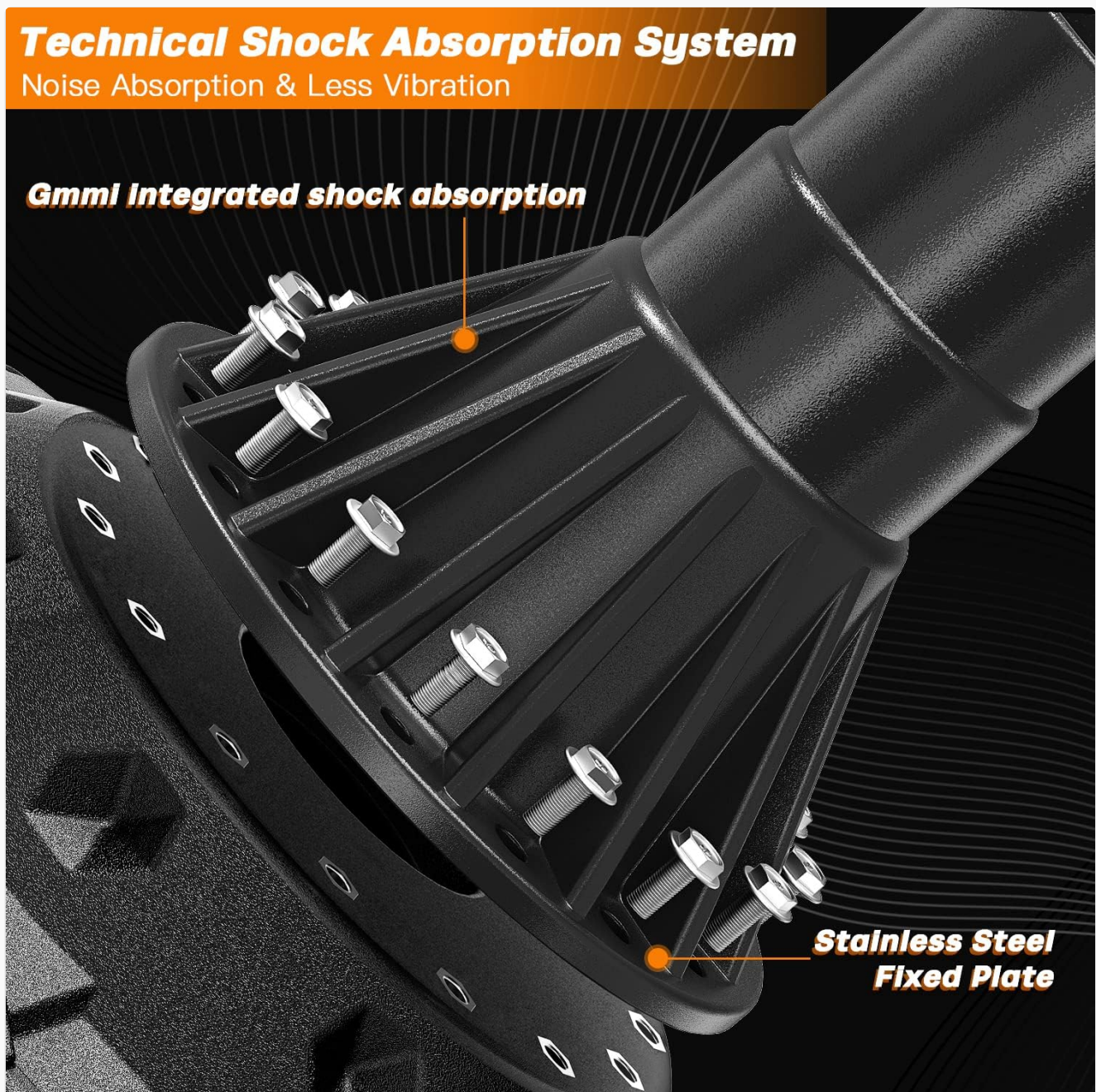


Image: Detailed view of the Gmml integrated shock absorption and stainless steel fixed plate system.

The bag's design also incorporates an "Ultra-silent Effect" for reduced noise and vibration during workouts, making it suitable for home use.

Upgrade Ultra-silent Effect

360° shock & noise absorption

- **coverd with Good Quality Leather**
- **Novel Shock Absorption Tech**
- **More stablility and less vibration**

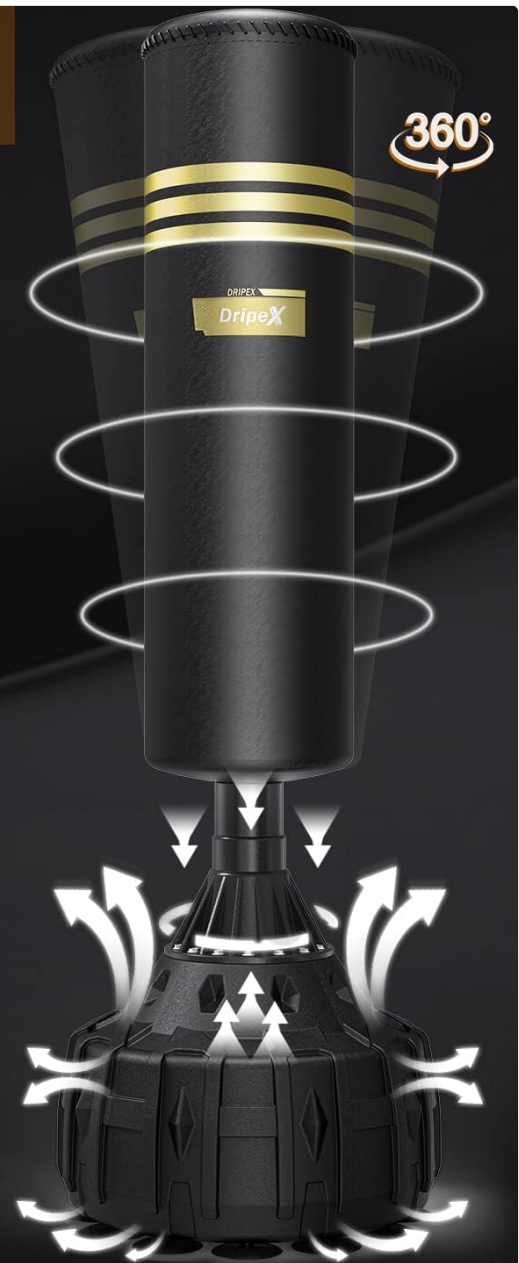


Image: Diagram showing how the punching bag's design contributes to 360-degree shock and noise absorption. Always use appropriate hand protection (gloves or wraps) when striking the bag to prevent injury.

5. MAINTENANCE

Proper maintenance will extend the life of your Dripex Freestanding Punching Bag:

- **Cleaning:** Wipe down the bag's surface with a damp cloth after each use to remove sweat and dirt. For deeper cleaning, use a mild soap solution and then wipe dry. Avoid harsh chemicals or abrasive cleaners.
- **Suction Cups:** Periodically clean the suction cups and the floor surface beneath them to ensure maximum adhesion. Dust or debris can reduce their effectiveness.
- **Check Connections:** Regularly inspect all bolts and connections, especially where the stand meets the base and the bag meets the stand. Tighten any loose fasteners to maintain stability and safety.
- **Storage:** If storing for an extended period, ensure the bag is clean and dry. Store in a cool, dry place away from direct sunlight and extreme temperatures.

6. TROUBLESHOOTING

Here are solutions to common issues you might encounter:

Problem	Possible Cause	Solution
Bag wobbles excessively	Base not sufficiently filled; loose connections; uneven surface.	Ensure base is filled with recommended amount of sand. Check and tighten all bolts. Place bag on a flat, level surface.
Suction cups not sticking	Dirty suction cups or floor; unsuitable floor surface (e.g., carpet, rough concrete); base filled with water.	Clean suction cups and floor thoroughly. Ensure floor is smooth and dry. Sand is recommended for base fill if using suction cups.
Bag feels too hard/soft	Perception varies; internal materials are fixed.	Ensure you are using appropriate boxing gloves or hand wraps for comfort and protection.
Missing parts or damaged upon arrival	Shipping issue.	Contact Dripex customer service immediately with details and photos of the issue.

7. SPECIFICATIONS

Feature	Detail
Model Name	Punching Bag with 19 Suction Cups
Overall Height	Approx. 65 inches (165 cm)
Product Dimensions (LxWxH)	19.7 x 19.7 x 65 inches (50 x 50 x 165 cm)
Base Height	Approx. 11.8 inches (30 cm)
Item Weight (Empty)	16.5 Kilograms (Approx. 36.4 lbs)
Base Fill Weight (Sand)	Approx. 182 lbs (82.5 kg)
Base Fill Weight (Water)	Approx. 137 lbs (62 kg)
Outer Material	Faux Leather
Inner Materials	Steel, EPE Foam, Polyurethane
Color	Black
Age Range	Adult/Youth
Suction Cups	19 strong suction cups

8. WARRANTY AND SUPPORT

8.1 Warranty Information

The Dripex Freestanding Punching Bag comes with a**1-Year Warranty** from the date of purchase. This warranty covers manufacturing defects and issues arising from normal use. Please retain your proof of purchase for warranty claims.

8.2 Customer Support


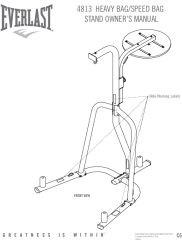


For any questions, concerns, or assistance with your product, please do not hesitate to contact Dripex customer service. We are committed to providing fast and tailor-made solutions to ensure your satisfaction.

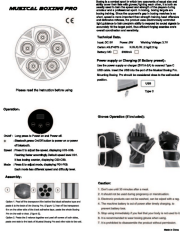
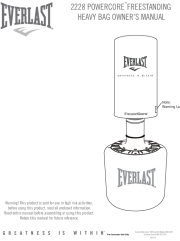
You can typically find contact information on the product packaging, the seller's page on the platform where you purchased the item, or the official Dripex website.



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Related Documents - Punching Bag with 19 Suction Cups

	<p>Baiyuan Heavy Bag Hanger Installation Guide</p> <p>A comprehensive guide for installing the Baiyuan Heavy Bag Hanger, including a list of included accessories and tools, and step-by-step assembly instructions.</p>
	<p>Everlast 4813 Heavy Bag/Speed Bag Stand Owner's Manual & Assembly Guide</p> <p>Comprehensive owner's manual and assembly instructions for the Everlast 4813 Heavy Bag and Speed Bag Stand. Includes parts list, setup guide, safety information, and usage recommendations.</p>
	<p>inSPORTline IN 26987 Masviddal Adjustable Punching Bag User Manual</p> <p>User manual for the inSPORTline IN 26987 Masviddal adjustable punching bag, covering safety instructions, assembly, usage, maintenance, storage, and environmental protection.</p>
	<p>VEVOR Punching Bag - Model BGB-h BGB-2 - Assembly & User Guide</p> <p>Official VEVOR user manual and assembly guide for the BGB-h BGB-2 punching bag. Learn how to install, use, and maintain your VEVOR punching bag safely for home training.</p>

 <p>The image shows the cover of the 'Musical Boxing Pro' user manual. It features a circular graphic with four quadrants, each containing a different boxing-related icon. The text on the cover includes 'MUSICAL BOXING PRO', 'CE' mark, 'Technical Data', 'Operation Guide', 'Assembly Instructions', and 'Safety Precautions'.</p>	<p>Musical Boxing Pro: Smart Music Wall Mounted Boxing Training Machine User Manual</p> <p>Learn how to set up and operate the Musical Boxing Pro, a smart music wall-mounted boxing training machine for home workouts and stress relief. Includes technical data, operation guide, assembly instructions, and safety precautions.</p>
 <p>The image shows the cover of the 'Everlast 2228 Powercore Freestanding Heavy Bag' owner's manual. It features a black and white photograph of the heavy bag, which is a large, cylindrical bag with a smaller, rectangular bag attached to the top. The text on the cover includes 'EVERLAST', '2228 POWERCORE FREESTANDING HEAVY BAG OWNER'S MANUAL', and 'EVERLAST IS WITH YOU'.</p>	<p>Everlast 2228 Powercore Freestanding Heavy Bag Owner's Manual & Assembly Guide</p> <p>Comprehensive owner's manual and assembly guide for the Everlast 2228 Powercore Freestanding Heavy Bag. Includes safety instructions, parts list, step-by-step assembly, and usage recommendations.</p>