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Csasan T70

Csasan T70 Smart Watch User Manual

Model: T70

Introduction

The Csasan T70 Smart Watch is a versatile activity tracker designed for men and women, featuring a 1.91-inch HD screen. It offers comprehensive health monitoring, including heart rate and sleep tracking, along with over 110 sports modes. With its IP68 waterproof rating and Bluetooth calling capabilities, the T70 Smart Watch is built to support your active lifestyle and keep you connected.



Image: The Csasan T70 Smart Watch in Rose Gold, showcasing its sleek design and large display.

What's Included in the Box

Upon unboxing your Csasan T70 Smart Watch, please verify that all components are present:

- Csasan T70 Smart Watch (Rose Gold)
- Silicone Watch Strap
- Magnetic Charging Cable
- User Manual

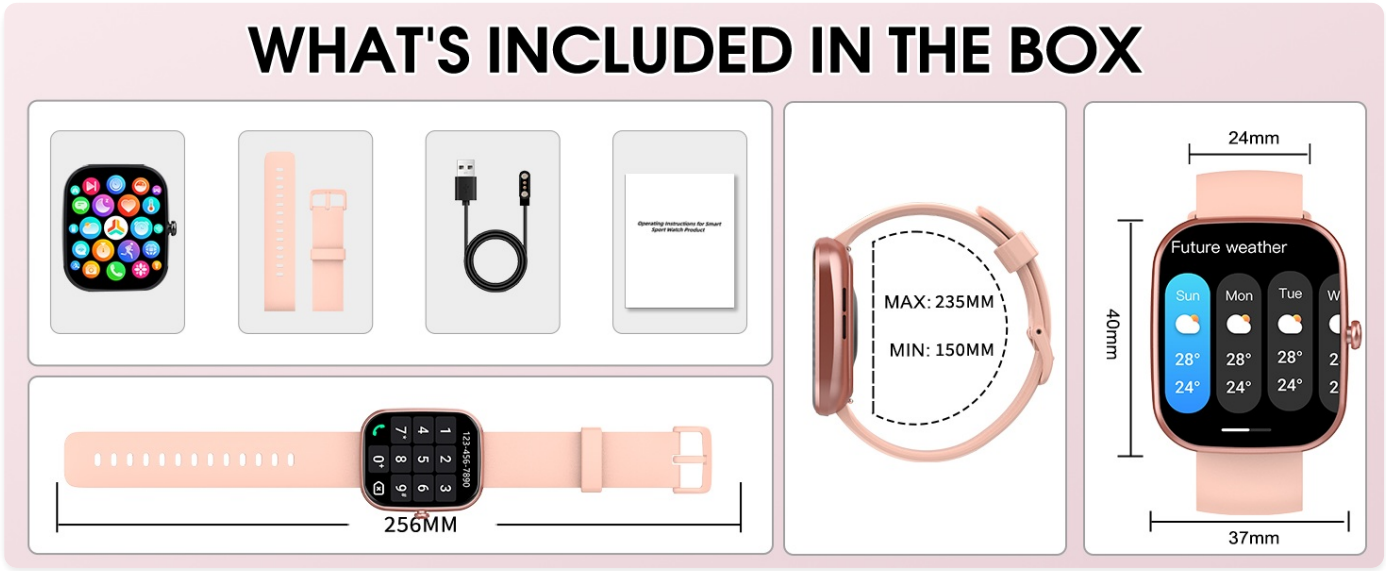


Image: A visual representation of the items included in the Csasan T70 Smart Watch packaging: the smartwatch, strap, charging cable, and user manual.

Setup Guide

Charging the Smart Watch

Before initial use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2 hours.



Image: The smartwatch connected to its magnetic charging cable, illustrating the charging process and indicating battery life. The image also shows typical battery performance: 30 days standby, 5-7 days average usage, and 2 hours charging time.

App Installation and Pairing

To unlock the full functionality of your smart watch, download and install the "GloryFit" app on your smartphone. The app is available on both iOS (version 9.0 and above) and Android (version 5.0 and above) app stores.

1. **Download "GloryFit" App:** Search for "GloryFit" in your phone's app store and install it.
2. **Enable Bluetooth:** Turn on Bluetooth on your smartphone.
3. **Pairing (iOS 13.0+ / Android 5.0+):**Open the "GloryFit" app, navigate to the device section, and find "T70 (ID-XXXX)" to bind. Confirm the Bluetooth pairing request on your phone.
4. **Pairing (iOS 13.0-):** After completing the initial binding in the app, swipe right on the watch screen to turn on the "Phone" function switch. Then, go to your phone's Bluetooth settings, find "T70 (ID-XXXX)", and click to connect. This enables the audio Bluetooth connection for calls.

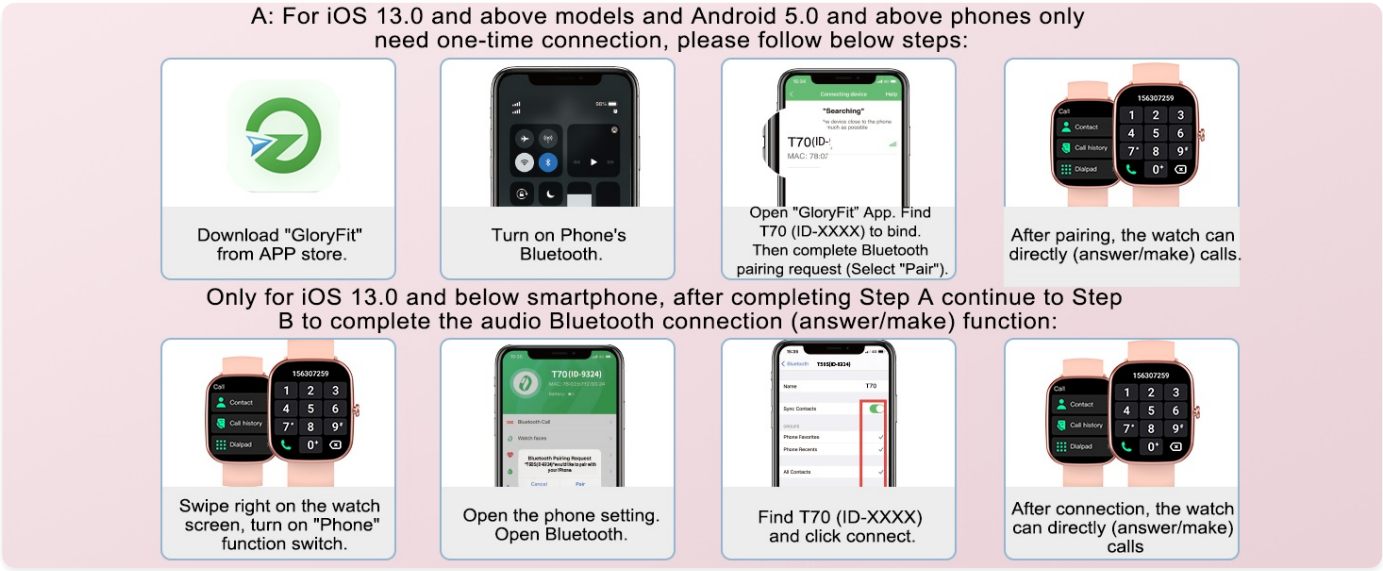


Image: A step-by-step guide illustrating the process of downloading the GloryFit app, enabling Bluetooth, and pairing the T70 Smart Watch for both one-time connection (iOS 13.0+ / Android 5.0+) and audio Bluetooth connection (iOS 13.0-).

Operating Instructions

Display and Customization

The 1.91-inch HD full touch display offers clear visuals and intuitive navigation. You can wake the screen by raising your wrist and customize the watch face to personalize your device. The GloryFit app provides over 100 watch faces, and you can also use your own photos as wallpaper.

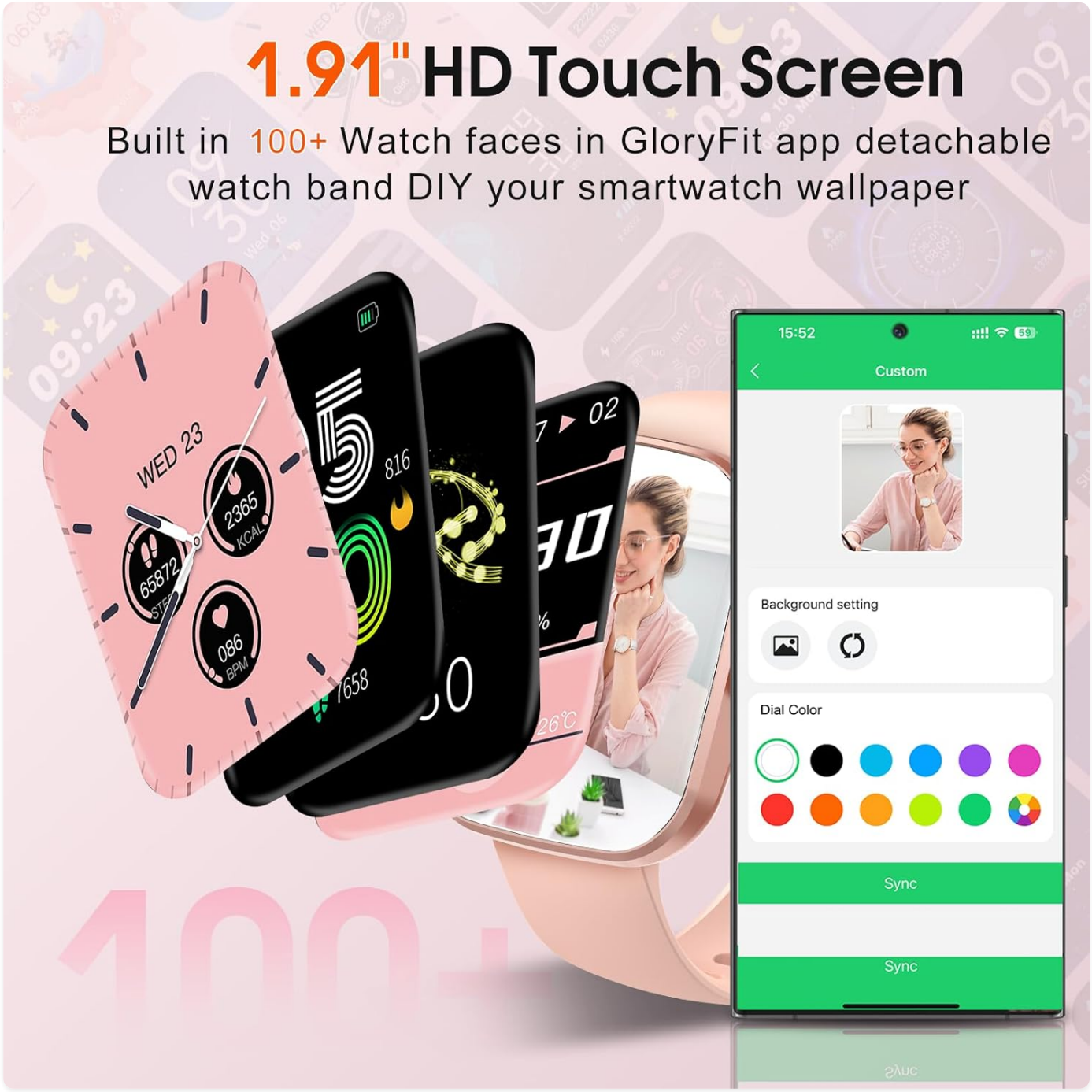


Image: The 1.91" HD touch screen of the smartwatch displaying different watch face designs and an interface for customizing the background and dial color within the GloryFit app.

Bluetooth Calling

Once connected to your smartphone via Bluetooth, the T70 Smart Watch allows you to answer and make calls directly from your wrist. The clear speaker ensures you can hear conversations effectively. You can also sync multiple mobile contacts and view recent call logs.



Image: The smartwatch showing an incoming call interface and a phone dial pad. Adjacent images illustrate call records and contact synchronization features on a smartphone, demonstrating the Bluetooth calling functionality.

Smart Notifications

Stay informed without needing to check your phone constantly. The smart watch supports full-network message push, allowing you to receive notifications from various apps such as Instagram, YouTube, Messenger, Gmail, Snapchat, Facebook, Twitter, and WhatsApp directly on your wrist. Note that the watch cannot reply to messages.

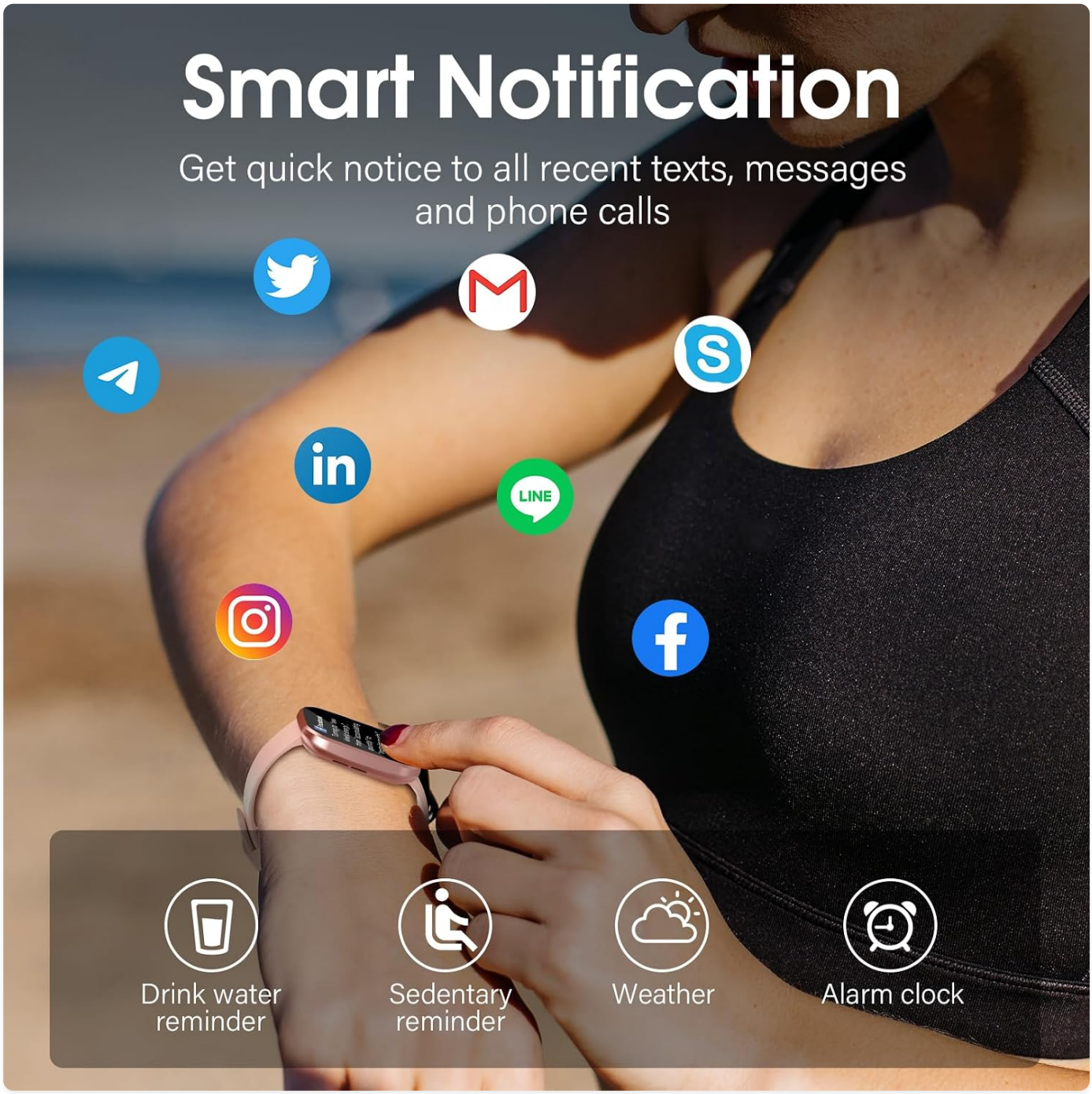


Image: A person wearing the smartwatch, with various social media and communication app icons (Telegram, LinkedIn, Line, Gmail, Messenger, Snapchat, Facebook, Twitter, WhatsApp, Instagram) floating around, symbolizing the smart notification feature.

Music Control

Control your smartphone's music playback directly from your watch. You can play, pause, skip tracks, and adjust the volume without needing to take your phone out of your pocket.

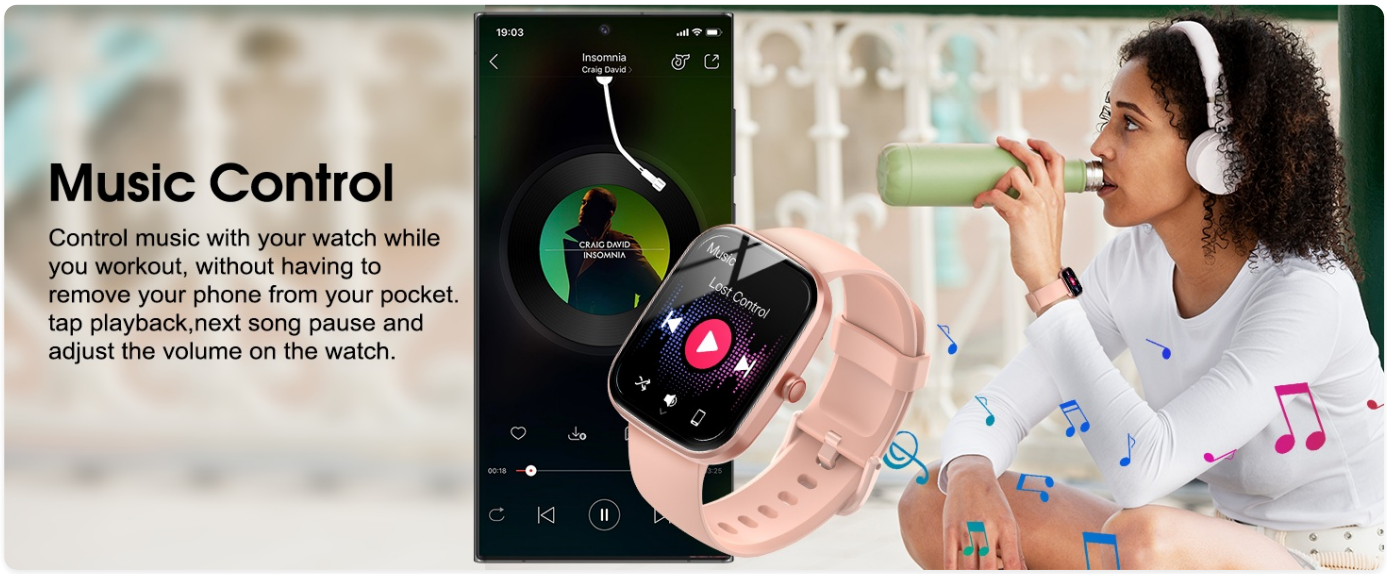


Image: A person listening to music with headphones, while the smartwatch displays a music control interface, allowing playback, track skipping, and volume adjustment.

Camera Remote Control

Use your smart watch as a remote shutter for your phone's camera. This feature is particularly useful for group photos or selfies, allowing you to capture moments without rushing to beat a timer.



Image: Two individuals posing for a photo, with one using the smartwatch to remotely trigger the smartphone camera, demonstrating the camera remote control function.

Other Functions

The T70 Smart Watch includes several other useful functions to enhance your daily life:

- **Weather Forecast:** Get real-time weather updates.
- **Alarm Clock:** Set alarms directly from your wrist.
- **Calculator:** Perform basic calculations.
- **Find Phone:** Locate your misplaced smartphone.
- **Sedentary Reminder:** Get alerts to move after periods of inactivity.
- **Drink Water Reminder:** Reminders to stay hydrated.
- **Flashlight:** Use the watch screen as a small light source.
- **Breath Training:** Guided breathing exercises for relaxation.

- **Female Cycle Tracking:** Monitor and track menstrual cycles.

Image: A collage of various smartwatch features including weather forecast, alarm, calculator, customizable watch faces, and multi-functional reminders like drinking, walking, and calendar alerts, along with flashlight and find phone options.

Health and Fitness Features

110+ Sports Modes

The T70 Smart Watch offers an extensive range of over 110 sports modes, catering to various activities such as running, cycling, swimming, and general fitness. It tracks your performance and provides data to help you monitor your progress.



Image: The smartwatch displaying an activity screen with metrics like steps, calories, and distance. Surrounding images show individuals engaged in various sports, illustrating the 110+ sports modes available, including running, cycling, and swimming.

Heart Rate Monitoring

Equipped with a high-performance sensor, the watch provides 24/7 real-time heart rate monitoring. It helps you keep track of your heart rate changes and alerts you if your heart rate is abnormally high, allowing you to adjust your physical activity accordingly. Please note that this data is for reference only and not for medical diagnosis.

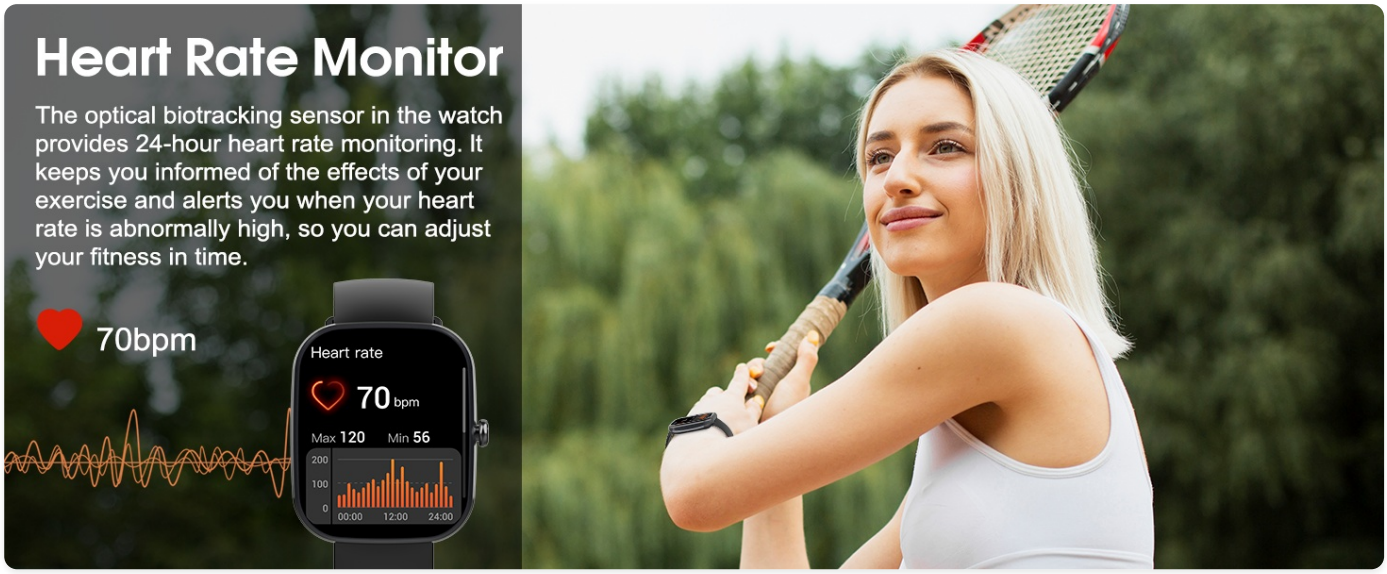


Image: A person playing tennis, with an overlay showing the smartwatch displaying a heart rate of 70 bpm and a graph of heart rate trends over time, illustrating the 24-hour heart rate monitoring capability.

Sleep Monitoring

The smart watch automatically measures and records your sleep patterns, providing data on awake time, light sleep, and deep sleep. This information can help you understand your sleep quality and make adjustments to improve your sleep habits.



Image: A person sleeping, with the smartwatch displaying sleep duration (7 hours, 26 minutes) and sleep stages. An accompanying smartphone screen shows detailed sleep data, including awake, light, and deep sleep periods.

Activity Tracking

The watch tracks your daily activity, including steps taken, calories burned, and distance covered. This 24/7 activity tracking helps you monitor your overall movement and progress towards your fitness goals.

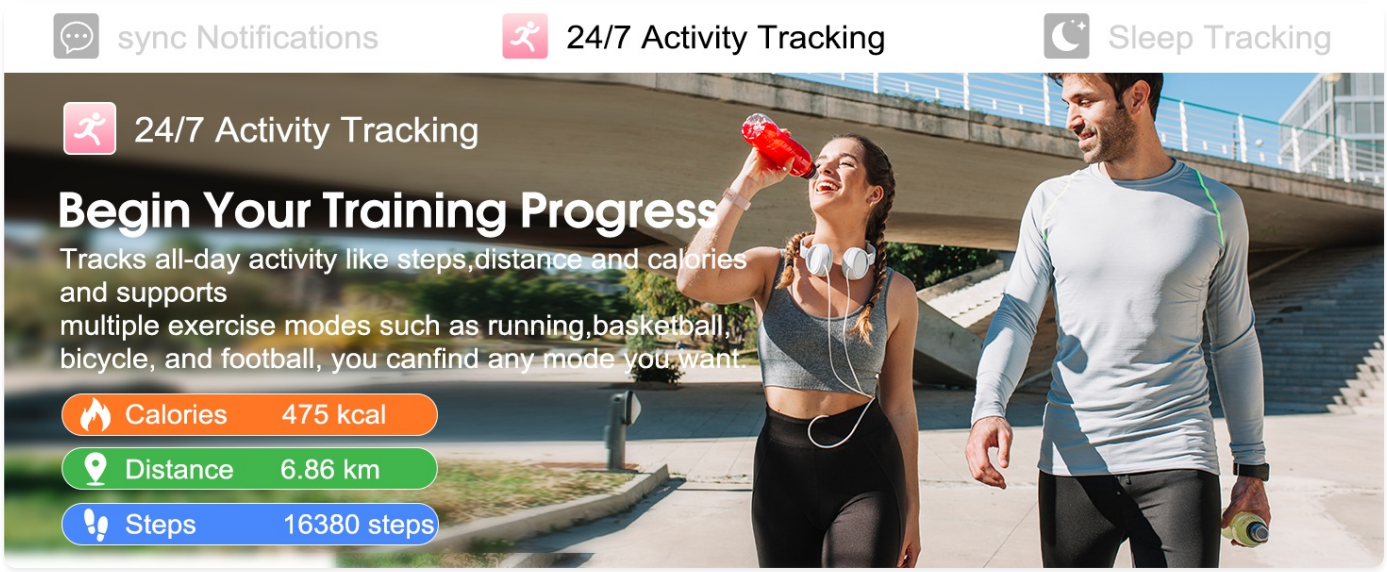


Image: Two people walking outdoors, with the smartwatch displaying activity metrics such as calories burned (475 kcal), distance (6.86 km), and steps (16380 steps), highlighting the 24/7 activity tracking feature.

Care and Maintenance

Water Resistance

The Csasan T70 Smart Watch is IP68 waterproof, meaning it is resistant to sweat and rain. It can be used during daily activities such as hand washing or exercising in the rain. However, it is not recommended for use in water activities like sauna, hot baths, or prolonged soaking, as this may affect its waterproof integrity and lifespan.



Image: A person washing their hands with the smartwatch on their wrist, illustrating its IP68 waterproof capability for daily activities. The watch screen shows options for diving, surfing, and snorkeling, indicating its suitability for various water-related sports (within IP68 limits).

Cleaning and Storage

To maintain your watch's condition, regularly clean the device and strap with a soft, dry cloth. Avoid using harsh chemicals or abrasive materials. Store the watch in a cool, dry place when not in use.

Troubleshooting

Issue	Possible Solution
Watch not turning on	Ensure the watch is fully charged. Connect it to the charging cable and a power source for at least 10 minutes.
Unable to pair with phone	Check if Bluetooth is enabled on your phone. Ensure the "GloryFit" app is open and searching for devices. Restart both the watch and your phone.
Inaccurate heart rate/sleep data	Ensure the watch is worn snugly on your wrist, not too loose or too tight. Clean the sensor on the back of the watch. Remember that data is for reference only.
Notifications not received	Verify that app notifications are enabled in the "GloryFit" app settings and in your phone's notification settings for the app. Ensure the watch is connected via Bluetooth.
Bluetooth calls not working	For iOS 13.0 and below, ensure the audio Bluetooth connection is established (Step B in pairing instructions). Check phone's Bluetooth settings to confirm connection to T70 for calls.

Product Specifications

Feature	Detail
Model Name	T70
Brand	Csasan
Screen Size	1.91 Inches
Display Type	HD Full Touch Screen
Waterproof Rating	IP68
Battery Life (Average Usage)	5-7 Days
Battery Life (Standby)	30 Days
Charging Time	Approx. 2 Hours
Connectivity	Bluetooth
Compatibility	Android 5.0+ / iOS 9.0+
Item Weight	3.34 ounces
Color	Rose Gold

Warranty and Customer Support

Csasan is committed to providing excellent customer service and product support:

- **Lifetime Support:** We offer lifetime support and aim to provide satisfied solutions for any issues you may encounter.
- **24-Hour Service:** Quick service is available via email for your convenience.

- **30-Day Return Policy:** Enjoy a 30-day no-reason return policy from the date of purchase.
- **2-Year Free Replacement:** Your product is covered by a 2-year free replacement warranty.

For any inquiries or support needs, please contact our customer service team through the contact information provided in the product packaging or on the official Csasan website.



Image: A graphic summarizing Csasan's customer support offerings: Lifetime support, 24-hour quick service via email, 30-day no-reason return policy, and 2-year free replacement.

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