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Paruu P20

Paruu P20 Electric Breast Pump User Manual

Model: P20

INTRODUCTION

This manual provides essential information for the safe and effective use of your Paruu P20 Electric Breast Pump. Please read it thoroughly before first use and retain it for future reference.

The Paruu P20 is a portable, hands-free electric breast pump designed for convenience and efficiency. Its compact and lightweight design allows for discreet use anywhere, providing a comfortable and effective pumping experience for mothers.

PRODUCT OVERVIEW



Figure 1: Paruu P20 Electric Breast Pump with its components, including the pump unit, various flange sizes (19mm, 21mm, 24mm), USB charging cable, and a nipple measurement tool.



Increase Pump Efficiency

4 Modes & 12 Levels
315mmHg Powerful Suction



More Hidden Thinner

Thickness 61mm
Only 0.5 lbs



One Charge for Whole Day

1350mAh Battery Life
180Min Use Time



More Comfort Fit

Double Layer Flange
More Soft BPA Free



Easy to Clean

Only 4 Parts



Figure 2: Overview of key features: increased pump efficiency with 12 levels, a thinner and more hidden design (61mm), 1350mAh battery for whole-day use (180min), comfortable double-layer flange, and easy cleaning with only 4 parts.

The Paruu P20 breast pump is designed for discreet and comfortable use. It features a compact and lightweight build, making it easy to wear under clothing. The transparent collector allows for visual monitoring of milk volume during pumping sessions.

SETUP AND ASSEMBLY

Before first use, sterilize all parts that come into contact with breast milk. The Paruu P20 is designed for easy assembly with only four main components.

- Clean and Sterilize:** Wash all pump components (flange, collector, silicone diaphragm, valve) with warm soapy water and rinse thoroughly. Sterilize by boiling for 5 minutes or using a steam sterilizer. Ensure all parts are completely dry before assembly.
- Assemble the Flange and Collector:** Attach the silicone flange insert (if using a smaller size) into the main flange. Then, connect the assembled flange to the milk collector cup.

3. **Attach the Diaphragm and Motor Unit:** Place the silicone diaphragm securely onto the top of the milk collector. Ensure it forms a tight seal. Then, align the motor unit with the diaphragm and collector, pressing firmly to connect.
4. **Select Flange Size:** Use the provided nipple measurement tool to determine the correct flange size (19mm, 21mm, or 24mm) for optimal comfort and efficiency.
5. **Charge the Pump:** Before initial use, fully charge the pump using the provided USB cable. The LED display will indicate charging status. A full charge provides up to 180 minutes of use.

Only 4 Parts

Easy to install
and clean



Figure 3: The four main parts of the Paruu P20 pump, highlighting its simple design for easy installation and cleaning.

One Charge for Whole Day

Really painless breast feeding



180Min
Endurance



1350 mAh
Battery life



5-6 Times
once charge

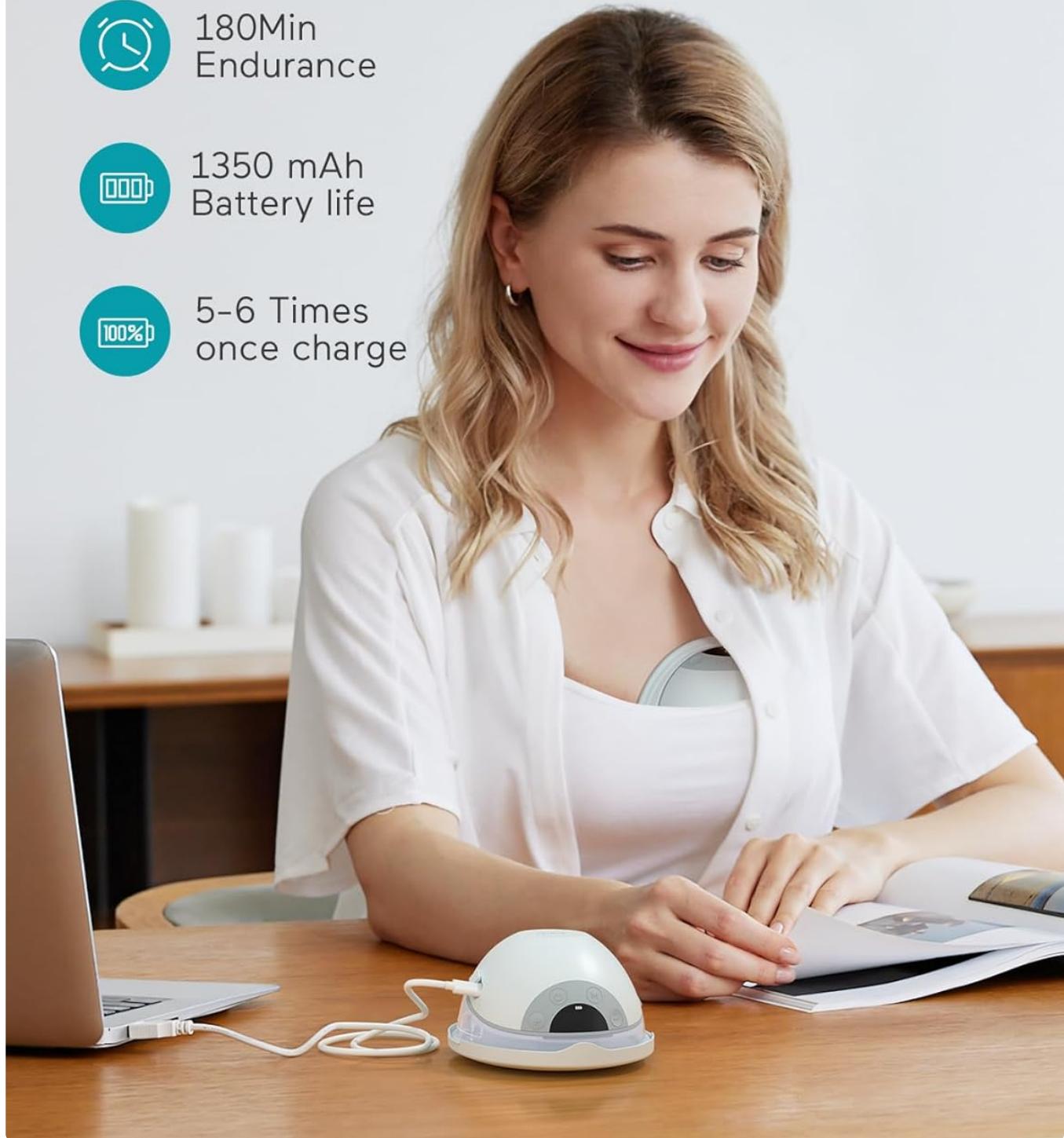


Figure 4: The pump charging via USB, demonstrating its long battery life of up to 180 minutes (5-6 pumping sessions) on a single charge.

OPERATING INSTRUCTIONS

The Paruu P20 offers 4 modes and 12 suction levels for a personalized pumping experience.

1. **Power On:** Press and hold the power button on the motor unit to turn on the pump. The LED display will illuminate.
2. **Select Mode:** Press the 'M' button to cycle through the 4 available modes:
 - **Stimulation Mode:** Quick and short suction to stimulate milk let-down.
 - **Expression Mode:** Slow and long suction for efficient milk expression.
 - **Lactation Mode:** 8 fast and 1 short pumping cycle.
 - **Traction Mode:** Low to high suction alternation.
3. **Adjust Suction Level:** Use the '+' and '-' buttons to adjust the suction intensity within the selected mode. There are 12 levels of suction. Start with a lower level and gradually increase to a comfortable setting.
4. **Monitor Progress:** The smart LED display shows the current mode, suction level, and usage time. The transparent milk collector allows you to visually monitor the milk volume.
5. **Hands-Free Use:** Once attached, the pump can be worn inside a nursing bra, allowing for hands-free operation.
6. **Power Off:** Press and hold the power button to turn off the pump when finished.

4 Modes & 12 Levels

Extended suction range 12.9-42Kpa



Figure 5: Detailed view of the 4 modes (Stimulation, Expression, Lactation, Traction) and 12 suction levels, powered by an upgraded motor for extended suction range.

Visualization of milk production

Transparent extendable collector
Seeing the amount of milk at a glance



Figure 6: The transparent collector enables easy visualization of milk volume, and the discreet design allows for hands-free pumping while performing other tasks.

 **Low Noise**

Figure 7: The Paruu P20 operates at a low noise level of approximately 50dB, ensuring it does not disturb a sleeping baby or others nearby.

Hands Free Breast Pump

Playing with your baby have fun



Figure 8: The hands-free design allows mothers to engage in activities like playing with their baby while pumping.

MAINTENANCE AND CLEANING

Proper cleaning and maintenance are crucial for hygiene and the longevity of your breast pump.

- **After Each Use:** Disassemble all parts that come into contact with breast milk (flange, collector, silicone diaphragm,

valve). Wash them immediately with warm soapy water. Use a soft brush to clean hard-to-reach areas. Rinse thoroughly with clean water.

- **Sterilization:** Sterilize these parts regularly, especially after the first use. Methods include boiling for 5 minutes, using a steam sterilizer, or a dishwasher (top rack only, if dishwasher safe). Refer to the product packaging for specific material compatibility.
- **Drying:** Air dry all components on a clean drying rack. Avoid using cloth towels as they may leave lint. Ensure all parts are completely dry before reassembly or storage to prevent mold and bacterial growth.
- **Motor Unit:** The motor unit should *not* be washed or submerged in water. Wipe it clean with a damp cloth if necessary.
- **Storage:** Store the clean and dry pump components in a clean, dry place away from direct sunlight and dust.

TROUBLESHOOTING

Problem	Possible Cause	Solution
No suction or weak suction	<ul style="list-style-type: none">• Improper assembly of parts.• Silicone diaphragm or valve not sealed correctly.• Flange not properly sealed to the breast.• Battery low.• Damaged silicone parts.	<ul style="list-style-type: none">• Disassemble and reassemble all parts, ensuring a tight fit.• Check that the silicone diaphragm and valve are clean, undamaged, and correctly seated.• Ensure the flange forms a complete seal around the breast. Adjust position if necessary.• Charge the pump fully.• Inspect silicone parts for tears or damage; replace if necessary.
Pump not turning on	<ul style="list-style-type: none">• Battery depleted.• Charging cable not connected properly.	<ul style="list-style-type: none">• Charge the pump for at least 30 minutes.• Ensure the USB cable is securely connected to both the pump and a power source.
Milk leaking from pump	<ul style="list-style-type: none">• Improper assembly.• Overfilling the collector cup.• Damaged silicone parts (e.g., valve, diaphragm).	<ul style="list-style-type: none">• Check all connections, especially the seal between the collector and the motor unit.• Do not exceed the maximum fill line on the collector cup.• Inspect silicone parts for damage and replace if needed.
Unusual noise during operation	<ul style="list-style-type: none">• Motor unit not properly attached.• Foreign object inside the pump.	<ul style="list-style-type: none">• Ensure the motor unit is securely connected to the collector.• Disassemble and check for any obstructions.

SPECIFICATIONS

- **Model:** P20
- **Brand:** Paruu
- **Dimensions:** 28 x 16.7 x 8.5 cm (Product); 809 g (Weight)
- **Material:** BPA-Free Food-Grade Silicone
- **Modes:** 4 (Stimulation, Expression, Lactation, Traction)
- **Suction Levels:** 12
- **Battery:** 1350 mAh
- **Usage Time:** Up to 180 minutes (4-5 pumping sessions) on a full charge

- **Noise Level:** Approximately 50dB
- **Flange Sizes Included:** 19mm, 21mm, 24mm
- **Special Features:** Portable, Hands-Free, Visual Milk Volume Display, Anti-backflow, Leak-proof design

SAFETY INFORMATION

- Always wash hands thoroughly before handling pump parts and breast milk.
- Do not use the pump while sleeping or overly drowsy.
- Keep the pump and all its components out of reach of children.
- Only use original Paruu replacement parts. Using unauthorized parts may void your warranty and affect pump performance.
- Do not immerse the motor unit in water or other liquids.
- If you experience pain or discomfort during pumping, stop immediately and consult a lactation consultant or healthcare professional.
- Do not use the pump if any part is damaged or broken.

WARRANTY AND SUPPORT

While specific warranty details are not provided in this manual, Paruu products typically come with a manufacturer's warranty covering defects in materials and workmanship. Please retain your proof of purchase for warranty claims. For technical support, troubleshooting assistance, or to inquire about replacement parts, please contact Paruu customer service through the retailer where you purchased the product or visit the official Paruu website for contact information.

Note: Warranty terms and conditions may vary by region. Please refer to the warranty card included with your product or the manufacturer's official website for the most accurate and up-to-date information.

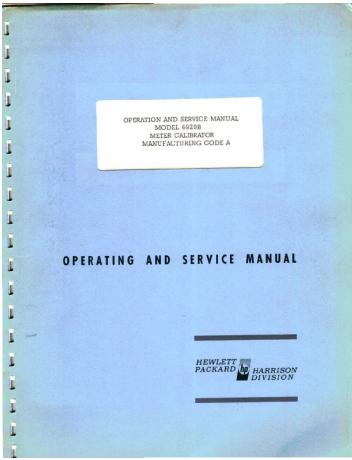
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Related Documents - P20

	<p><u>Paruu X2 Wearable Breast Pump User Manual</u></p> <p>Comprehensive user manual for the Paruu X2 Double Wearable Breast Pump, detailing product components, controls, usage instructions, cleaning, maintenance, troubleshooting, and technical specifications for this hands-free, portable electric breast pump.</p>
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	<p>Paruu R10 Wearable Breast Pump User Guide</p> <p>User guide for the Paruu R10 Wearable Breast Pump, detailing safety, product components, assembly, usage, specifications, and compliance information for this hands-free electric breast pump.</p>
	<p>Paruu Wearable Breast Pump P20 User Manual</p> <p>User manual for the Paruu P20 Wearable Breast Pump, covering safety information, charging, cleaning, disinfection, assembly precautions, tips, specifications, and warranty.</p>
	<p>COLMI P20 Plus Smartwatch User Manual</p> <p>Comprehensive user manual for the COLMI P20 Plus smartwatch, covering setup, features, charging, and important information for optimal use.</p>
	<p>ENGWE P20 E-Bike Owner's Manual: Assembly, Operation, Maintenance, and Warranty</p> <p>Comprehensive owner's manual for the ENGWE P20 electric bike, covering safety guidelines, assembly instructions, component details, maintenance tips, troubleshooting, and warranty information.</p>
	<p>ENGWE P20 Electric Bike Owner's Manual</p> <p>Comprehensive owner's manual for the ENGWE P20 electric bike, covering safety guidelines, assembly, maintenance, troubleshooting, and warranty information.</p>

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[Paruu Wearable Breast Pump P20 User Manual](#)

User manual for the Paruu P20 Wearable Breast Pump, covering safety information, charging, cleaning, disinfection, assembly precautions, tips, specifications, and warranty.

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