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› [TOPUTURE 2-in-1 Treadmill User Manual - Manual Incline, 1-10km/h, 3.0HP Motor](#)

TOPUTURE 2-in-1 Treadmill

TOPUTURE 2-in-1 Treadmill User Manual

Model: 2-in-1 Treadmill

1. IMPORTANT SAFETY INSTRUCTIONS

Please read all instructions carefully before using this treadmill. Keep this manual for future reference.

- Always place the treadmill on a flat, stable surface.
- Ensure adequate clearance around the treadmill (at least 2 meters behind and 0.6 meters on each side).
- Keep children and pets away from the treadmill during operation.
- Wear appropriate athletic footwear and clothing.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Maximum user weight capacity: 130 kg.
- Always use the safety key. Attach it to your clothing before starting your workout.

2. PRODUCT OVERVIEW

The TOPUTURE 2-in-1 Treadmill is designed for both walking and light running, offering a versatile fitness solution for home or office use. It features a powerful yet quiet motor, manual incline adjustment, and smart app connectivity.

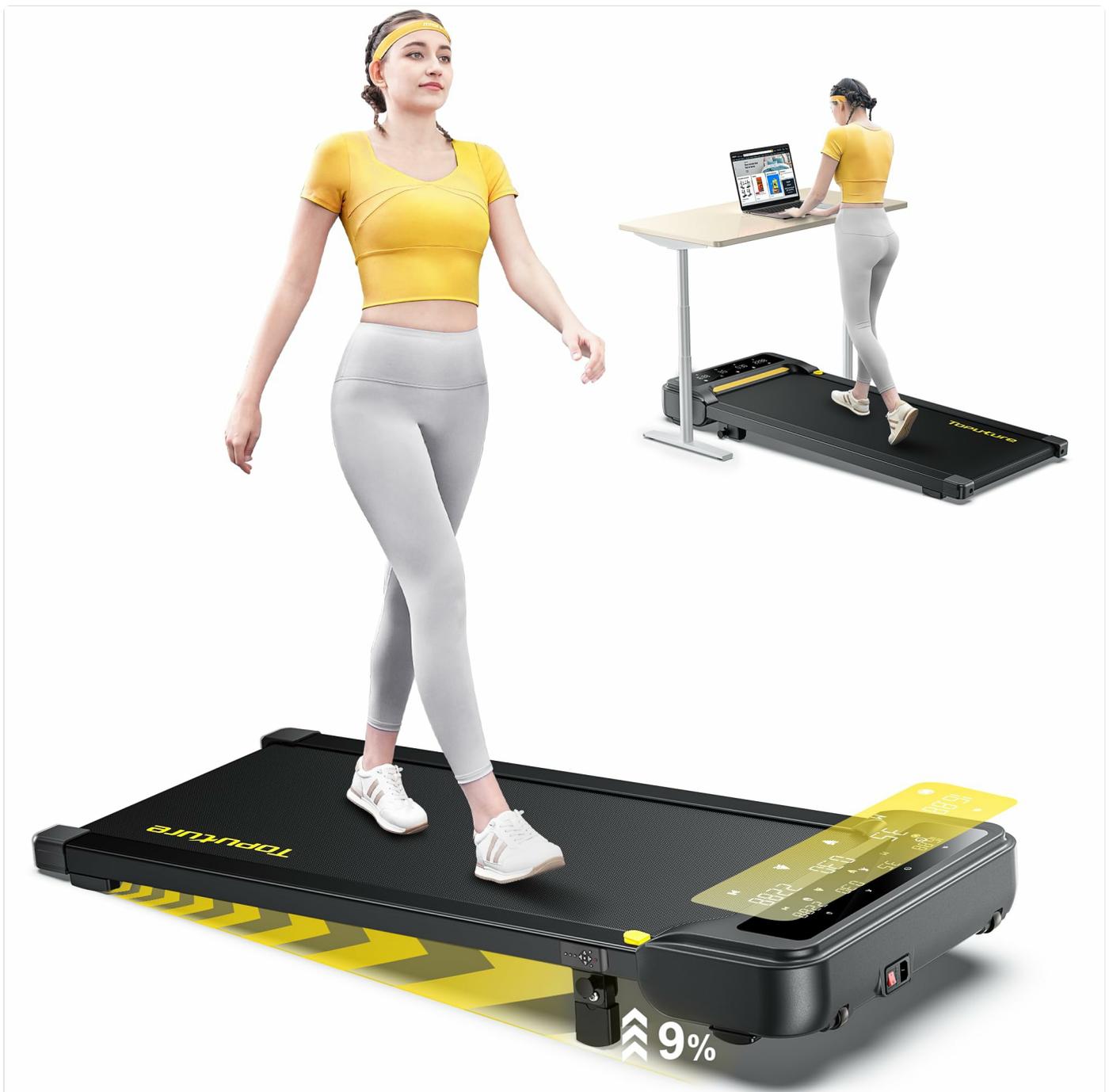


Image: Two individuals demonstrating the TOPUTURE 2-in-1 Treadmill in use, highlighting its dual functionality for walking while working and running.

3. SETUP AND ASSEMBLY

This TOPUTURE 2-in-1 Treadmill features a space-saving design that requires minimal assembly. It is ready for use almost immediately out of the box.

3.1 Unpacking

- Carefully remove the treadmill from its packaging.
- Check all components against the packing list to ensure everything is present.

3.2 Placement

- Place the treadmill on a firm, level surface.
- Ensure the power cord is easily accessible and not obstructed.

3.3 Manual Incline Adjustment

The treadmill offers manual incline settings to increase workout intensity. The original incline is 2°, and can be adjusted to 4.7° (9% incline rate).

1. Locate the incline adjustment bolts at the rear of the treadmill.
2. Pull out the bolt and turn the slope block to the desired position.
3. Insert the bolt into the upper hole to secure the incline.



Image: A visual guide illustrating the two-step process for manually adjusting the treadmill's incline.

4. OPERATING INSTRUCTIONS

Your treadmill can be controlled via its LED display, remote control, or a smart application.

4.1 Power On/Off

- Connect the power cord to a suitable outlet.
- Flip the main power switch located on the treadmill base to the 'ON' position.
- To turn off, flip the main power switch to 'OFF' and unplug the unit.

4.2 Using the LED Display and Remote Control

The multi-functional LED display shows real-time data including speed, distance, time, and calories burned. The remote control allows for easy adjustment of speed and modes.

クリアなLEDディスプレイ
さまざまな運動データをリアルタイムで表示



Image: The treadmill's clear LED display provides real-time workout metrics, complemented by a convenient remote control for adjustments.

- **Start/Stop:** Press the 'Start' button on the display or remote to begin. Press 'Stop' to pause or end your workout.
- **Speed Adjustment:** Use the '+' and '-' buttons on the remote or display to increase or decrease speed (1-10 km/h).

- **Programs:** Select from 12 preset programs for varied workout routines.
- **Temporary Pause:** Use the 'Pause' button to temporarily stop your workout without losing data.

4.3 Smart App Connectivity

Connect your treadmill to fitness apps like 'FITSHOW' via Bluetooth (Bluetooth name: TP3) for enhanced training courses and data tracking.

- Ensure Bluetooth is enabled on your mobile device.
- Open the 'FITSHOW' app (or compatible app) and search for 'TP3'.
- Pair your device with the treadmill.
- Follow the app's instructions to access various training courses and monitor your progress.



Image: The treadmill connects to fitness apps, allowing users to engage with virtual training courses and track their performance.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

5.1 Cleaning

- Unplug the treadmill before cleaning.
- Wipe down the display and exterior surfaces with a damp cloth. Avoid abrasive cleaners.
- Regularly vacuum under the treadmill to prevent dust buildup.

5.2 Belt Lubrication

The running belt requires periodic lubrication to reduce friction and extend its lifespan. Use silicone-based treadmill lubricant.

- Lift the edge of the running belt.
- Apply a small amount of lubricant to the center of the deck, underneath the belt.

- Run the treadmill at a low speed for a few minutes to distribute the lubricant evenly.
- Refer to the lubricant manufacturer's instructions for frequency, typically every 3-6 months depending on usage.

5.3 Belt Adjustment

If the running belt shifts to one side or slips, it may need adjustment.

- Consult the detailed instructions in the full product manual for specific belt tension and alignment procedures.

6. TROUBLESHOOTING

If you encounter issues with your treadmill, refer to the following common problems and solutions.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not plugged in, main switch off, safety key not in place.	Check power connection, ensure main switch is ON, insert safety key.
Running belt slips.	Belt too loose, insufficient lubrication.	Adjust belt tension (refer to full manual), lubricate the belt.
Unusual noise during operation.	Loose parts, belt friction, motor issue.	Check for loose bolts, lubricate belt, contact customer support if motor noise persists.
App connection failure.	Bluetooth off, app not updated, incorrect pairing.	Ensure Bluetooth is on, update app, re-pair with 'TP3'.

If the problem persists after attempting these solutions, please contact TOPUTURE customer support.

7. SPECIFICATIONS

Feature	Specification
Brand	TOPUTURE
Motor Power	2.5 HP (Peak 3.0 HP)
Speed Range	1 - 10 km/h
Incline	Manual (0%, 5%, 10% equivalent to 2° and 4.7°/9%)
Running Surface	1000 x 400 mm (approx. 39.4 x 15.7 inches)
Max User Weight	130 kg (approx. 286 lbs)
Noise Level	< 45 dB
Product Dimensions	120.8 x 52.6 x 12.5 cm (approx. 47.6 x 20.7 x 4.9 inches)
Product Weight	21.69 kg (approx. 47.8 lbs)
Connectivity	Bluetooth (TP3) for APP control
Programs	12 preset programs



パワフルで静かなモーター

 **2.5HP**
馬力

 **< 45dB**
低騒音

 **耐荷重**
130KG

Image: The treadmill features a powerful 2.5 HP motor, operates quietly below 45dB, and supports users up to 130 kg.



Image: The compact design of the treadmill, highlighting its running surface dimensions for space efficiency.

8. STORAGE AND PORTABILITY

The TOPUTURE 2-in-1 Treadmill is designed for easy storage and portability, making it ideal for small spaces.

- The treadmill is lightweight (18.5 kg / 40.7 lbs) and features built-in wheels for effortless movement.
- It can be stored upright or flat under a bed or sofa when not in use, saving valuable space.

コンパクトサイズで場所を取らない



Image: A woman demonstrates the ease of moving the treadmill, highlighting its portability with integrated wheels.

9. WARRANTY AND SUPPORT

TOPUTURE provides a warranty for this product. Please refer to your purchase documentation for specific warranty terms and

conditions.

9.1 Customer Support

For any questions, technical assistance, or warranty claims, please contact TOPUTURE customer support through the retailer where you purchased the product or visit the official TOPUTURE website.

- **Online Support:** Visit the TOPUTURE brand store on Amazon or the official website for FAQs and contact information.
- **Email Support:** Refer to your product packaging or warranty card for the customer service email address.