Mova FD10Pro

Mova FD10Pro Air Fryer Instruction Manual

Model: FD10Pro

1. Introduction

Thank you for choosing the Mova FD10Pro Air Fryer. This appliance is designed to provide a healthier way to cook your favorite foods by circulating hot air, resulting in crispy textures with significantly less oil. Please read this manual thoroughly before first use to ensure safe and optimal operation. Keep this manual for future reference.

2. Important Safety Information

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons.

- Read all instructions before using the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse cord, plugs, or the main unit in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.
- Do not use appliance for other than intended use.
- Ensure the appliance is placed on a stable, heat-resistant surface.
- Do not block any ventilation openings.

- A short power-supply cord is provided to reduce the risks resulting from entanglement or tripping over a longer cord.

3. Product Overview

The Mova FD10Pro Air Fryer features a 6.3-quart capacity, digital controls, and a visible window for monitoring cooking progress. It utilizes a dual heating system and 360° hot air circulation for efficient and even cooking.

3.1 Components



Figure 1: What's in the Box - Illustrates the main air fryer unit, the cooking basket, and the grill pan.



Figure 2: Front View - Shows the overall design of the Mova FD10Pro Air Fryer with its handle and visible cooking window.

- **Main Unit:** Houses the heating elements, fan, and control panel.
- **Cooking Basket:** Non-stick coated basket for holding food.
- **Grill Pan:** Inserted into the basket to allow air circulation around food and collect excess oil.
- **Control Panel:** Digital display with touch controls for settings and presets.
- **Visible Window:** Allows monitoring of food during cooking without opening the basket.

4. Initial Setup

1. **Unpack:** Carefully remove all packaging materials and promotional labels from the air fryer.
2. **Clean:** Wash the cooking basket and grill pan with hot water, dish soap, and a non-abrasive sponge. Rinse thoroughly and dry completely. Wipe the exterior of the main unit with a damp cloth.
3. **Placement:** Place the air fryer on a stable, level, heat-resistant surface, away from walls or other appliances to

ensure proper ventilation. Ensure there is at least 6 inches (15 cm) of clear space around the back and sides, and above the appliance.

4. **First Use (Burn-in):** Before cooking food, it is recommended to run the air fryer for approximately 10-15 minutes at 350°F (175°C) without any food inside. This helps to burn off any manufacturing residues and eliminate initial odors. A slight odor may be present during this process; this is normal.

5. Operating Instructions

5.1 Control Panel Overview



Figure 3: Control Panel - Displays the digital interface with various preset cooking modes and manual controls.

The Mova FD10Pro features an intuitive digital touch control panel. The LED display shows temperature and time settings. Icons represent various preset cooking modes.

- **Power Button:** Turns the unit on/off.
- **Start/Pause Button:** Begins or pauses the cooking cycle.

- **Temperature/Time Control:** Toggles between temperature and time adjustment.
- **+/- Buttons:** Adjust temperature or time values.
- **Preset Icons:** Select from 11 pre-programmed cooking modes.
- **Light Button:** Activates the internal light to view food through the visible window.

5.2 General Operation

1. **Prepare Food:** Place the grill pan into the cooking basket. Place your food onto the grill pan. Do not overfill the basket to ensure proper air circulation.
2. **Insert Basket:** Slide the cooking basket firmly into the main unit.
3. **Power On:** Press the Power button to turn on the air fryer.
4. **Select Mode:**
    - **Preset Mode:** Tap the desired preset icon (e.g., fries, chicken, fish). The display will show the default time and temperature for that preset.
    - **Manual Mode:** If not using a preset, use the Temperature/Time control button to switch between temperature and time settings, then use the +/- buttons to adjust to your desired values (Temperature range: 122-450°F / 50-230°C).
5. **Start Cooking:** Press the Start/Pause button to begin the cooking cycle.
6. **Monitor Progress:** Use the visible window and internal light to check on your food without interrupting the cooking process. If you pull out the basket, the Auto Pause feature will temporarily stop cooking. Reinsert the basket to resume.
7. **Shake/Flip (Optional):** For even cooking, especially with smaller items, pull out the basket halfway through the cooking time and shake or flip the food.
8. **Finish:** The air fryer will beep when the cooking cycle is complete. Carefully pull out the basket and remove the food using heat-resistant tongs.
9. **Power Off:** Press the Power button to turn off the appliance, or it will automatically shut off after a short period of inactivity.

6. Cooking Tips

- **Oil Usage:** While air frying requires minimal oil, a light spray or toss with a small amount of oil can enhance crispiness and flavor for some foods.
- **Even Cooking:** For best results, shake or flip food in the basket every 5-10 minutes, especially for larger quantities or items like fries.
- **Preheating:** Preheating the air fryer for 3-5 minutes at the desired temperature can improve cooking results for many foods.
- **Batch Cooking:** If cooking large amounts of food, cook in smaller batches to ensure even cooking and crispiness.
- **Food Safety:** Always ensure food is cooked to safe internal temperatures. Refer to a reliable food thermometer.



Figure 4: Ample Capacity - Demonstrates the 6.3-quart capacity of the air fryer, suitable for cooking a whole chicken and vegetables.



Figure 5: Visible Cooking Window - Shows the air fryer in operation, allowing users to monitor food without opening the basket.

7. Maintenance and Cleaning

Regular cleaning will extend the life of your Mova FD10Pro Air Fryer and ensure optimal performance.

1. **Unplug and Cool:** Always unplug the air fryer and allow it to cool completely before cleaning.
2. **Clean Basket and Grill Pan:** Wash the non-stick cooking basket and grill pan with hot water, dish soap, and a non-abrasive sponge. For stubborn food residues, soak them in warm, soapy water for about 10-15 minutes before cleaning. These parts are **not** dishwasher safe.
3. **Clean Interior:** Wipe the interior of the air fryer with a damp cloth. For heavy grease, use a mild detergent. Avoid abrasive cleaners or metal scouring pads.
4. **Clean Exterior:** Wipe the exterior of the air fryer with a damp cloth. Do not immerse the main unit in water or any other liquid.
5. **Heating Element:** If necessary, gently clean the heating element with a soft brush to remove any food particles.

6. **Storage:** Ensure all parts are clean and dry before storing the air fryer in a cool, dry place.



Figure 6: Easy Cleaning - Illustrates the ease of cleaning the non-stick basket and grill pan.

8. Troubleshooting

Problem	Possible Cause	Solution
Air fryer does not turn on.	Appliance is not plugged in. Power outlet is not working.	Ensure the power cord is securely plugged into a grounded wall outlet. Check the power outlet by plugging in another appliance.
Food is not cooked evenly.	Basket is overcrowded. Food was not shaken/flipped.	Cook food in smaller batches. Shake or flip food halfway through cooking.
Food is not crispy.	Not enough oil (for certain foods). Temperature too low or cooking time too short.	Lightly spray or toss food with a small amount of oil. Increase temperature or cooking time.
White smoke coming from the appliance.	Grease residue from previous use. High-fat food being cooked.	Clean the basket and grill pan thoroughly after each use. For high-fat foods, drain excess fat from the basket during cooking.
Appliance emits a burning smell.	Food particles on the heating element.	Unplug and allow to cool. Clean the heating element gently with a soft brush.

9. Specifications

Feature	Detail
Model Name	FD10Pro
Item Model Number	XQ2501
Capacity	6.3 Quarts (6L)
Output Wattage	1800 Watts
Voltage	110 Volts

Feature	Detail
Temperature Range	122-450°F
Control Method	Push Button / Digital Touch
Special Feature	Non-Stick, Visible Window, Dual Heating System, 11 Preset Modes
Material	Glass, Metal, Plastic
Product Dimensions (D x W x H)	14.35"D x 13.23"W x 10.54"H
Item Weight	10.8 Pounds
Dishwasher Safe Parts	No (Basket and Grill Pan are hand-wash only)

10. Warranty and Support

Mova is committed to providing quality products and customer satisfaction. For support inquiries or warranty information, please refer to the official Mova website or contact their customer service directly.

- **Warranty:** The product may be covered by a manufacturer's warranty. Please check your purchase documentation or the Mova official website for specific warranty terms and duration.
- **Customer Service:** For technical assistance, troubleshooting, or parts replacement, please contact Mova customer support.

Note: Protection plans may be available for purchase separately, offering extended coverage beyond the manufacturer's warranty.

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