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› Real Relax 2025 Full Body Massage Chair Instruction Manual (Model ZXQ-B02300A1-250306)

Real Relax ZXQ-B02300A1-250306

Real Relax 2025 Full Body Massage Chair

MODEL: ZXQ-B02300A1-250306

1. SETUP INSTRUCTIONS

1.1 Unboxing and Initial Assembly

The Real Relax 2025 Full Body Massage Chair is designed for straightforward assembly. The main unit comes largely pre-assembled, requiring minimal steps to prepare for use.

One Box Delivery No Waiting Required

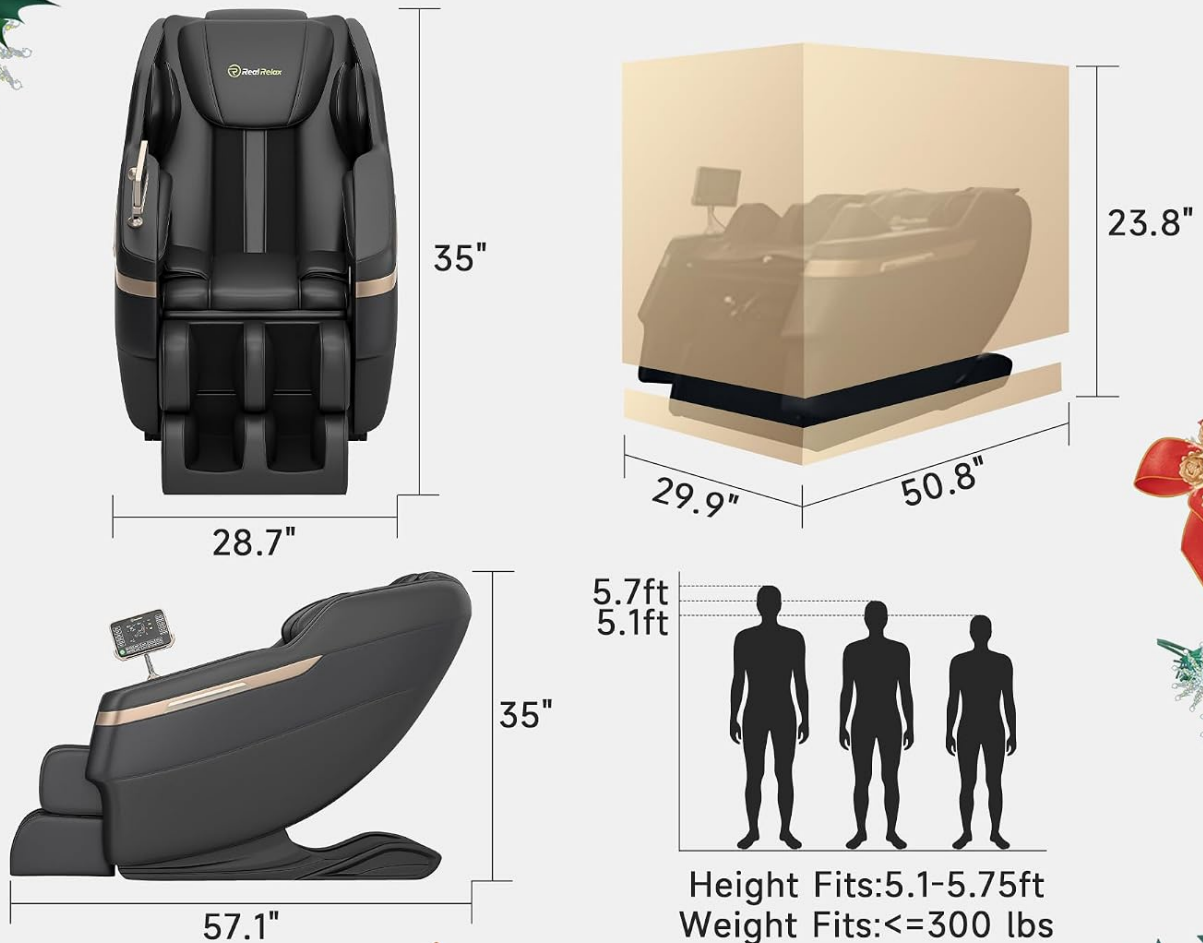


Image: Real Relax massage chair packaging and dimensions, showing it fits through a 28.7-inch doorway and is suitable for users 5.1-5.75 ft tall and under 300 lbs.

Video: This video demonstrates the unboxing process and the simple steps required to install the footrest and connect the necessary components.

1.2 Connecting Components

Connect the air pipe and power cord of the footrest to the main unit. Secure the footrest using the provided nut and wrench. Connect the power cable and turn on the power switch to reset the chair.

Video: This short video illustrates how to safely move the massage chair using its built-in rollers.

1.3 Control Panel Setup

Insert the LCD touch screen into its holder on the armrest. Ensure it is securely rotated into place.

Video: This tutorial guides users through the functions and controls available on the LCD display screen.

2. OPERATING INSTRUCTIONS

2.1 Power On/Off

To power on the massage chair, press the power button on the LCD touch screen. To power off, press the power button again.

2.2 Massage Modes

The chair offers six preset auto massage modes to cater to various needs:

- **Relax Mode:** Eases tension and stress, promoting deep relaxation.
- **Neck Mode:** Focuses on shoulders and neck to relieve tension using kneading and shiatsu techniques.
- **Sleep Mode:** Promotes deep relaxation, making it easier to fall asleep and enjoy a peaceful rest.
- **Waist Mode:** Targets the waist area to relieve tension and discomfort, offering focused relaxation.
- **Strong Mode:** Delivers a robust and intense massage perfect for those seeking deep muscle relief.
- **Aged Mode:** Designed for elderly individuals, providing gentle movements to ease muscle stiffness.



Relax



Strong



Neck



5-30 mins timing

6 Auto Modes

Your Body Relaxing Pal



Wasit



Aged



Sleep



Image: An image illustrating the six auto massage modes available on the Real Relax massage chair: Relax, Strong, Neck, Waist, Aged, and Sleep.

2.3 Zero Gravity Recline

Activate the Zero Gravity mode for a weightless sensation that helps reduce pressure on the spine and joints. The chair will recline to an optimal position for deep relaxation.

Zero Gravity Recline

Help You Relax Better



Initial Mode



Comfort Mode



Zero Gravity Mode

Image: Diagram showing the three recline positions: Initial Mode, Comfort Mode, and Zero Gravity Mode, highlighting the chair's ability to recline for relaxation.

Video: This short video demonstrates the Zero Gravity recline feature, showing how the chair adjusts to reduce spinal and joint stress.

2.4 Full Body Airbags

The massage chair features alternating wave airbag compression for a full-body massage, targeting five key areas with three intensity levels: shoulders, arms, hips, calves, and feet.

Full Body Airbags



Image: An illustration of the massage chair's full-body airbag system, indicating coverage for shoulders, arms, hips, calves, and feet with adjustable intensities.

2.5 Foot Massage and Rollers

Enjoy a dedicated foot massage with 10 fixed massage rollers and adjustable intensity. The footrest can extend up to 4.5 inches to accommodate different user heights.



Image: Detailed view of the massage chair's 2D massage rollers targeting neck, shoulder, back, waist, and foot, including Thai foot massage and stretch functions.

2.6 Heating Function

The chair includes a heating function for enhanced comfort and muscle relaxation.

2.7 Bluetooth Connectivity

Connect your mobile device via Bluetooth to enjoy audio through the chair's integrated speakers.

Video: This video provides a step-by-step guide on how to connect your device to the massage chair via Bluetooth.

3. MAINTENANCE

3.1 Cleaning Instructions

Wipe clean with a damp cloth. Avoid harsh chemicals or abrasive cleaners.

4. TROUBLESHOOTING

4.1 General Issues

- If the chair does not power on, ensure the power cord is securely plugged into a working outlet and the power switch is in the 'on' position.
- If massage functions are not operating correctly, try resetting the chair by turning it off and on again.
- For Bluetooth connection issues, ensure your device's Bluetooth is enabled and try re-pairing with 'realrelax'. If a password is required, use '9999'.

5. PRODUCT SPECIFICATIONS

Feature	Detail
Brand	Real Relax
Color	Black and Gold
Product Dimensions	57"D x 28.7"W x 35"H
Size	2'3" x 4'9" x 2'11"
Back Style	Tufted Back
Special Feature	Arm Rest, Foot Rest, Space Saving, Zero Gravity
Unit Count	1.0 Count
Recommended Uses For Product	Office, Reading, Relaxing, Sleeping
Maximum Weight Recommendation	300 Pounds
Style	Classic
Pattern	Solid
Room Type	Bedroom, Dining Room, Drawing Room, Home Theater, Office
Age Range (Description)	Adult
Included Components	Cushion

Shape	L-Shape
Model Name	2D Full Body Massage Chair with 6 Auto Modes, Zero Gravity Recline
Arm Style	Rounded
Surface Recommendation	Hard Floor
Furniture base movement	Glide
Indoor/Outdoor Usage	Indoor
Seat Depth	17 inches
Fill Material	Foam
Leg Style	sled base
Reclining Position Count	2
Form Factor	Upholstered
Manufacturer	Real Relax
Assembly Instructions Description	Some assembly required. The product comes partially disassembled and needs to be assembled before use.
Item Weight	122.3 pounds
Model Number	ZXQ-B02300A1-250306
Date First Available	March 6, 2025

6. SAFETY INFORMATION

Warning: Do not exceed 350 lb weight capacity. Use caution with heating elements to avoid burns. Keep children and pets away from moving parts. Consult a physician before use if you have medical conditions. Unplug when not in use. Do not use if power cord is damaged.

7. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your product or contact Real Relax customer service.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question