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› QUINEAR Leg Massager QN-089A-GN User Manual - Circulation and Pain Relief with Heat

QUINEAR QN-089A-GN

QUINEAR Leg Massager QN-089A-GN User Manual

For Circulation and Pain Relief with Heat

1. PRODUCT OVERVIEW

The QUINEAR Leg Massager QN-089A-GN is designed to provide comprehensive air compression massage and heat therapy for your feet and calves. It features a 4-chamber compression system that mimics professional massage techniques, aiming to ease stiffness, boost circulation, and relieve pain. This device offers 3 distinct massage modes, 3 intensity levels, and 3 heat settings (25°C-45°C) for a customizable experience. Its zip-on design ensures full-leg coverage and easy adjustment, making it suitable for various users and situations, from athletes to office workers and seniors.



Figure 1: QUINEAR Leg Massager QN-089A-GN with handheld controller.

Key Features:

- **360° Air & Heat Relief:** 4-chamber compression system with 3 modes, 3 intensity levels, and 3 heat settings.
- **Heating & Auto-Shutoff:** 3 heat levels (25°C-45°C) with a 20-minute auto-shutoff for safety.
- **Zip-On Design & Full-Leg Coverage:** Easy-slip zip closure and 360° air chambers for comprehensive foot and calf massage.
- **Customizable Settings:** Adjustable air pressure for targeted deep tissue relief.

2. PACKAGE CONTENTS

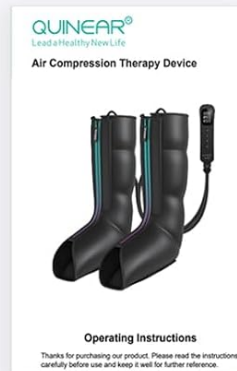
Package Content - Easy to Carry



Handheld Controller



Power Adapter



User Manual



Portable Storage Bag



Leg Massager

Figure 2: All items included in the QUINEAR Leg Massager package.

The QUINEAR Leg Massager package includes:

- 2 x Leg Massager Sleeves (Left and Right)
- 1 x Handheld Controller (Model QN-089A-GN)
- 1 x Power Adapter
- 1 x Portable Storage Bag
- 1 x User Manual

3. SETUP INSTRUCTIONS

1. **Identify Left and Right Sleeves:** Each leg massager sleeve is clearly marked for either the left or right leg. Ensure you wear the correct sleeve on each leg.
2. **Wear the Sleeves:** Slip your feet and calves into the massager sleeves. Use the easy-slip zip closure to secure

them comfortably. The adjustable velcro straps allow for a snug fit around your feet and calves.

3. **Connect Air Hoses:** The air hoses are pre-attached to the sleeves. Connect the main air hose connector from the sleeves to the designated port on the handheld controller. The controller has an "UP" indicator to guide correct insertion.
4. **Connect Power Adapter:** Plug the power adapter into the designated port on the handheld controller, and then plug the adapter into a power outlet.

Easy to Use -Handheld Controller & Zipper Design

The humanized design of the leg massager saves you trouble, even a novice can use it directly without any complicated operation.



Figure 3: User demonstrating how to wear and connect the leg massager sleeves.

One Size for Every Legs and Feet

Don't worry about the size, whether you need large size or a small size, the upgraded pressure sensor allows you to experience a 360° fit massage.



Figure 4: Sizing details for the leg massager sleeves, showing maximum calf and foot circumference.

4. OPERATING INSTRUCTIONS

The handheld controller allows you to customize your massage experience. It features an LCD backlit display for easy readability.

LCD Handheld Controller



3 message modes offer different massager program for you



3 massages intensities let you enjoy massage according to your need



3 heating level can be choose from MIN, MID and MAX



Turn on/off

LCD
backlit display



Figure 5: Handheld controller with buttons for On/Off, Heat, Mode, and Air Pressure.

1. **Power On/Off:** Press the **ON/OFF** button to start or stop the massager. The device has a 20-minute auto-shutoff feature to prevent overheating and ensure safe use.
2. **Select Massage Mode:** Press the **MODE** button to cycle through the 3 available massage modes:
 - **Sequence:** Airbags inflate and deflate in a sequential pattern.
 - **Circulation:** Airbags inflate and deflate to promote overall circulation.
 - **Whole:** All airbags inflate and deflate simultaneously.
3. **Adjust Air Pressure Intensity:** Press the **Air Pressure** button to select from 3 intensity levels: Min, Mid, or Max. It is recommended to start with the lowest setting and gradually increase.
4. **Activate Heat Function:** Press the **Heat** button to choose from 3 heat levels: Min, Mid, or Max (25°C-45°C). The heat function does not activate automatically; it must be selected manually.

Your browser does not support the video tag.

Video 1: Official QUINEAR product video demonstrating features and benefits.

5. MAINTENANCE

- **Cleaning:** Disconnect the power adapter before cleaning. Wipe the massager sleeves with a soft, damp cloth. Do not immerse the device in water or use abrasive cleaners.
- **Storage:** Store the device in its portable storage bag in a cool, dry place, away from direct sunlight and moisture. Avoid placing heavy objects on top of the device.

6. TROUBLESHOOTING

- **Device Not Turning On:**
 - Ensure the power adapter is securely connected to both the controller and a working power outlet.
 - Verify that the power outlet is functional by plugging in another device.
- **No Compression/Weak Compression:**
 - Check that the air hose connector is firmly inserted into the controller.
 - Ensure the massager sleeves are properly zipped and the velcro straps are snug.
 - Increase the Air Pressure Intensity setting on the controller.
- **No Heat:**
 - Confirm that the Heat function is activated and set to the desired level (Min, Mid, or Max) on the controller.

7. SPECIFICATIONS

Feature	Detail
Brand	QUINEAR
Model	QN-089A-GN
Product Dimensions	16 x 9 x 7 inches
Item Weight	4.5 Pounds
Material	Plastic
Power Source	Corded Electric
Heat Levels	3 (25°C-45°C)
Massage Modes	3 (Sequence, Circulation, Whole)
Intensity Levels	3 (Min, Mid, Max)
Auto-Shutoff	20 minutes

8. WARRANTY & SUPPORT

The QUINEAR Leg Massager QN-089A-GN comes with a **24-month worry-free service warranty**. For any product inquiries, technical support, or warranty claims, please contact QUINEAR customer service through the official channels provided in your product packaging or on the QUINEAR website.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question