

## HealthRelife HR606

# HealthRelife 4D Massage Chair HR606 User Manual

Model: HR606

## 1. INTRODUCTION

---

This user manual provides essential information for the safe and effective operation, maintenance, and troubleshooting of your HealthRelife 4D Massage Chair HR606. Please read this manual thoroughly before using the product and retain it for future reference.

## 2. SAFETY INFORMATION

---

To reduce the risk of electric shock, burns, fire, or injury, observe the following precautions:

- Always unplug the appliance from the electrical outlet immediately after using and before cleaning.
- Do not use while bathing or in a shower.
- Do not place or store appliance where it can fall or be pulled into a tub or sink.
- Do not place in or drop into water or other liquid.
- Never use pins or other metallic fasteners with this appliance.
- Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Contact customer service for examination and repair.
- Keep the cord away from heated surfaces.
- Never use while sleeping or drowsy.
- Never drop or insert any object into any opening.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, turn all controls to the off position, then remove plug from outlet.

### 3. PRODUCT OVERVIEW

---

The HealthRelife 4D Massage Chair HR606 is designed to provide a comprehensive and customizable massage experience. Key features include:

- **55" S+L Track:** Conforms to the body's natural curves for a full-body massage from neck to glutes.
- **4D Massage Robot:** Offers deep tissue massage with adjustable intensity, speed, and width.
- **20 Auto Modes & 11 Massage Techniques:** A variety of pre-programmed and manual options including kneading, tapping, shiatsu, and more.
- **40 Airbags Massage:** Compression massage for shoulders, arms, feet, and buttocks with 3 intensity levels.
- **Zero Gravity Recline:** Positions the body to elevate legs above the heart, distributing body weight evenly and reducing spinal pressure.
- **Yoga Stretch Function:** Gentle stretching to improve flexibility and relieve tension.
- **AI Body Scan:** Customizes the massage to individual body contours.
- **Foot Rollers:** Three sets of rollers for comprehensive foot massage.
- **Negative Oxygen Ions:** Integrated feature for an enhanced environment.
- **APP Control:** Manage settings and programs via a mobile application.
- **Wireless Charging:** Convenient charging pad for compatible devices.
- **Bluetooth Speakers:** Integrated speakers for audio playback.



Figure 3.1: HealthRelife 4D Massage Chair HR606 in operation, highlighting its features and app control.



Figure 3.2: Detailed feature overview of the massage chair's capabilities.

# OVER 31 MASSAGE EXPERIENCES

11 Massage Techniques+20 Auto Massage  
Program - Ultimate Relaxation



Figure 3.3: Illustration of the diverse massage programs and techniques offered.



Figure 3.4: Detailed view of the leg and foot massage functions.

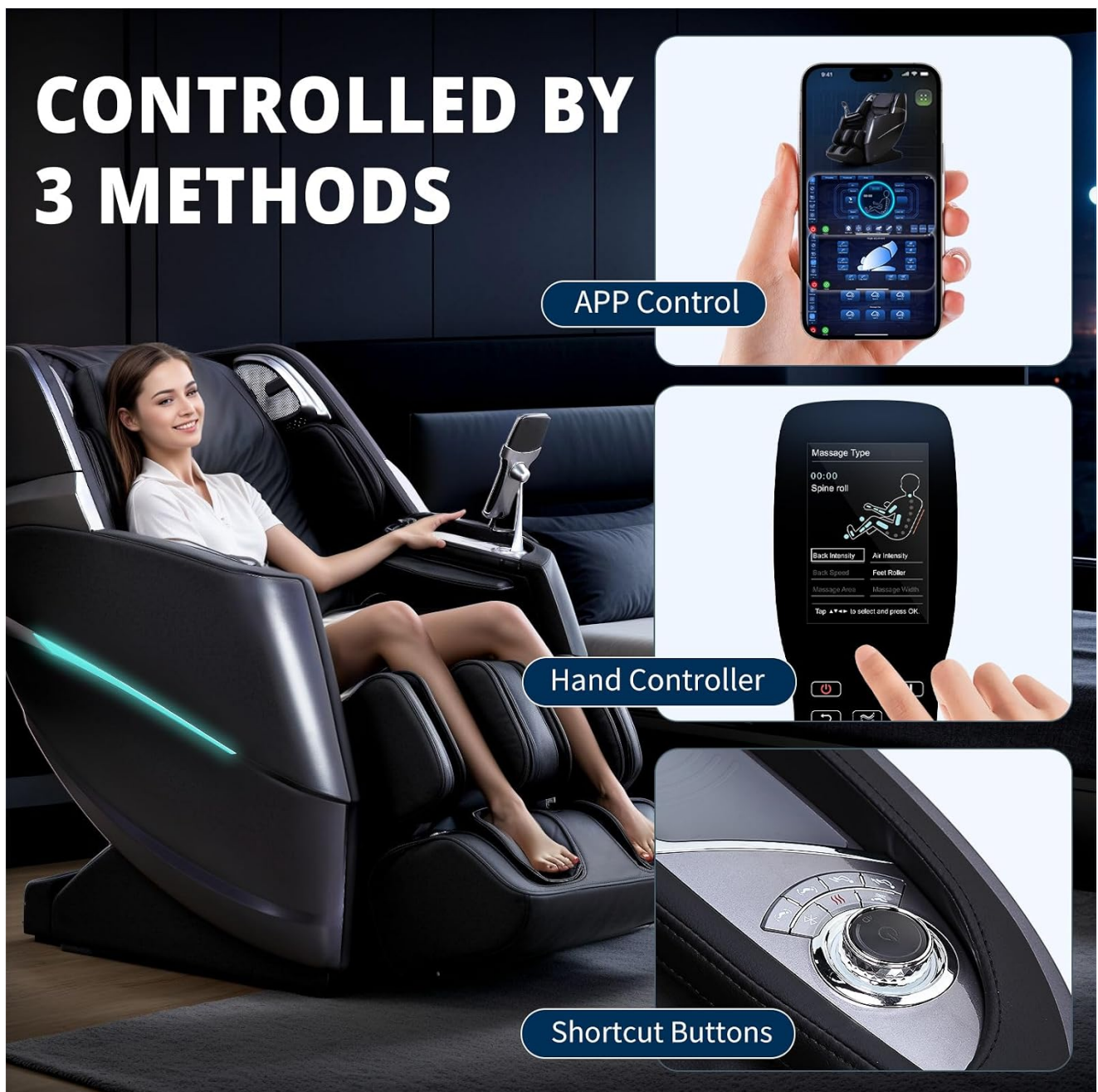


Figure 3.5: Overview of the available control interfaces for the massage chair.

# PRODUCT DIMENSIONS

**Weight Capacity**  
330 pounds/150kg

**Suitable Height**  
150cm-195cm/4.9ft-6.3ft

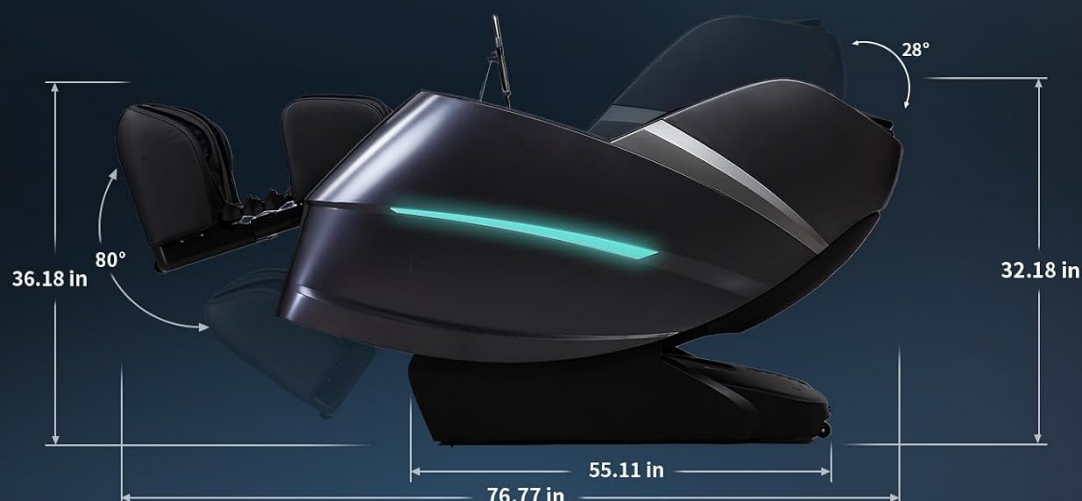


Figure 3.6: Product dimensions and user suitability information.

## 4. SETUP

The HealthRelife 4D Massage Chair HR606 is largely pre-assembled. Follow these steps for final setup:

1. **Unpacking:** Carefully remove the chair from its packaging. Ensure all components are present and undamaged.
2. **Placement:** Position the chair on a flat, stable surface. Ensure adequate clearance around the chair for reclining and leg rest extension. Refer to Figure 3.6 for dimensions.
3. **Power Connection:** Connect the power cord to the chair and then to a grounded electrical outlet.
4. **Hand Controller:** Secure the hand controller in its designated bracket.
5. **Initial Power On:** Press the power button on the chair or hand controller to turn on the unit.

## 5. OPERATING INSTRUCTIONS

Your massage chair can be controlled via the hand controller, integrated shortcut buttons, or a dedicated mobile

application.

### 5.1. Power On/Off

Press the power button on the hand controller or the main power button on the armrest to turn the chair on or off.

### 5.2. AI Body Scan

Upon activation, the chair performs an intelligent body scan to map your body's contours and customize the massage rollers' position for optimal coverage. Remain still during this process.

### 5.3. Massage Programs and Techniques

Select from 20 automatic massage programs or choose from 11 individual massage techniques using the hand controller or mobile app. Adjust intensity, speed, and roller width as desired.

### 5.4. Zero Gravity Recline

Activate the Zero Gravity function via the controls. The chair will recline to a position that elevates your legs above your heart, distributing body weight evenly and reducing pressure on the spine. There are multiple recline angles available.

### 5.5. Airbag Massage

The chair features 40 airbags for compression massage in the shoulders, arms, feet, and buttocks. Adjust the airbag pressure to one of three levels using the controls.

### 5.6. Foot and Calf Massage

The calf massage position can be adjusted to suit your height. Enjoy foot roller massage and calf rubbing for comprehensive leg and foot relief.

### 5.7. Mobile APP Control

Download the "Robot Massage" application from your device's app store. Connect via Bluetooth to control all chair functions, customize massage settings, and save personal programs.

Your browser does not support the video tag.

Video 5.1: Demonstration of the HealthRelife Massage Chair's features, including app control, 4D massage, zero gravity, and foot massage.

Your browser does not support the video tag.

Video 5.2: Detailed overview of the A606 HealthRelife 4D Massage Chair, showcasing its design, controls, and massage capabilities.

## 6. MAINTENANCE

---

Proper maintenance ensures the longevity and optimal performance of your massage chair.

- **Cleaning:** Wipe the chair's surfaces with a soft, damp cloth. Do not use abrasive cleaners or solvents.
- **Storage:** When not in use for extended periods, unplug the chair and store it in a cool, dry place away from direct sunlight.
- **Inspection:** Regularly check the power cord and plug for any damage. If damage is found, discontinue use and contact customer support.

## 7. TROUBLESHOOTING

---

If you encounter issues with your massage chair, refer to the following common problems and solutions:

| Problem                               | Possible Cause                                                | Solution                                                                                               |
|---------------------------------------|---------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| Chair does not power on.              | Power cord not securely plugged in; power outlet malfunction. | Ensure power cord is fully inserted. Test the outlet with another device.                              |
| Massage rollers are not moving.       | Chair is in body scan mode; program not selected.             | Wait for body scan to complete. Select an automatic program or manual technique.                       |
| Remote control or APP not responding. | Low battery in remote; Bluetooth not connected.               | Replace remote batteries. Ensure Bluetooth is enabled on your device and connected to the chair.       |
| Unusual noises during operation.      | Normal operational sounds; loose component.                   | Some mechanical sounds are normal. If noises are loud or unusual, discontinue use and contact support. |

If the problem persists after attempting these solutions, please contact HealthRelife customer support.

## 8. SPECIFICATIONS

---

**Brand:** HealthRelife

**Model Name:** HR606

**Product Dimensions:** 35"D x 32"W x 35"H

**Item Weight:** 326 pounds

**Color:** Black

**Fill Material:** Foam

**Reclining Position Count:** 3

**Assembly:** Already Assembled (minimal setup required)

## 9. WARRANTY AND SUPPORT

---

HealthRelife provides a **3-year guarantee** for this product, ensuring confidence in your purchase. We are committed to resolving any issues to your satisfaction.

For any questions, technical assistance, or warranty claims, please contact HealthRelife customer support. You may also consider purchasing extended protection plans for additional coverage.

- **Standard Guarantee:** 3 Years
- **Optional Protection Plans:**
  - 3-Year Protection Plan (available for purchase)
  - Complete Protect (monthly plan covering eligible purchases)

Contact information for customer support can typically be found on the HealthRelife official website or through your purchase platform.