

Pod POAKX35-BLK-BL-OS

Pod Active KX 3.0 Hinge Pad Set User Manual

Model: POAKX35-BLK-BL-OS

1. INTRODUCTION

This manual provides instructions for the proper installation, use, and maintenance of your Pod Active KX 3.0 Hinge Pad Set. This set is designed to enhance the comfort and fit of your knee brace by offering customizable padding options.

The set includes both thin and thick hinge pads, allowing users to achieve an optimal fit according to individual preference and knee brace requirements. The pads are constructed from durable materials to ensure long-lasting performance and reliability.

2. PACKAGE CONTENTS

- Two (2) Pod Active KX 3.0 Thick Hinge Pads (Black)
- Two (2) Pod Active KX 3.0 Thin Hinge Pads (Black)

3. INSTALLATION INSTRUCTIONS

Follow these steps to properly install the hinge pads onto your Pod Active knee brace. Ensure your knee brace is clean and dry before installation.

1. **Identify Pad Thickness:** The set includes both thick and thin pads. Determine which thickness provides the best comfort and fit for your knee brace. The pads are labeled "THICK" and "THIN" on their surface.
2. **Remove Existing Pads (if any):** Carefully detach any existing hinge pads from your knee brace.
3. **Prepare New Pad:** Each hinge pad has an adhesive backing. Peel off the protective film from the back of the chosen hinge pad.
4. **Align and Attach:** Carefully align the new hinge pad with the designated hinge area on your knee brace. Press firmly to ensure secure adhesion.
5. **Repeat for Other Side:** Install the corresponding hinge pad on the other side of your knee brace.
6. **Test Fit:** After installation, try on your knee brace to assess the comfort and fit. Adjust or swap pads if necessary to achieve optimal results.



Image: The Pod Active KX 3.0 Hinge Pad Set, featuring both thick and thin pads. The pads are black with a textured surface and the "POD" logo, clearly labeled "THICK" and "THIN" respectively. The white adhesive backing is visible on the underside of each pad.

4. USAGE

The Pod Active KX 3.0 Hinge Pad Set is designed for use with compatible knee braces to improve overall comfort and provide a more secure fit. By selecting the appropriate pad thickness, users can customize the brace's interaction with their knee, reducing pressure points and enhancing stability during activity. Ensure the pads are securely attached before each use. Regularly inspect the pads for any signs of wear or detachment.

5. CARE AND MAINTENANCE

To ensure the longevity and performance of your hinge pads, follow these care instructions:

- **Cleaning:** Wipe the pads with a damp cloth and mild soap if necessary. Rinse thoroughly and allow to air dry completely before reattaching to the brace or storing.
- **Avoid Harsh Chemicals:** Do not use abrasive cleaners, solvents, or harsh chemicals, as these can damage the pad material and adhesive.
- **Storage:** Store the pads in a cool, dry place away from direct sunlight when not in use.
- **Inspection:** Periodically inspect the pads for signs of wear, tear, or reduced adhesion. Replace pads if they show significant damage or no longer adhere securely.

6. TROUBLESHOOTING

The Pod Active KX 3.0 Hinge Pad Set is a simple accessory. Most issues relate to installation or fit.

- **Pads not adhering:** Ensure the knee brace surface is clean, dry, and free of debris before applying. Press firmly during installation. If pads are old, the adhesive may have degraded, requiring replacement.
- **Discomfort or improper fit:** Experiment with both the thick and thin pads to find the optimal

combination for your knee and brace. Ensure pads are correctly positioned and not interfering with brace movement.

7. SPECIFICATIONS

Brand	Pod
Model	POAKX35-BLK-BL-OS
Item Weight	1.6 ounces
Package Dimensions	7 x 5 x 2 inches
Manufacturer	Pod Active

8. WARRANTY AND SUPPORT

For warranty information or technical support regarding your Pod Active KX 3.0 Hinge Pad Set, please refer to the documentation provided with your original knee brace or contact Pod Active customer service directly. Keep your purchase receipt as proof of purchase.

For further assistance, visit the official Pod Active website or contact their support channels.