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› Poedagar Men's Stainless Steel Quartz Wristwatch Instruction Manual (Model POE973-7)

Poedagar POE973-7

Poedagar Men's Stainless Steel Quartz Wristwatch Instruction Manual

Model: POE973-7

1. OVERVIEW

Thank you for choosing the Poedagar Men's Stainless Steel Quartz Wristwatch, Model POE973-7. This timepiece combines classic design with modern functionality, featuring a precise quartz movement, chronograph functions, and water resistance. This manual provides essential information for the proper setup, operation, and maintenance of your watch.





Image: Poedagar Men's Stainless Steel Quartz Wristwatch with black dial and stainless steel band.

2. SETUP

2.1 Unboxing and Initial Inspection

Upon opening the package, ensure all items are present:

- Poedagar Watch
- Poedagar Box
- Watchband Adjust Tool
- Watch Wipe

2.2 Adjusting the Watchband

The stainless steel band can be adjusted to fit your wrist using the included watchband adjust tool. Follow these steps:

1. Identify the removable links on the watchband.
2. Use the watchband adjust tool to carefully push out the pins from the links you wish to remove.
3. Remove the desired number of links to achieve a comfortable fit.

4. Reinsert the pins to secure the band. Ensure pins are fully seated.

2.3 Setting Time and Date

Your watch features an adjust time button and a calendar window. Refer to the diagram below for button identification.

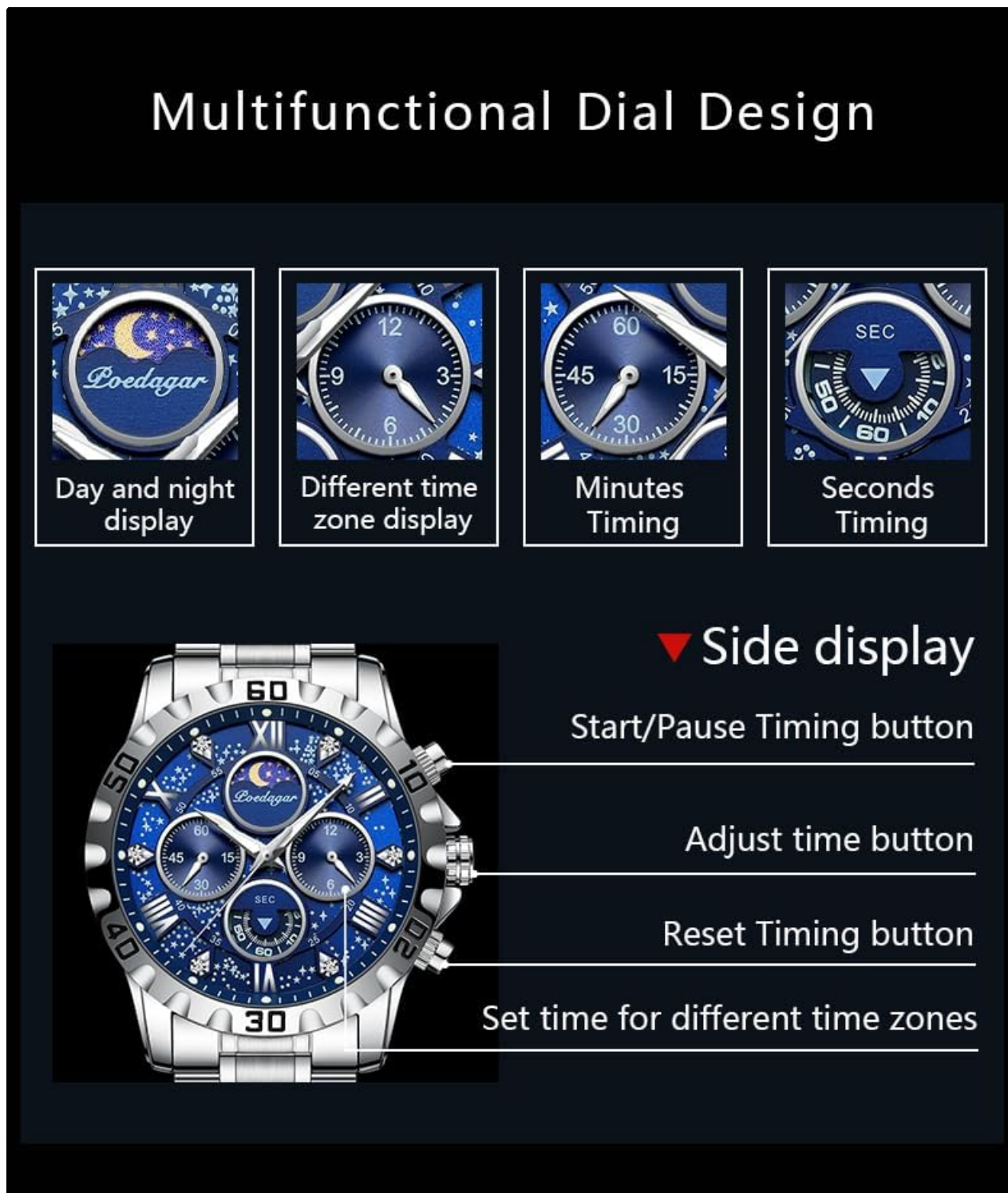


Image: Diagram showing the watch dial with sub-dials and the functions of the side buttons for time adjustment and chronograph control.

1. **Setting Time:** Pull the crown (adjust time button) out to the furthest position. Rotate the crown to set the hour and minute hands. Push the crown back in to start the watch.
2. **Setting Date:** Pull the crown out to the middle position. Rotate the crown to adjust the date. Push the crown back in to secure the setting.
3. **Setting Different Time Zones:** The watch features a sub-dial for different time zone display. Use the designated button (Set time for different time zones) to adjust this sub-dial as needed.

3. OPERATING THE WATCH

3.1 Chronograph Function

The watch is equipped with a chronograph function, featuring three sub-dials:

- **Seconds Timing:** Measures elapsed seconds.
- **Minutes Timing:** Measures elapsed minutes.
- **24-hour Moon Phase / Day and Night Display:** Indicates the 24-hour cycle.

To operate the chronograph:

1. **Start/Pause:** Press the 'Start/Pause Timing button' (top pusher) to start the chronograph. Press it again to pause.
2. **Reset:** While the chronograph is paused, press the 'Reset Timing button' (bottom pusher) to reset all chronograph hands to zero.

3.2 Luminous Feature

The watch hands and markers are treated with a luminous material. After exposure to light, they will glow in dark conditions, allowing for visibility at night.



3ATM deep Waterproof



**Sapphire Crystal Dial
Window Material**



Strong Luminous



Stainless Steel Strap

Image: Collage showing various watch features, including the strong luminous display in the dark.

4. MAINTENANCE

4.1 Water Resistance

Your Poedagar watch is 3ATM (30 meters) water resistant. This means it can withstand splashes, rain, and brief immersion in water. However, it is **not** suitable for showering, swimming, diving, or prolonged immersion in water. Avoid operating the crown or pushers when the watch is wet.

-WATERPROOF- 3ATM deep Waterproof

Nano-level sealed water release, precise waterproof performance, innovation and enhancement of anti-fog.



Image: Watch submerged in water, illustrating its 3ATM waterproof capability for activities like rain and hand washing, but not for swimming or showering.

4.2 Cleaning

Use the provided watch wipe or a soft, dry cloth to clean the watch case and strap. For stubborn dirt, a slightly damp cloth can be used, followed by immediate drying. Avoid harsh chemicals or abrasive materials.

4.3 Battery Replacement

The watch is powered by a quartz movement and requires 1 x 9V battery (included). When the watch stops or the time becomes inaccurate, the battery may need replacement. It is recommended to have battery replacement performed by a qualified watch technician to ensure proper sealing and water resistance.

4.4 Sapphire Crystal Care

The dial window is made of sapphire crystal, known for its scratch resistance. While highly durable, it is not entirely scratch-proof. Avoid direct impact or contact with extremely hard surfaces to prevent damage.

5. TROUBLESHOOTING

- **Watch Not Running:** Check if the crown is fully pushed in. If the watch still does not run, the battery may need replacement.
- **Time Inaccuracy:** Ensure the crown is fully pushed in after setting the time. If inaccuracy persists, the battery may be low, or the movement may require servicing.
- **Chronograph Hands Not Resetting to Zero:** This may indicate a need for chronograph calibration or servicing. Consult a watch technician.
- **Moisture Inside the Watch:** If condensation appears under the crystal, immediately take the watch to a qualified technician. This indicates a breach in water resistance.

6. SPECIFICATIONS

Feature	Specification
Model Name	Men's Fashion Stainless Steel Watches
Model Number	POE973-7
Movement Type	Quartz
Display Type	Analog
Case Material	Stainless Steel
Band Material	Stainless Steel
Dial Window Material	Sapphire Crystal
Case Diameter	44mm
Case Thickness	15mm
Band Width	22mm
Band Length	21cm
Clasp Type	Push Button Hidden Clasp
Water Resistance Depth	30 Meters (3ATM)
Features	Luminous, Chronograph, Multiple Time Zone, Water Resistant
Battery	1 x 9V battery (included)

7. WARRANTY

This Poedagar watch comes with a Lifetime Warranty. For specific terms and conditions, please refer to the warranty information provided with your purchase or contact customer support.

8. SUPPORT

If you have any questions or require assistance with your Poedagar watch, please contact our customer service team via email. We aim to respond within 24 hours.

Email: support@poedagar.com (Example email, please replace with actual support email if available)

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question