

[Manuals.plus](#) /

› [anyloop](#) /

› anyloop Fitness Tracker ALB1pro User Manual

anyloop ALB1pro

anyloop Fitness Tracker ALB1pro User Manual

Model: ALB1pro

1. INTRODUCTION

Thank you for choosing the anyloop Fitness Tracker ALB1pro. This device is designed to help you monitor your health and fitness activities, including heart rate, blood oxygen, sleep patterns, steps, calories, and distance. This manual provides detailed instructions on how to set up, operate, and maintain your fitness tracker and its replacement strap.



Image: The anyloop Fitness Tracker ALB1pro in cream, shown alongside a green replacement strap. The tracker displays time, date, steps, and calories.

2. WHAT'S IN THE BOX

- anyloop Fitness Tracker ALB1pro (Cream)
- 16mm Replacement Strap/Smartwatch Band (Green)
- Charging Cable
- User Manual (this document)

3. SETUP

3.1 Initial Charging

Before first use, fully charge your fitness tracker. Connect the charging cable to the charging port on the back of the

tracker and plug the USB end into a power adapter (not included) or a computer's USB port. The charging indicator will appear on the screen.

3.2 App Installation and Pairing

To unlock the full features of your fitness tracker, download the dedicated anyloop app from your smartphone's app store (iOS or Android). Follow the in-app instructions to pair your device via Bluetooth. Ensure Bluetooth is enabled on your smartphone.

4. STRAP REPLACEMENT

The anyloop Fitness Tracker ALB1pro comes with a quick-release strap mechanism, allowing for easy replacement. Follow these steps to change the strap:

1. **Step 1: Remove the existing strap.** Locate the small spring bar on the underside of the strap where it connects to the tracker. Gently pull the spring bar lever inwards to release one side of the strap from the tracker lug.

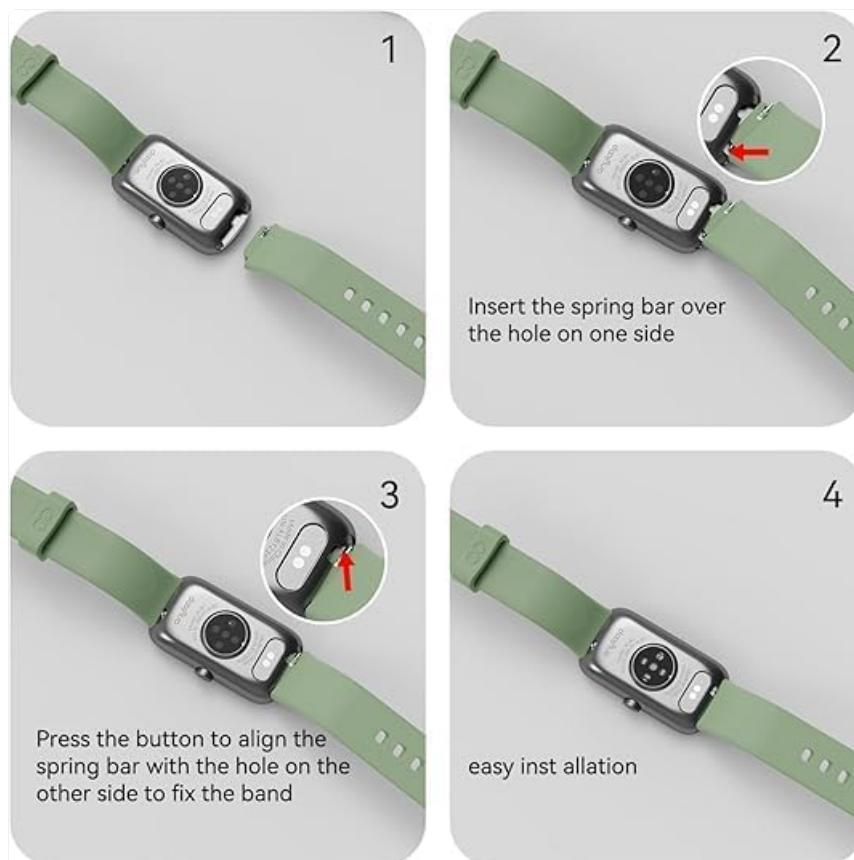


Image: Illustration showing how to detach the existing strap from the fitness tracker by pulling the spring bar.

2. **Step 2: Insert the new strap (first side).** Take the new strap and insert one end of its spring bar into the corresponding hole on one side of the tracker's lug.

replacement band for anyloop band

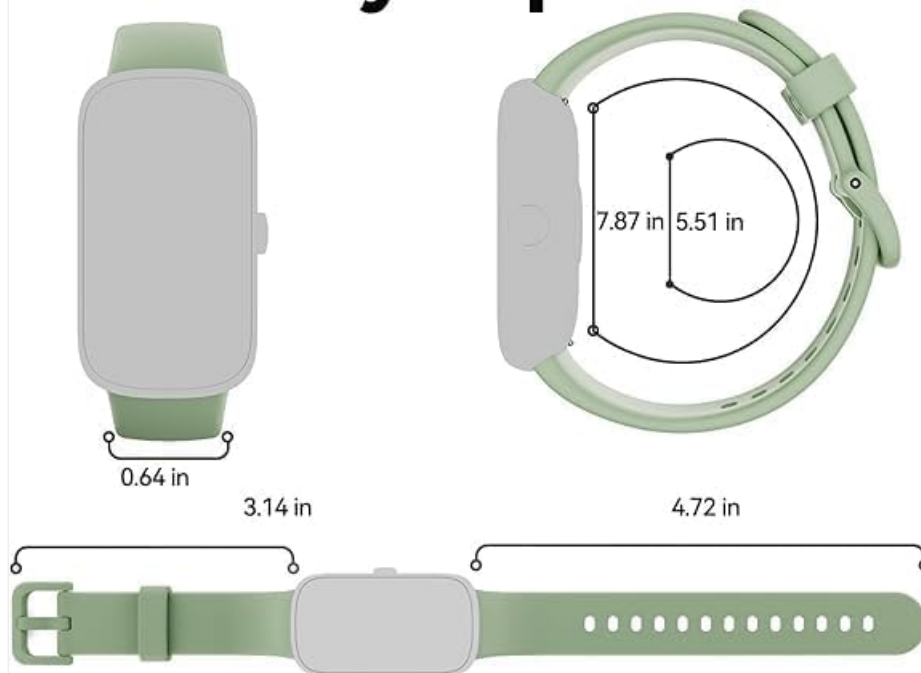


Image: Illustration showing the first side of the new strap being inserted into the tracker's lug.

3. **Step 3: Secure the new strap (second side).** While holding the first side in place, pull the spring bar lever inwards on the other side of the strap. Align the spring bar with the remaining hole on the tracker's lug and release the lever to secure the strap.

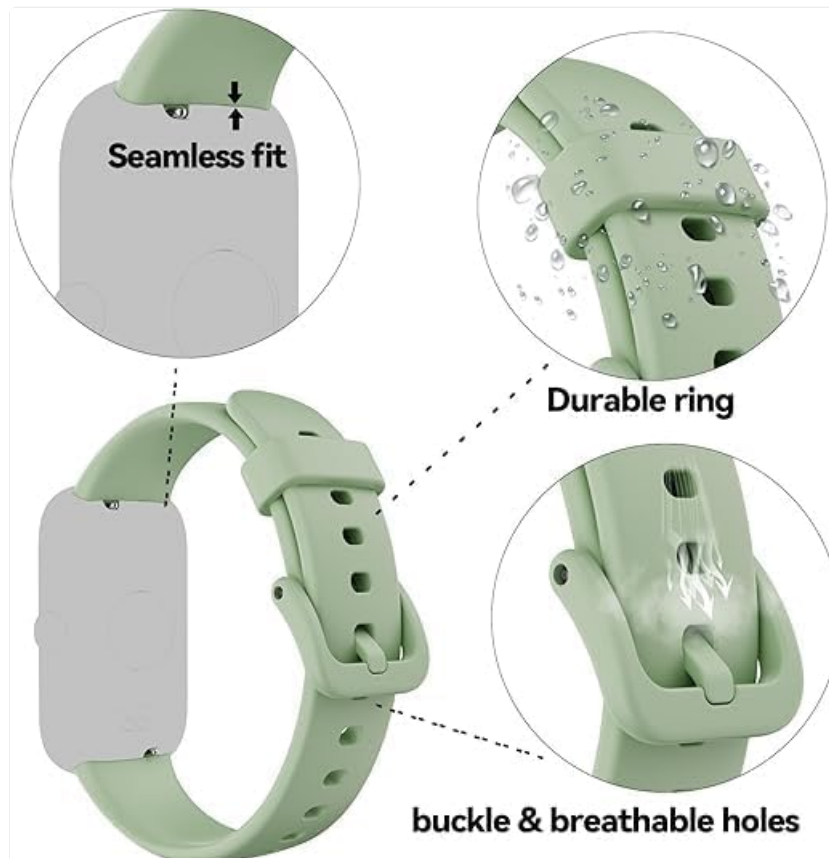


Image: Illustration showing the second side of the new strap being secured by aligning the spring bar with the lug hole.

4. **Step 4: Verify installation.** Gently tug on the strap to ensure it is securely attached to the tracker. Repeat the process for the other half of the strap.



Image: Illustration showing the completed and secured strap installation on the fitness tracker.



24/7 Health Management



Heart Rate

Blood Oxygen



Sleep



Sleep Monitor

Image: Diagram illustrating the dimensions of the replacement band, including strap width (0.64 in), total length (7.87 in), and tracker dimensions.

All-Day Activity Tracking



Calories



Steps



Distance



1825 Kcal



1561 Steps



9.32 km

Image: Close-up view highlighting key features of the strap, such as its seamless fit with the tracker, a durable ring, the buckle mechanism, and breathable holes for comfort.

IP68 Level Waterproof



Multi-Sports Modes

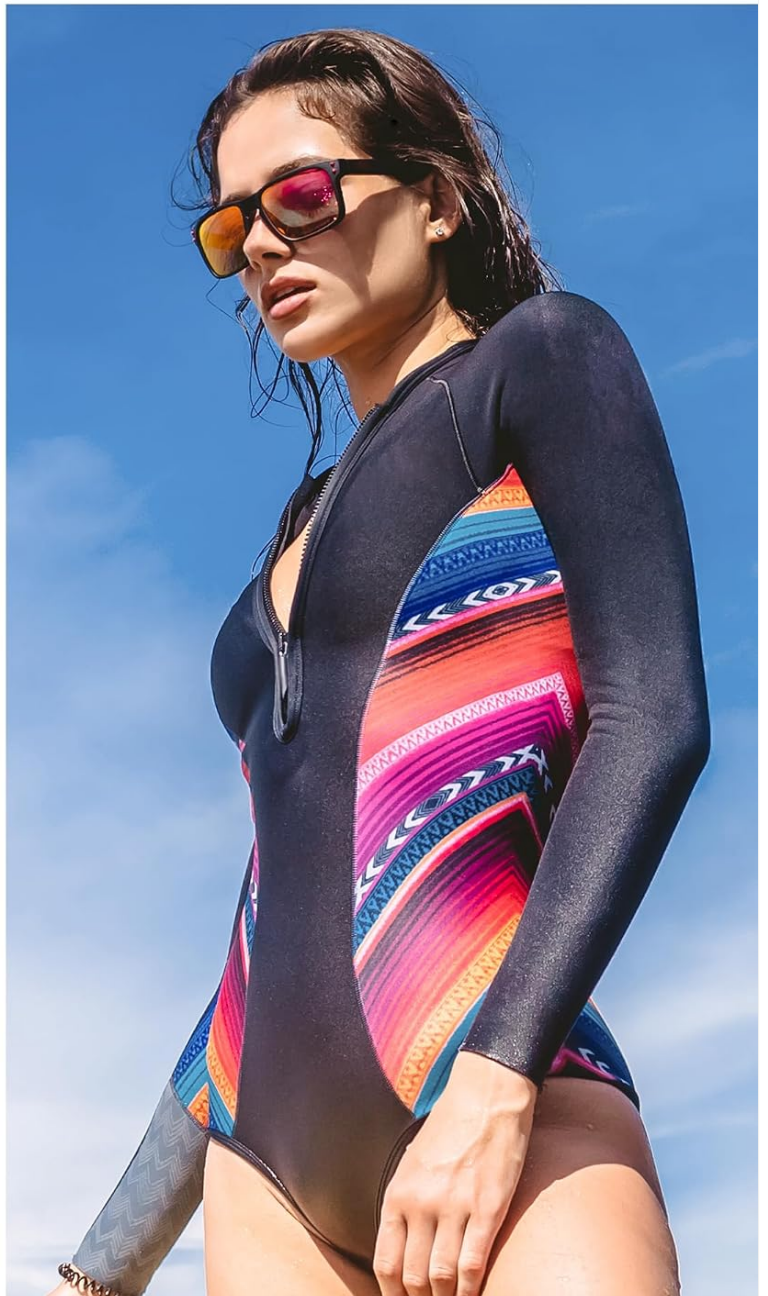


Image: Two views of the fitness tracker worn on a wrist, showing both the front display and the back of the strap and buckle.

5. OPERATING THE FITNESS TRACKER

5.1 Basic Navigation

The ALB1pro features a touch-sensitive display. Swipe up, down, left, or right to navigate through menus and functions. Tap to select an option or confirm an action.

5.2 Health Monitoring

The tracker continuously monitors various health metrics:

- **Heart Rate:** Provides real-time heart rate data.
- **Blood Oxygen (SpO2):** Measures blood oxygen saturation levels.
- **Sleep Monitor:** Tracks sleep patterns, including deep sleep, light sleep, and awake times.

100+ Watch Faces



Designed for
Your Styles
and Moods

Long Battery Life

Up to 7-Day
for typical use



Up to 21-Day
for standby

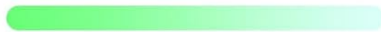


Image: Visual representation of the tracker's display for Heart Rate, Blood Oxygen, and Sleep Monitoring features.

5.3 Activity Tracking

The ALB1pro automatically tracks your daily activities:

- **Steps:** Counts the number of steps taken.
- **Calories:** Estimates calories burned based on activity.
- **Distance:** Calculates the distance covered.

5.4 Multi-Sports Modes

Select from various sports modes to get more accurate tracking for specific activities. Refer to the app for a complete list and how to activate them.

5.5 Watch Faces

Customize your tracker's appearance with over 100 available watch faces through the anyloop app.

6. MAINTENANCE

6.1 Cleaning

Regularly clean your fitness tracker and strap to prevent skin irritation and maintain device performance. Use a soft, damp cloth to wipe the screen and strap. Do not use harsh chemicals or abrasive materials.

6.2 Water Resistance (IP68)

The ALB1pro is IP68 rated, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for daily use, hand washing, and light rain. Avoid hot water, saunas, or diving, as steam and high pressure can compromise the seal.

6.3 Battery Life

The ALB1pro offers extended battery life:

- Up to 7 days for typical use.
- Up to 21 days for standby.

Battery life may vary based on usage patterns and enabled features.

7. TROUBLESHOOTING

- **Tracker not turning on:** Ensure the device is fully charged. Try connecting it to a different USB port or charger.
- **Cannot pair with smartphone:**
 - Ensure Bluetooth is enabled on your phone.
 - Make sure the tracker is within Bluetooth range.
 - Restart both the tracker and your smartphone.
 - Check if the app is updated to the latest version.
- **Inaccurate data:**
 - Ensure the tracker is worn snugly on your wrist, about one finger's width above your wrist bone.
 - Clean the sensor on the back of the tracker.
 - Calibrate the tracker through the app if available.
- **Screen unresponsive:** Try restarting the device (refer to app or device settings for restart option). If unresponsive, allow the battery to drain completely and then recharge.

8. SPECIFICATIONS

Feature	Detail
Model Name	ALB1pro
Brand	anyloop
ASIN	B0DXKPTXB6
Water Resistance	IP68

Feature	Detail
Typical Battery Life	Up to 7 days
Standby Battery Life	Up to 21 days
Strap Material	Liquid Silicone (as per bundle content)
Strap Width	16mm

9. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the official anyloop website or contact their customer service directly. Details can typically be found on the product packaging or within the companion app.

Online Support: Visit the [anyloop Store on Amazon](#) for more information and product updates.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question