

XIAOMI Mi Smart Band 10

Xiaomi Mi Smart Band 10 (2025) Global Version User Manual

Model: Mi Smart Band 10 (BHR9999GL)

1. INTRODUCTION

This manual provides comprehensive instructions for the Xiaomi Mi Smart Band 10 (2025) Global Version. It covers device setup, operational procedures, maintenance guidelines, troubleshooting common issues, and detailed product specifications. Please read this manual thoroughly to ensure proper use and optimal performance of your smart band.



Image 1.1: Xiaomi Mi Smart Band 10 (2025) Global Version. This image shows the smart band in Mystic Rose, displaying the current time, step count, weather information, and battery status on its vibrant AMOLED screen.

2. WHAT'S IN THE BOX

Verify that all items are present in the product packaging:

- Xiaomi Smart Band 10
- Charging Cable
- User Manual

3. SETUP

3.1 Charging the Device

Before initial use, fully charge your Xiaomi Mi Smart Band 10. Connect the provided charging cable to the charging contacts on the back of the band and to a USB power source. A full charge typically takes approximately one hour.



Image 3.1: Rear view of the Xiaomi Mi Smart Band 10, highlighting the magnetic charging contacts. Ensure these contacts align with the charging cable for proper power delivery.

The band offers an exceptional battery life of up to 21 days on a single charge, depending on usage patterns.



Image 3.2: This image demonstrates the Xiaomi Mi Smart Band 10 being worn, emphasizing its long battery life of up to 21 days and the clear 1.72-inch AMOLED display. The text on the image indicates "Up to 21 days of battery to accompany you without interruptions" and "1.72" AMOLED Screen".

3.2 Pairing with Your Smartphone

1. Download the **Mi Fitness** application from your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).
2. Open the Mi Fitness app and log in or create a Xiaomi account.
3. Ensure Bluetooth is enabled on your smartphone.
4. In the Mi Fitness app, navigate to "Devices" and select "Add device".
5. Follow the on-screen instructions to find and pair with your Xiaomi Mi Smart Band 10. Confirm the pairing request on both your smartphone and the smart band.

3.3 Initial Configuration

After successful pairing, the Mi Fitness app will guide you through initial settings such as personal profile information (age, height, weight), notification preferences, and desired units of measurement. It is recommended to complete these settings for accurate tracking.

4. OPERATING YOUR SMART BAND

4.1 Display and Navigation

The Xiaomi Mi Smart Band 10 features a 1.72-inch AMOLED touchscreen display. Navigation is primarily gesture-based:

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or widgets (e.g., weather, music control).
- **Tap:** Select an item or confirm an action.
- **Press and Hold:** Customize watch faces (from the home screen).

The display offers 1500 nits HBM brightness, ensuring readability even in direct sunlight.

4.2 Core Features

- **Activity Tracking:** The band automatically tracks daily steps, distance covered, and calories burned. View your progress directly on the band or in the Mi Fitness app.
- **Heart Rate Monitoring:** Continuous heart rate monitoring provides insights into your cardiovascular health. You can set alerts for high or low heart rates through the app.
- **Sleep Monitoring:** The band monitors your sleep stages (light, deep, REM) and provides a sleep score. Comprehensive analysis is available in the Mi Fitness app to help optimize your well-being.



Image 4.1: This image illustrates the optimized sleep management feature of the Xiaomi Mi Smart Band 10,

displaying sleep data on the band's screen while a person sleeps in the background. The text on the image indicates "Optimized sleep management with personalized guide".

- **Multi-Sport Modes:** The Mi Smart Band 10 supports over 150 sports modes, including a new high-precision electronic compass for swimming direction tracking. Select your activity from the band's menu to record specific workout data.



Image 4.2: A person is shown swimming while wearing the Xiaomi Mi Smart Band 10, demonstrating its capability to track over 150 sports modes, including swimming. The text on the image indicates "More than 150 sports modes and heart rate transmission".

- **Notifications:** Receive call, message, and app notifications directly on your wrist. Manage notification settings through the Mi Fitness app.
- **Music Control:** Control music playback on your connected smartphone directly from the smart band.

4.3 Customization

Personalize your smart band with various watch faces available through the Mi Fitness app. You can also change the physical strap to match your style.







Image 4.3: This image displays the Xiaomi Mi Smart Band 10 alongside various colorful frames and accessories, highlighting the customization options available to complement personal style. The text on the image indicates "Colorful frames and accessories of different materials that complement your style".

5. MAINTENANCE

5.1 Cleaning Your Smart Band

Regularly clean your smart band and strap to prevent skin irritation and maintain device functionality. Use a soft, damp cloth to wipe the screen and strap. Avoid using harsh chemicals or abrasive materials.

5.2 Strap Care

If your strap is removable, detach it periodically and clean the area underneath. Ensure the strap is dry before reattaching it to the device. Avoid prolonged exposure to direct sunlight or extreme temperatures, which can damage the strap material.

5.3 Water Resistance

The Xiaomi Mi Smart Band 10 is designed to be water-resistant, making it suitable for swimming and showering. However, it is not recommended for diving or high-pressure water activities. After exposure to water, especially saltwater, rinse the band with fresh water and dry it thoroughly to prevent corrosion.

6. TROUBLESHOOTING

Issue	Possible Solution
Band not turning on	Ensure the band is fully charged. Connect it to the charger for at least 10 minutes.
Unable to pair with smartphone	<ul style="list-style-type: none">• Ensure Bluetooth is enabled on your smartphone.• Make sure the band is sufficiently charged.• Restart both your smartphone and the smart band.• Try unpairing and re-pairing the device through the Mi Fitness app.• Ensure the Mi Fitness app is updated to the latest version.
Inaccurate activity tracking	<ul style="list-style-type: none">• Ensure the band is worn snugly on your wrist, about one finger-width above your wrist bone.• Verify your personal information (height, weight, age) is correctly entered in the Mi Fitness app.• Calibrate the band if an option is available in the app.

Issue	Possible Solution
Notifications not appearing	<ul style="list-style-type: none"> • Check notification settings in the Mi Fitness app to ensure they are enabled for desired applications. • Verify that the Mi Fitness app has necessary permissions (e.g., notification access) in your smartphone's settings. • Ensure the band is connected via Bluetooth.
Short battery life	<ul style="list-style-type: none"> • Frequent use of GPS (if connected to phone's GPS), continuous heart rate monitoring, and high screen brightness can reduce battery life. • Disable unnecessary features or reduce screen brightness. • Ensure the band is fully charged each time.

7. SPECIFICATIONS

Brand	XIAOMI
Model Number	BHR9999GL
Screen Size	1.72 Inches AMOLED
Operating System	Hyper OS
Connectivity Technology	Bluetooth 5.4
Battery Capacity	200 Milliamp Hours
Battery Life	Up to 21 days (typical usage)
Charging Time	Approximately 1 hour
Item Weight	0.03 Kilograms (0.95 ounces)
Special Features	Activity Tracker, Alarm Clock, Camera Control, Touchscreen, Heart Rate Monitor, Sleep Monitor, Multi-Sport Modes
GPS	No GPS (uses connected phone's GPS)
Water Resistance	Suitable for swimming (specific ATM rating not provided, but implied by swimming features)

8. WARRANTY AND SUPPORT

For warranty information, please refer to the warranty card included with your product or visit the official Xiaomi website. For technical support, product registration, or to access frequently asked questions, please visit the [Xiaomi Global Support website](#).

