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> [CASCHO P98 Smart Watch User Manual - 1.96" HD Fitness Tracker with Bluetooth Call](#)

## CASCHO P98

# CASCHO P98 Smart Watch User Manual

Model: P98

Brand: CASCHO

## 1. INTRODUCTION

The CASCHO P98 Smart Watch is a versatile wearable device designed to enhance your daily life through advanced communication, health monitoring, and fitness tracking features. This manual provides detailed instructions to help you set up, operate, and maintain your smartwatch effectively.

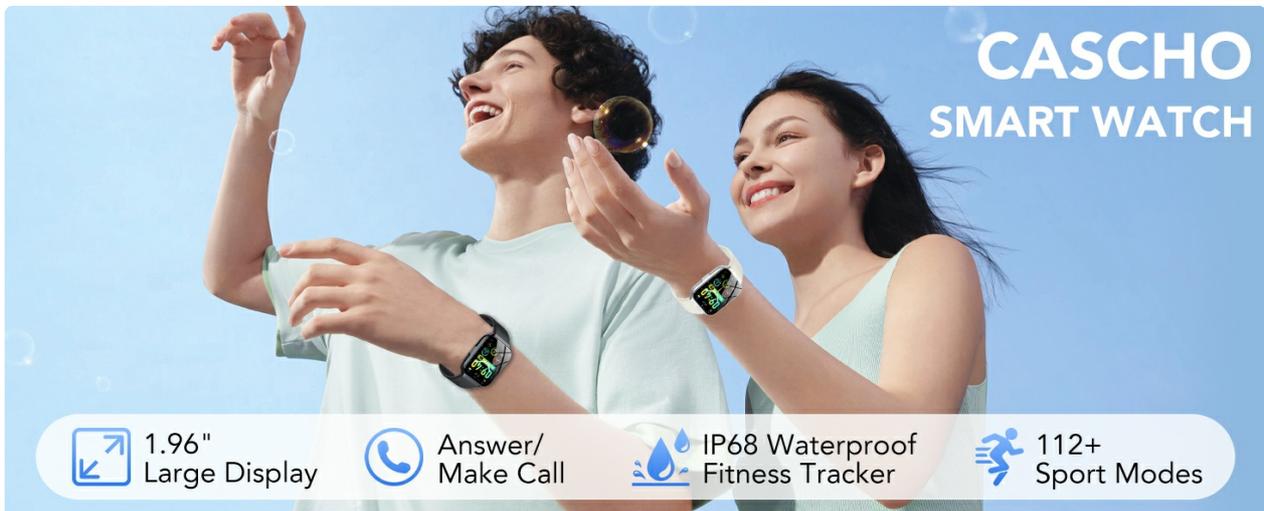


Image: CASCHO P98 Smart Watch highlighting key features like large display, Bluetooth calling, IP68 waterproofing, and multiple sport modes.

## 2. PACKAGE CONTENTS

Please check the package to ensure all items are present:

- CASCHO P98 Smart Watch (with pre-installed strap)
- Magnetic USB Charging Cable
- User Manual

Note: Additional straps may be included depending on the specific product variant.

### 3. GETTING STARTED

#### 3.1. Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port.

- **Charging Time:** Approximately 2 hours for a full charge.
- **Battery Life:** Up to 7 days of typical usage, 20 days in battery saving mode, and 30 days in standby mode.



#### Magnetic USB Charge

- **Long Battery Life**
- **Fast Charging**

**30** Days  
Standby Time

**7** Days  
Usage

**2** Hours  
Charging Time



Image: The CASCHO P98 Smart Watch connected to its magnetic charging cable, illustrating the charging process and battery performance.

#### 3.2. Downloading the GloryFit App

The CASCHO P98 Smart Watch requires the 'GloryFit' companion app for full functionality. Download the app from your smartphone's app store (App Store for iOS, Google Play for Android).

Alternatively, scan the QR code provided in the manual or on the watch screen to directly access the download link.

### [Download GloryFit App](#)

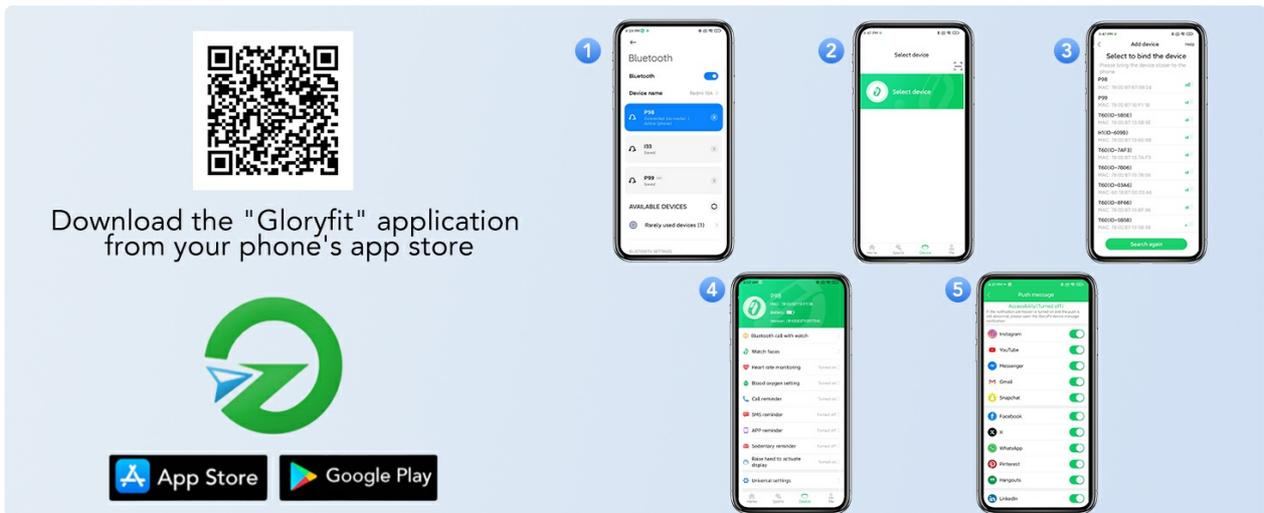


Image: Visual guide for downloading the GloryFit app via QR code and the initial pairing steps within the app.

### 3.3. Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the GloryFit app and create an account or log in.
3. Follow the in-app instructions to search for and connect to your CASCHO P98 Smart Watch. The watch will typically appear as 'P98' or a similar device name.
4. Confirm the pairing request on both your phone and the smartwatch.

### 3.4. Customizing Watch Faces

The smartwatch features a 1.96-inch HD full-touch color screen. You can personalize your watch face through the GloryFit app.

- Access the 'Watch Face' section within the GloryFit app.
- Choose from over 250+ pre-designed watch faces or upload a custom photo.

# 1.96" HD Touch Screen

250+ built in watch faces in GloryFit app  
Customize Your Watch Face



**250+**  
More in the APP



Image: The CASCHO P98 Smart Watch showcasing its 1.96-inch HD touch screen with multiple customizable watch face options.

## 4. OPERATING INSTRUCTIONS

### 4.1. Basic Navigation

The smartwatch features a full-touch screen and a side button for navigation:

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access quick functions or different data screens.
- **Tap:** Select an item or confirm an action.
- **Side Button:** Press to wake the screen, return to the home screen, or access the main menu.

### 4.2. Communication Features

With its built-in HD speaker and Bluetooth connectivity, the smartwatch allows for seamless communication.

- **Make/Receive Calls:** Once paired, you can dial numbers, answer incoming calls, and view call logs directly from your wrist.

- **Message Notifications:** Receive alerts for messages from various apps (e.g., Facebook, Instagram, WhatsApp) directly on your watch. Ensure message reception permissions are enabled in the GloryFit app.



Image: The CASCHO P98 Smart Watch showing its call interface, including contacts, call history, and dial pad, along with an incoming call notification.

Video: A user demonstrating the call and messaging features of the P98 Smart Watch, including making a call and receiving notifications.

### 4.3. Health Monitoring

The smartwatch is equipped with a high-performance optical sensor for 24-hour health tracking.

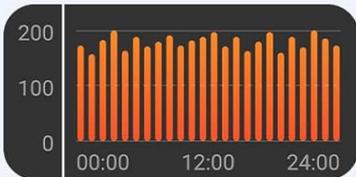
- **Heart Rate Monitoring:** Real-time heart rate tracking throughout the day.
- **Blood Oxygen Monitoring:** Measures blood oxygen levels.
- **Sleep Monitoring:** Tracks deep sleep, light sleep, and awake times to provide insights into your sleep patterns.
- **Stress Monitoring:** Provides data on stress levels.
- **Menstrual Health Tracking:** Offers features for tracking menstrual cycles (configurable via the app).

# Keep Track of Your Health

## Heart Rate Monitor



## Blood Oxygen Monitor



## Sleep Monitor



## Stress Monitor

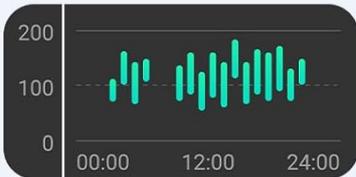


Image: The rear view of the CASCHO P98 Smart Watch highlighting its optical sensors, accompanied by graphical representations of heart rate, blood oxygen, sleep, and stress data.

## 4.4. Fitness Tracking

The P98 Smart Watch supports over 120 sport modes, recording real-time data during your workouts.

- **120+ Sport Modes:** Includes running, hiking, cycling, fitness, football, yoga, and many more.
- **Activity Tracking:** Records steps, calories burned, distance, and heart rate during exercise.



Image: A user engaged in physical activity, with the CASCHO P98 Smart Watch displaying a menu of its extensive 112+ sport modes.

Video: A brief demonstration of the fitness tracking capabilities of the CASCHO P98 Smart Watch, showing various exercise modes and data display.

#### 4.5. Additional Features

The smartwatch includes several useful functions for daily convenience:

- **Timer & Stopwatch:** For timing activities or workouts.
- **Alarm Clock:** Set alarms directly from your wrist.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Music Control:** Control music playback on your smartphone.
- **Weather Forecast:** Get real-time weather updates.
- **Photo Control:** Remotely trigger your smartphone's camera.
- **Calculator:** A basic calculator for quick calculations.
- **Find Phone:** Helps locate your paired smartphone by making it ring.

## Multifunctional Smartwatch



Image: The CASCHO P98 Smart Watch showcasing its multifunctional capabilities through a grid of icons representing features such as timer, calculator, and music control.

## 5. PRODUCT SPECIFICATIONS

| Feature                    | Specification                  |
|----------------------------|--------------------------------|
| Model Number               | P98                            |
| Screen Size                | 1.96 inches                    |
| Display Type               | HD Full-Touch Color TFT Screen |
| Waterproof Rating          | IP68                           |
| Battery Capacity           | 300mAh                         |
| Typical Usage Battery Life | Up to 7 days                   |
| Standby Battery Life       | Up to 30 days                  |
| Charging Time              | Approx. 2 hours                |
| Connectivity               | Bluetooth                      |
| Operating System           | Wear OS 1.0                    |
| Compatibility              | iOS 10.0+ / Android 9.0+       |
| Item Weight                | 3.2 ounces                     |
| Manufacturer               | CASCHO                         |

## 6. CARE AND MAINTENANCE

### 6.1. Waterproofing (IP68)

The smartwatch has an IP68 waterproof rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, such as washing hands, showering, or engaging in sweaty activities.

- Avoid prolonged immersion in water or use in hot water/steam (e.g., hot showers, saunas).
- Do not press buttons underwater.
- After contact with water, especially saltwater, rinse the watch with fresh water and dry it thoroughly.



Image: The CASCHO P98 Smart Watch being worn during water activities, emphasizing its IP68 waterproof rating.

## 6.2. Battery Tips

- To prolong battery life, avoid extreme temperatures.
- Charge the watch regularly, even if not fully depleted.
- Disable unnecessary notifications or features to conserve power.

## 6.3. Cleaning

- Wipe the watch and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

## 7. TROUBLESHOOTING

If you encounter issues with your smartwatch, please refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged.
- **Cannot pair with phone:** Make sure Bluetooth is on, the app is open, and the watch is within range. Try restarting both the phone and the watch.
- **Notifications not received:** Check app permissions on your phone and ensure notifications are enabled in the GloryFit app settings.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensors regularly.
- **App not syncing data:** Ensure a stable Bluetooth connection and refresh the app.

## 8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or contact CASCHO customer service through their official channels. Keep your purchase receipt as proof of purchase.

## Related Documents - P98

|   |   |
|---|---|
|    | <p><a href="#">P98 Smart Watch User Manual</a></p> <p>Comprehensive user manual for the P98 Smart Watch, covering appearance, charging, watch functions, APP installation, device connection, precautions, and frequently asked questions. Learn how to set up and use your P98 Smart Watch for health monitoring, notifications, and more.</p> |
|    | <p><a href="#">Fanatec CSL Elite Steering Wheel Porsche Vision GT User Guide</a></p> <p>Comprehensive guide for the Fanatec CSL Elite Steering Wheel Porsche Vision GT, covering setup, modes, tuning options, calibration, and button mapping.</p>   |
|    | <p><a href="#">CASCHO I33 Bluetooth Headset Instruction Manual</a></p> <p>User guide for the CASCHO I33 Bluetooth headset, covering connection, operation, troubleshooting, and safety instructions.</p>  |
|   | <p><a href="#">FCC Part 15C Test Report for Smart Bracelet (Model Y13)</a></p> <p>Official FCC Part 15C test report for the Shenzhen Kang cheng xin sheng Technology Co., Ltd. Smart Bracelet, Model Y13 (FCC ID: 2BDK2-Y13), detailing conducted and radiated emissions, bandwidth, and antenna requirements.</p>                              |
|  | <p><a href="#">FCC Part 15B Measurement and Test Report for Teclast Tbook 10 Tablet PC</a></p> <p>This report details the FCC Part 15B measurement and test results for the Teclast Tbook 10 Tablet PC, conducted by Shenzhen SEM.Test Technology Co., Ltd. It covers conducted and radiated emissions compliance.</p>                          |