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VUHIGIB 751753653035

VUHIGIB Fitness Tracker (Model 751753653035)

User Manual

Brand: VUHIGIB | Model: 751753653035

Introduction | What's in the Box | Setup | Specifications | Operating Instructions | Warranty & Support | Maintenance | Troubleshooting

1. Introduction

The VUHIGIB Fitness Tracker (Model 751753653035) is designed to help you monitor your health and track your fitness activities. This smart device offers continuous monitoring of key health indicators, diverse sports modes, and smart notification features to support a healthy and active lifestyle. This manual provides detailed instructions for setup, operation, maintenance, and troubleshooting to ensure optimal use of your fitness tracker.

2. What's in the Box

Upon unboxing your VUHIGIB Fitness Tracker, please ensure all the following items are present:

- Fitness Tracker
- Charging Cable
- User Manual

3. Setup

3.1 Initial Charging

Before first use, fully charge your fitness tracker. The device uses magnetic fast charging for convenience.

1. Connect the magnetic charging cable to the charging points on the back of the fitness tracker.
2. Plug the USB end of the cable into a compatible USB power adapter (not included) or a computer's USB port.

3. The screen will indicate charging status. A full charge typically takes 1-2 hours.

A full charge provides approximately 7-10 days of regular usage and up to 30 days in standby mode.



Image: The fitness tracker connected to its magnetic charging cable.

3.2 App Installation and Connection

To unlock the full potential of your fitness tracker, download and connect to the companion app.

1. Scan the QR code provided in the included User Manual or search for the **"Keep Health"** app in your device's app store (compatible with iOS 9.0+ and Android 4.4+).
2. Install and open the "Keep Health" app.
3. Follow the on-screen instructions to create an account and set up your personal profile.
4. Enable Bluetooth on your smartphone and allow the app to access Bluetooth.
5. Within the app, search for your fitness tracker and pair it. Ensure the tracker is sufficiently charged and near your phone during pairing.

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Video: Official product video demonstrating the fitness tracker and its app connection.

4. Operating Instructions

4.1 Navigating the Touchscreen

The VUHIGIB Fitness Tracker features a 1.1" AMOLED HD color touchscreen for intuitive navigation.

- **Swipe Up/Down:** Scroll through different functions and menus.
- **Tap:** Select an option or enter a specific function.
- **Press and Hold:** Customize watch faces or confirm selections.

- **Flip Wrist:** Automatically activate the screen.

4.2 24/7 Health Monitoring

Your fitness tracker continuously monitors vital health indicators:

- **Heart Rate:** Real-time heart rate tracking. View daily and historical data in the app.
- **Blood Oxygen (SpO2):** Monitor your blood oxygen levels.
- **Blood Pressure:** Track your blood pressure readings.
- **Body Temperature:** Continuous body temperature monitoring.
- **Sleep Tracking:** Accurately tracks sleep status (deep, shallow, awake stages) and analyzes sleep quality to help improve rest.



Image: The fitness tracker interface showing continuous monitoring of health indicators.



Image: Sleep monitoring data displayed on the companion app.

4.3 Sports Modes & Activity Tracking

The tracker supports 25 professional sports modes and all-day activity tracking.

- Select your desired sport mode (e.g., running, cycling, yoga, rugby) from the tracker's menu.
- The tracker will record steps, distance, and calories burned.
- For outdoor activities, connect to your phone's GPS via the app to get accurate distance, speed, and route information.

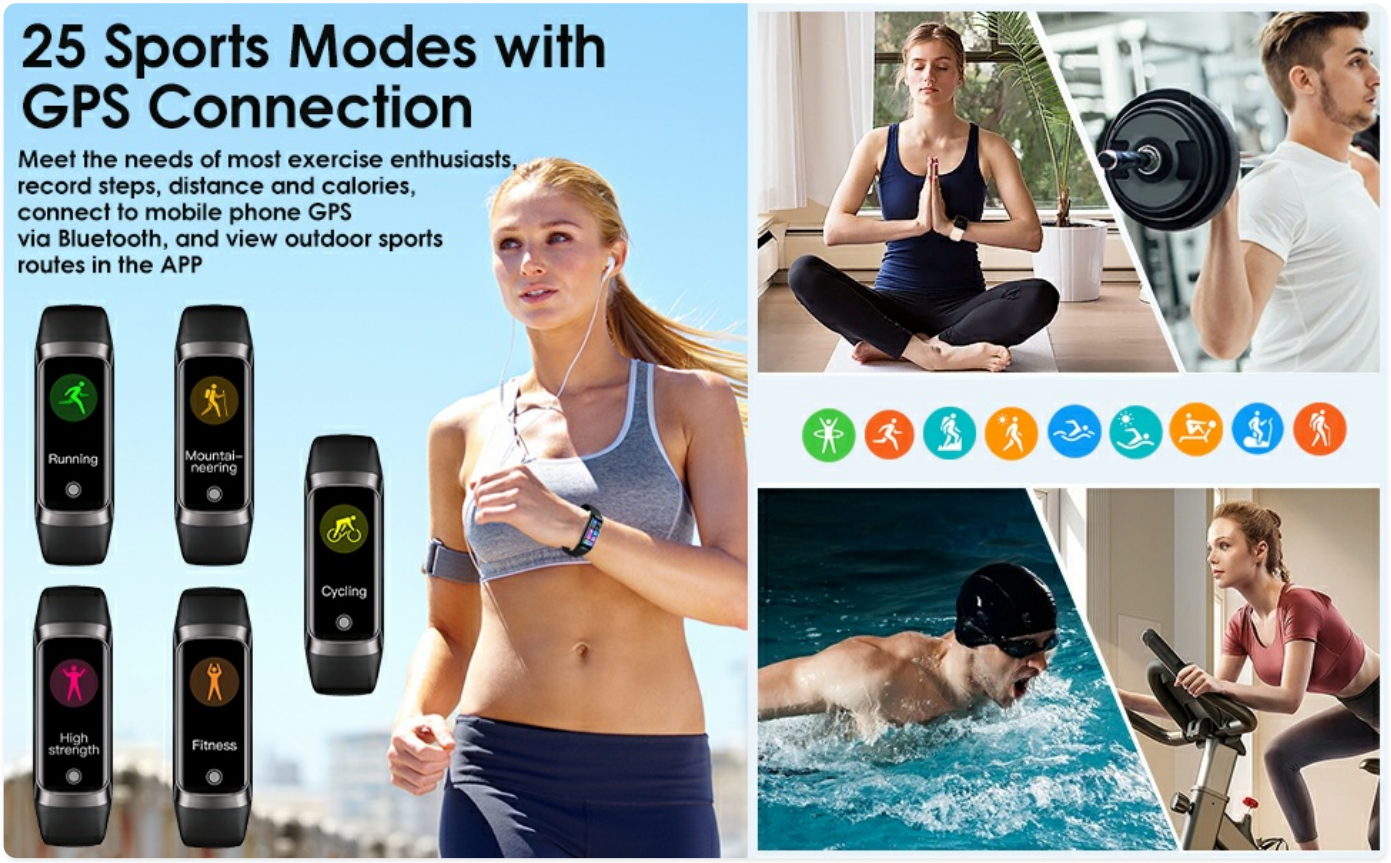


Image: Overview of 25 professional sports modes and activity tracking.

4.4 Smart Message Notifications

Stay connected without constantly checking your phone:

- Receive incoming calls, text messages, and social media notifications (Facebook, Instagram, Twitter, WhatsApp, Messenger, etc.) directly on your wrist.
- The watch will vibrate to alert you. You can view caller information and reject calls from the tracker.
- Set up drinking reminders and sedentary reminders in the app to promote healthy habits.



Image: Smart message notifications appearing on the fitness tracker screen.

4.5 Additional Smart Functions

- **Menstrual Cycle Reminder:** A dedicated function for women's health to help manage physiological cycles.
- **Alarm Clock:** Set alarms directly from the device or app.
- **Stopwatch:** Utilize the built-in stopwatch for timing activities.
- **Do Not Disturb Mode:** Silence notifications during specific times.
- **Remote Photo Control:** Use your tracker as a remote shutter for your phone's camera.
- **Family Health:** Share health data with family members (via app settings).
- **Customizable Dials:** Choose from multiple dial styles in the app or use your own photos to personalize the display.

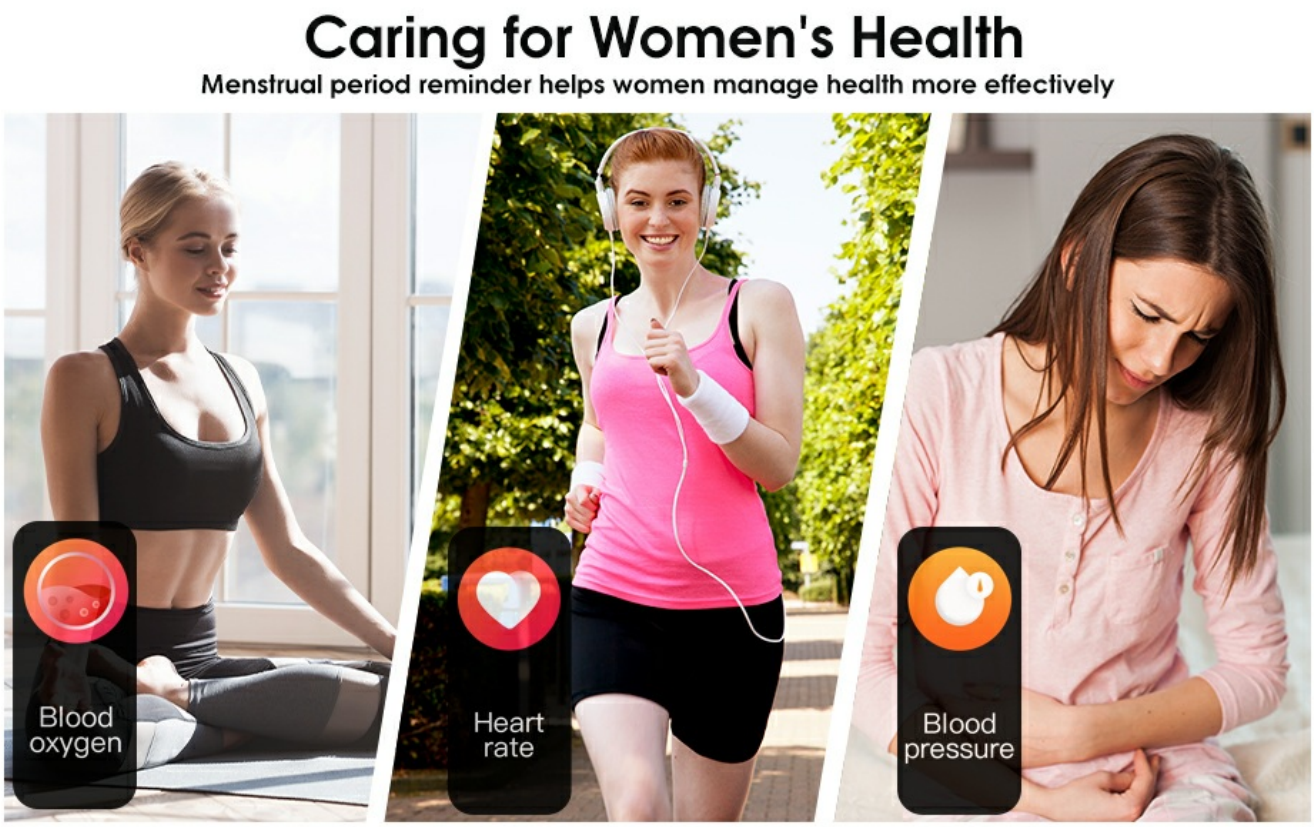


Image: Diverse dial styles and customization options for the AMOLED touchscreen.

5. Maintenance

5.1 Waterproof Rating

The VUHIGIB Fitness Tracker is IP67 waterproof. This means it is resistant to dust and can withstand immersion in water up to 1 meter for 30 minutes. It is safe for:

- Washing hands
- Washing straps
- Exercising in the rain

Note: While IP67 rated, prolonged immersion or use in hot water (e.g., showers, saunas) is not recommended and may damage the device.



Image: The fitness tracker demonstrating its IP67 waterproof capabilities.

5.2 Cleaning

To maintain hygiene and device longevity:

- Regularly clean the device and strap with a soft, damp cloth.
- Ensure the charging contacts are clean and dry before charging.
- Avoid using harsh chemicals or abrasive materials for cleaning.

6. Troubleshooting

If you encounter issues with your VUHIGIB Fitness Tracker, try the following steps:

- **Device Not Turning On:** Ensure the device is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot Pair with App:**
  - Ensure Bluetooth is enabled on your phone.

- Make sure the tracker is within Bluetooth range of your phone.
- Restart both your phone and the fitness tracker.
- Check if the app has necessary permissions (location, Bluetooth).

- **Inaccurate Readings:**
  - Ensure the tracker is worn snugly on your wrist, about one finger's width from your wrist bone.
  - Clean the sensor on the back of the device.
  - Avoid excessive movement during measurements.

- **Notifications Not Appearing:**
  - Verify that notification permissions are granted to the "Keep Health" app on your phone.
  - Check if "Do Not Disturb" mode is active on either the tracker or your phone.
  - Ensure the app is running in the background.

For further assistance, please refer to the full user manual or contact customer support.

7. Specifications

Feature	Detail
Brand	VUHIGIB
Model Number	751753653035
Screen Size	1.1 Inches
Display Type	AMOLED
Resolution	126 x 294
Operating System Compatibility	Android 4.4 or above, iOS 9.0 or above
Connectivity Technology	Bluetooth
Water Resistance Level	IP67 Waterproof (1 Meter depth)
Battery Capacity	90 Milliamp Hours
Battery Average Life	7 days (regular use)
Battery Charge Time	2 Hours
Metrics Measured	Heart Rate, Blood Oxygen, Blood Pressure, Body Temperature
Special Features	Activity Tracker, Cycle Tracking, Daily Workout Memory, Notifications, Sedentary Reminder, GPS Via Smartphone

8. Warranty & Support

Your VUHIGIB Fitness Tracker comes with a **30-day manufacturer's limited warranty**. This warranty covers defects in materials and workmanship under normal use. For warranty claims or technical support, please contact VUHIGIB

customer service through the retailer where the product was purchased or visit the official VUHIGIB support website. Please retain your proof of purchase for warranty validation.

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Example: How do I reset this device or fix this error?

Details

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