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> [cotsoco Mini Deep Tissue Massage Gun \(Model 891\) User Manual](#)

cotsoco 891

cotsoco Mini Deep Tissue Massage Gun (Model 891) User Manual

Brand: cotsoco | Model: 891

1. IMPORTANT SAFETY INSTRUCTIONS

Please read and understand all safety instructions before using the cotsoco Mini Deep Tissue Massage Gun. Failure to follow these instructions may result in injury or device damage.

- Do not use the massager for more than 15 minutes at a time. Prolonged use can lead to overheating or muscle fatigue.
- Avoid using the massager on injured, inflamed, swollen, or bruised areas without consulting a healthcare professional.
- Do not use on sensitive areas such as the head, face, or directly over bones.
- Keep the device away from water and other liquids. Do not operate with wet hands.
- Keep out of reach of children and pets.
- Use only the provided charging cable.
- If you experience any discomfort or pain during use, stop immediately.

2. PACKAGE CONTENTS

Ensure all items are present upon unboxing:

- cotsoco Mini Deep Tissue Massage Gun (Model 891)
- 4 Interchangeable Massage Heads
- USB Type-C Charging Cable
- User Manual

3. PRODUCT OVERVIEW

The cotsoco Mini Deep Tissue Massage Gun is designed for effective muscle relaxation and pain relief. Its compact size and quiet operation make it ideal for use at home, the gym, or while traveling.



Figure 1: cotsoco Mini Deep Tissue Massage Gun

- **High-Torque Motor:** Equipped with a brushless silent motor, operating at less than 40dB.
- **Intelligent Pressure Sensing System:** Adjusts impact force and speed based on applied pressure for deep muscle penetration.
- **6 Speed Levels:** Customizable intensity for various muscle groups and needs.
- **Long Battery Life:** High-quality rechargeable lithium-ion battery provides 4-6 hours of working time on a single charge (low speed).
- **Type-C Charging:** Universal interface for convenient recharging.
- **15-Minute Auto-Off:** Built-in safety feature to prevent overuse.

Product Features Overview



Figure 2: Key Features of the Massage Gun

Intelligent Pressure Sensing



Figure 3: Intelligent Pressure Sensing Mechanism

4. SETUP

4.1 Charging the Device

Before first use, fully charge the massage gun. Connect the provided USB Type-C charging cable to the charging port located at the bottom of the handle and plug the other end into a compatible USB power adapter (not included).

- The indicator lights on the control panel will illuminate to show charging status.
- A full charge typically takes approximately 3 hours and provides 4-6 hours of use depending on the speed setting.

4.2 Attaching Massage Heads

To attach a massage head, simply align the base of the desired head with the opening on the front of the massage gun and push it firmly into place. To remove, pull the head straight out.



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Figure 4: Interchangeable Massage Heads

5. OPERATING INSTRUCTIONS

5.1 Power On/Off

Press and hold the power button located on the bottom of the handle for 2-3 seconds to turn the device ON or OFF.

5.2 Adjusting Speed Levels

Once powered on, short press the power button to cycle through the 6 available speed levels. The LED indicators around the power button will show the current speed setting.



Figure 5: Control Panel with Speed Indicators

5.3 Usage Guidelines

- Select the appropriate massage head and speed level for the target muscle group.
- Gently press the massager onto the desired area. Move it slowly in circular motions or back and forth.
- Do not apply excessive pressure. The intelligent pressure sensing system will adjust the intensity.
- The device will automatically shut off after 15 minutes of continuous use to prevent overheating and ensure user safety.

Official Product Video

Video 1: cotsoco Mini Handheld Massage Gun Overview (41 seconds)

6. MESSAGE HEAD GUIDE

The cotsoco Mini Deep Tissue Massage Gun comes with 4 specialized massage heads to target different muscle groups and provide various massage experiences:

Head Type	Description	Recommended Use
Round Head	Soft, spherical foam head.	Suitable for large muscle groups like arms, back, hips, thighs, and calves. Provides a general, relaxing massage.
U-shaped Head (Fork)	Two-pronged head designed to straddle muscles.	Ideal for massaging around the spine, neck, and Achilles tendon.
Flat Head	Flat, textured head with multiple small bumps.	Suitable for general body relaxation and shaping various muscle parts.
Bullet Head (Pointed)	Small, pointed head for targeted massage.	Used for deep tissue massage, trigger points, and small muscle areas like joints, palms, and soles.

7. MAINTENANCE

- **Cleaning:** After each use, wipe the massage heads with a damp cloth or mild disinfectant. Ensure they are completely dry before storing.
- **Storage:** Store the device and its accessories in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Battery Care:** To prolong battery life, avoid fully discharging the device frequently. Charge it regularly, even if not in use for extended periods.

8. TROUBLESHOOTING

If you encounter any issues with your cotsoco Mini Deep Tissue Massage Gun, please refer to the following common solutions:

- **Device not turning on:** Ensure the device is fully charged. Press and hold the power button for 2-3 seconds.
- **Weak percussion:** Check the battery level and recharge if necessary. Ensure the massage head is securely attached.
- **Unusual noise:** Discontinue use immediately and contact customer support.
- **Device stops during use:** The 15-minute auto-off feature may have activated. Wait a few minutes before restarting. If it stops prematurely, check battery level.

9. SPECIFICATIONS

Feature	Detail
Brand	cotsoco
Model Number	891
Product Dimensions	8.2 x 6 x 5 inches
Item Weight	1.01 Pounds (0.46 Kilograms)
Material	Plastic
Power Source	Battery Powered
Battery Type	1 9V batteries required (included)
Speeds	6 Percussion Speed Levels
Noise Level	Less than 40dB
Auto-Off Timer	15 minutes

10. WARRANTY & SUPPORT

cotsoco is committed to providing high-quality products and excellent customer service.

- **Warranty:** This product comes with a 2-year warranty.
- **Returns:** Enjoy 90-days free return for eligible purchases.
- **Customer Service:** For any questions, concerns, or support needs, please contact our 24-hour VIP customer service. Refer to your purchase documentation for contact details.