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> PZDO Gaming Chair Ergonomic Computer Chair with Reclining Footrest & Headrest, Lumbar Support, Height Adjustable Fabric, Model B0F2DSSH55

PZDO B0F2DSSH55

PZDO Gaming Chair Instruction Manual

Model: B0F2DSSH55

1. INTRODUCTION

Thank you for choosing the PZDO Ergonomic Gaming Chair. This manual provides essential information for the safe assembly, operation, maintenance, and troubleshooting of your new chair. Please read this manual thoroughly before use and retain it for future reference.

This chair is designed to enhance your seating experience with its ergonomic features, including a reclining backrest, retractable footrest, adjustable armrests, and lumbar support, suitable for various activities from gaming to office work.



Figure 1: Main view of the PZDO Ergonomic Gaming Chair.

This image displays the complete PZDO Gaming Chair in its upright position, showcasing its light-grey fabric, headrest, lumbar pillow, armrests, and five-star base with casters. The retractable footrest is tucked away beneath the seat.

2. SAFETY INFORMATION

- **Weight Capacity:** This chair is designed to support a maximum weight of **350 lbs (approximately 158 kg)**. Do not exceed this limit to prevent damage or injury.
- **Assembly:** Ensure all components are securely fastened according to the assembly instructions. Periodically check all screws and bolts for tightness.
- **Stability:** Avoid leaning excessively to one side or standing on the chair, as this may cause instability and lead to falls.
- **Movement:** Use caution when moving the chair, especially on uneven surfaces. Ensure no obstacles are in the path of the casters.
- **Children:** Keep children away from the chair during assembly. Supervise children when they are near or using the chair to prevent accidents.
- **Environment:** Use the chair on a flat, stable surface. Avoid exposure to extreme temperatures or direct sunlight for prolonged periods, which can affect material integrity.

3. ASSEMBLY INSTRUCTIONS

The PZDO Gaming Chair is designed for quick assembly, typically taking 15-20 minutes. Detailed, step-by-step assembly instructions are included in the packaging with your chair. Please refer to that separate guide for specific diagrams and fastening procedures.

General Assembly Tips:

- Unpack all components and verify against the parts list provided in the assembly guide.
- Lay out all parts on a clean, soft surface to prevent scratches.
- Do not fully tighten all screws until the entire chair is assembled, then go back and tighten them securely.
- If you encounter any difficulties, refer to the troubleshooting section or contact customer service.



Figure 2: Chair dimensions and service guarantee information.

This image provides key dimensions of the chair, including seat width, backrest height, and overall height range. It also highlights the service guarantee and worry-free parts protection system, indicating support for component replacement, which is relevant for assembly and future maintenance.

4. OPERATING INSTRUCTIONS

Familiarize yourself with the various adjustment mechanisms to customize your seating experience.

4.1. Height Adjustment

- Locate the lever on the right side, beneath the seat.
- To raise the seat: Lift the lever while taking your weight off the seat.

- To lower the seat: Lift the lever while seated, allowing your weight to lower the chair.
- The chair offers approximately **10 cm of height adjustment**.

4.2. Backrest Recline

- Locate the recline lever on the right side of the chair, near the backrest.
- Pull the lever upwards to unlock the backrest.
- Lean back to your desired angle (between **90° and 165°**) and release the lever to lock it in place.
- To return to an upright position, pull the lever and lean forward slightly.

Stronger and more comfortable

One-piece moulded steel frame with high quality styling cotton



Figure 3: Illustration of the chair's reclining function and adjustment ranges.

This image visually demonstrates the chair's ability to recline from 90 degrees (upright) to 165 degrees (nearly flat), highlighting the wide range of motion for relaxation or focused work. It also indicates the 10 cm height adjustment and 360-degree swivel capability.

4.3. Retractable Footrest

- To extend the footrest: Gently pull the footrest handle located beneath the front edge of the seat.
- To retract the footrest: Push the footrest back into its stored position beneath the seat until it clicks into place.
- The footrest is designed for leg support during reclining and should not be used for standing.

4.4. 3D Adjustable Armrests

- **Height Adjustment:** Press the button on the side of each armrest and move it up or down to your preferred height. Release the button to lock.
- **Forward/Backward Adjustment:** The armrest pads can slide forward and backward to align with your arm position.
- **Swivel Adjustment:** The armrest pads can also pivot slightly left or right.

4.5. Lumbar Support and Headrest

- The chair features a removable headrest and a latex lumbar pillow for targeted support.
- Adjust the position of the lumbar pillow by sliding it up or down along the backrest straps to find the most comfortable support for your lower back.

15% Wider cushioned wingless seat



Figure 4: Close-up of the chair's lumbar support system.

This image provides a detailed view of the lumbar support pillow, highlighting its ergonomic design and the use of Hevea Brasiliensis Latex for comfort and support. The image emphasizes the "Comfort Lumbar Support" feature and its placement on the chair's backrest.

5. MAINTENANCE

- **Cleaning:** Wipe clean with a damp cloth. For fabric surfaces, use a mild fabric cleaner if necessary, and test on an inconspicuous area first. Avoid harsh chemicals or abrasive cleaners.
- **Inspection:** Periodically inspect all bolts, screws, and moving parts (casters, gas lift, recline mechanism) to ensure they are secure and functioning correctly. Tighten any loose fasteners.
- **Castors:** Keep casters free of hair and debris to ensure smooth movement.
- **Avoid Overloading:** Do not exceed the maximum weight capacity of 350 lbs.

6. TROUBLESHOOTING

If you encounter any issues with your PZDO Gaming Chair, please refer to the common problems and solutions below. If the problem persists, contact customer service.

Problem	Possible Cause	Solution
Chair does not adjust height.	Gas lift malfunction or lever not engaged.	Ensure the height adjustment lever is fully engaged. If the issue persists, the gas lift may need replacement.
Chair squeaks or wobbles.	Loose fasteners or components.	Check and tighten all screws and bolts, especially those connecting the seat, backrest, and base.
Casters do not roll smoothly.	Debris caught in casters.	Turn the chair over and remove any hair, dust, or debris from the caster wheels.
Backrest does not recline or lock.	Recline mechanism obstruction or damage.	Ensure no objects are obstructing the recline mechanism. Check if the recline lever is functioning correctly.

For issues not listed here or if troubleshooting steps do not resolve the problem, please contact PZDO customer service.

7. SPECIFICATIONS

Feature	Detail
Brand	PZDO
Model	B0F2DSSH55
Color	Light Grey
Material	Fabric, Iron, Metal
Product Dimensions (D x W x H)	58D x 28W x 69H centimeters (approximate, varies with adjustments)
Item Weight	21 Kilograms
Maximum Weight Capacity	350 lbs (approx. 158 kg)
Back Style	Solid Back
Frame Material	Metal (Reinforced steel frame)
Special Features	Adjustable Height, 3D Arm Rests, Reclining Backrest (90°-165°), Retractable Footrest, Lumbar Support, Headrest, 360° Swivel
Product Care Instructions	Wipe Clean

165° Ultra-Recline Gaming Chair

Exclusive 165° reclining angle (135° for conventional chairs), back-leg rest linkage design for zero pressure spine alignment.



-  Backrest Recline (90°-165°)
-  Fits the spine
-  10-cm Height Adjustment
-  360 degree free rotation

Figure 5: Illustration of the chair's internal structure and cushioning.

This image provides a cutaway view of the chair, revealing the one-piece moulded steel frame with thickened joints and high-density composite setting cotton. It highlights the robust construction and cushioning materials used in the chair's design.

8. WARRANTY AND SUPPORT

PZDO is committed to providing high-quality products and customer satisfaction. Your chair is backed by a **Service Guarantee** and a **Worry-free parts protection system**, ensuring support for component replacement if needed.

If you have any questions, require assistance with assembly, or experience any issues with your chair, please do not hesitate to contact our customer service team. Our dedicated support staff will assist you in resolving any problems promptly.

Please refer to the contact information provided with your purchase or visit the official PZDO website for support details.