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› PATIKIL Gym Machine Cable Ball Stopper (6.5mm) Instruction Manual

PATIKIL pta241111tt002907

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Model: pta241111tt002907

1. PRODUCT OVERVIEW

The PATIKIL Gym Machine Cable Ball Stopper is an accessory designed for fitness training equipment utilizing resistance cables or bands. Its primary function is to prevent the cable or band from inadvertently slipping out of its attachment point during exercises, ensuring safety and consistent performance.

This cable ball stopper is constructed from a durable, hard material with galvanizing, providing excellent impact resistance. Its lightweight design makes it suitable for use in various settings, including gyms, outdoor workouts, and during travel.



Image 1.1: Front view of the PATIKIL 6.5mm Cable Ball Stopper. This image shows the overall design and material of the stopper.

2. SPECIFICATIONS

Material	Galvanizing
Color	Silver
Thread Size	M12
Total Size (L x W)	5.3 x 1.8 cm (2 x 0.7 Inch)
Thread Length	45mm (1.8 Inch)
Hole Diameter	6.5mm (0.25 Inch)

• 5 Pcs



Image 2.1: Detailed dimensions of the PATIKIL Cable Ball Stopper. This image illustrates the various measurements of the product.

3. SETUP AND INSTALLATION

To install the cable ball stopper, follow these steps:

1. Identify the end of the resistance cable or band where the stopper needs to be positioned.
2. Thread the end of the resistance cable or band through the central hole of the ball stopper.
3. Slide the stopper along the cable until it reaches the desired length or position, typically where it will prevent the cable from retracting too far or detaching from an anchor point.
4. Ensure the stopper is securely positioned and does not move freely once in place.



Image 3.1: Illustration of the cable ball stopper being assembled with a resistance cable. This image demonstrates how the stopper integrates with the cable.

4. OPERATING INSTRUCTIONS

Once installed, the cable ball stopper functions passively by limiting the travel of the resistance cable or band. It acts as a physical barrier to prevent over-extension or detachment from equipment.

- **Before Each Use:** Always verify that the cable ball stopper is firmly in place and that the resistance cable or band is properly secured within it.
- **During Exercise:** The stopper will engage with the equipment's attachment point or a designated stop to prevent the cable from pulling through.
- **Adjustments:** If the cable length needs to be adjusted, reposition the stopper as described in the "Setup and Installation" section.



Image 4.1: Close-up view of the cable ball stopper installed and in use on a gym machine. This image highlights its function during an exercise.



Image 4.2: A wider shot showing a person performing an exercise on a gym machine, with the cable ball stopper visible on the cable. This provides context for its application.

5. SAFETY PRECAUTIONS

Adhering to safety guidelines is crucial for preventing injuries and ensuring the longevity of your equipment.

- **Pre-Use Inspection:** Before each workout, carefully check that the cables, the ball stopper, and all connecting parts are secure and functioning properly. Do not use if any component appears damaged or loose.
- **Correct Sizing:** Ensure the hole diameter of the ball stopper (6.5mm) is appropriate for your specific resistance cable or band to ensure a snug and secure fit.
- **Proper Installation:** Always ensure the stopper is correctly positioned and tightened (if applicable) to prevent accidental slippage during exercise.
- **Regular Checks:** Periodically inspect the ball stopper for signs of wear, cracks, or deformation. Replace immediately if any damage is observed.
- **Manufacturer Guidelines:** Always follow the specific instructions and guidelines provided by the manufacturer of your gym

equipment and resistance cables.

6. MAINTENANCE

The PATIKIL Cable Ball Stopper requires minimal maintenance to ensure its continued performance and safety.

- **Cleaning:** Wipe the stopper with a clean, damp cloth to remove dust or sweat. Avoid harsh chemicals that could damage the material or galvanizing.
- **Storage:** Store the stopper in a dry environment when not in use, away from extreme temperatures or direct sunlight.
- **Inspection:** Regularly inspect for any signs of wear, corrosion, or damage. Early detection of issues can prevent potential safety hazards.

7. TROUBLESHOOTING

This section addresses common concerns regarding the cable ball stopper.

- **Stopper Slips on Cable:**
 - Ensure the cable diameter matches the stopper's hole diameter (6.5mm). If the cable is too thin, the stopper may not grip effectively.
 - Verify the stopper is correctly installed and not damaged.
- **Difficulty Threading Cable:**
 - Ensure the cable end is not frayed. Trim if necessary.
 - Confirm the cable diameter is not larger than 6.5mm.

8. WARRANTY AND SUPPORT

For any questions, concerns, or support regarding your PATIKIL Cable Ball Stopper, please refer to the retailer or manufacturer's customer service channels. Specific warranty information may vary by region and purchase point.

You can visit the official PATIKIL store for more product information: [PATIKIL Store](#)