LifePro LP-RJVCRCZY-BRWN

LifePro Rejuvacure Cozy Far Infrared Sauna with Red Light Therapy Instruction Manual

Model: LP-RJVCRCZY-BRWN | Brand: LifePro

1. Introduction

This manual provides detailed instructions for the safe and effective assembly, operation, and maintenance of your LifePro Rejuvacure Cozy Far Infrared Sauna. Please read this manual thoroughly before initial use and retain it for future reference.





Figure 1: The LifePro Rejuvacure Cozy Far Infrared Sauna, a compact, single-person unit featuring red light therapy and Canadian Hemlock wood construction.

2. Important Safety Information

WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, observe the following safety precautions:

- Consult a physician before using the sauna, especially if you have pre-existing medical conditions, are pregnant, or are taking medication.
- Do not use the sauna if you are under the influence of alcohol, drugs, or have a fever.
- Stay hydrated by drinking water before, during, and after sauna sessions.
- Do not exceed recommended session times or temperatures. Start with shorter sessions at lower temperatures to acclimate.
- Keep children and pets away from the sauna during operation.

- Ensure the sauna is properly grounded and connected to a suitable power outlet. Do not use extension cords.
- Do not place flammable materials inside or near the sauna.
- The sauna operates with standard EMF levels. While designed with safety guidelines in mind, individuals sensitive to EMF should be aware.
- Do not attempt to modify or repair the sauna yourself. Contact qualified service personnel for assistance.

3. Package Contents

Verify that all components are present and undamaged before beginning assembly. If any parts are missing or damaged, contact LifePro customer support.

- Canadian Hemlock Wood Panels (Front, Back, Side Walls, Floor, Roof)
- Tempered Glass Door
- 7 Carbon Fiber Heaters (pre-installed in panels)
- Digital Control Panel
- Sauna Bench
- Backrest
- Door Handles
- Bluetooth Speakers (built-in)
- Chromotherapy Lighting System (built-in)
- Towel Hook
- Cup Holder
- Ionizer
- Assembly Hardware (screws, clips, etc.)

4. Assembly Instructions

Assembly typically requires two adults and can be completed in under an hour. Follow these steps carefully:

1. **Unpack and Inspect:** Carefully open the packaging and remove all parts. Inspect each component for any damage. Read the user manual completely before starting assembly.
2. **Prepare the Base:** Place the sauna floor panel in your desired location. Ensure the area is level and has sufficient space (approximately 3 ft x 3 ft footprint).



Figure 2: The compact design of the sauna, ideal for small spaces, with approximate dimensions of 35" (width) x 27.2" (depth) x 61" (height).

3. **Assemble Walls:** Begin by attaching the back wall to the floor panel. Then, connect the left, right, and front walls in sequence. The panels are designed to snap together securely.
4. **Install Bench:** Secure the sauna bench inside the unit. Note that some screws, particularly for the back of the bench, may require careful maneuvering due to their placement.
5. **Connect Wiring:** Assemble the roof panel and connect all internal wiring as indicated in the instructions. The wiring is pre-installed and simply needs to be plugged into corresponding connectors.
6. **Attach Door Handles:** Securely install the wooden door handles to the tempered glass door.
7. **Add Accessories:** Install the backrest, towel hook, cup holder, and ionizer in your preferred locations. The backrest is optional and can be removed if not desired.



Figure 3: Visual representation of the easy assembly process, highlighting key steps from unpacking to final setup.

5. Operating Instructions

Your LifePro Rejuvacure Cozy Sauna is designed for user-friendly operation. Familiarize yourself with the control panel functions:

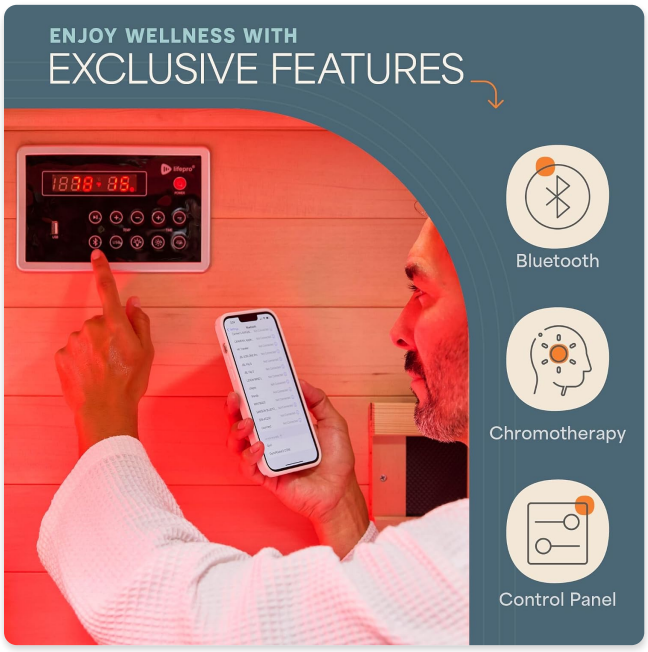


Figure 4: The digital control panel, offering intuitive access to temperature, time, chromotherapy, and Bluetooth functions.

5.1. Powering On and Preheating

1. Ensure the sauna is properly plugged into a power outlet.
2. Press the **POWER** button on the control panel to turn on the sauna.
3. Set your desired temperature using the **TEMP +/-** buttons. The sauna's temperature range is 86°F to 140°F.
4. Set your desired session time using the **TIME +/-** buttons.
5. Allow the sauna to preheat. It typically takes 15-20 minutes to warm up and 35-45 minutes to reach maximum temperature.

5.2. Red Light Therapy and Chromotherapy

The sauna features integrated red light therapy and 9 chromotherapy light modes.

- The red light therapy is active when the sauna is on.
- Use the **LIGHT** button on the control panel to cycle through the 9 chromotherapy color options. Each color is associated with different wellness benefits.



Figure 5: The sauna's interior illuminated by red light, showcasing the integrated red light therapy feature.

5.3. Bluetooth Connectivity

Connect your device to the sauna's built-in Bluetooth speakers to enjoy music or podcasts during your session.

1. Ensure the sauna is powered on.
2. Activate Bluetooth on your mobile device.
3. Search for available devices and select "LifePro Sauna" (or similar name).
4. Once connected, audio from your device will play through the sauna speakers.

6. Maintenance

Proper maintenance ensures the longevity and optimal performance of your sauna.

- **Cleaning:** After each use, wipe down the interior wood surfaces with a clean, slightly damp cloth. Avoid using harsh chemical cleaners, as they can damage the wood.
- **Ventilation:** Ensure adequate ventilation around the sauna to prevent moisture buildup.
- **Heater Care:** Do not touch the carbon fiber heating panels directly during operation. Avoid placing towels or other items directly on the heaters.
- **Wood Care:** The Canadian Hemlock wood is durable. Avoid excessive moisture or direct sunlight exposure to prevent warping or discoloration.

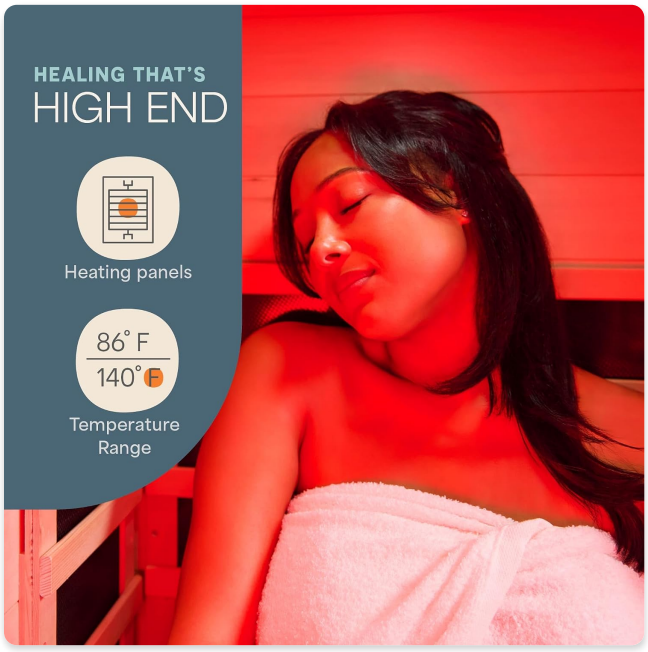


Figure 6: Close-up view of the interior, highlighting the carbon fiber heating panels.

7. Troubleshooting

If you encounter issues with your sauna, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Sauna does not power on.	No power supply; loose connection.	Check if the power cord is securely plugged into a working outlet. Ensure all internal connections are firm.
Sauna not heating sufficiently.	Incorrect temperature setting; door not fully sealed; external drafts.	Verify temperature setting. Ensure the door is completely closed and sealed. Check for any gaps, especially around the glass, and consider sealing them with clear silicone if necessary.
Bluetooth not connecting.	Device not in pairing mode; incorrect device selected.	Ensure Bluetooth is enabled on your device and the sauna. Try restarting both devices. Select the correct sauna name from your device's Bluetooth list.
Unusual noises during operation.	Loose components; fan noise.	Check for any loose screws or panels. A slight fan noise is normal for circulation. If noise is excessive, contact support.

8. Specifications

- **Model:** LP-RJVCRCZY-BRWN

- **Dimensions (Assembled Footprint):** Approximately 3 ft (Width) x 3 ft (Depth)
- **Product Dimensions (Packaging):** 35 x 27.16 x 6.1 inches
- **Item Weight:** 154 pounds
- **Heaters:** 7 Carbon Fiber Heaters
- **Material:** Canadian Hemlock Wood
- **User Capacity:** 1 Person
- **Temperature Range:** 86°F - 140°F
- **Features:** Red Light Therapy, Chromotherapy (9 modes), Bluetooth Speakers, Digital Control Panel

9. Warranty and Support

LifePro products are designed for durability and performance. For detailed warranty information, product registration, or technical support, please visit the official LifePro website or contact their customer service team directly. Keep your purchase receipt as proof of purchase for warranty claims.

LifePro is committed to your satisfaction and well-being.

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