

FUNMILY B0DK74L92N

FUNMILY Walking Pad Treadmill User Manual

Model: B0DK74L92N

Brand: FUNMILY

1. IMPORTANT SAFETY INSTRUCTIONS

Please read all instructions carefully before using this walking pad treadmill. Keep this manual for future reference.

- Place the treadmill on a flat, stable surface.
- Ensure adequate clearance around the treadmill (at least 2 feet on sides and front, 6 feet at the rear).
- Keep children and pets away from the treadmill during operation.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate athletic footwear and clothing.
- Do not use the treadmill in a wet or damp environment.
- Consult a physician before starting any exercise program.
- The maximum user weight capacity for this treadmill is 220 pounds (100 kg).

2. PACKAGE CONTENTS

Verify that all components are present in the package:

- FUNMILY Walking Pad Treadmill
- Remote Control (x1)
- Power Cord (x1)
- Battery Cell (CR2032, x1)
- Wrench (x1)
- Silicone Oil (x1)
- User Manual (x1)



Figure 2.1: Included Components

3. SETUP

The FUNMILY Walking Pad Treadmill is designed for installation-free use. Simply remove it from the packaging and place it in your desired location.

3.1 Placement

- Choose a flat, stable surface.
- Ensure the power cord can reach a grounded outlet without being stretched.
- For under-desk use, position the treadmill directly beneath your standing desk.



Figure 3.1: Treadmill in running mode and under a standing desk.

3.2 Power Connection

- Connect the power cord to the treadmill's power input.
- Plug the power cord into a standard grounded electrical outlet.
- Flip the main power switch (usually located near the power cord input) to the 'ON' position.

3.3 Remote Control Battery Installation

- Open the battery compartment on the back of the remote control.
- Insert the CR2032 battery with the positive (+) side facing up.
- Close the battery compartment securely.

4. OPERATING INSTRUCTIONS

The FUNMILY Walking Pad Treadmill offers two primary modes: Walking Mode and Running Mode, along with an

adjustable incline feature.



Figure 4.1: 2-in-1 Under Desk Treadmill functionality.

4.1 Power On/Off

- To power on, ensure the main power switch is ON, then press the power button on the remote control.
- To power off, press the power button on the remote control. For complete power disconnection, turn off the main power switch.

4.2 Modes and Speed Adjustment

The treadmill has two modes with adjustable speed ranges:

- **Walking Mode:** Speed range 0.3-2.4 MPH. Ideal for under-desk office use or light walking.
- **Running Mode:** Speed range 2.4-3.9 MPH. Suitable for jogging or running.

Use the '+' and '-' buttons on the remote control to adjust the speed. The mode will automatically adjust based on the selected speed.



Figure 4.2: Running Mode (2.5-4 MPH) and Working Mode (0.5-2.5 MPH).

4.3 Manual Incline Adjustment

This treadmill features a manual incline. You can adjust the incline level to increase the intensity of your workout.

- To adjust the incline, ensure the treadmill is off and unplugged.
- Locate the incline adjustment mechanism at the rear of the treadmill.
- Manually lift or lower the rear of the treadmill to select your desired incline level. Ensure it is securely locked in place before use.



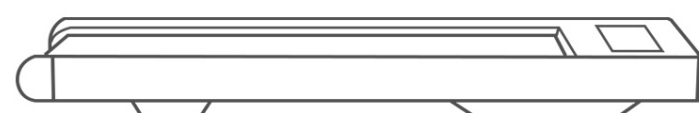
Figure 4.3: Adjustable Incline Treadmill.

ADJUST THE INCLINE ACCORDING TO YOUR NEEDS



FUNMILY treadmill:
500 CALORIES/H

Adjustable incline Treadmill



Other treadmill:
300 CALORIES/H

No incline Treadmill

Figure 4.4: Adjusting the incline according to your needs.

4.4 LED Display

The integrated LED display tracks your workout data in real-time.

- **Speed:** Current speed in Miles Per Hour (MPH).
- **Distance:** Total distance covered during the current session.
- **Time:** Duration of the current workout.
- **Calories:** Estimated calories burned.



Figure 4.5: LED Display to Monitor Your Running Data.



Figure 4.6: Multi-functional LED Display details.

4.5 Remote Control Functions

The included remote control allows for convenient operation of the treadmill.

- **Power Button:** Turns the treadmill on/off.
- **'+' Button:** Increases speed.
- **'-' Button:** Decreases speed.
- **Mode Button (if applicable):** Switches between preset programs or modes.
- **Emergency Stop Button:** Immediately stops the treadmill.



Figure 4.7: Smart Remote Control functions.

5. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your FUNMILY Walking Pad Treadmill.

5.1 Cleaning

- Always unplug the treadmill before cleaning.
- Wipe down the display and exterior surfaces with a soft, damp cloth. Avoid abrasive cleaners.
- Periodically vacuum under the treadmill to remove dust and debris.

5.2 Belt Lubrication

The walking belt requires periodic lubrication to reduce friction and extend its lifespan. Use the provided silicone oil.

- Unplug the treadmill.
- Loosen the rear roller bolts slightly to allow access under the belt.
- Apply a small amount of silicone oil evenly under the center of the walking belt.
- Tighten the rear roller bolts.
- Plug in the treadmill and run it at a low speed for a few minutes to distribute the lubricant.

5.3 Storage

The compact design and built-in transport wheels make storage easy.

- Ensure the treadmill is powered off and unplugged.
- Utilize the flexible wheels to easily move the treadmill.
- Store it under a sofa, under a bed, or against a wall in a dry, cool place.



6. TROUBLESHOOTING

If you encounter any issues, refer to the following common troubleshooting steps:

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not connected; Main power switch off; Remote control battery dead.	Check power cord connection; Ensure main power switch is ON; Replace remote control battery.
Belt stops or slips during use.	Belt too loose; Insufficient lubrication; Overload.	Adjust belt tension (refer to maintenance); Lubricate the belt; Reduce user weight or speed.
Unusual noise from the treadmill.	Loose parts; Debris under belt; Motor issue.	Inspect for loose screws and tighten; Clean under the belt; Contact customer support if noise persists.
Inaccurate display readings.	Sensor issue; Calibration needed.	Ensure no obstructions near sensors; Contact customer support for calibration guidance.

If the problem persists after attempting these solutions, please contact FUNMILY customer support.

7. SPECIFICATIONS

Detailed technical specifications for the FUNMILY Walking Pad Treadmill.

Feature	Specification
Brand	FUNMILY
Model Name	Treadmills
Color	Black Green
Product Dimensions (LxWxH)	50"D x 5"W x 24.5"H
Material	Alloy Steel
Maximum Speed	3.9 Miles per Hour
Special Features	Compact Design, Manual Incline, Touch Screen
Maximum Horsepower	2.5 Horsepower
Maximum Weight Recommendation	220 Pounds
Package Weight	22.68 Kilograms

POWERFUL MOTOR

QUIET EXPERIENCE



weight capacity
300 LBS



motor
2.5HP



Low noise
<45DB



Figure 7.1: Powerful Motor and Weight Capacity.



300LBS

WEIGHT CAPACITY

Solid structure
Maximum load capacity up to 300lbs

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8. WARRANTY AND SUPPORT

8.1 Warranty Information

The FUNMILY Walking Pad Treadmill comes with a **1-year warranty** from the date of purchase. This warranty covers manufacturing defects and malfunctions under normal use. Please retain your proof of purchase for warranty claims.

8.2 Customer Support

For any questions, technical assistance, or warranty claims, please contact FUNMILY customer support. You can typically find contact information on the FUNMILY brand store on Amazon or through the seller 'weepo' if purchased via Amazon.

Estimated Delivery Timeframe:

- Handling times: 1-2 business days
- Carrier Transit: Typically 2-3 business days
- Total estimated delivery: 3-5 business days after shipment.

The treadmill is certified by SGS to meet CE, RoHS, CB, EN 957, and IEC standards.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question