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PKPOWER 9V AC/DC Power Adapter

PKPOWER 9V AC/DC Power Adapter User Manual

For Bowflex and Octane Fitness Equipment

1. Introduction

Thank you for choosing the PKPOWER 9V AC/DC Power Adapter. This adapter is designed to provide a stable and reliable power supply for a range of fitness equipment, specifically Bowflex Max Trainer, Velocore Exercise Bike, PR Series Home Gym, and Octane Fitness models. This manual provides essential information for the safe and effective use of your new power adapter.



An image of the PKPOWER 9V AC/DC Power Adapter, featuring the main unit with a standard US plug, attached power cord, and a 5.5x2.5mm DC output plug.

2. Safety Information

Please read and understand all safety instructions before using this product. Failure to follow these instructions may result in electric shock, fire, or other hazards.

- **Indoor Use Only:** This adapter is designed for indoor use in dry locations. Do not expose to rain, moisture, or extreme temperatures.
- **Proper Voltage:** Ensure the wall outlet voltage matches the adapter's input voltage (100-240V AC).
- **Correct Connection:** Always connect the adapter to the device first, then plug it into the wall outlet. Disconnect from the wall outlet before disconnecting from the device.
- **Avoid Damage:** Do not use the adapter if the cord or plug is damaged. Do not attempt to open or repair the adapter.
- **Ventilation:** Ensure adequate ventilation around the adapter during use. Do not cover it.
- **Children and Pets:** Keep the adapter out of reach of children and pets.

The PKPOWER adapter incorporates multiple safety protections:

- **Over-Current Protection (OCP):** Prevents damage from excessive current.
- **Over-Voltage Protection (OVP):** Safeguards against voltage surges.
- **Short-Circuit Protection (SCP):** Protects against short-circuit conditions.
- **Over-Temperature Protection:** Prevents overheating.



A visual representation highlighting the comprehensive safety features integrated into the PKPOWER adapter, including protection against over-charging, over-voltage, short-circuits, over-current, and excessive temperature.

3. Package Contents

- 1 x PKPOWER 9V AC/DC Power Adapter

4. Compatibility

This PKPOWER 9V AC/DC Power Adapter is specifically designed as a replacement power supply for the following fitness equipment models:

- **Bowflex Max Trainer:** M3, M5, M6, M7, M8
- **Bowflex Ellipticals:** Elite, 5/7 Series
- **Bowflex Exercise Bikes:** Velocore, C6, C7
- **Bowflex Home Gyms:** PR1000, PR3000

- **Octane Fitness:** Various elliptical, recumbent, and upright bike models.

Before connecting, verify your device's DC input requirement is **9V** and the port size is **5.5mm x 2.5mm** (center positive).



An illustration demonstrating the broad compatibility of the PKPOWER 9V AC/DC Power Adapter with several Bowflex Max Trainer models and other related fitness machines, indicating where the adapter can be used.

5. Setup

Follow these steps to properly set up your PKPOWER 9V AC/DC Power Adapter:

1. **Unpack:** Carefully remove the power adapter from its packaging. Inspect it for any visible damage.
2. **Connect to Device:** Locate the power input port on your fitness equipment. Insert the DC output plug (5.5mm x 2.5mm, center positive) of the PKPOWER adapter firmly into this port.
3. **Connect to Power Outlet:** Plug the AC input prongs of the adapter into a standard 100-240V AC wall outlet.
4. **Verify Power:** Your fitness equipment should now receive power. Check for any power indicator lights on your device.



This image shows the PKPOWER 9V AC/DC Power Adapter correctly installed, with the main unit plugged into a standard wall socket and the DC output cable connected to a Bowflex Max Trainer, illustrating the complete power connection.

6. Operating Instructions

The PKPOWER 9V AC/DC Power Adapter is designed for simple plug-and-play operation. Once connected as described in the Setup section, it will continuously supply power to your compatible fitness equipment.

- Ensure the adapter is securely plugged into both the wall outlet and your device.
- Avoid bending or crimping the power cord excessively, as this can damage internal wiring.
- If your fitness equipment has an ON/OFF switch, use that to control power to the device. The adapter will remain powered as long as it is plugged into the wall outlet.
- For extended periods of non-use, it is recommended to unplug the adapter from the wall outlet.

7. Maintenance

Proper maintenance ensures the longevity and safe operation of your power adapter.

- **Cleaning:** Disconnect the adapter from all power sources before cleaning. Use a soft, dry cloth to wipe the exterior. Do not use liquid cleaners or solvents.
- **Storage:** When not in use, store the adapter in a cool, dry place, away from direct sunlight and extreme temperatures. Avoid wrapping the cable too tightly around the adapter.
- **Inspection:** Periodically inspect the power cord and adapter housing for any signs of wear, cuts, or damage. If damage is found, discontinue use immediately and replace the adapter.

8. Troubleshooting

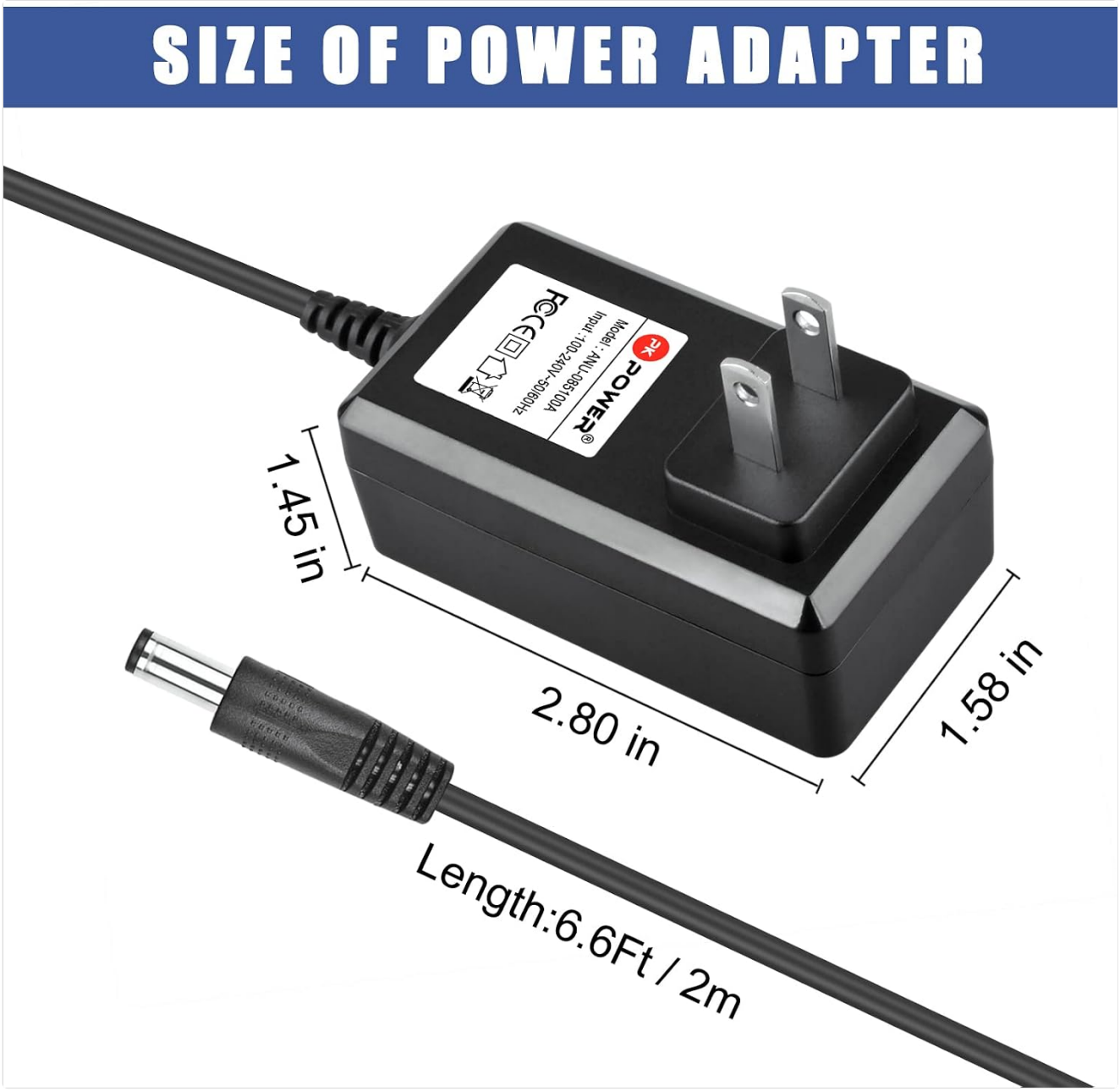
If you encounter issues with your PKPOWER 9V AC/DC Power Adapter, refer to the following common solutions:

- **No Power to Device:**
  - Ensure the adapter is fully plugged into a working wall outlet. Test the outlet with another device.
  - Verify the DC plug is securely connected to your fitness equipment's power input.
  - Check if your fitness equipment has an ON/OFF switch and that it is in the 'ON' position.
  - Inspect the adapter cord for any visible damage or kinks.
- **Adapter Not Fitting:**
  - Confirm your device requires a 5.5mm x 2.5mm (center positive) DC plug. This adapter is not universally compatible with all DC input sizes.
  - Do not force the plug into the port, as this can cause damage to both the adapter and your equipment.
- **Device Malfunctions or Shuts Off:**
  - While the adapter provides stable power, ensure your device's power requirements (voltage and current) match the adapter's output (9V, 2A). Using an adapter with insufficient current can lead to performance issues.
  - If the adapter feels excessively hot, unplug it immediately and contact customer support.

If these steps do not resolve the issue, please contact PKPOWER customer support for further assistance.

9. Specifications

Feature	Specification
Input Voltage	100-240V AC, 50/60Hz
Output Voltage	9V DC
Output Current	2A (2000mA)
Power Output	18W
DC Connector Size	5.5mm x 2.5mm (Center Positive)
Cable Length	2 meters (approximately 6.5 feet)
Color	Black
Dimensions (Adapter Unit)	Approx. 2.80 x 1.58 x 1.45 inches
Item Weight	4 ounces



This image displays the physical dimensions of the PKPOWER 9V AC/DC Power Adapter, including the adapter unit's length, width, and height, as well as the total length of the attached power cable.

10. Warranty and Support

PKPOWER stands behind the quality of its products. This power adapter is tested before shipping to ensure stable performance. While specific warranty terms may vary, PKPOWER is committed to providing reliable products and responsive customer service.

For technical support, troubleshooting assistance, or warranty inquiries, please contact PKPOWER customer service through the retailer where the product was purchased or visit the official PKPOWER store page:

Visit the PKPOWER Store on Amazon

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