

G-TiDE Power Smartwatch User Manual

MODEL: S6 PRO

1. INTRODUCTION

Welcome to the G-TiDE Power Smartwatch user manual. This guide provides comprehensive instructions on how to set up, operate, and maintain your new smartwatch. Designed for elegance and advanced functionality, the G-TiDE Power Smartwatch is your perfect companion for a connected and healthy lifestyle.

What's in the Box

- G-TiDE Power Smartwatch
- Charging Cable
- Interchangeable Straps (one metallic, two additional)
- User Manual (this document)

2. PRODUCT OVERVIEW AND FEATURES

The G-TiDE Power Smartwatch combines a sophisticated design with cutting-edge technology to enhance your daily life. Explore its key features:

- Elegant Design:** Comes with a high-quality metallic strap and two additional straps for versatile styling.
- IP68 Water Resistance:** Certified to be dust and water resistant, capable of submersion up to 1.5 meters for 30 minutes.
- Broad Compatibility:** Seamlessly syncs with both iPhone and Android devices.
- Extensive Sports Modes:** Over 100 sports modes to accurately track various physical activities.
- Advanced Health Monitoring:** Includes blood pressure, heart rate, blood oxygen (SpO2), respiratory rate, and sleep tracking.
- Bluetooth Communication:** Make and receive calls directly from your wrist, sync contacts.

- **Smart Notifications:** Receive app notifications directly on your wrist.
- **Media Control:** Control music playback and camera remotely.
- **Vibrant Display:** 1.43-inch Full HD AMOLED screen with 466*466 resolution.
- **Long Battery Life:** 260mAh battery providing up to 7 days of autonomy.

Product Views



Figure 2.1: Front view of the G-TiDE Power Smartwatch featuring its elegant black metallic strap and detailed watch face.



Figure 2.2: The G-TiDE Power Smartwatch showcasing its IP68 water resistance, with water droplets on the screen and a fabric strap.



Figure 2.3: Angled view of the G-TiDE Power Smartwatch, highlighting the sleek design of the metallic strap and watch casing.

3. SETUP

3.1 Charging the Smartwatch

Before first use, fully charge your G-TiDE Power Smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (5V/1A recommended) or a computer USB port.

- A full charge typically takes about 2 hours.
- The battery icon on the screen will indicate charging status.

3.2 Power On/Off

- **Power On:** Press and hold the side button for a few seconds until the G-TiDE logo appears.
- **Power Off:** From the watch face, swipe down to access quick settings, or navigate to "Settings" > "System" > "Power Off". Confirm your selection.

3.3 App Installation and Pairing

To unlock the full potential of your smartwatch, download the companion app on your smartphone. Search for "G-TiDE" or scan the QR code provided in the quick start guide (if applicable) in your phone's app store (Google Play Store for Android, Apple App Store for iOS).

1. Download and install the G-TiDE app on your smartphone.
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the G-TiDE app and follow the on-screen instructions to create an account or log in.
4. In the app, select "Add Device" or similar option. The app will search for nearby devices.
5. Select "G-TiDE Power" or "S6 PRO" from the list of found devices.
6. Confirm the pairing request on both your phone and smartwatch.
7. Once paired, the watch will synchronize time and data with your phone.

3.4 Changing Straps

Your G-TiDE Power Smartwatch comes with interchangeable straps. To change a strap, locate the quick-release pins on the underside of the strap where it connects to the watch body. Slide the pin inwards to detach the strap. To attach a new strap, align the pin with the lug hole on the watch, slide the pin inwards, and release it into the opposite lug hole. Gently pull the strap to ensure it is securely fastened.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Touchscreen:** Tap to select, swipe left/right/up/down to navigate menus and screens.
- **Side Button:** Press to wake the screen, return to the watch face, or access the app menu. Long press for power options.

4.2 Making and Receiving Calls

Once paired via Bluetooth, you can make and receive calls directly from your smartwatch.

- **Making a Call:** Tap the "Phone" icon on your watch, select from synced contacts, call history, or dial a number.
- **Receiving a Call:** When a call comes in, the watch will display the caller ID. Tap the green icon to answer or the red icon to reject.

4.3 Notifications

Receive notifications from your smartphone apps directly on your watch. Ensure notification permissions are enabled in the G-TiDE app on your phone.

- Swipe up from the watch face to view recent notifications.
- Tap on a notification to read the full message (if supported).

4.4 Health Monitoring

Your smartwatch continuously monitors various health metrics. Access these features from the main menu or by swiping through watch faces.

- **Heart Rate:** Tap the heart rate icon to take a real-time reading. View historical data in the app.
- **Blood Oxygen (SpO2):** Tap the SpO2 icon to measure your blood oxygen level. Remain still during measurement.
- **Sleep Tracking:** Wear the watch to bed for automatic sleep monitoring. View detailed sleep analysis in

the G-TiDE app.

- **Blood Pressure/Respiratory Rate:** Access these features through the health menu on the watch or app for readings.

4.5 Sports Modes

With over 100 sports modes, your watch can track a wide range of activities.

1. From the app menu, select "Workout" or "Sports".
2. Choose your desired activity (e.g., Running, Cycling, Swimming).
3. Tap "Start" to begin tracking. The watch will display real-time data like duration, calories burned, and heart rate.
4. Swipe right or press the side button to pause or end the workout.

4.6 Additional Functions

- **Music Control:** While music is playing on your phone, swipe to the music control screen on your watch to play/pause, skip tracks, and adjust volume.
- **Camera Remote:** Open the camera function in the G-TiDE app on your phone. On your watch, tap the camera icon to remotely trigger your phone's camera shutter.
- **Weather:** View current weather conditions and forecasts after syncing with the app.
- **Alarm, Calculator, Games:** Access these utilities from the app menu on your watch.

5. MAINTENANCE

5.1 Cleaning Your Smartwatch

- Wipe the watch screen and body with a soft, lint-free cloth. If necessary, dampen the cloth with a small amount of water.
- For metallic straps, use a soft brush to clean between links. For fabric or silicone straps, wipe with a damp cloth and mild soap if needed, then rinse and dry thoroughly.
- Avoid using harsh chemicals, abrasive materials, or ultrasonic cleaners.

5.2 Water Resistance (IP68)

The G-TiDE Power Smartwatch is IP68 rated, meaning it is resistant to dust and can withstand submersion in fresh water up to 1.5 meters for a maximum of 30 minutes. It is suitable for daily use, hand washing, and light rain. However, it is not recommended for hot showers, saunas, diving, or high-pressure water activities. Avoid contact with salt water, chlorinated water, or chemical liquids, as these can damage the seals.

If the watch gets wet, wipe it dry with a soft cloth before charging or operating buttons.

5.3 Battery Care

- Charge the watch regularly, avoiding complete discharge.
- Do not expose the watch to extreme temperatures (hot or cold) as this can affect battery life.
- If storing the watch for an extended period, charge it to about 50% and store in a cool, dry place.

6. TROUBLESHOOTING

Problem	Possible Solution
Watch does not power on.	Ensure the watch is fully charged. Connect to the charger for at least 30 minutes.
Cannot pair with smartphone.	Ensure Bluetooth is enabled on your phone and the watch. Make sure the watch is within range (approx. 10 meters). Restart both the watch and your phone. Forget the device in your phone's Bluetooth settings and try pairing again. Ensure the G-TiDE app is updated to the latest version.
Notifications are not received.	Check notification permissions in the G-TiDE app and your phone's system settings. Ensure the watch is connected via Bluetooth. Disable "Do Not Disturb" mode on both the watch and phone.
Health data seems inaccurate.	Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensor on the back of the watch. Avoid sudden movements during measurement.

7. SPECIFICATIONS

Feature	Detail
Model	S6 PRO
Display	1.43-inch AMOLED, 466*466 resolution
Battery Capacity	260mAh
Battery Life	Up to 7 days (typical usage)
Connectivity	Bluetooth 5.2/3.0
Water Resistance	IP68 (1.5m for 30 minutes in fresh water)
Memory	640Kb + 128Mb
Health Monitoring	Heart Rate, SpO2, Blood Pressure, Respiratory Rate, Sleep Tracking
Sports Modes	Over 100 modes
Compatibility	iOS and Android
Strap Material	Stainless Steel (main), additional straps included

8. WARRANTY AND SUPPORT

8.1 Limited Warranty

G-TiDE warrants this product against defects in materials and workmanship under normal use for a period of

one (1) year from the date of retail purchase. This warranty does not cover damage caused by accident, misuse, abuse, unauthorized modification, or external causes such as drops, water damage (beyond IP68 rating), or exposure to extreme conditions. Proof of purchase is required for warranty service.

8.2 Customer Support

For technical support, warranty claims, or general inquiries, please contact G-TiDE customer service. Refer to the contact information provided on the official G-TiDE website or your purchase documentation.

Website: www.g-tide.com (Example, please refer to actual brand website)

Email: support@g-tide.com (Example)

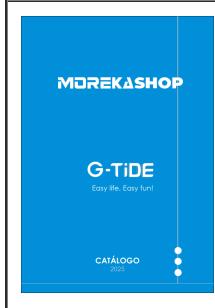
Please have your product model (S6 PRO) and purchase date ready when contacting support.

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This manual is for informational purposes only. Specifications are subject to change without notice.

Related Documents - S6 PRO

 Smart Watch Quick guide	<p>G-Tide Smart Watch Quick Guide: Features, Setup, and Precautions</p> <p>Comprehensive quick guide for the G-Tide Smart Watch, covering touch controls, phone connectivity via CO-FIT APP, key features like health monitoring (heart rate, blood pressure, blood oxygen), activity tracking, music control, and essential precautions. Includes FCC compliance information.</p>
	<p>G-Tide STYLE Smartwatch: FCC Compliance Information</p> <p>Official FCC compliance statement and guidelines for the G-Tide STYLE smartwatch (Model 2BKMA-STYLE), detailing interference prevention and radiation exposure limits.</p>
 G-TIDE S1 Lite Smartwatch User Manual	<p>G-TIDE S1 Lite Smartwatch User Manual</p> <p>User manual for the G-TIDE S1 Lite smartwatch, providing comprehensive instructions on charging, operation, Bluetooth connectivity, and general usage guidelines from G-TIDE.</p>
 G-TIDE H2 User Manual	<p>G-Tide H2 Tablet User Manual</p> <p>User manual for the G-Tide H2 tablet, covering setup, features, safety information, troubleshooting, and specifications.</p>
 G-TIDE Warranty Instruction	<p>G-TIDE Tablet Warranty Instructions and Service Information</p>
	<p>Official warranty instructions and service details for G-TIDE tablet PCs, including warranty period, service procedures, and contact information for customer support.</p>



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