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› Sanorum Smartwatch User Manual

Sanorum G58

Sanorum Smartwatch User Manual

Model: G58

1. INTRODUCTION

Thank you for choosing the Sanorum Smartwatch. This user manual provides detailed instructions on how to set up, operate, and maintain your new smartwatch. Please read this manual thoroughly before using the device to ensure optimal performance and longevity.

2. WHAT'S IN THE BOX

Upon unboxing your Sanorum Smartwatch, please verify that all the following items are included:

- Sanorum Smartwatch (G58)
- Magnetic Charging Cable
- User Manual
- Additional Strap (e.g., Silicone or Metal Mesh, depending on model)
- Sunflower Necklace (may be included as a gift)



Sanorum



The image displays the Sanorum Smartwatch, two interchangeable straps (one metal mesh, one silicone), the magnetic charging cable, and the user manual, along with a decorative necklace.

3. PRODUCT OVERVIEW

The Sanorum Smartwatch G58 features an elegant and fashionable design, specifically tailored for comfort and style. It comes with a 1.27-inch HD screen and offers two interchangeable straps to suit various occasions.



This image shows a woman wearing the Sanorum Smartwatch, emphasizing its aesthetic appeal and the complementary necklace. The watch face is clearly visible, showcasing its 1.27-inch display.

4. SETUP

4.1 Initial Charging

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port. A full charge typically takes 2-3 hours.

4.2 App Download and Installation

To unlock the full potential of your Sanorum Smartwatch, download the companion application on your smartphone. The app is compatible with both iOS and Android devices. Scan the QR code provided in the quick start guide or search for the app name (usually mentioned in the manual or on the watch screen) in your device's app store.

4.3 Device Pairing

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the downloaded app and follow the on-screen instructions to add a new device.
3. The app will search for available devices. Select 'Sanorum G58' or a similar name from the list.
4. Confirm the pairing request on both your smartwatch and smartphone.
5. Once paired, the watch will synchronize data with your phone.

5. OPERATING INSTRUCTIONS

5.1 Basic Navigation

- **Touchscreen:** Swipe left/right to navigate between main screens, swipe up/down to access quick settings or notifications. Tap to select.
- **Side Buttons:** Typically, one button serves as a power/home button, while others may be customizable shortcuts or back buttons. Refer to the on-screen prompts for specific functions.

5.2 Communication Features

The Sanorum Smartwatch supports Bluetooth 5.3 calls, allowing you to make and receive calls directly from your wrist. It features a built-in speaker and an independent microphone for clear audio.

- **Bluetooth Calling:** Once paired, you can answer incoming calls or dial from your watch's contact list (supports up to 100 contacts).
- **Message Notifications:** Receive real-time notifications for calls, SMS, and various social media apps (e.g., WhatsApp, Facebook, Instagram, TikTok).
- **Voice Assistant:** Access your smartphone's voice assistant directly from the watch for hands-free control.



The image illustrates the smartwatch's communication capabilities, showing a user answering a call on the watch and icons representing Bluetooth calling, built-in speaker, independent microphone, keypad, 100 contacts, call logs, app message notifications, and voice assistant.

6. HEALTH MONITORING

The Sanorum Smartwatch provides comprehensive 24-hour health monitoring features to help you stay informed about your well-being.

- **Heart Rate Monitoring:** Tracks your heart rate continuously throughout the day.
- **Blood Oxygen (SpO2) Monitoring:** Measures your blood oxygen saturation levels.
- **Blood Pressure Monitoring:** Provides estimates of your blood pressure.
- **Respiratory Rate Monitoring:** Monitors your breathing rate.
- **Sleep Monitoring:** Analyzes your sleep patterns, including deep sleep, light sleep, and awake times, to help improve sleep quality.
- **Menstrual Cycle Tracking:** Specifically designed for women, this feature helps track and predict menstrual cycles and ovulation periods.
- **Breathing Exercises:** Guided breathing exercises to help you relax and reduce stress.

Das Sanorum Team bietet Ihnen einen Ausgezeichneten Kundendienst:

-  ♦ **30 Tage** problemloses Rückgaberecht
Einfache Rückgabe und Umtausch,
sorgenfreies Einkaufen
-  ♦ **24-monatige** Qualitätsgarantie
Langfristige Garantie, Seelenfrieden
-  ♦ **7*24 Stunden** Professionelle
Kundenbetreuung
Jederzeit Ansprechbar, fürsorglicher
Service
-  ♦ **Umfassende** Unterstützung
nach dem Kauf
Schützen Sie Ihre Rechte und Interessen

This image demonstrates the smartwatch's health monitoring capabilities, displaying real-time data for heart rate, blood oxygen, blood pressure, and sleep duration.

Sanorum SMARTWATCH DAMEN Vertrauenswürdige Marke

20+ Millionen Kunden

Verkauft in mehr als **20+** Ländern
auf der ganzen Welt

99% positive Rückmeldungen

The image highlights the smartwatch's intelligent menstrual cycle tracking function, showing a calendar interface with predictions for menstrual and ovulation periods, along with breathing training options.

7. SPORTS MODES

The Sanorum Smartwatch supports over 120 sports modes, catering to a wide range of fitness activities. It provides precise movement data to help you achieve your athletic goals.

- **Activity Tracking:** Tracks calories burned, distance covered, heart rate during exercise, and steps taken.
- **Supported Modes:** Includes popular activities such as running, yoga, tennis, cycling, rope skipping, mountain climbing, and many more.



This image showcases the smartwatch's extensive sports tracking capabilities, featuring a woman engaged in physical activity and displaying key metrics like calories, distance, heart rate, and steps, alongside icons for over 120 different sports modes.

8. CUSTOMIZATION

Personalize your Sanorum Smartwatch with a wide variety of watch faces and DIY options.

- **Online Watch Faces:** Choose from over 400 online watch faces to match your style.
- **DIY Designs:** Create your own custom watch faces using your favorite photos.



The image displays a selection of the 400+ online watch faces available for the Sanorun Smartwatch, along with an illustration of the DIY feature that allows users to create personalized watch faces.

9. BATTERY LIFE

Equipped with a powerful 300mAh battery, the Sanorun Smartwatch offers extended battery life, reducing the need for frequent charging. A full charge provides approximately 3-5 days of typical use.

Die Leistungsstark und Praktisch ist

Die Ihr Leben bequemer machen

- | | | | | | |
|---|---|---|---|---|---|
|  |  |  |  |  |  |
| Sprachassistent | Wecker | Zeitschaltuhr | Stoppuhr | Kamera | Taschenlampe |
|  |  |  |  |  |  |
| Wetter | Taschenrechner | Kalorien | SOS | Schritte | Musik |



This image highlights the smartwatch's long battery life, indicating a 300mAh battery capacity, 2-3 hours for a full charge, and 3-5 days of usage time.

10. WATER RESISTANCE

The Sanorum Smartwatch boasts an IP68 water resistance rating, making it resistant to sweat and rain. It is suitable for daily wear and light water exposure, such as handwashing. *Note: It is not recommended for swimming, showering with hot water, or diving.*



The image visually represents the smartwatch's IP68 waterproof rating, showing the watch amidst water splashes and icons indicating its resistance to sweat, rain, and handwashing.

11. ADDITIONAL FUNCTIONS

Beyond its core features, the Sanorum Smartwatch includes several practical tools to enhance your daily life:

- **Weather Forecast:** Get real-time weather updates directly on your wrist.
- **Music Control:** Control music playback on your smartphone.
- **Alarm Settings:** Set alarms and reminders.
- **Calculator:** A convenient calculator for quick computations.
- **Remote Camera:** Use your watch as a remote shutter for your phone's camera.
- **Calorie Tracker:** Monitors calorie consumption.
- **Timer/Stopwatch:** Essential tools for timing activities.
- **SOS Emergency Call:** A quick access feature for emergency situations.

Lange Akkulaufzeit

300mAh

300 mAh

2-3

Stunden

lang aufladen

3-5

Tage

lang tragen



The image shows the side profile of the smartwatch, highlighting its user interface with various application icons, and lists additional functions such as voice assistant, alarm, stopwatch, camera, flashlight, weather, calculator, calories, SOS, steps, and music player.

12. MAINTENANCE

To ensure the longevity and proper functioning of your Sanorum Smartwatch, follow these maintenance guidelines:

- **Cleaning:** Regularly wipe the watch screen and straps with a soft, dry cloth. For stubborn dirt, a slightly damp cloth can be used, but ensure the watch is completely dry afterward.
- **Avoid Chemicals:** Do not use harsh chemicals, cleaning solvents, or strong detergents, as they can damage the watch's finish and internal components.
- **Storage:** When not in use for extended periods, store the smartwatch in a cool, dry place away from direct sunlight and extreme temperatures.
- **Charging:** Use only the provided magnetic charging cable. Avoid overcharging the battery.

13. TROUBLESHOOTING

If you encounter any issues with your Sanorum Smartwatch, please refer to the following common troubleshooting steps:

Problem	Possible Cause	Solution
Watch won't turn on	Low battery; Power button not pressed long enough	Charge the watch for at least 30 minutes; Press and hold the power button for 5-10 seconds.
Cannot pair with phone	Bluetooth off; App not open; Watch too far; Interference	Ensure Bluetooth is on; Open the app; Keep watch close to phone; Restart both devices.

Problem	Possible Cause	Solution
Inaccurate health data	Watch not worn correctly; Sensor dirty; Movement during measurement	Ensure watch is snug on wrist; Clean sensor; Remain still during measurement.
Notifications not received	App permissions; Notification settings in app/phone; Bluetooth disconnected	Check app permissions; Enable notifications in app and phone settings; Reconnect Bluetooth.
Short battery life	Frequent use of power-intensive features; Brightness too high	Reduce screen brightness; Limit continuous monitoring; Disable unnecessary features.

If the problem persists, please contact Sanorum customer support for further assistance.

14. SPECIFICATIONS

Feature	Detail
Model Number	G58
Screen Size	1.27 inches HD
Connectivity Technology	Bluetooth 5.3
Operating System	iOS, Android compatible
Battery Capacity	300 mAh
Water Resistance	IP68
Memory Capacity	25 MB
Product Dimensions	28.4 x 10.1 x 1.9 cm
Weight	240 Grams
Shape	Round
Color	Gold Black

15. WARRANTY AND SUPPORT

Sanorum is committed to providing excellent customer service and product quality.

- **Return Policy:** Enjoy a 30-day hassle-free return and exchange policy for worry-free shopping.
- **Quality Guarantee:** The product comes with a 24-month quality guarantee, ensuring long-term peace of

mind.

- **Customer Service:** Professional customer support is available 24/7 to assist you with any inquiries or issues.
- **Post-Purchase Support:** Comprehensive support is provided after purchase to protect your rights and interests.



This image outlines the customer service commitments from Sanorum, including a 30-day return policy, 24-month quality guarantee, 24/7 professional customer support, and comprehensive post-purchase assistance.

For further assistance or to visit the Sanorum store, please refer to the contact information provided with your product or visit the official Sanorum brand store online.