

FIT KING FT-115A

FIT KING FT-115A Full Leg Compression Massager Boots User Manual

Model: FT-115A

1. INTRODUCTION

Thank you for choosing the FIT KING FT-115A Full Leg Compression Massager Boots. This professional air compression recovery system is designed to enhance blood circulation, reduce muscle soreness, and aid in fast athlete recovery. Please read this manual carefully before use to ensure safe and effective operation.

2. SAFETY INFORMATION

Always follow basic safety precautions when using electrical appliances. This device is intended for personal use as described in this manual. Do not use if you have any medical conditions that may be aggravated by compression therapy. Consult a physician before use if you have pacemakers, heart conditions, blood clots, or are pregnant. Keep out of reach of children.

3. PRODUCT OVERVIEW & WHAT'S IN THE BOX

The FIT KING FT-115A system includes:

- 2 x Massage Sleeves (Leg Boots)
- 1 x Controller (Main Unit)
- 1 x Power Adapter
- 1 x Carry Bag
- 1 x User Manual (this document)

Elegant Gift Packaging

2 Massage Sleeves

1 Quick Start Guide

1 Controller

1 User Manual

1 Carry Bag

24/7 Customer Support



Image: Components included in the FIT KING FT-115A package.

The system features 5 large overlapping air chambers for 360° dynamic air compression, simulating deep tissue kneading. The controller has a full-color HD touchscreen for intuitive operation.



5 Overlapping Airbags for Truly 360° Compression Therapy

Upgraded overlapping design provide full-leg gap-less compression, evenly wrapping every corner for improved circulation & recovery.

Image: Illustration of the 5 overlapping airbags providing 360° compression.

4. SETUP

1. **Unpack:** Carefully remove all components from the carry bag.
2. **Wear the Boots:** Unzip the leg boots completely. Slide your legs into the boots, ensuring your feet are comfortably positioned at the bottom. Zip up the boots securely. The durable zipper design allows for easy wearing.
3. **Connect Hoses:** Connect the air hoses from each leg boot to the corresponding ports on the controller unit. Ensure a firm connection.
4. **Power On:** Press and hold the power button on the controller to turn on the device.

Your browser does not support the video tag.

Video: Demonstration of unboxing and setting up the FIT KING FT-115A massager boots.



Recover Faster, Perform Better

Professional air compression massage and targeted zone therapy, reduce muscle soreness & speed up recovery time.

Image: User wearing the boots and interacting with the controller.

5. OPERATING INSTRUCTIONS

The FT-115A features an intuitive touchscreen control panel. Once powered on, you can customize your massage experience:

- **Time Settings:** Choose from 10 time options, ranging from 15 to 60 minutes.
- **Pressure Levels:** Select from 11 pressure intensities (50–150 mmHg).
- **Massage Modes:** There are 3 massage modes: Sequence, Circulation, and Combination. Refer to the user manual for detailed descriptions of each mode.
- **5-Zone Precision Control:** Target specific areas (foot, lower calf, upper calf, thigh, upper thigh) by selecting individual zones or multiple zones for a personalized massage. You can also choose full-leg or single-leg massage.



Image: Detailed view of the controller's touchscreen interface.



Image: Visual representation of the 5-zone custom therapy.

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Video: A user demonstrating the setup and operation of the FIT KING FT-115A massager boots.

6. SIZING GUIDE

To ensure optimal comfort and effectiveness, select the correct size based on your measurements:

Size	Upper Thigh	Inseam	Height
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Size	Upper Thigh	Inseam	Height
Small	Up to 26.5"	Up to 30"	5'1" - 5'8"
Medium	Up to 28.5"	Up to 34"	5'9" - 6'3"
Large	Up to 31.5"	Up to 36"	6'4" - 6'8"

How to Measure:

- **Upper Thigh:** Wrap a tape measure around the widest part of your upper thigh.
- **Inseam:** Measure from the crotch down to the heel of your leg.

Available In Three Sizes

Please select the most right size from the chart below

SIZE	UPPER THIGH	INSEAM	HEIGHT
Small	Up to 26.5"	Up to 30"	5'1" - 5'8"
Medium	Up to 28.5"	Up to 34"	5'9" - 6'3"
Large	Up to 31.5"	Up to 36"	6'4" - 6'8"

How to Measure ?

Upper Thigh: Wrap the tape around the *thickest part* of upper thigh

Inseam: Measure from the crotch to the heel of your leg

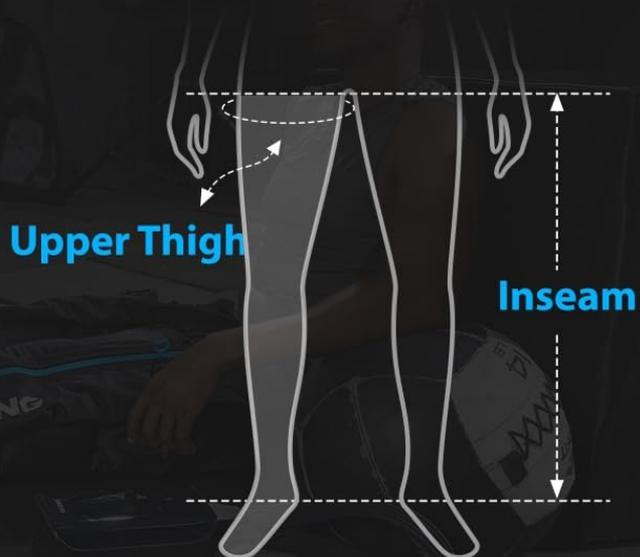


Image: Visual guide for measuring leg dimensions to select the correct boot size.

Your browser does not support the video tag.

Video: A user demonstrating the setup and operation of the FIT KING FT-115A massager boots, including wearing the boots.

7. BATTERY & CHARGING

The FT-115A is equipped with a 2500mAh rechargeable battery, providing 3-4 hours of continuous dynamic compression massage on a full charge. It takes approximately 2.5 hours to fully charge the device. The device can be used while plugged in, but it only charges when turned off.



Image: Information on cordless operation and charging.

8. MAINTENANCE & STORAGE

- **Cleaning:** The boots are crafted from durable, easy-to-clean nylon material. Wipe down the surfaces with a damp cloth after each use. Do not immerse the controller or boots in water.
- **Storage:** Store the device in its compact carry bag in a cool, dry place away from direct sunlight. Ensure the boots are completely dry before storing.



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100 Countries
Available in 100 Countries

Image: The portable carry bag and material features.

9. TROUBLESHOOTING

- **Device not turning on:** Ensure the battery is charged or the device is plugged into a power source. Check the power adapter connection.
- **No compression:** Verify that all air hoses are securely connected to both the boots and the controller. Check for any kinks or blockages in the hoses.
- **Uneven compression:** Ensure the boots are worn correctly and zipped up completely. The smart sensor technology adapts to different leg sizes for a secure and comfortable fit.
- **Unusual noise:** A low-noise operation is normal. If you hear excessive or unusual noise, discontinue use and contact customer support.

10. SPECIFICATIONS

- **Product Dimensions:** 12.68 x 6.5 x 16.14 inches
- **Item Model Number:** FT-115A
- **Batteries:** 1 x 12V battery (included)
- **Manufacturer:** FIT KING
- **Use for:** Calf, Feet, Legs, Thigh
- **Power Source:** Battery Powered
- **Material:** Easy-to-Wipe Sturdy Nylon
- **Item Weight:** 4.5 Kilograms (9.92 Pounds)

11. WARRANTY & SUPPORT

The FIT KING FT-115A comes with a 2-year warranty. For any questions, concerns, or support needs, please contact FIT KING customer service. Our reliable support team is available to assist you.

