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aeac IDW19

aeac Smart Watch IDW19 User Manual

Model: IDW19 | Brand: aeac

1. INTRODUCTION

This manual provides detailed instructions for the setup, operation, and maintenance of your aeac Smart Watch IDW19. This device is designed to enhance your daily life by offering features such as Bluetooth calling, Alexa voice assistance, comprehensive health monitoring, and various sports tracking modes. Please read this manual thoroughly to ensure proper use and to maximize the functionality of your smart watch.



Image: The aeac Smart Watch IDW19, featuring a black strap and a square display showing time, date, battery, heart rate, and step count. A smaller inset image shows the watch displaying 'Listening...' for Alexa voice commands.

2. WHAT'S IN THE BOX

Upon unboxing your aeac Smart Watch IDW19, please verify that all the following components are included:

- Smart watch x 1
- Charging Cable x 1
- Gift Packaging Box x 1
- Instruction Manual x 1

3. SETUP GUIDE

3.1 Initial Charging

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a compatible power adapter (not included). A full charge typically takes

approximately 1.5 hours. The watch offers up to 12 days of battery life on a single charge under normal usage conditions.

IP68 Waterproof



You can wear it during rainy days, swimming, washing hands.

Image: The aeac Smart Watch being charged via its magnetic charging cable, with the screen showing a full battery icon and '100%'.

3.2 App Installation

To unlock the full potential of your smart watch, download and install the **"VeryFit"** app on your smartphone. The app is compatible with Android 6.0+ and iOS 9.0+ devices. You can find the app on the Google Play Store or Apple App Store by searching for "VeryFit".

Compatible with Android/iOS

Android 6.0+



Galaxy Series



Plexi Series



Huawei Series



iOS 9.0+



iPhone 15 Series



iPhone 14 Series



iPhone 13 Series



Image: A visual representation of the smart watch's compatibility with various Android (Galaxy, Plexi, Huawei series) and iOS (iPhone 15, 14, 13 series) smartphones.

3.3 Device Pairing

After installing the "VeryFit" app, open it and follow the on-screen instructions to pair your smart watch. Ensure Bluetooth is enabled on your smartphone. The watch utilizes the latest Bluetooth 5.3 chip for stable and efficient connectivity.

1. Enable Bluetooth on your smartphone.
2. Open the "VeryFit" app.
3. Navigate to the 'Device' or 'Add Device' section within the app.
4. Select your aeac Smart Watch (IDW19) from the list of available devices.
5. Confirm the pairing request on both your watch and smartphone.

4. OPERATING THE SMART WATCH

4.1 Basic Navigation

The aeac Smart Watch features a 1.8-inch HD touchscreen with 240*286 resolution for clear and responsive interaction. Swipe left, right, up, or down to navigate through menus and functions. Tap to select items. The side button typically serves as a home button or to access the main menu.

Intelligent Voice Assistant

Aleaa, How is the weaheer oday?

Alexa, Tum on the lights.

Smart Notification

Getquick notice to all teats/messages/phonecalls



Image: The smart watch display showcasing its high-definition touch screen and various features such as weather, alarm, cycle tracking, and music control. It also highlights touch interaction and brightness adjustment.

4.2 Bluetooth Calls

With the integrated Bluetooth 5.3 chip, you can make and receive calls directly from your wrist. Ensure your watch is connected to your smartphone via Bluetooth. You can access a dial pad, view call history, and manage frequent contacts through the watch interface.

Answer/ Make Bluetooth Calls



Image: A visual guide to the smart watch's Bluetooth calling capabilities, showing icons for dial pad, microphone/speaker, missed calls, and frequent contacts, alongside a person using the watch to make a call.

4.3 Alexa Voice Assistant

The smart watch features built-in Alexa, allowing you to use voice commands for various tasks such as setting reminders, checking the weather, or controlling smart home devices. Simply activate Alexa on your watch and speak your command.

24/7 All Day Fitness Tracker



Heart Rate Monitor



Sleep Monitor



Blood Oxygen Monitor (SpO2)



Calorie Tracker



Image: The smart watch screen showing the Alexa listening interface, with a person's hand near the watch, demonstrating voice command interaction.

4.4 Smart Notifications

Receive real-time notifications for calls, messages, and app alerts directly on your smart watch. Configure which app notifications you wish to receive through the "VeryFit" app settings on your smartphone.

24/7 All Day Fitness Tracker



Heart Rate Monitor



Sleep Monitor



Blood Oxygen Monitor (SpO2)



Calorie Tracker



Image: The smart watch displaying notifications from popular applications like WhatsApp and Facebook, indicating its smart notification capabilities.

4.5 Customizing Watch Faces

Personalize your smart watch by choosing from over 120 stylish watch faces available through the "VeryFit" app. You can also upload your favorite photos to create custom watch faces that reflect your unique style.

Intelligent Voice Assistant

Aleaa, How is the weaheer oday?

Alexa, Tum on the lights.

Smart Notification

Getquick notice to all teats/messages/phonecalls



Image: Multiple examples of customizable watch faces displayed on the smart watch, including digital time, date, and activity metrics, as well as a photo background option.

5. HEALTH MONITORING

The aeac Smart Watch IDW19 provides comprehensive health monitoring features to help you stay informed about your well-being.

- **Heart Rate Monitor:** Tracks your heart rate in real-time throughout the day.
- **Blood Oxygen (SpO2) Monitor:** Measures your blood oxygen saturation levels.
- **Sleep Monitor:** Analyzes your sleep patterns, including deep sleep, light sleep, and waking times, to provide insights into your sleep quality.
- **Stress Monitor:** Helps track and manage your stress levels.
- **Activity Tracker:** Records daily steps taken and calories burned.

1.8" High Definition Touch Screen & DIY Cover



Image: A graphic illustrating the smart watch's 24/7 fitness tracking capabilities, showing detailed readouts for Heart Rate Monitor, Sleep Monitor, Blood Oxygen Monitor (SpO2), and Calorie Tracker.

6. SPORTS MODES & WATER RESISTANCE

6.1 120+ Sports Modes

The smart watch supports over 120 sports modes, catering to a wide range of activities from running and cycling to yoga and swimming. Select the appropriate mode before starting your workout for accurate tracking of your performance metrics.

110+ Sports Mode to Meet your Needs



Image: A man cycling outdoors, wearing the smart watch, with accompanying graphics showing the watch's interface for selecting from over 110 sports modes and displaying activity analysis.

6.2 IP68 Waterproof Rating

With an IP68 waterproof rating, your aeac Smart Watch is designed to withstand water, sweat, and dust. This means you can wear it during rainy days, while washing hands, or even during swimming activities. However, it is not recommended for hot showers, saunas, or diving.

Long Battery & Useful Functions



Image: A person's hands being washed under running water, with the smart watch visible on the wrist, illustrating its IP68 waterproof feature.

7. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your smart watch.

- **Cleaning:** Regularly clean the watch screen and strap with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, ensuring no moisture enters the charging port or speaker/microphone openings.
- **Charging:** Always use the provided charging cable. Avoid using damaged cables or chargers. Ensure the charging contacts on the watch and cable are clean and dry before charging.
- **Storage:** When not in use for extended periods, store the watch in a cool, dry place away from direct sunlight and extreme temperatures.
- **Avoid Chemicals:** Do not expose the watch to strong chemicals, detergents, or solvents, as these can damage the materials and finish.

8. TROUBLESHOOTING

If you encounter any issues with your aeac Smart Watch, please refer to the following common troubleshooting steps:

Problem	Solution
Watch does not turn on	Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes before attempting to turn it on again.
Unable to pair with smartphone	Make sure Bluetooth is enabled on your phone and the watch is within range. Restart both the watch and your phone. Ensure the "VeryFit" app is updated to the latest version.
Notifications not received	Check app notification settings in the "VeryFit" app. Ensure your phone's notification permissions are granted to the app. Verify Bluetooth connection is stable.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, about one finger's width from your wrist bone. Clean the sensor on the back of the watch. Avoid excessive movement during measurements.
Short battery life	Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed. Ensure the watch is fully charged each time.

If the problem persists after trying these steps, please contact aeac customer support for further assistance.

9. SPECIFICATIONS

Key technical specifications for the aeac Smart Watch IDW19:

Feature	Detail
Model Number	IDW19
Screen Size	1.8 Inches
Connectivity Technology	Bluetooth 5.3
Operating System Compatibility	Android 6.0+ and iOS 9.0+
Water Resistance Rating	IP68
Battery Life (Typical Use)	Up to 12 days
Charging Time	Approx. 1.5 hours
Product Dimensions	7.87 x 1.57 x 0.39 inches
Item Weight	3.2 ounces

10. WARRANTY AND SUPPORT

Your aeac Smart Watch IDW19 comes with a 3-year warranty, ensuring peace of mind regarding product quality and performance. For any inquiries, technical assistance, or warranty claims, please contact aeac customer support.

- **Customer Support:** 24/7 customer support is available to assist you with any questions or issues.
- **Warranty:** Enjoy a 3-year warranty from the date of purchase.
- **Contact Information:** Please refer to the contact details provided on the aeac official website or within the

"VeryFit" app for the most up-to-date support channels. You can also visit the [aeac Store on Amazon](#) for more information.