

## JOOLA 11192

# JOOLA Inside Professional MDF Indoor Ping Pong Table User Manual

Brand: JOOLA | Model: 11192

## 1. PRODUCT OVERVIEW

The JOOLA Inside Table Tennis Table is a competition-grade, regulation-size indoor ping pong table designed for home, office, or recreation center use. It features a professional-grade wood composite surface for consistent ball bounce and durability. The table is designed for quick assembly and compact storage. Key features include:

- 13mm MDF surface for tournament quality play.
- Quick and easy assembly, approximately 10 minutes.
- Dual safety anti-tilting locking devices for stability in both playing and storage positions.
- Foldable design with 3-inch lockable wheels for easy mobility and compact storage.
- Includes a clamp-style net and post set with adjustable net tension.
- Adjustable height levelers on table legs to ensure a level playing surface.



Figure 1: Fully assembled JOOLA Inside Professional MDF Indoor Ping Pong Table.

## 2. SETUP AND ASSEMBLY

The JOOLA Inside Table Tennis Table is designed for quick and straightforward assembly. Most of the table comes pre-assembled, requiring only a few steps to complete.

### 2.1 Unpacking

Carefully unpack all components from the box. It is recommended to have two people for unpacking and assembly due to the weight and size of the table halves. Ensure all parts listed in the packing list are present before proceeding.

### 2.2 Attaching Legs and Wheels

The table consists of two separate halves. For each half, attach the "T" shaped leg assemblies with wheels. This typically involves securing two brackets on each leg using bolts and nuts. Refer to the included assembly diagram for precise bolt placement.



Figure 2: Illustration of the table's quick assembly process, highlighting the 20-minute setup time for indoor use.

## 2.3 Setting Up the Net and Post Set

The included net and post set features a simple clamp system. Attach the posts to the center of each table half by squeezing and clamping them securely. Adjust the net tension as needed to ensure proper height and tautness across the playing surface.



Figure 3: Close-up view of the net and post set, demonstrating the easy clamp attachment system.

## 2.4 Leveling the Table

Once assembled and positioned, use the adjustable height levelers on the table legs to ensure a perfectly level playing surface. This is crucial for consistent ball bounce and fair play.

# RANGEMENT PEU ENCOMBRANT ET DOUBLEMENT SÉCURISÉ



DIMENSIONS COMPACTES  
POUR LE RANGEMENT



DOUBLE SÉCURITÉ  
ANTI-BASCULEMENT

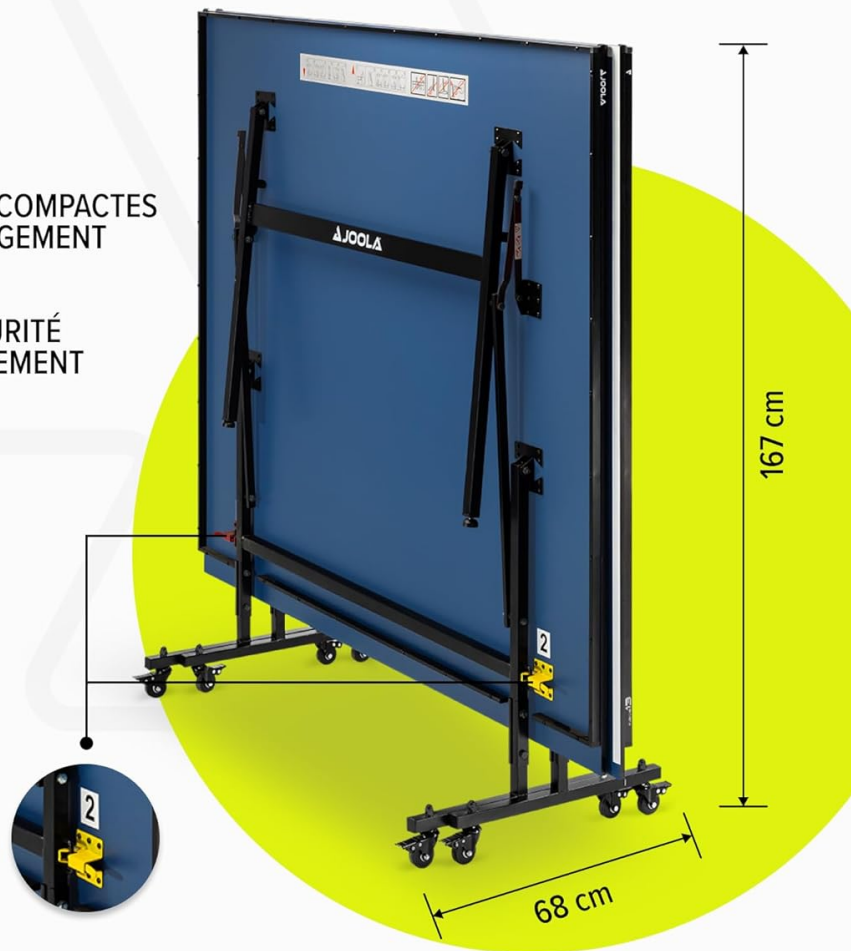


Figure 4: Detail showing the adjustable table feet for ensuring a stable and level playing surface.

## 2.5 Mobility and Stability

The table is equipped with 3-inch lockable caster wheels for easy movement. When in playing position, ensure the wheels are locked to prevent accidental movement and provide stability.

# MOBILITÉ ET STABILITÉ POUR PLUS DE SÉCURITÉ

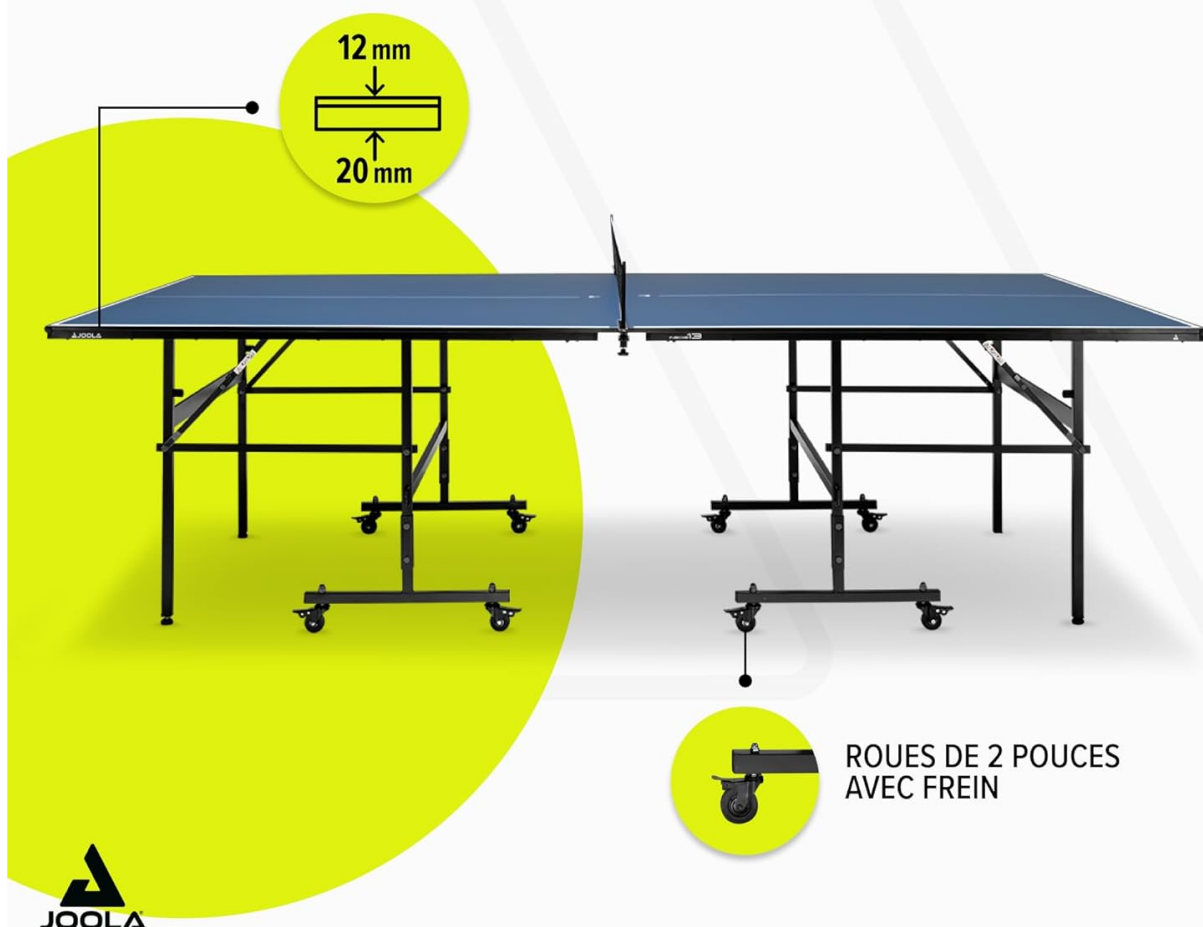


Figure 5: Illustration highlighting the table's mobility and stability features, including 2-inch wheels with brakes.

## 3. OPERATING INSTRUCTIONS

### 3.1 Playing Mode

To play, ensure both table halves are pushed together firmly and the net is securely clamped in place. Lock the caster wheels for maximum stability during play.

### 3.2 Single Player Playback Mode

For individual practice, one half of the table can be folded up into the playback position. This allows a single player to hit the ball against the upright half, simulating a return shot.

# MAINTIEN STABLE AVEC UNE PROTECTION SUPPLÉMENTAIRE



PROTECTION SUR LES BORDS



PIEDS DE TABLE AJUSTABLES  
EN HAUTEUR



Figure 6: The table configured for single-player playback mode, with one half folded vertically.

## 3.3 Folding and Storage

To fold the table for storage, unlock the caster wheels. Release the safety latches on each table half and carefully fold them upwards. The two halves can then be nested together for compact storage. Ensure the dual safety anti-tilting locking devices are engaged when in the storage position.

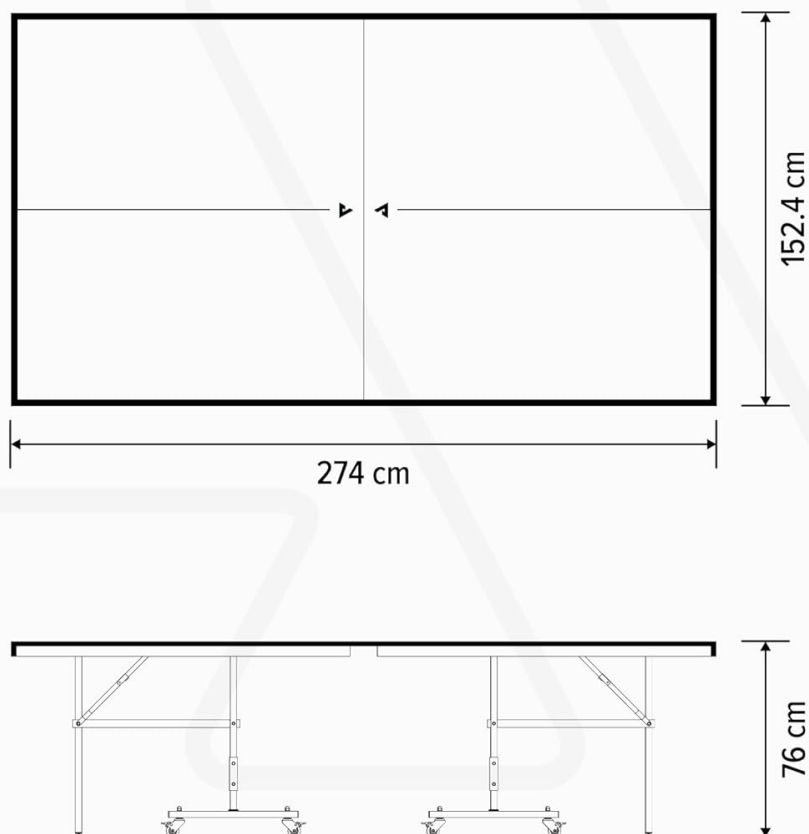


Figure 7: The table in its compact storage position, highlighting space-saving design and safety features.

## 4. MAINTENANCE

Regular maintenance will prolong the life of your JOOLA Inside Table Tennis Table.

- **Cleaning the Surface:** Wipe the playing surface with a soft, damp cloth to remove dust and dirt. Avoid abrasive cleaners or harsh chemicals that could damage the MDF surface.
- **Frame and Legs:** Periodically check all bolts and nuts for tightness and re-tighten if necessary. Keep the metal frame clean and dry to prevent rust.
- **Wheels:** Ensure the caster wheels are free of debris and roll smoothly. Lubricate if needed.
- **Net and Posts:** Clean the net with a damp cloth. Store the net and posts properly when not in use to prevent damage.
- **Storage:** When storing the table, ensure it is in a dry, indoor environment to protect the MDF surface from moisture and extreme temperature changes.

## 5. TROUBLESHOOTING

- **Table is not level:** Adjust the individual leg levelers until the playing surface is perfectly flat.
- **Table moves during play:** Ensure all caster wheels are locked securely. Check that the table halves

are pushed together firmly.

- **Net is sagging or too loose:** Adjust the tension system on the net and post set until the net is taut and at the correct height.
- **Difficulty folding/unfolding:** Ensure all safety latches are properly engaged or disengaged as required. Check for any obstructions around the folding mechanism.

6. SPECIFICATIONS

Feature	Detail
Brand	JOOLA
Model Name	Table
Model Number	11192
Color	13mm (Surface Thickness)
Material	Composite (Top), Engineered Wood (Frame)
Product Dimensions (L x W x H)	108" x 60" x 30"
Item Weight	119 Pounds
Assembly Required	Yes
Number of Players	1-4
Included Components	Table, Net & Post Set

# REGULATION SIZE TABLE TENNIS TABLE WITH CLAMP STYLE INSIDE NET

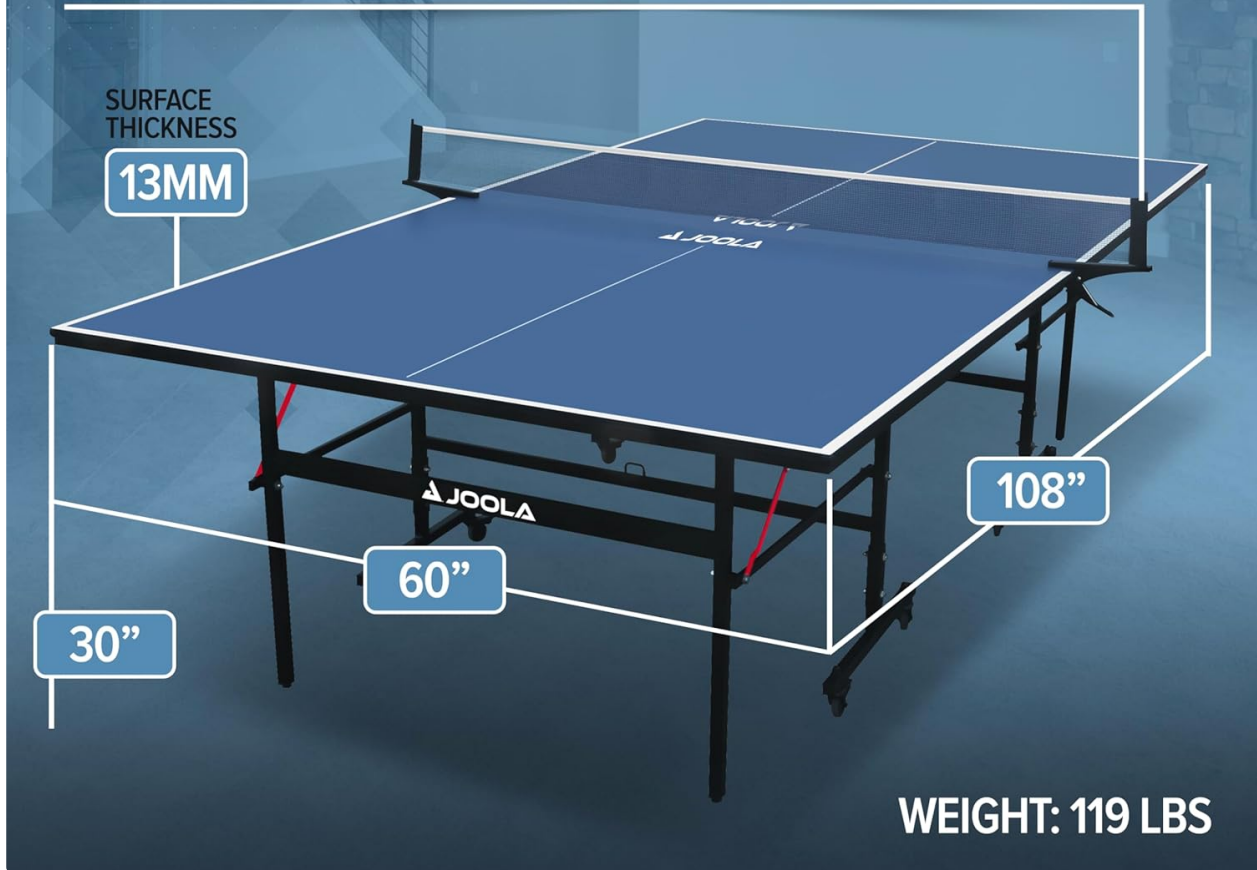


Figure 8: Detailed dimensions and weight of the JOOLA Inside Table Tennis Table.

## 7. OFFICIAL PRODUCT VIDEOS

Watch these official videos for additional guidance and product demonstration:

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Video 1: A demonstration of the JOOLA Inside Table Tennis Table, showcasing its features and playability. This video provides a comprehensive overview of the product in use.

## 8. WARRANTY AND SUPPORT

### 8.1 Warranty Information

This product comes with a Standard One Year Manufacturer's Warranty. Please retain your proof of purchase for warranty claims.



### 8.2 Additional Resources



For a detailed PDF version of the user manual, please visit: [JOOLA Inside Table User Manual \(PDF\)](#)

For further assistance or support, please visit the official JOOLA website or contact their customer service department.

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Related Documents - 11192

	<p><a href="#">JOOLA Table Tennis Table Instruction Manual - Models 11128 &amp; 11111</a></p> <p>Comprehensive instruction manual for JOOLA Table Tennis Tables, including assembly, usage, safety guidelines, and warranty information for models JOOLA INSIDE 25 (11128) and JOOLA TOUR 2500 (11111).</p>
	<p><a href="#">JOOLA INSIDE TABLE Instruction Manual - Assembly, Usage, and Warranty</a></p> <p>Comprehensive instruction manual for the JOOLA INSIDE TABLE tennis table. Includes assembly steps, usage guidelines, parts list, and limited warranty information. Learn how to set up, use, and maintain your JOOLA table tennis table.</p>
	<p><a href="#">JOOLA Table Tennis Table Manual: Assembly, Usage, and Safety Guide for INSIDE 15 &amp; TOUR 1500</a></p> <p>Official instruction manual for JOOLA table tennis tables (models INSIDE 15 and TOUR 1500). Provides detailed assembly steps, usage instructions, safety precautions, maintenance tips, and warranty information. Features part identification and contact details for customer support.</p>
	<p><a href="#">JOOLA INSIDE 18 Table Tennis Table - Art. 11127 - Assembly &amp; Usage Guide</a></p> <p>Official assembly instructions and usage guidelines for the JOOLA INSIDE 18 Table Tennis Table (Art. 11127). Learn how to set up, use, and maintain your table tennis table safely.</p>

 <p>The image shows the JOOLA logo at the top. Below it, there is a large illustration of the JOOLA INSIDE J18 table tennis table. Underneath the table illustration, there are several small diagrams showing the steps for assembly, including attaching the legs and the table top.</p>	<p><a href="#">JOOLA INSIDE J18 Table Tennis Table Assembly Instructions</a></p> <p>Comprehensive assembly guide for the JOOLA INSIDE J18 table tennis table (Art. 11246), detailing parts, hardware, and setup steps for safe and correct installation.</p>
 <p>The image shows the JOOLA logo at the top. Below it, there is a large illustration of the JOOLA INSIDE 15 and TOUR 1500 table tennis tables. Underneath the table illustration, there is a section titled 'JOOLA TABLE TENNIS TABLE INSTRUCTION MANUAL' with text in multiple languages: 'Manuel d'installation pour les clients', 'Manual de instrucciones', and 'Manual de instrucciones'.</p>	<p><a href="#">JOOLA Table Tennis Table Instruction Manual - Inside 15 &amp; Tour 1500</a></p> <p>Comprehensive instruction manual for JOOLA Inside 15 and Tour 1500 table tennis tables, covering quality guarantee, safety, assembly, usage, and warranty information.</p>