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APEX FIT Vibe M03 Pro

APEX FIT Vibe M03 Pro Smart Watch User Manual

Model: Vibe M03 Pro

Brand: APEX FIT

1. INTRODUCTION

Welcome to the APEX FIT Vibe M03 Pro Smart Watch user manual. This guide provides essential information to help you set up, operate, and maintain your new smart watch. The Vibe M03 Pro is designed to enhance your daily life with advanced health monitoring, comprehensive fitness tracking, and seamless connectivity.

What's in the Box

- Smart Watch
- Charging Cable
- User Manual



Figure 1.1: APEX FIT Vibe M03 Pro Smart Watch (Classic Black)

The image displays the APEX FIT Vibe M03 Pro Smart Watch in classic black, showcasing its rectangular display with time, date, and activity metrics. A smaller inset image shows the watch displaying an incoming call screen.

2. SETUP

2.1 Initial Charging

Before first use, fully charge your smart watch. Connect the magnetic USB charging cable to the charging points on the back of the watch and plug the USB end into a compatible power source. A full charge typically takes approximately 2 hours.

Video 2.1: Apexfit Vibe M03 Unboxing and Initial Setup

This video demonstrates the unboxing process of the APEX FIT Vibe M03 Smart Watch, showcasing its packaging and included accessories such as the charging cable and user manual. It also briefly shows the initial power-on and charging

connection.

2.2 App Download and Pairing

1. Download the "Apexwear" app from your device's app store (compatible with iOS 10 and Android 9 or later).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the "Apexwear" app and follow the on-screen instructions to pair your smart watch.

2.3 Watch Face Customization

Personalize your watch by changing the watch face. The Apexwear app offers over 100 free watch faces. You can also create custom watch faces using your own photos.



Figure 2.1: 100+ Watch Face Options

This image displays the APEX FIT Smart Watch Vibe M03 Pro with various digital and analog watch face designs surrounding it, illustrating the wide range of customization options available.

Video 2.2: Apexfit Vibe M03 DIY Watch Face

This video illustrates how to customize the watch face of the APEX FIT Vibe M03 Smart Watch using the companion app, including selecting pre-designed faces and creating custom ones from personal photos.

3. OPERATING INSTRUCTIONS

3.1 Navigation

The Vibe M03 Pro features a 1.91" HD TFT touchscreen for intuitive navigation. Swipe across the screen to access different functions and menus. Use the physical button on the side for power on/off and to return to the home screen.

3.2 Health Monitoring

The smart watch provides 24/7 health monitoring capabilities:

- **Heart Rate Monitoring:** Tracks your heart rate in real-time.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen saturation levels.
- **Sleep Monitoring:** Analyzes your sleep patterns and stages to help optimize sleep quality.
- **Stress Assessment:** Provides insights into your stress levels.



Figure 3.1: Health Monitoring Features

The image highlights the health monitoring capabilities of the APEX FIT Smart Watch Vibe M03 Pro, including heart rate

monitoring, blood oxygen (SpO2) monitoring, stress assessment, and REM sleep monitoring.

3.3 Fitness Tracking

Your ultimate fitness partner, the Vibe M03 Pro offers over 100+ sports modes to accurately record and analyze your workout data, including calorie burn, steps, and distance.



Figure 3.2: Sports Modes

This image shows the APEX FIT Smart Watch Vibe M03 Pro displaying an outdoor run mode, with a person hiking and another doing yoga in the background, illustrating its versatility for various sports activities.

3.4 Connectivity Features

Stay connected and productive with these features:

- **Call Handling:** View notifications and dial calls directly from your wrist. (Note: Cannot reply to messages or take calls directly).
- **Music Control:** Control music playback on your paired smartphone.
- **App Notifications:** Receive notifications from your favorite apps.
- **Weather Updates:** Get current weather information.
- **Alarms:** Set and manage alarms.
- **Remote Camera Control:** Control your smartphone camera remotely.

- **Find Phone:** Locate your paired smartphone.
- **Calculator:** Basic calculator function.



Figure 3.3: Call Handling Feature

The image shows the APEX FIT Smart Watch Vibe M03 Pro displaying an incoming call screen, positioned next to a smartphone also showing call options, illustrating the watch's call handling capability.

4. MAINTENANCE

4.1 Waterproofing

The APEX FIT Vibe M03 Pro has an IP68 rating, meaning it is dustproof and waterproof up to 1.5 meters for 30 minutes. It is suitable for daily use, including hand washing, rain, and shallow water activities like swimming. Avoid hot water, saunas, or diving.

IP68

*Free-flowing
Freestyle Swimming*



Figure 4.1: IP68 Waterproof Rating

This image shows the APEX FIT Smart Watch Vibe M03 Pro partially submerged in water, with text highlighting its IP68 waterproof rating and suitability for free-flowing and freestyle swimming.

4.2 Cleaning

To maintain your watch, wipe it regularly with a soft, dry cloth. If necessary, use a slightly damp cloth and then dry thoroughly. Avoid harsh chemicals or abrasive materials.

4.3 Battery Life

The 270mAh battery provides up to 5-7 days of continuous daily operation and up to 30 days of standby time, depending on usage. Charge the watch when the battery indicator is low.

5. TROUBLESHOOTING

If you encounter issues with your APEX FIT Vibe M03 Pro Smart Watch, please refer to the common questions and solutions below:

• **Q1: Is this smartwatch compatible with my phone?**

A: Yes! It works with iOS 10 and Android 9 or later. Enable Bluetooth to pair via the companion app.

• **Q2: How long does the battery last?**

A: Up to 5-7 days daily use. It charges fully in 2 hours via a magnetic USB cable.

• **Q3: Is it waterproof?**

A: It has an IP68 rating, meaning it's dustproof and waterproof up to 1.5 meters for 30 minutes.

• **Q4: Does it track heart rate and sleep?**

A: Yes! 24/7 heart rate monitoring, sleep stages analysis, and SpO2 tracking are included.

• **Q5: How do I set up the watch?**

A: Download the "Apexwear" app > Turn on Bluetooth > Follow in-app instructions.

• **Q6: Can I reply to messages or take calls?**

A: You can view notifications only and dial calls.

• **Q7: Does it have a built-in GPS?**

A: Sorry, this model does not have GPS function.

• **Q8: How do I change the watch face?**

A: Press & hold the screen OR Swipe to choose from 100+ free faces in the app.

• **Q9: Why isn't my step count syncing?**

A: Ensure Bluetooth is on, the app is updated, and restart both devices.

6. SPECIFICATIONS

Feature	Specification
Model Number	Vibe M03 Pro
Screen Size	1.91 Inches (320x385 resolution)
Display Type	TFT Touchscreen
Operating System	Android, iOS
Memory Storage Capacity	128 MB
Special Features	Touchscreen, Voice Call, Multisport Tracker, Phone Call, Message Notice, Activity Tracker, Step Tracker, Calorie Burned Counter, Sleep Monitor, Heart Rate Monitor, Oxymeter (SpO2), 100 Sport Modes, IP68 Waterproof, Menstrual Health Tracking, Alarm Clock, Weather
Battery Capacity	270 mAh
Battery Cell Composition	Lithium Metal

Feature	Specification
Connectivity Technology	Bluetooth
GPS	No GPS
Shape	Square
Item Weight	5.3 ounces
Manufacturer	APEX FIT

7. WARRANTY AND SUPPORT

The APEX FIT Vibe M03 Pro Smart Watch is designed for durability and performance. If you encounter any problems with the product, please contact APEX FIT customer support. Customer satisfaction is our first priority.