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QONBINK L70

QONBINK L70 Smart Watch User Manual

Model: L70

1. INTRODUCTION

This manual provides essential instructions for setting up, operating, and maintaining your QONBINK L70 Smart Watch. Please read this manual thoroughly before using the device to ensure proper function and longevity.



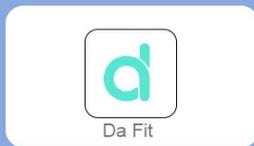
Image: The QONBINK L70 Smart Watch displaying its main interface with time, date, step count, and heart rate, alongside a smaller image of an incoming call notification.

2. PACKAGE CONTENTS

Verify that all items are present in your package:

- QONBINK L70 Smart Watch
- USB Magnetic Charging Cable
- User Manual (this document)

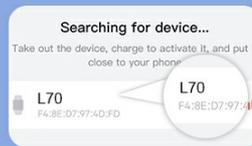
A: Compatible with Android 4.4 and iOS 9.0 and above (not applicable to PCs or tablets)



Download Da Fit App



Turn on Phone's Bluetooth



Enter DaFit App & Add Device



Find an L70 Model and Connect

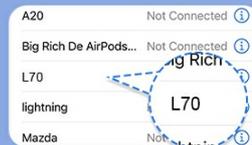
B: Perform the following steps to enable the answer/call function.



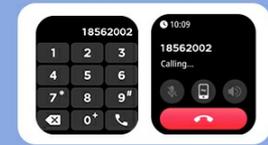
Connecting the L70 Enabling Bluetooth Calling



Enter Phone's Bluetooth Setting



Find the L70 Model and Click on Connect



Make/Receive Calls With the Watch at Any Time

Image: A visual representation of the QONBINK L70 Smart Watch's dimensions and the items included in the product package: the smartwatch, a USB magnetic charger, and a user manual.

3. SETUP

3.1 Charging the Device

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer USB port.

- Charging Time: Approximately 2 hours for a full charge.
- Battery Indicator: The watch display will show charging status.

350mAh Long Life Watch Battery Magnetic Charging



30Days
On Standby



10Days
Battery life



2Hours
Charging time



Image: The QONBINK L70 Smart Watch connected to its magnetic charging cable, illustrating the charging process and indicating a 2-hour charging time for 10 days of battery life or 30 days of standby.

3.2 App Installation and Pairing

The QONBINK L70 Smart Watch requires the 'Da Fit' application for full functionality and data synchronization. The watch is compatible with Android 4.4+ and iOS 9.0+ smartphones (not suitable for PCs or tablets).

1. **Download the App:** Scan the QR code in the manual or search for 'Da Fit' in your smartphone's app store (Google Play Store for Android, Apple App Store for iOS).
2. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
3. **Open Da Fit App:** Launch the 'Da Fit' app and follow the on-screen instructions to create an account or log in.
4. **Add Device:** In the app, navigate to the 'Device' section and select 'Add Device'. The app will search for available devices.
5. **Connect:** Select 'L70' from the list of found devices to pair. Confirm the pairing request on both your phone and the watch if prompted.

3.3 Enabling Bluetooth Calling Function

To use the answer/make call feature, an additional Bluetooth connection is required:

1. After initial pairing, go to your smartphone's Bluetooth settings.
2. Look for a second 'L70' device (often labeled 'L70_Audio' or similar) in the list of available devices.
3. Tap to connect to this second 'L70' device. Once connected, the calling function will be enabled.

Blood Oxygen Monitoring

Monitor oxygen balance and display SpO2 in real time to ensure a healthier, more regular metabolism.



The image illustrates the Da Fit app's SpO2 monitoring features. It shows three watch faces: one with a green gauge and '98%' SpO2, one with a purple flower and 'Falling Asleep' status, and one with a bar chart showing 'Last 7 Data Records'. The main smartphone screen displays 'SpO2 10:09' with a green gauge at '98%', 'Max 99', and 'Min 96'. Below this, it shows 'Normal SpO2 95% < SpO2 < 100%' with a checkmark icon and a bar chart with 7 bars of varying heights.

Image: A visual guide demonstrating the process of downloading the Da Fit app, enabling phone Bluetooth, adding the L70 device in the app, and then connecting the L70 for audio calls via the phone's Bluetooth settings.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

- **Touchscreen:** Swipe left/right, up/down to navigate through menus and features. Tap to select.
- **Side Button:** Press to wake the screen, return to the main watch face, or access the app menu.

4.2 Customizing Watch Faces

The L70 Smart Watch features a 1.85-inch HD display and supports over 100 watch faces. You can customize the watch face directly on the device or through the 'Da Fit' app.

- **On Watch:** Long-press the main watch face to access watch face options. Swipe to browse and tap to select.
- **Via App:** In the 'Da Fit' app, go to the 'Watch Faces' section to explore more options or upload a custom photo.

1.85" HD Color Screen

Appreciate vivid visuals with superior color saturation and reproduction.

100+ Watchface

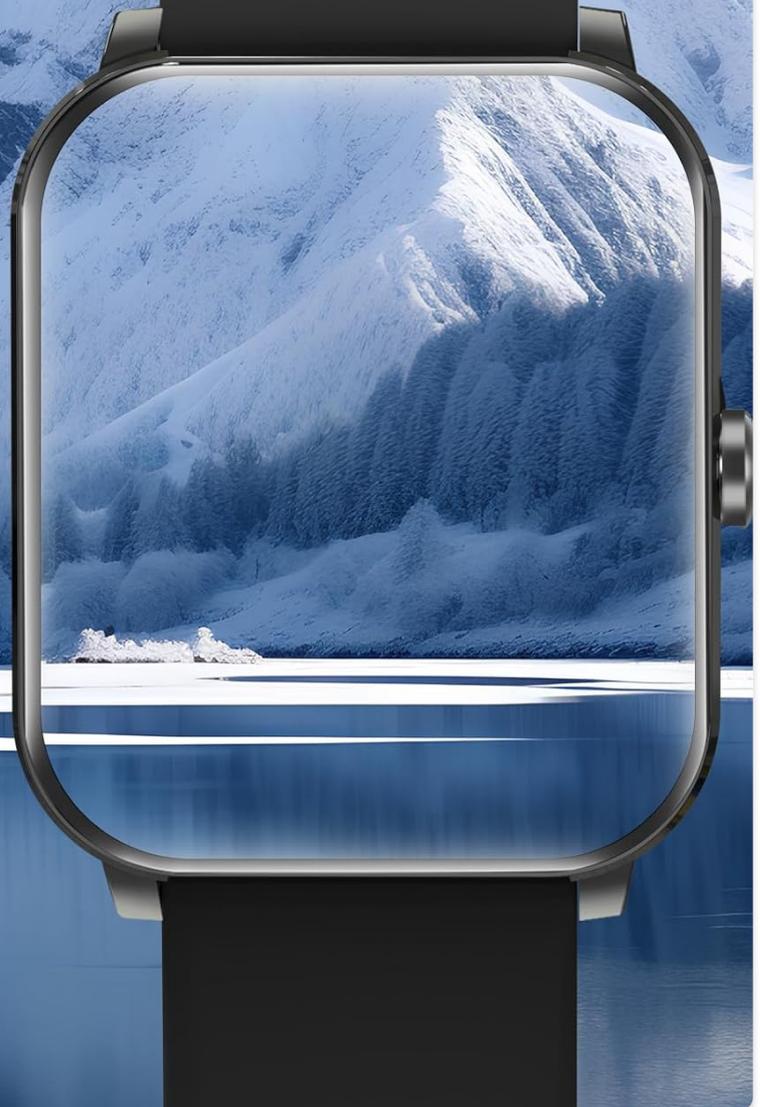


Image: The QONBINK L70 Smart Watch showcasing its 1.85-inch HD color screen with multiple watch face options, highlighting the ability to customize the display.

Menstrual Health Tracking

When you open the "DaFit" app reminder, this feature will show you whether you are in your menstrual period, ovulation period or safe period that day

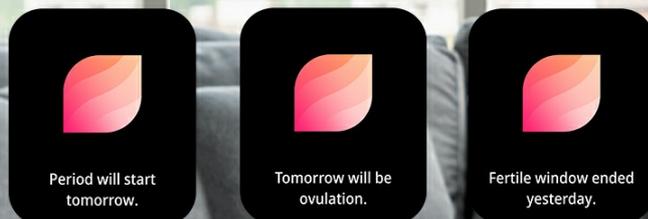


Image: A display showing the Da Fit app interface on a smartphone, illustrating how users can select from over 100 built-in watch faces or customize their watch face with personal photos.

4.3 Bluetooth Calling and Notifications

Once connected, you can manage calls and view messages directly from your watch.

- **Answer/Make Calls:** Use the built-in microphone and speaker to answer incoming calls or dial numbers from your watch.
- **Message Notifications:** Receive alerts for SMS, email, and various app notifications (e.g., WhatsApp, Facebook, Instagram). Note: Replying to messages directly from the watch is not supported.



Image: A man wearing the QONBINK L70 Smart Watch in a car, demonstrating the Bluetooth call feature with an incoming call notification, smart voice assistant, and smart notifications from various social media apps.

Sleep Quality Monitoring

When using the "Sleep Monitor" function, you need to keep the smart watch connected to the app and do not wear it too loosely.

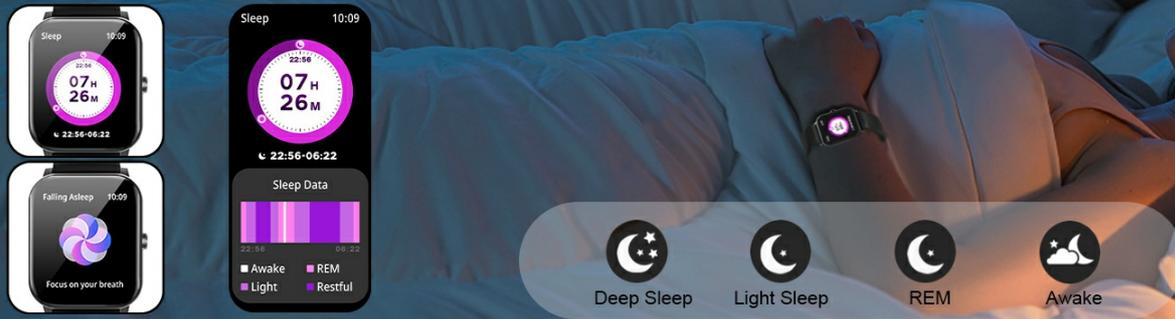


Image: A woman on a beach viewing various smart notifications from apps like Snapchat, Facebook, TikTok, Instagram, and Twitter on her QONBINK L70 Smart Watch.

4.4 Sport Modes and Fitness Tracking

The watch supports over 120 sport modes to track your physical activity.

- **Selecting a Mode:** Navigate to the 'Sport' menu on your watch, select your desired activity (e.g., running, walking, cycling, swimming), and start tracking.
- **Data Recording:** The watch records exercise data such as steps, distance, calories burned, and duration. This data syncs with the 'Da Fit' app for detailed analysis.

100+

Sport Modes Fitness Tracker

Record your exercise data and improve your sport efficiency



Image: The QONBINK L70 Smart Watch showing a 'Running' screen with elapsed time, total steps, and calories, alongside icons representing various sport modes like running, cycling, and swimming, with people engaged in different exercises.



2 Hours Charging Time



USB Magentic Charger



Charging Time

2Hours

Battery life

10Days

On Stanby

30Days

Image: A collage of individuals participating in different sports, such as weightlifting, boxing, yoga, and cycling, illustrating the QONBINK L70 Smart Watch's support for over 100 sports modes.

4.5 Health Monitoring

The L70 Smart Watch provides 24/7 health monitoring through precise sensors.

- **Heart Rate Monitoring:** Tracks real-time heart rate, resting heart rate, and heart rate zones.
- **Sleep Monitoring:** Records sleep data, including deep sleep, light sleep, REM, and awake times. For accurate results, wear the watch comfortably during sleep.
- **Blood Oxygen (SpO2) Monitoring:** Measures blood oxygen levels to help you understand your body's condition.
- **Menstrual Health Tracking:** When enabled in the 'Da Fit' app, this feature provides reminders and predictions for menstrual periods, ovulation, and fertile windows.

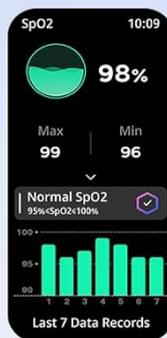
24/7 Health Tracking

Accurate Health Monitoring

Knows yourself better and healthier



Sleep Monitor



Blood Oxygen



Heart Rate



Blood Pressure



Image: A woman running outdoors, with the QONBINK L70 Smart Watch displaying various health metrics such as sleep data, blood oxygen levels, heart rate, and blood pressure, indicating 24/7 health tracking.

SIZE & Package Contents

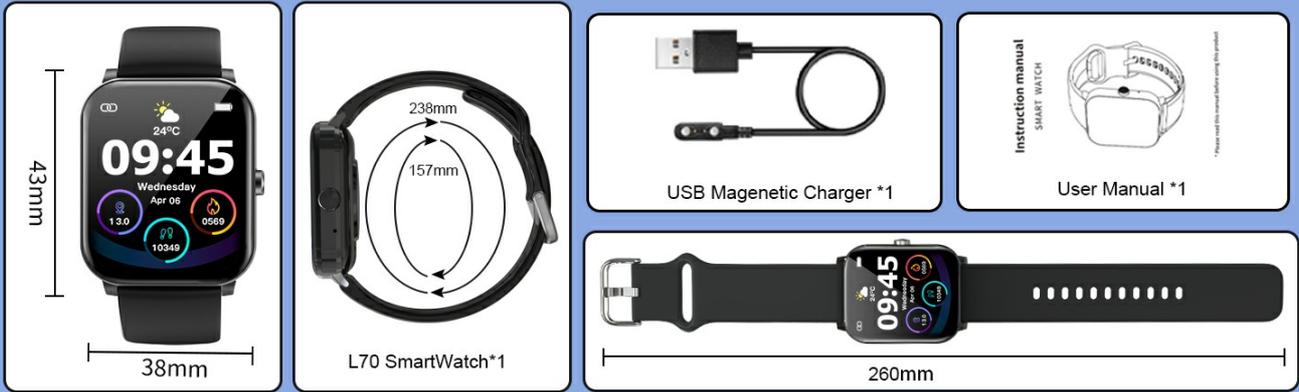


Image: A woman cycling in a mountainous landscape, with the QONBINK L70 Smart Watch displaying detailed heart rate monitoring data, including real-time BPM and historical graphs.

QONBINK

L70 Smart Watch

Smarter Technology for a Healthier Life



Image: A couple sleeping, with the QONBINK L70 Smart Watch displaying sleep quality monitoring data, categorizing sleep into deep, light, REM, and awake stages.



Smart Voice Assistant



Bluetooth Calling



Message Notifications



Sleep Monitor



Activity Tracker



Oxygen Monitor



Heart Rate Monitor



More Functions

Image: Two individuals running outdoors, with the QONBINK L70 Smart Watch displaying blood oxygen monitoring data, showing current SpO2 levels and a seven-day historical graph.

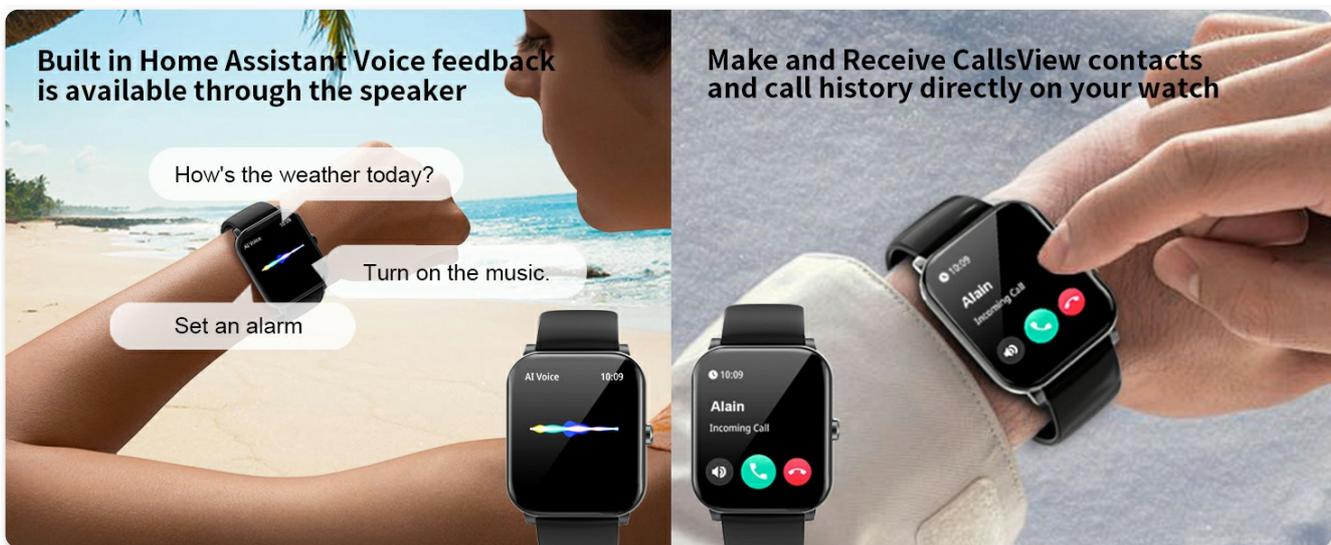


Image: A woman relaxing on a sofa, with the QONBINK L70 Smart Watch displaying menstrual health tracking reminders, indicating upcoming period, ovulation, and fertile window information.

4.6 Other Features

The QONBINK L70 Smart Watch includes additional useful functions:

- **Smart Voice Assistant:** Interact with your watch using voice commands for tasks like checking weather or setting alarms.
- **Stopwatch & Timer:** For precise timekeeping during workouts or daily tasks.
- **Weather Display:** Get real-time weather updates directly on your wrist.
- **Alarm Clock:** Set alarms to wake you up or remind you of important events.
- **Camera Control:** Remotely control your smartphone's camera from the watch.

5. MAINTENANCE

5.1 Cleaning

To maintain the watch's appearance and functionality:

- Wipe the watch screen and strap regularly with a soft, damp cloth.
- Avoid using harsh chemicals or abrasive materials, as these can damage the finish.
- Ensure the charging contacts are clean and dry before charging.

5.2 Water Resistance (IP68)

The QONBINK L70 Smart Watch has an IP68 waterproof rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for up to 30 minutes. This makes it suitable for:

- Washing hands
- Sweating during exercise
- Exposure to rain

Important Note:

- Do not use the watch for prolonged immersion in water, hot showers, saunas, or diving.
- Water resistance is not permanent and may decrease over time with normal wear and tear.
- Avoid exposing the watch to high-velocity water or sudden temperature changes.

IP68 Waterproof Watch

Records body data for you no matter what the environment



Image: The QONBINK L70 Smart Watch partially submerged in water, illustrating its IP68 waterproof rating, suitable for rinsing, sweating, and rainy conditions.

Smart Notifications

Supports email, SMS, text message, SMS and app notifications to stay in touch anytime, anywhere.

***Can not reply to messages**



Image: A visual representation of the three protection designs of the QONBINK L70 Smart Watch: IP68 Waterproof (shown with a swimmer), Dustproof (shown with sand), and Shockproof (shown in a rocky environment).

5.3 Battery Care

- Avoid fully discharging the battery frequently.
- Store the watch in a cool, dry place when not in use for extended periods.
- Use only the provided charging cable.

6. TROUBLESHOOTING

If you encounter issues with your QONBINK L70 Smart Watch, try the following solutions:

Problem	Possible Solution
Watch not turning on/charging	Ensure the charging cable is securely connected to both the watch and a power source. Try a different USB port or adapter. Allow the watch to charge for at least 10 minutes before attempting to turn it on.
Unable to pair with smartphone	Make sure Bluetooth is enabled on your phone and the watch is within range. Restart both the watch and your phone. Ensure the 'Da Fit' app has necessary permissions. Forget previous Bluetooth connections for the watch on your phone and try pairing again.
Bluetooth calling not working	Verify that the second 'L70' Bluetooth connection (for audio) is established in your phone's Bluetooth settings, in addition to the main watch connection.
Inaccurate health data	Ensure the watch is worn snugly but comfortably on your wrist, about one finger's width above the wrist bone. Clean the sensor on the back of the watch. Avoid excessive movement during measurements.
Notifications not appearing	Check notification settings in the 'Da Fit' app and your phone's system settings to ensure the app has permission to send notifications. Ensure the watch is connected via Bluetooth.
Short battery life	Reduce screen brightness, disable continuous heart rate monitoring if not needed, and limit frequent use of power-intensive features like Bluetooth calling. Ensure the watch is fully charged.

If these steps do not resolve the issue, please refer to the support section for further assistance.

7. SPECIFICATIONS

Feature	Detail
Model Number	L70
Display	1.85-inch HD Touch Color Screen
Connectivity	Bluetooth 5.3
Battery Capacity	350 mAh
Charging Time	Approximately 2 hours
Typical Usage Battery Life	8-10 days

Feature	Detail
Standby Time	Up to 30 days
Water Resistance	IP68
Compatibility	Android 4.4+ / iOS 9.0+
Item Weight	3.2 ounces (approx. 90g)
Special Features	Bluetooth Call, Message Reminder, Custom Wallpaper, Health Monitoring (Heart Rate, Sleep, SpO2), Fitness Tracker, 120+ Sports Modes, Stopwatch, Timer, Weather Display, Alarm Clock, Camera Control, Smart Voice Assistant.

8. WARRANTY AND SUPPORT

8.1 Warranty Information

Specific warranty details for your QONBINK L70 Smart Watch are typically provided with your purchase documentation or can be found on the official QONBINK website. Please retain your proof of purchase for any warranty claims.

8.2 Customer Support

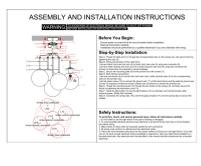
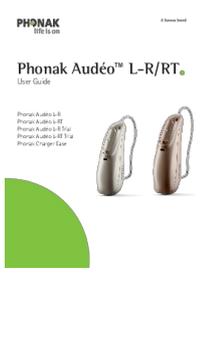
For any questions, technical assistance, or issues not covered in this manual, please contact QONBINK customer service. Our team is available to provide support.

- Refer to your product packaging or the official QONBINK website for contact details.



Image: A smiling customer service representative wearing a headset, with text indicating '24 HOURS CUSTOMER SERVICE' and an assurance to contact for any questions.

Related Documents - L70

	<p>RoboVac L70 Hybrid User Manual</p> <p>Comprehensive user manual for the RoboVac L70 Hybrid, detailing setup, operation, maintenance, and troubleshooting for efficient floor cleaning.</p>
	<p>Quectel Module Secondary SMT User Guide</p> <p>This user guide provides detailed instructions and requirements for the secondary SMT (Surface Mount Technology) and desoldering processes of Quectel modules in LCC or LGA packages. It covers chip mounter requirements, soldering specifications, stencil design, mounting procedures, reflow soldering profiles, desoldering techniques, and repair instructions.</p>
	<p>Topping L70 Full Balanced NFCA Headphone Amplifier User Manual</p> <p>Comprehensive user manual for the Topping L70 Full Balanced NFCA Headphone Amplifier, covering setup, operation, and specifications.</p>
	<p>Light Fixture Assembly and Installation Guide</p> <p>Detailed instructions for assembling and installing a light fixture, including safety precautions and step-by-step guidance for wiring and shade attachment. Includes lampshade model numbers.</p>
	<p>Phonak Audéo™ L-R/RT User Guide: Comprehensive Information for Hearing Aids and Charger</p> <p>Official user guide for Phonak Audéo™ L-R/RT hearing aids and Phonak Charger Ease. Covers setup, charging, fitting, operation, connectivity, care, and safety from manufacturer Sonova AG.</p>
	<p>Phonak Naída™ L User Guide: Comprehensive Guide to Hearing Aid Operation and Features</p> <p>Explore the Phonak Naída™ L series hearing aids with this official user guide. Learn about setup, operation, connectivity, care, and troubleshooting for Phonak Naída L-M, L-SP, and L-SP Trial models.</p>