

MARK ADLER XENO 4.5

MARK ADLER Xeno 4.5 Electric Height Adjustable Desk Frame - White

User Manual

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1. INTRODUCTION

This manual provides detailed instructions for the assembly, operation, and maintenance of your MARK ADLER Xeno 4.5 Electric Height Adjustable Desk Frame. This ergonomic desk frame is designed to support a healthy work environment by allowing seamless transitions between sitting and standing positions. It features a robust dual-motor system, memory control for preferred height settings, and adjustable width to accommodate various desktop sizes.

Please read this manual thoroughly before assembly and use to ensure safe and efficient operation of your new desk frame. Keep this manual for future reference.

2. SAFETY INFORMATION

WARNING: Failure to follow these safety instructions may result in electric shock, fire, or serious injury.

- Ensure all components are present and undamaged before assembly. Do not use if any parts are missing or broken.
- Keep children and pets away from the desk during operation.
- Do not place hands or other body parts near moving parts of the desk frame during height adjustment.
- Ensure the power cord is not pinched or damaged. Do not operate the desk with a damaged cord or plug.
- Connect the desk frame to a properly grounded power outlet.
- Do not overload the desk. The maximum load capacity is 100 kg.
- Ensure there is sufficient clearance around the desk to prevent collisions with walls, furniture, or other objects during height adjustment.
- Do not sit or stand on the desk frame.
- Only use the desk frame indoors in a dry environment.
- Any repairs or maintenance should only be performed by qualified personnel.

3. PACKAGE CONTENTS

Carefully unpack all items and verify against the list below. If any items are missing or damaged, please contact customer support.

- Desk Frame Components (legs, crossbars, feet)
- Control Panel with LED Display
- Power Adapter and Cable
- Cable Management Hook
- Assembly Hardware (screws, wrenches)
- User Manual (this document)



Image: All components of the MARK ADLER Xeno 4.5 electric height adjustable desk frame, including legs, crossbars, control panel, and a cable management hook.

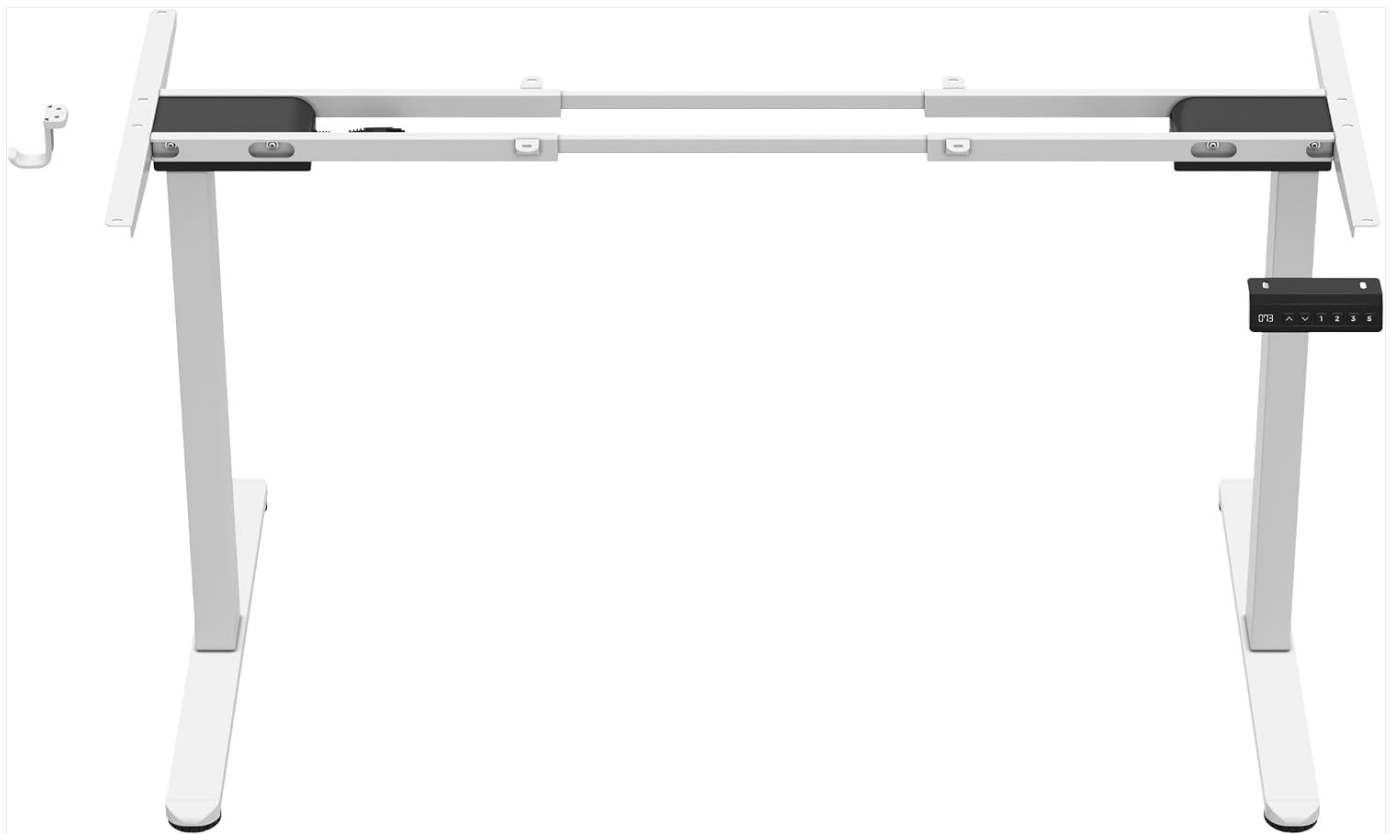


Image: An assembled view of the MARK ADLER Xeno 4.5 desk frame, showing the control panel attached to the right leg.

4. ASSEMBLY & SETUP

Follow these steps to assemble your MARK ADLER Xeno 4.5 desk frame. It is recommended to have two people for assembly.

1. **Unpack Components:** Lay out all parts on a clean, soft surface to prevent scratches.
2. **Attach Feet to Legs:** Securely attach the base feet to the bottom of each lifting column (leg) using the provided screws.
3. **Connect Crossbars:** Connect the two lifting columns using the adjustable crossbars. Ensure the crossbars are extended to the desired width for your desktop.
4. **Install Side Brackets:** Attach the side brackets to the top of the lifting columns. These will support your desktop.
5. **Mount Control Panel:** Attach the control panel to the underside of the desktop or to one of the side brackets, ensuring easy access.
6. **Connect Cables:** Connect the motor cables from each leg to the control box. Connect the control panel cable to the control box. Finally, connect the power adapter to the control box and then to a wall outlet.
7. **Attach Desktop:** Carefully place your desktop onto the assembled frame. Align it and secure it using appropriate screws (not always included, depending on desktop type).
8. **Cable Management:** Use the included cable management hook to organize cables for a tidy workspace.



Image: A detailed view of the white height-adjustable desk frame with dual motors, showing telescopic legs, crossbars, and the control panel. This image illustrates the frame structure before a desktop is attached.



Image: Close-up of a white desk frame corner, showing the attachment point for the cable management hook. The frame has visible screw holes and a black accent element.

5. OPERATING INSTRUCTIONS

The MARK ADLER Xeno 4.5 desk frame features an intuitive control panel for easy height adjustment and memory functions.

5.1 Control Panel Overview

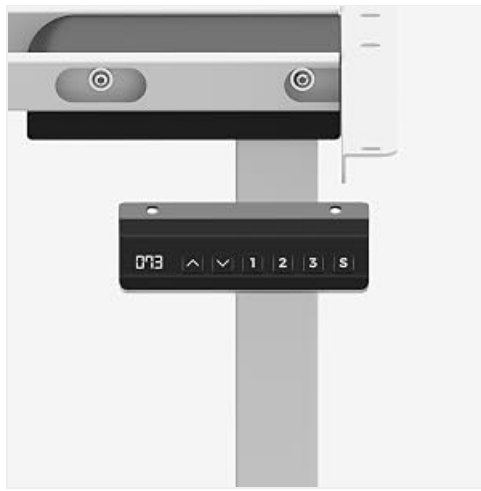


Image: Close-up of the digital control panel with an LED display, showing buttons for up/down adjustment, and memory presets (1, 2, 3, S).

- **LED Display:** Shows the current desk height in centimeters.
- **Up/Down Arrows (▲ / ▼):** Press and hold to adjust the desk height up or down. Release to stop at the desired height.
- **Memory Buttons (1, 2, 3):** Store and recall preferred height settings.
- **'S' Button (Set):** Used to save a height setting to a memory button.

5.2 Adjusting Height

Press and hold the ▲ (Up) or ▼ (Down) arrow button until the desk reaches your desired height. Release the button to stop the movement.

5.3 Saving Memory Presets

You can save up to three preferred height settings:

1. Adjust the desk to your desired height using the up/down arrows.
2. Press the **'S'** (Set) button. The LED display will show 'S-'.
3. Within 3 seconds, press one of the memory buttons (**1**, **2**, or **3**). The current height will be saved to that button. The display will show 'S-1', 'S-2', or 'S-3' to confirm.

5.4 Recalling Memory Presets

To move the desk to a saved height, simply press the corresponding memory button (**1**, **2**, or **3**). The desk will automatically move to the saved position.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your desk frame.

- **Cleaning:** Wipe the desk frame with a soft, damp cloth. Avoid abrasive cleaners or solvents that could damage the finish.
- **Inspection:** Periodically check all screws and connections to ensure they are tight. Retighten if necessary.
- **Cable Management:** Ensure all cables are neatly organized and not pinched or tangled.
- **Lubrication:** The lifting mechanism is generally maintenance-free. Do not attempt to lubricate internal components unless specifically instructed by customer support.

7. TROUBLESHOOTING

If you encounter any issues with your desk frame, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Desk does not move.	Power cable disconnected, overload, or motor error.	Check power connections. Reduce weight on the desk. Unplug for 10 seconds and plug back in to reset.
Desk moves unevenly.	Uneven load distribution or loose connections.	Distribute weight evenly. Check and tighten all assembly screws.
Error code on display.	Specific system error.	Refer to the full PDF user manual for specific error codes or contact customer support.
Desk stops mid-movement.	Overheat protection or obstruction.	Allow motors to cool down for 20 minutes. Check for any obstructions under or around the desk.

If the problem persists after attempting these solutions, please contact MARK ADLER customer support.

8. SPECIFICATIONS

Feature	Detail
Brand	MARK ADLER
Model Number	XENO 4.5
Color	White
Desk Design	Standing Desk Frame
Lifting Mechanism	Electric Dual Motor
Height Adjustment Range	73 cm to 119 cm (28.7 inches to 46.8 inches)
Adjustable Width	90 cm to 135 cm (35.4 inches to 53.1 inches)
Max Load Capacity	100 kg (220 lbs)
Material	SPCC Steel with Powder Coating
Special Features	Brushless, energy-efficient motor, Memory control with 3 positions, Stable metal frame
Certifications	CE, RoHS
Assembly Required	Yes

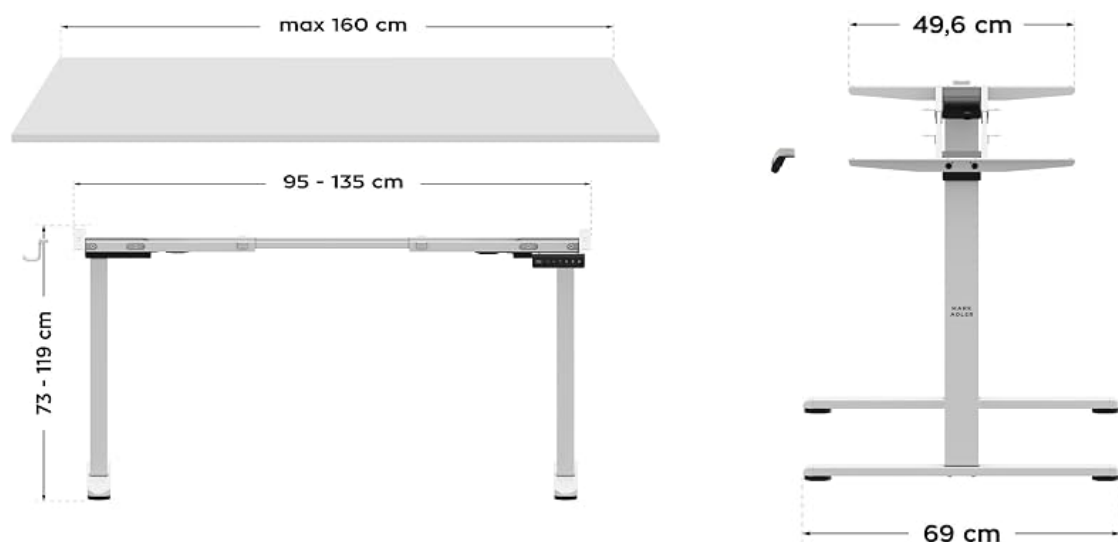


Image: A schematic diagram showing the top and side views of the height-adjustable desk frame with key dimensions: tabletop 160x80cm (max), base width 65cm, and adjustable height from 62-127cm. Note: The provided product specifications state 73-119cm height and 90-135cm width for this model.



Image: The MARK ADLER Xeno 4.5 desk frame in white, illustrating its adjustable height range of 73-119 cm and adjustable width of 95-135 cm, suitable for various desktop sizes.

9. WARRANTY & SUPPORT

9.1 Warranty Information

The MARK ADLER Xeno 4.5 Electric Height Adjustable Desk Frame comes with **Limited Warranty**. Please retain your proof of purchase for warranty claims. The warranty covers manufacturing defects under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or failure to follow the instructions in this manual. For specific warranty terms and conditions, please refer to the documentation included with your purchase or contact MARK ADLER customer support.

9.2 Customer Support

If you have any questions, require assistance with assembly, or experience any issues not covered in the troubleshooting section, please contact MARK ADLER customer support. Contact information can typically be found on the manufacturer's website or on your purchase receipt.

When contacting support, please have your product model number (XENO 4.5) and proof of purchase ready.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question