

Withings BPM Vision

Withings BPM Vision Smart Blood Pressure Monitor User Manual

Model: WPM07-08-all-Inter (3700546710452)

1. INTRODUCTION

The Withings BPM Vision is an advanced smart blood pressure monitor designed for accurate measurement of systolic and diastolic blood pressure, heart rate, and detection of atrial fibrillation (AFib) through an integrated ECG. This device provides medical-grade precision and seamless data synchronization with the Withings app via Wi-Fi or Bluetooth, compatible with both iOS and Android devices. It is intended for adult use to monitor cardiovascular health at home.



Image 1.1: The Withings BPM Vision device, showcasing its integrated design with the cuff and a clear display of blood pressure readings.

2. WHAT'S IN THE BOX

Verify that all components are present in the package:

- Withings BPM Vision Smart Blood Pressure Monitor

- Standard Cuff (22-42 cm)
- Charger
- Protective Case (doubles as a stand)
- Quick Start Guide (not included in this manual)

3. SAFETY INFORMATION

Please read all safety instructions before using the device. This device is a CE certified medical device. Consult your physician before using this device if you have any medical conditions, especially if you have a pacemaker or other implanted electronic devices. Do not use this device for self-diagnosis or self-treatment. Always follow your doctor's advice. Keep out of reach of children.

4. SETUP

- 1. Charge the Device:** Although the device has a 1-year battery life, it comes with a charger. Ensure the device is fully charged before first use.
- 2. Download the Withings App:** Download the 'Withings' app from the Apple App Store (for iOS) or Google Play Store (for Android). Create an account or log in if you already have one.
- 3. Pair the Device:** Follow the on-screen instructions in the Withings app to pair your BPM Vision via Wi-Fi or Bluetooth. This will enable automatic synchronization of your readings.
- 4. Cuff Placement:**
 - Sit comfortably with your feet flat on the floor, back supported, and arm resting on a table.
 - Slide the cuff onto your bare upper left arm, ensuring the tube is centered on the inside of your arm and pointing towards your hand.
 - The bottom edge of the cuff should be approximately 2-3 cm (0.8-1.2 inches) above your elbow.
 - Tighten the cuff so it is snug but not uncomfortably tight. The standard cuff fits arm circumferences from 22-42 cm.

Visualizza i risultati **oggi**,
 monitora i progressi per il **futuro**.
 Analisi delle tendenze sempre accessibile in-app.

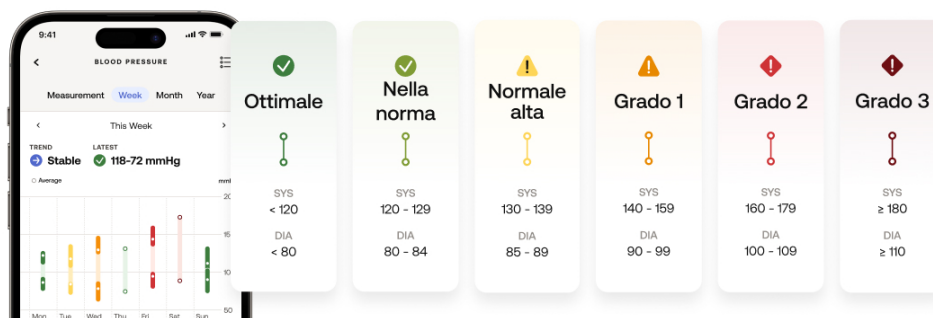


Image 4.1: Proper placement of the blood pressure cuff on the upper arm for accurate measurement.

5. OPERATING INSTRUCTIONS

5.1 Taking a Blood Pressure Measurement

1. Ensure the cuff is correctly placed on your arm (refer to Section 4.4).
2. Sit still and relax for at least 5 minutes before taking a measurement. Avoid talking or moving during the measurement.
3. Press the 'ON/OFF' button on the device to start a measurement. The integrated tutorials on the 2.8" LCD display will guide you.
4. The device will automatically inflate the cuff and take the reading. It performs three consecutive measurements for accuracy, as recommended by medical professionals (TripleTrust technology).
5. Once complete, your systolic and diastolic blood pressure, along with your heart rate, will be displayed on the screen. Color-coded feedback will indicate how your results compare to official hypertension levels.
6. The results will automatically synchronize with your Withings app via Wi-Fi or Bluetooth.

L'esperienza di misurazione della pressione più **semplice**.
 Pressione arteriosa sistolica e diastolica + rilevamento della fibrillazione atriale* +
 monitoraggio della frequenza cardiaca.

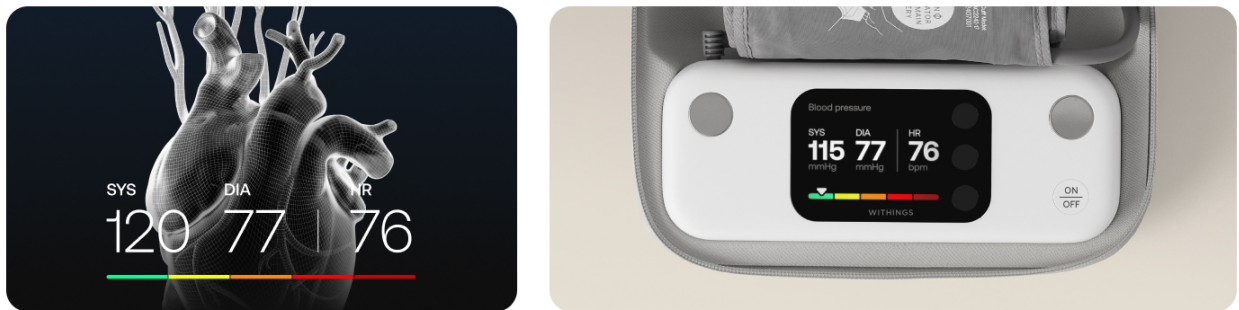


Image 5.1: A user taking a blood pressure measurement with the Withings BPM Vision.

5.2 ECG Measurement for Atrial Fibrillation Detection

The BPM Vision can also perform a 30-second ECG to detect atrial fibrillation (AFib).

1. After placing the cuff and starting a measurement, the device will prompt you for an ECG.
2. Place your fingers on the electrodes located on the device's main unit as instructed by the on-screen tutorial.
3. Remain still for 30 seconds while the ECG is recorded.
4. The results, including any detection of AFib, will be displayed and synchronized with your app.

Custodia protettiva che funge **anche da supporto**.



Image 5.2: User performing an ECG measurement with the Withings BPM Vision.

5.3 Understanding Your Results

The device's 2.8" LCD display provides clear results and color-coded feedback based on official hypertension levels. The Withings app offers advanced analysis and trend tracking.



Image 5.3: The device's display showing blood pressure readings (SYS, DIA, HR) and color-coded feedback for easy interpretation.

5.4 Data Synchronization and Sharing

All your measurements are automatically synchronized to the Withings app. The app allows for unlimited data storage for up to 8 users. You can easily track your health trends over time and share your data with your doctor or loved ones.



Image 5.4: The Withings app displaying blood pressure trends and options to share health reports.

6. MAINTENANCE

- **Cleaning:** Wipe the device and cuff with a soft, dry cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the BPM Vision in its protective case in a cool, dry place, away from direct sunlight and extreme temperatures. The protective case also functions as a stand for convenient use.
- **Battery:** The device features a 1-year battery life. Recharge as needed using the provided charger.

Condividi i tuoi dati con il tuo medico o i tuoi cari in qualsiasi momento.



Proteggiamo la tua salute. Proteggiamo anche i tuoi dati.



Image 6.1: The Withings BPM Vision stored securely in its protective case.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on	Low battery or device malfunction.	Charge the device using the provided charger. If the problem persists, contact customer support.
Inaccurate readings	Incorrect cuff placement, movement during measurement, or talking.	Ensure correct cuff placement (Section 4.4). Remain still and silent during measurement. Repeat the measurement after a few minutes.
Cannot sync with app	Bluetooth/Wi-Fi off, app not open, or pairing issue.	Ensure Bluetooth/Wi-Fi is enabled on your smartphone. Open the Withings app. Re-pair the device if necessary (Section 4.3). Check your internet connection for Wi-Fi sync.
Cuff does not inflate	Cuff not properly connected or air leak.	Check that the cuff tube is securely connected to the device. Ensure the cuff is not damaged.

8. SPECIFICATIONS

- **Model Name:** WPM07-08-all-Inter
- **Item Model Number:** 3700546710452
- **Product Dimensions:** 20.83 x 8.13 x 3.81 cm (8.2 x 3.2 x 1.5 inches)
- **Item Weight:** 1.04 kg (2.3 Pounds)
- **Power Source:** Battery powered (1 non-standard battery included)
- **Battery Life:** Approximately 1 year
- **Display Type:** Large 2.8" LCD display
- **Cuff Size:** Standard (22-42 cm / 8.7-16.5 inches)
- **Connectivity:** Wi-Fi, Bluetooth
- **Compatibility:** iOS and Android
- **Measurement Type:** Systolic, Diastolic Blood Pressure, Heart Rate, ECG (Atrial Fibrillation detection)
- **Included Components:** Charger, Cuff

- **Country of Origin:** China

9. WARRANTY & SUPPORT

For warranty information, please refer to the documentation provided with your purchase or visit the official Withings website. For technical support, product inquiries, or assistance with your device, please contact Withings customer support through their official website or the Withings app. You may also refer to the seller 'Withings Italia' for purchase-related support.

Online Resources:

- Withings Official Website: www.withings.com
- Withings App Support: Available within the Withings application.