

XIAOMI Active 5 Black

Xiaomi Redmi 5 Active Smart Watch User Manual

Model: Active 5 Black

1. INTRODUCTION

Thank you for choosing the Xiaomi Redmi 5 Active Smart Watch. This manual provides detailed instructions on how to set up, operate, and maintain your device. Please read this manual carefully before using the product to ensure optimal performance and longevity.

2. WHAT'S IN THE BOX

Upon unboxing your Xiaomi Redmi 5 Active Smart Watch, please verify that all components are present:

- Xiaomi Redmi 5 Active Smart Watch (with Watch Band attached)
- Charging Cable
- User Manual (this document)

3. DEVICE OVERVIEW AND DIMENSIONS

The Redmi Watch 5 Active features a 2-inch LCD display and a matte-finish frame. Understanding its dimensions is crucial for comfortable wear.



Image: Front view of the Xiaomi Redmi 5 Active Smart Watch, showcasing its large display with a digital time and date interface.



Image: Diagram illustrating the dimensions of the Xiaomi Redmi 5 Active Smart Watch: 49.1mm length, 40.4mm width, 11.4mm thickness, and 30.6g weight (without strap).

4. SETUP AND INITIAL USE

4.1 Charging the Device

Before first use, fully charge your smart watch. Connect the charging cable to the watch's charging port and a USB power

source. The watch display will indicate charging status.

4.2 Pairing with Your Smartphone

To unlock the full functionality of your Redmi Watch 5 Active, it must be paired with your smartphone via the Mi Fitness app.

1. Download the **Mi Fitness app** from your smartphone's app store (available on iOS and Android).
2. Open the Mi Fitness app and create an account or log in.
3. Follow the on-screen instructions in the app to add a new device.
4. Select "Redmi Watch 5 Active" from the list of available devices.
5. Confirm the pairing request on both your watch and smartphone.

Note: The watch must be kept connected to your smartphone's Bluetooth for certain features, including notifications and voice calls from third-party apps.

5. OPERATING INSTRUCTIONS

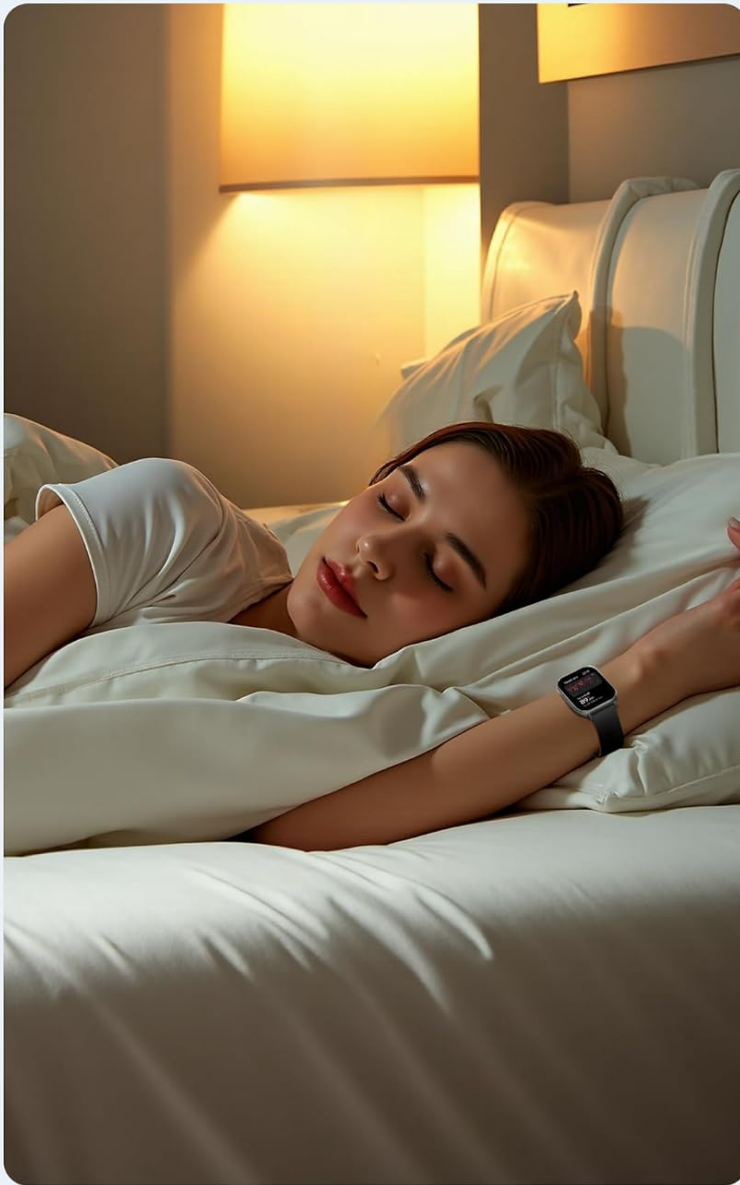
5.1 Navigating the Interface

The Redmi Watch 5 Active features a touch-sensitive LCD display. Swipe left, right, up, or down to navigate through menus and access different functions. Press the side button to return to the home screen or access the app list.

5.2 Customizing Watch Faces

Choose from over 200 watch faces via the Mi Fitness app to personalize your device's appearance.

24-Hour Health Monitoring



Heart Rate



Blood oxygen



Image: The Redmi Watch 5 Active displaying multiple customizable watch faces, highlighting the variety available through the Mi Fitness app.

5.3 Bluetooth Calling

The watch supports Bluetooth calls with dual-mic noise reduction, allowing you to answer calls directly from your wrist when connected to your smartphone.

Long Battery Life



18Days

Typical usage mode



12Days

Heavy usage mode



Image: A person answering a phone call directly on their Redmi Watch 5 Active, demonstrating the Bluetooth calling feature.

5.4 Notifications and Tools

Receive notifications from your smartphone directly on your watch. You can also control music playback, use the flashlight function, and locate your phone through the watch's interface.

6. HEALTH AND FITNESS TRACKING

6.1 Sports Modes

The Redmi Watch 5 Active offers over 140 workout modes. It can auto-detect common activities such as running, walking, and cycling. The watch tracks exercise duration, calories burned, and other relevant metrics.



Image: Collage showing individuals engaged in various sports like skiing, basketball, and cycling, illustrating the 140+ workout modes supported by the Redmi Watch 5 Active.

6.2 24-Hour Health Monitoring

The watch provides continuous health monitoring features, including heart rate and blood oxygen (SpO2) tracking. These features help you stay informed about your physical condition.

2" Lcd Large Display

200+ Watch Faces For You To Choose



Image: Visual representation of the Redmi Watch 5 Active's 24-hour health monitoring capabilities, showing heart rate and blood oxygen level displays.

Note: This product and its features are not designed for medical purposes and are not intended to predict, diagnose, prevent, or cure any diseases.

7. BATTERY LIFE AND WATER RESISTANCE

7.1 Battery Performance

The 470mAh battery of the Redmi Watch 5 Active offers extended usage times:

- Up to **18 days** in typical usage mode.
- Up to **12 days** in heavy usage mode.

Answer calls on the go with Bluetooth enabled

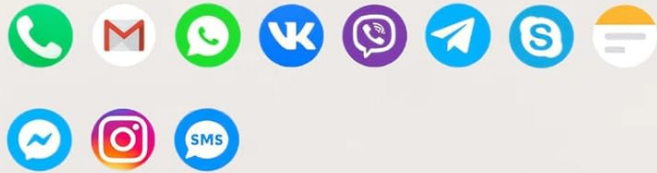


Image: Graphic illustrating the long battery life of the Redmi Watch 5 Active, showing 18 days in typical usage and 12 days in heavy usage.

Note: 18-day battery life on typical usage was tested with the watch: fully charged; using factory default settings and a static dial; Wrist raised to engage the screen 200 times a day; manually starting the app to sync data once a day; 15 minutes of Bluetooth calls every week; and using to record exercise for 90 minutes each week.

7.2 5ATM Water Resistance

The watch is 5ATM waterproof (ISO 22810:2010), making it suitable for daily wear, including light rain and handwashing. It can be worn in swimming pools and while swimming near the shore or during other shallow-water activities.

5 Atm Water Resistance

Enjoy 5ATM water resistance for daily wear—worry-free in light rain or when wash your hands.



Image: The Redmi Watch 5 Active submerged in water, demonstrating its 5ATM water resistance feature.

Caution: It cannot be used in hot showers, saunas, or when diving. Please avoid direct impacts on the watch from swift currents during water sports. The level of water resistance is not permanent and may deteriorate over time.

8. SPECIFICATIONS

| Feature | Detail |
|------------------|---|
| Brand | XIAOMI |
| Model Number | Active 5 Black |
| Display | 2-inch LCD (5.08 Centimeters) |
| Water Resistance | 5ATM (ISO 22810:2010) |
| Battery Capacity | 470mAh (Typical usage: 18 days, Heavy usage: 12 days) |

| | |
|-------------------------|---|
| Sports Modes | 140+ |
| Connectivity | Bluetooth |
| Operating System | Xiaomi HyperOS |
| Memory Storage Capacity | 32 GB |
| Special Features | Alarm Clock, Camera Control, Music Player Control, Phone Call, Weather Forecast |
| Item Weight | 3.52 ounces |
| Package Dimensions | 4.69 x 3.98 x 2.2 inches |

9. MAINTENANCE

9.1 Cleaning Your Watch

Regularly clean your watch and strap to prevent skin irritation and maintain device hygiene. Use a soft, lint-free cloth. If necessary, dampen the cloth with a small amount of water. Avoid using harsh chemicals or abrasive materials.

9.2 Storage

When not in use for extended periods, store the watch in a cool, dry place away from direct sunlight and extreme temperatures. Ensure the battery is not completely depleted before storing.

10. TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|------------------------------|--|---|
| Watch not turning on | Low battery; device malfunction | Charge the watch for at least 30 minutes. If it still doesn't turn on, contact customer support. |
| Cannot pair with phone | Bluetooth off; app issue; watch not discoverable | Ensure Bluetooth is enabled on your phone. Restart both watch and phone. Reinstall Mi Fitness app. Ensure watch is in pairing mode. |
| Notifications not received | Watch not connected; app permissions; notification settings | Verify Bluetooth connection. Check notification permissions for Mi Fitness app on your phone. Ensure notifications are enabled in the app and on the watch. |
| Inaccurate activity tracking | Improper wear; sensor obstruction | Ensure the watch is worn snugly on your wrist. Clean the sensors on the back of the watch. |
| Short battery life | Heavy usage; frequent screen activation; continuous monitoring | Reduce screen brightness, disable unnecessary continuous monitoring features, and limit frequent screen activation. |

11. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the warranty card included with your product or visit the official XIAOMI website. For any questions or suggestions regarding your product, you may contact the seller, Liangmi Canada, who will reply within 24 hours to assist you.

Manufacturer: Liangmi Canada

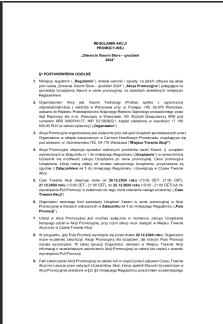
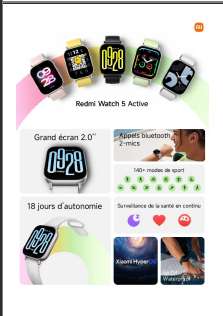
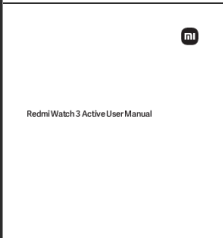

Date First Available: March 28, 2025

Customer Support: We prioritize your satisfaction. If there are any questions or suggestions about our products before, during, or after use, please do not hesitate to contact us. We will reply within 24 hours and try our best to help you, ensuring that any issues you encounter are promptly addressed.

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Related Documents

| | |
|---|---|
|  | <p>Regulamin Promocji Otwarcie Xiaomi Store Grudzień 2024</p> <p>Zapoznaj się z regulaminem promocji 'Otwarcie Xiaomi Store – grudzień 2024' organizowanej przez Xiaomi Technology Polska. Dowiedz się o zasadach, terminach, lokalizacji i produktach objętych specjalnymi cenami promocyjnymi w grudniu 2024.</p> |
|  | <p>Redmi Watch 5 Active: Feature-Rich Smartwatch with Large Display and Long Battery Life</p> <p>Explore the Redmi Watch 5 Active, a smartwatch featuring a 2.0-inch display, Bluetooth calling with dual microphones, over 140 sport modes, continuous health monitoring, and up to 18 days of battery life. Powered by Xiaomi HyperOS and offering 5ATM water resistance.</p> |
|  | <p>Redmi Watch 3 Active User Manual - Features and Safety</p> <p>Comprehensive user manual for the Redmi Watch 3 Active smartwatch, detailing its features, specifications, and important safety precautions for optimal use and care.</p> |
|  | <p>Xiaomi Redmi Watch 5 Active Smartwatch (BHR8784GL) - Black</p> <p>Discover the Xiaomi Redmi Watch 5 Active Smartwatch in Black (BHR8784GL). Features a 2.0" LCD display, Xiaomi HyperOS, Bluetooth 5.3, 470 mAh battery with up to 18 days of autonomy, 5 ATM water resistance, heart rate monitoring, blood oxygen tracking, and 140+ fitness modes.</p> |