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## JNW Direct 4.5-9 pH Test Strips

# JNW Direct pH Test Strips User Manual

**Brand:** JNW Direct | **Model:** 4.5-9 pH Test Strips

## 1. INTRODUCTION

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The JNW Direct pH Test Strips are designed for quick and easy monitoring of pH levels in urine and saliva. This kit provides 150 litmus paper strips, allowing for consistent daily testing to help you understand and manage your body's alkaline and acid balance. Regular monitoring can assist in determining how various foods and activities impact your pH levels, supporting your wellness goals.

Each kit includes a comprehensive color chart for easy result interpretation and comes with an informative eBook to guide you on maintaining an alkaline state and adopting a healthier lifestyle.



Image: JNW Direct pH Test Strips kit, showing the bottle, packaging, and the integrated color chart for easy pH level comparison.

## 2. SETUP

Setting up your JNW Direct pH Test Strips for use is straightforward. Upon receiving your kit, ensure the bottle cap is tightly sealed to protect the strips from moisture and light. The color chart is conveniently located on the bottle label for immediate reference.

No complex assembly or calibration is required. Simply open the bottle when ready to perform a test.

## 3. OPERATING INSTRUCTIONS

Follow these steps for accurate pH testing using your JNW Direct pH Test Strips:

- 1. For Urine Testing:** Dip a pH test strip into a midstream urine sample or into urine collected in a clean container. Briefly immerse the strip.

2. **For Saliva Testing:** Rinse your mouth with water and swallow to remove any food particles. Then, spit saliva into a clean spoon or container. Dip a pH test strip into the saliva sample.
3. After dipping, shake off any excess fluid from the strip.
4. Hold the strip horizontally and wait for approximately 15 to 30 seconds for the color to develop.
5. Compare the colors on the test strip to the comprehensive color chart provided on the test bottle. Match the colors to determine your pH level, ranging from 4.5 to 9.0.
6. Record your pH level for monitoring purposes. It is recommended to test 2-3 times per day consistently for at least one week to get an average reading.

# EASY TO USE



Image: Visual guide demonstrating the three simple steps for using the pH test strips: dipping the strip, shaking off excess liquid, and comparing the result to the color chart.

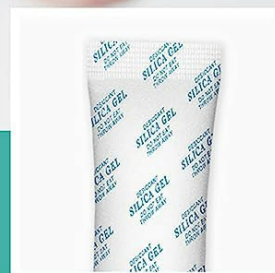
# FOR BEST RESULTS



Keep cap on tight



Store in a cool & dry place



Do not remove desiccant packet

Image: Detailed view of the pH color chart on the JNW Direct test strip bottle, showing the range from 4.5 (Very Acidic) to 9.0 (Too Alkaline) with corresponding color blocks.

## 4. MAINTENANCE

Proper storage and handling are crucial to maintain the accuracy and longevity of your pH test strips:

- **Keep Cap Tight:** Always ensure the bottle cap is securely fastened immediately after removing a strip. This prevents moisture and air from degrading the remaining strips.
- **Store in a Cool & Dry Place:** Keep the test strip bottle in a cool, dry environment, away from direct sunlight, heat, and humidity.
- **Do Not Remove Desiccant Packet:** The small desiccant packet inside the bottle helps absorb moisture. Do not remove it, as this can reduce the shelf life and accuracy of the strips.

# New look, Same great quality

Previous Look

NEW LOOK



PLEASE NOTE THAT PACKAGING  
MAY VARY DURING THIS TRANSITION

Image: Visual representation of maintenance tips for JNW Direct pH Test Strips, emphasizing keeping the cap tight, storing in a cool and dry place, and not removing the desiccant packet.

## 5. TROUBLESHOOTING

If you encounter issues or have questions regarding your pH test results:

- **Unclear Color Change:** Ensure the strip was fully immersed and excess liquid was shaken off. Wait the recommended 15-30 seconds for full color development. Ensure good lighting when comparing to the chart.
- **Inconsistent Results:** Ensure proper sample collection (midstream urine, clean saliva sample). Verify that the strips have been stored correctly and are not expired. Test multiple times a day for a more accurate average.
- **General Questions:** Refer to the included eBook for additional information on pH balance and healthy lifestyle choices.

These test strips are not intended to substitute for medical treatment or diagnosis. Always seek the advice of your physician or another qualified health provider with any questions you may have regarding a symptom or health condition.

## 6. SPECIFICATIONS

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Feature	Detail
Brand	JNW Direct
Model Number	4.5-9 pH Test Strips
pH Range	4.5-9.0
Recommended Uses	Saliva Test, Urine Test
Unit Count	150.0 Count
Package Dimensions	4.45 x 1.85 x 1.81 inches
Item Weight	2.08 ounces
Date First Available	March 22, 2018

## 7. WARRANTY AND SUPPORT

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For any product inquiries, support, or information regarding potential warranties, please contact JNW Direct directly through their official channels. Details can often be found on the product packaging or their brand store on Amazon.

Visit the JNW Direct Store for more information.