

[Manuals.plus](#) /

> [Ousmile](#) /

> Ousmile High Waisted Body Shaper Shorts Instruction Manual

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Model: Body Shaper Shorts | Brand: Ousmile

1. PRODUCT OVERVIEW

The Ousmile High Waisted Body Shaper Shorts are designed to provide targeted shaping and support for the abdomen, hips, and thighs. This garment aims to enhance your natural silhouette while offering comfort and breathability for various occasions.



Figure 1: Ousmile High Waisted Body Shaper Shorts (Black)

2. KEY FEATURES

- **Flawless Tummy Control & Butt Lifting:** Features a high-waisted design with double cross bands for superior coverage and support, effectively sculpting and smoothing the tummy area. Expertly crafted to enhance the waist, hips, and provide butt-lifting benefits.

- **3D Butt-lifting and Thigh Slimmer:** Meticulously crafted with multiple layers to offer targeted shaping. Visibly lifts the buttocks, creating an ideal C-curve silhouette. Engineered with a boyshort design and extended legs to reduce and smooth inner thigh fat while preventing chafing.
- **Fixed-point Targeted Compression:** Incorporates 4 steel bones placed beneath the waistband. The elastic texture of the waistband prevents rolling and slipping, ensuring the garment stays in place and allows for flexible movement.
- **Skin-friendly & Breathable Fabric:** Made from durable elastic mesh fabric and materials that allow for breathability, providing a light and soft feeling. Features a double-layer cotton-lined crotch for comfort, eliminating the need for additional undergarments.
- **Versatile for Various Outfits & Occasions:** Suitable for all kinds of outfits and occasions, including dresses, skirts, shorts, jeans, postpartum wear, weddings, parties, office, dating, and home use. Provides shaping and support discreetly.



3D BUTT-LIFTING

Thigh Slimmer Shapewear



MESH FABRIC BREATHABLE



4 STEEL BONES



SOFT CROTCH



Figure 2: Detailed view of mesh fabric, steel bones, and crotch design.

3. WEARING INSTRUCTIONS

To achieve the best fit and comfort, follow these steps when putting on your Ousmile Body Shaper Shorts:

1. **Step 1: Prepare the Garment:** Ensure the shapewear is right-side out. Gently gather the fabric from the waist down to the leg openings.

2. **Step 2: Step In:** Step into the leg openings one foot at a time.
3. **Step 3: Pull Up Gradually:** Slowly pull the garment up over your thighs and hips, ensuring the fabric is evenly distributed and not twisted.
4. **Step 4: Position the Waistband:** Continue pulling the shapewear up until the high waistband sits comfortably at your natural waistline, just below your bust. Adjust the double cross bands and internal steel bones to ensure they are flat against your skin and providing optimal support without digging in.
5. **Step 5: Smooth Out:** Smooth out any wrinkles or bulges from the bottom up to ensure a seamless look under your clothing.



HIGH WAISTED BODY SHAPER SHORTS



HIGH-WAISTED DESIGN

Targeted Tummy & Waist Shaping



C-CURVE SILHOUETTE

Firm Tightening Butt Lift



DOUBLE CROSS BANDS

Tummy Tuck With Optimal Comfort



4 STEEL BONES

No more rolling or riding up



COMFORTABLE FABRIC

Stop thighs from chafing

Figure 3: Proper adjustment of the high-waisted shapewear.

4. SIZING GUIDE

Refer to the table below to select the appropriate size for your Ousmile Body Shaper Shorts. For extreme comfort or if you are between sizes, consider sizing up.

US Regular

Brand Size	Bust (in)	Waistband (in)
S	21.3 - 23.7	27.6 - 30.3
M	23.7 - 26	30.3 - 33.1
L	26 - 29.2	33.1 - 35.8
XL	29.2 - 33.9	35.8 - 38.6
2XL	33.9 - 37.8	38.6 - 41.3
3XL	37.8 - 41.8	41.3 - 44.1

5. CARE INSTRUCTIONS

To maintain the quality and longevity of your shapewear, please follow these care instructions:

- **Washing:** Machine Wash.
- **Drying:** Air dry or tumble dry on low heat. Avoid high heat to prevent damage to elastic fibers.
- **Bleaching:** Do not bleach.
- **Ironing:** Do not iron.
- **Dry Cleaning:** Do not dry clean.

6. SPECIFICATIONS

- **Fabric Type:** 92% Nylon, 8% Spandex
- **Department:** Womens
- **Origin:** Imported
- **ASIN:** B0F2YWCDLW
- **First Available:** March 29, 2025

7. PRODUCT VIDEOS

Watch the official product video for a visual guide on the Ousmile shapewear:

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Video 1: Ousmile Shapewear for Women - This video demonstrates the features and fit of the Ousmile shapewear on a model, highlighting its tummy control and butt-lifting effects.

8. TROUBLESHOOTING

- **Rolling Down:** If the waistband rolls down, ensure the garment is pulled up to your natural waistline and the internal steel bones are properly aligned. Selecting a larger size may also help if the current size is too tight.

- **Discomfort/Too Tight:** If the shapewear feels uncomfortably tight, verify you have selected the correct size using the sizing guide. Consider sizing up for a more comfortable fit, especially if you are between sizes.
- **Visible Under Clothing:** To minimize visibility, ensure the garment is smooth and free of wrinkles. Choose the appropriate color (e.g., nude under light-colored clothing) and ensure your outer garment is not excessively tight.

9. WARRANTY AND SUPPORT

For any questions, concerns, or warranty information regarding your Ousmile Body Shaper Shorts, please contact Ousmile customer support through the retailer where the product was purchased. Please retain your proof of purchase for any warranty claims.