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MERACH MR-S26BEU

MERACH S26 Stationary Bike Instruction Manual

Model: MR-S26BEU

1. Introduction

Thank you for choosing the MERACH S26 Stationary Bike. This manual provides essential information for the safe assembly, operation, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before use and retain it for future reference.

The MERACH S26 is designed for home aerobic training, featuring adjustable resistance, a silent belt drive, an LED monitor for tracking workout data, and compatibility with fitness applications.

2. Safety Information

- Always consult with a physician before starting any new exercise program.
- Read all instructions in this manual before assembling or using the equipment.
- Keep children and pets away from the equipment during use.
- Place the bike on a flat, stable surface with adequate clearance around it.
- Wear appropriate exercise attire and footwear.
- Check all bolts and nuts are securely tightened before each use.
- Use the emergency brake function to stop the flywheel immediately if needed.
- Do not exceed the maximum user weight capacity of 136 kg (300 lbs).
- If you experience pain, dizziness, or shortness of breath, stop exercising immediately.

3. Product Overview

The MERACH S26 Stationary Bike is engineered for a smooth and quiet workout experience. Key features include a silent belt drive, an enhanced LED monitor, a stable double-triangle frame, and a comfortable spring-cushioned seat.



Figure 1: MERACH S26 Stationary Bike

Your browser does not support the video tag.

Video 1: MERACH S26 Product Features and Assembly Overview. This video highlights key features like adjustable resistance, LED monitor, app compatibility, and provides a visual overview of the assembly process.

4. Assembly Instructions

Please ensure you have enough space and all components before beginning assembly. Refer to the assembly video for visual guidance.

4.1. Install Front and Rear Stabilizers

1. Take out the D-Allen Key, 4x Hexagon socket flat round head screws M10*16(35), and 4x Washer 10(36) from the tool kit.

2. Place the Rear Stabilizer (6) and align it with the fixing holes on the frame.
3. Secure it to the frame with the provided screws and washers using the D-Allen Key.
4. Repeat the process for the Front Stabilizer (7), ensuring it aligns with the fixing holes on the frame.

4.2. Install Left & Right Pedals

1. Remove the left Hexagonal nut (102) on the left pedal (56) and the right Hexagonal nut (99) on the right pedal (40) respectively with Tool B #19 and put them aside.
2. Install the left pedal (56) by vertically aligning it with the left crank hole. Rotate the left pedal (56) 3 turns by hand towards the direction of the flywheel, and then lock the pedal with the Tool A #15. Finally, install the removed Hexagonal nut (102) back onto the pedal with Tool B #19.
3. Install the right pedal (40) in the same way. Note that the direction of tightening is toward the flywheel.

4.3. Install Seat Post

1. Lightly turn the knob (29) 3 turns to fix it on the frame.

4.4. Install Seat Slider and Seat

1. Take out Seat Slider Assembly from the inner package. Remove the Carriage screw (26), Washer (74) and Lock Knob (24) and put them aside.
2. Place Seat (9) onto Seat Slider (3). Then lock the nuts on both sides of the seat by Tool A #13. Make sure the front of the seat is facing straight ahead when locking.
3. Place the assembled seat and slider onto the seat post. Secure it with the Lock Knob (24), Carriage screw (26), and Washer (74).

4.5. Install Sensor Middle Wire and Handlebar Post

1. Pull the uppermost end of the steel wire to drive the Sensor Middle Wire (95) through the inside of the Handlebar Post (4) to the top and hold it in place.
2. Untie the steel wire fixed at the bottom of the Handlebar Post (4). Secure the Sensor Middle Wire (95) with the end of the steel wire.
3. Hold the Knob (29) Handle and pull it outward, while installing the Handlebar Post (4) into the MainFrame (1) to the proper position.
4. Rotate the knob (29) to lock the Handlebar Post (4).

4.6. Install Handlebar

1. Remove the 4x Hexagon Socket Head Cap Screw (10) and Washer (17) and put them aside for using.
2. Pull the steel wire to bring the Sensor middle wire (95) connector passes through the slot in the center of the Handlebar mounting piece.
3. Place Handlebar (5) on Handlebar Post (4). Make sure the holes are aligned.
4. Secure it by using Tool D #6, Hexagon socket head capscrews (10) and Washers (17).

4.7. Install iPad Holder Support Tube and iPad Holder

1. Take out the IPAD Holder Support Tube (8) from the inner package, and remove the 2X Hexagon socket flat round head screws (101) on the tube and the 2X Hexagon socket flat round head screws (12) at the backward of the tube and put them aside.
2. Place the IPAD Holder Support Tube (8) on the Handlebar (5). Then lock it by using Tool C and Hexagon socket flat round head screws (101).
3. Align the holes in the back of the IPAD Holder (11) with the holes on the top of the IPAD Holder Support Tube

(8).

4. Then secure it by using Tool C and Hexagon socket head capscrews (12), Elastic pad (13), and Washers (14).

4.8. Install Bottle Holder

1. Align the screw holes on the Bottle holder (16) with the screw holes on the IPAD Holder Support Tube (8).
2. Then tighten the Bottle holder by using the removed Hexagon Socket Head Flat Round Head Screw (12) in Step 7 and Tool C.

4.9. Install Batteries

1. Remove the back cover by hand, then prepare the batteries and install two 2A batteries.
2. Install the back cover to complete the battery installation.

5. Operating Instructions

5.1. Adjusting Resistance

The MERACH S26 features infinitely variable resistance. Rotate the knob on the handlebar to increase or decrease resistance. Turn clockwise for more resistance, counter-clockwise for less. For safety, press the knob down to engage the emergency brake and stop the flywheel immediately.



Figure 2: LED Monitor and Resistance Adjustment

5.2. LED Monitor Functions

The enhanced digital display tracks and records exercise time, speed, distance, and calories in real-time. This provides valuable insights into your progress, allowing you to adjust your training plan for optimal results.

5.3. Seat and Handlebar Adjustment

Adjust the seat horizontally (4 positions) and vertically to find your optimal riding position. The handlebar can also be adjusted vertically (2 positions) for comfort and proper posture during your workout.



Figure 3: Seat and Handlebar Adjustment

5.4. App Connectivity

The MERACH S26 is compatible with the MERACH App, Kinomap, and Zwift. Connect your device via Bluetooth to access a variety of free fitness classes, personalized training plans, and interactive riding experiences.



Figure 4: App Integration for Personalized Workouts

5.5. Moving the Bike

The bike is equipped with transport wheels at the front for easy relocation. Tilt the bike forward and roll it to your desired position.



Figure 5: Easy Movement with Transport Wheels

6. Maintenance

- Regularly wipe down the bike with a damp cloth to remove sweat and dust.
- Check all bolts, nuts, and moving parts periodically to ensure they are secure and functioning correctly. Tighten if necessary.
- Inspect pedals and straps for wear and tear. Replace if damaged.
- Keep the bike in a dry environment to prevent rust.

7. Troubleshooting

7.1. App Connection Issues

If you experience difficulty connecting to the MERACH App or other fitness apps:

- Ensure the MERACH S26 is powered on (pedal gently to activate the monitor).
- Verify your mobile device has a stable network connection.
- Make sure the bike is not connected to other devices to avoid conflicts.
- Grant Bluetooth permissions to the MERACH App.
- For Android devices, activate location services and allow the app access to your location.
- Try restarting your mobile device's Bluetooth or power cycling the bike.
- If the device appears in your phone's Bluetooth settings but not in the app, ignore the device in Bluetooth settings and search again from within the MERACH App.

7.2. Unusual Noise During Operation

The MERACH S26 is designed for quiet operation. If you hear unusual noises:

- Check that all assembly bolts and nuts are securely tightened.
- Ensure the bike is on a level surface.
- Inspect pedals and crank arms for any looseness or damage.

8. Specifications

Feature	Specification
Brand	MERACH
Model Number	MR-S26BEU
Product Dimensions	102.01 x 20.98 x 86.49 cm; 27 kg
Max Weight Recommendation	136 kg (300 lbs)
Material	Alloy Steel
Resistance Mechanism	Friction (Infinitely Variable)
Power Source	Pedal
Special Features	Console Display, Silent and Smooth Belt Drive, Stable Dual Triangle Frame, Stepless Adjustable Speed, App Connectivity
Batteries	2 AA (Required for monitor)

9. Warranty and Support

MERACH offers a 12-month warranty for this product. If you encounter any issues during use, please contact our customer support. We are committed to responding within 12 hours and assisting you throughout the process.

For further assistance, please visit the official MERACH store on Amazon:MERACH Store

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