**LC-dolida B0DYNTQFV4**

# LC-dolida Bluetooth Headband Headphones Instruction Manual

Model: B0DYNTQFV4

Brand: LC-dolida

## 1. INTRODUCTION

Thank you for choosing the LC-dolida Bluetooth Headband Headphones. This versatile product combines a comfortable headband with integrated ultra-thin HD stereo speakers, designed for various activities such as sleeping, working out, yoga, running, and meditation. This manual provides detailed instructions to help you set up, operate, and maintain your new device.

## 2. WHAT'S IN THE BOX

- 1 x LC-dolida Bluetooth Headband Headphones
- 1 x USB Charging Cable
- 1 x Instruction Manual (this document)

## 3. PRODUCT OVERVIEW

The LC-dolida Bluetooth Headband features a soft, breathable fabric with integrated ultra-thin speakers and a control panel. The control panel allows you to manage power, volume, and track selection.

**Image 1:** LC-dolida Bluetooth Headband Headphones in use, demonstrating its comfortable fit for sleeping. The image highlights the thin speaker design and overall comfort.

**Image 2:** A person wearing the LC-dolida Bluetooth Headband Headphones, illustrating its use for music listening with HIFI HD Stereo Music Effect and Bluetooth 5.2 connectivity.

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**Video 1:** A user demonstrating the butterfly pattern headband headphones, highlighting its soft material, two-in-one design (headband and headphones), and ease of use for various activities like meditation, naps, reading, and sports. The video also shows how to charge and pair the device, and use the built-in microphone for calls.

## 4. SETUP AND INITIAL USE

### 4.1 Charging the Device

Before first use, fully charge your LC-dolida Bluetooth Headband Headphones.

1. Locate the charging port on the control panel, usually hidden under a small flap.
2. Connect the provided USB charging cable to the charging port on the headband.
3. Plug the other end of the USB cable into a compatible USB power source (e.g., computer, wall adapter).
4. The indicator light will be red during charging and turn off when fully charged.
5. Charging time: Approximately 2 hours.

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## 4.2 Powering On/Off

- **To Power On:** Press and hold the middle function button (power button) on the control panel for 1.5 seconds until the indicator light flashes.
- **To Power Off:** Press and hold the middle function button (power button) for 3 seconds until the indicator light turns off.

## 4.3 Bluetooth Pairing

Pair your headband headphones with your Bluetooth-enabled device (smartphone, tablet, etc.).

1. Ensure the headband headphones are powered off.
2. Press and hold the middle function button for 1.5 seconds to enter pairing mode. The indicator light will flash blue and red alternately.
3. On your device, go to Bluetooth settings and enable Bluetooth.
4. Search for available devices. Select "LC-dolida" or "DT12" (depending on model) from the list.
5. Once connected, the indicator light on the headband will flash blue slowly or turn off, and your device will confirm the connection.
6. The headband headphones feature Bluetooth 5.4 for fast pairing and stable connection up to 45 feet.

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# 5. OPERATING INSTRUCTIONS

## 5.1 Music Playback

- **Play/Pause:** Short press the middle function button.
- **Next Track:** Long press the "+" button.
- **Previous Track:** Long press the "-" button.
- **Volume Up:** Short press the "+" button.
- **Volume Down:** Short press the "-" button.

## 5.2 Call Management

The headband headphones have a built-in microphone for hands-free calling.

- **Answer Call:** Short press the middle function button.
- **End Call:** Short press the middle function button.
- **Reject Call:** Long press the middle function button.
- **Redial Last Number:** Triple tap the middle function button.

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# 6. MAINTENANCE

## 6.1 Cleaning Instructions

The fabric headband is washable after removing the electronic components.

1. Carefully open the stitched opening on the inside of the headband.
2. Gently remove the control module and both speakers from the fabric.
3. Hand wash the fabric headband with mild soap and cold water.
4. Allow the headband to air dry completely before reinserting the electronic components.
5. Reinsert the speakers and control module, ensuring they are correctly positioned over your ears.

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**Video 5:** Guide on how to disassemble the headband to remove electronic components for washing. The video shows the process of removing speakers and the control module.

**Note:** Do not wash the electronic components. Ensure they are completely dry before reassembly.

# 7. TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|---|---|---|
| Device won't power on. | Low battery. | Charge the device for 2 hours. |
| Cannot pair with Bluetooth. | Device not in pairing mode or too far from source. | Ensure device is in pairing mode (flashing blue/red). Move closer to your audio source (within 45 feet). |
| No sound or low volume. | Volume too low on device or headband; speakers misaligned. | Adjust volume on both the headband and your connected device. Ensure speakers are positioned correctly over your ears. |
| Intermittent connection. | Interference or device too far. | Move closer to your audio source. Avoid obstacles between the headband and your device. |

# 8. SPECIFICATIONS

- **Bluetooth Version:** V5.2+EDR
- **Battery:** Built-in 200mAh high-performance Lithium Chargeable Battery
- **Charging Time:** 2 hours
- **Continuous Working Time:** 13 hours
- **Transmission Distance:** Up to 10 meters (33 feet)
- **Frequency Response:** 20HZ---20KHZ
- **USB Type:** Micro USB
- **Material:** Nylon + Cotton

# 9. WARRANTY AND SUPPORT

LC-dolida offers a 366-day replacement policy for quality problems. For any quality issues or questions, please contact LC-dolida customer support through the retailer where you purchased the product.