Motast 6db02fca-707d-49d2-b627-85fa94df7f3f

Motast 1.96" HD Smart Watch Instruction Manual

Model: 6db02fca-707d-49d2-b627-85fa94df7f3f

1. INTRODUCTION

Thank you for choosing the Motast 1.96" HD Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it thoroughly to ensure optimal performance and a satisfying user experience.

2. PRODUCT OVERVIEW

The Motast Smart Watch features a 1.96-inch HD display, Bluetooth calling capabilities, and comprehensive health and fitness tracking. It is designed to be a versatile companion for daily activities and sports.

Key Features:

- **1.96" HD Touch Screen:** Clear visuals and responsive interaction.
- **Bluetooth Call & Notifications:** Answer/make calls and receive alerts from your smartphone.
- **110+ Sport Modes:** Track various indoor and outdoor activities.
- **24/7 Health Monitoring:** Heart Rate, SpO2, and Sleep tracking.
- **IP68 Waterproof:** Suitable for daily use, including hand washing and rain.
- **Long Battery Life:** Up to 7 days of daily use, 30 days standby.
- **Customizable Dials:** Personalize your watch face with 200+ options or your own photos.

Figure 1: Overview of the multifunctional features of the Motast Smart Watch.

3. WHAT'S IN THE BOX

- Smart Watch x1
- Charging Cable x1
- Instruction Manual x1

Figure 2: Package contents and watch dimensions.

4. SETUP

4.1 App Download & Pairing

1. Download the **"GloryFit"** App from Google Play Store (for Android) or Apple App Store (for iOS).
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the GloryFit App and follow the on-screen instructions to search for and bind your device (e.g., "Y66").

4.2 Bluetooth Calling Function Setup

1. After successfully binding your watch to the GloryFit App, open the Bluetooth Call feature within the app.
2. On your watch, open the Bluetooth Call menu.
3. Find and connect to "Y66" in your phone's Bluetooth settings.
4. Once connected, you can use your watch to answer and make calls.

Figure 3: Connection and Bluetooth calling setup guide.

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Video 1: Demonstrates the 1.96" HD Smart Watch features, including answering and making calls, for men and women.

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5. OPERATING INSTRUCTIONS

5.1 Basic Navigation

The watch features a full touch screen. Swipe left, right, up, or down to navigate through menus and access different functions. Press the side button to return to the home screen or wake the device.

5.2 Customizing Watch Faces

The Motast Smart Watch offers over 200 watch faces through the GloryFit App. You can also upload your own photos to create personalized watch faces directly from your phone gallery.

Figure 4: Customizable watch faces and 1.96" HD color touch screen details.

Figure 5: Extensive collection of watch faces and DIY options.

5.3 Health Monitoring

- **Heart Rate Monitor:** Continuously tracks your heart rate 24/7. Access detailed trends in the GloryFit App.
- **SpO2 (Blood Oxygen) Monitor:** Measures your blood oxygen levels.
- **Sleep Tracker:** Monitors your sleep patterns (deep sleep, light sleep, awake time) and provides analysis to help improve sleep quality.
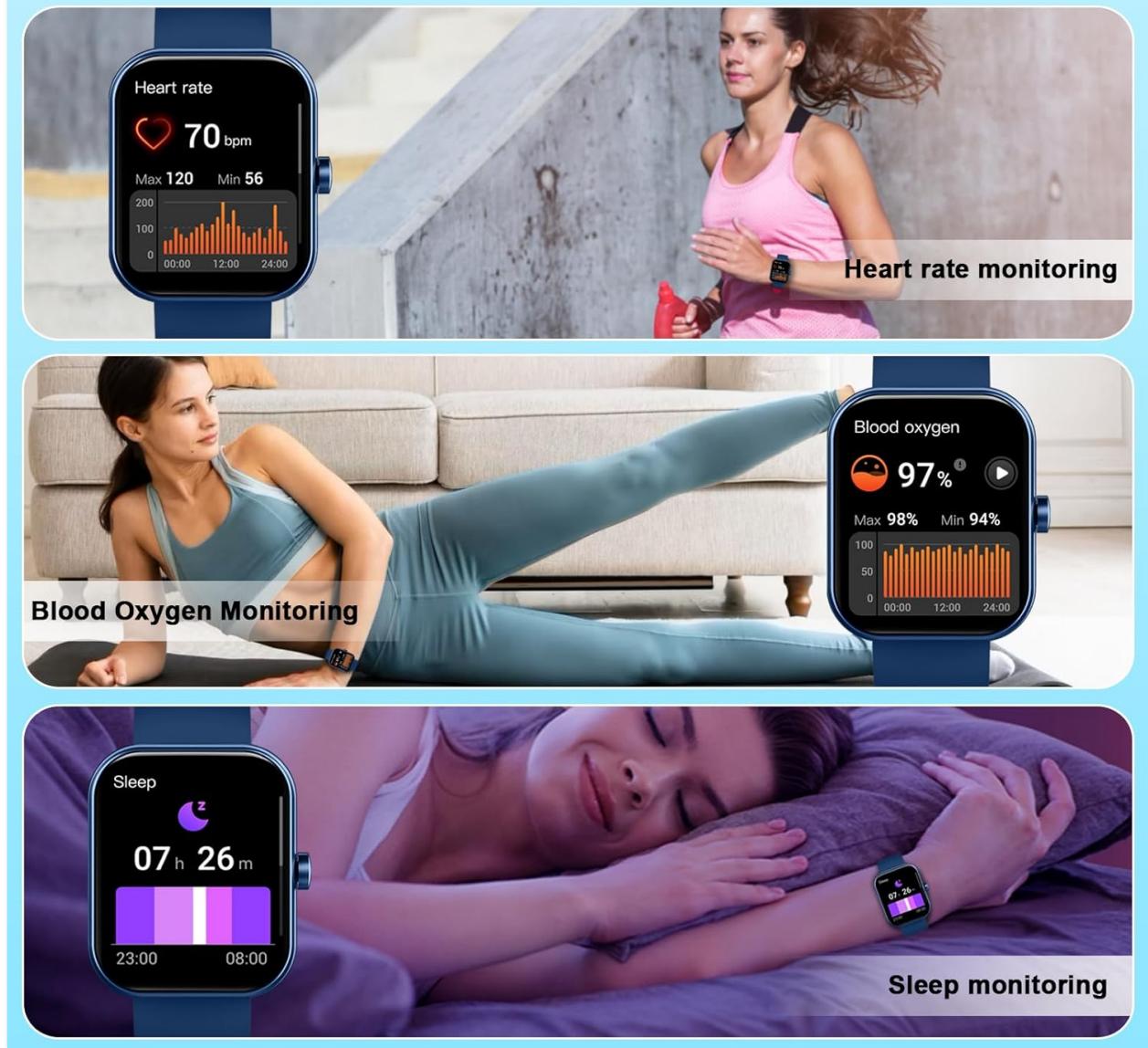
Figure 6: Health monitoring features including heart rate, SpO2, and sleep tracking.

Figure 7: Detailed heart rate monitoring interface.

Figure 8: Blood oxygen monitoring interface.
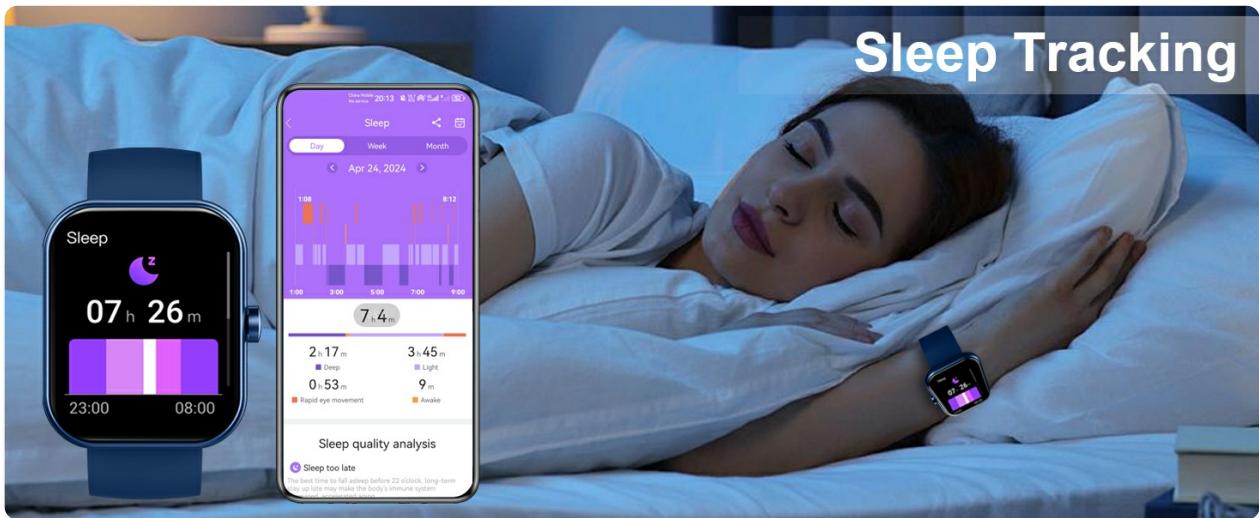
Figure 9: Sleep tracking data and analysis.

5.4 Sports Modes & Activity Tracking

The watch supports over 110 sports modes. It tracks all-day activity data including steps, calories burned, and distance. Connect to your phone's GPS to track outdoor workout routes.

Figure 10: Sports modes and activity tracking interface.
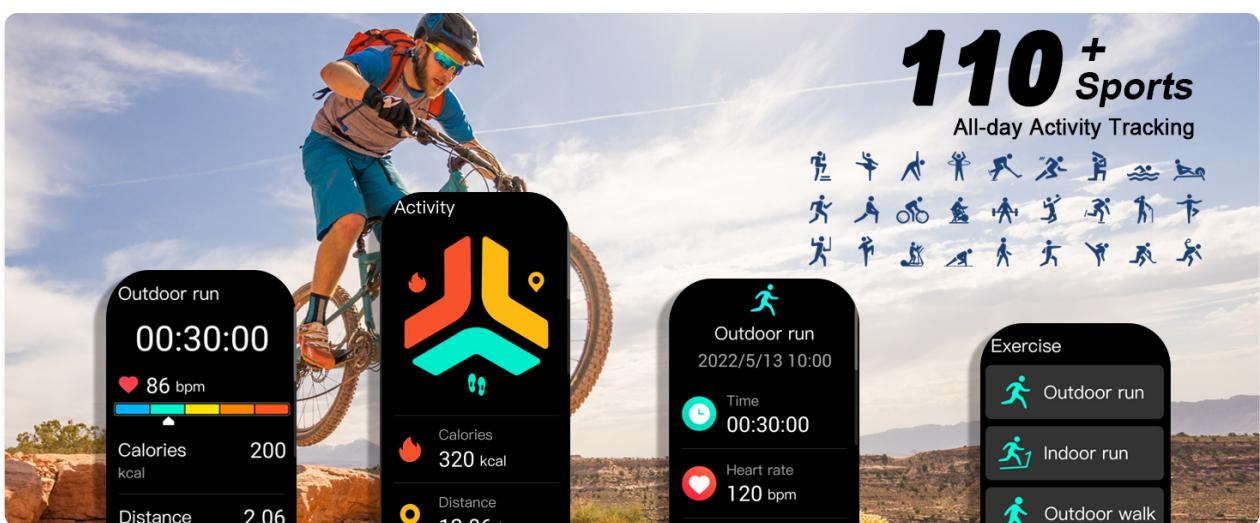
Figure 11: Detailed view of sports modes and activity tracking.

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Video 3: Demonstrates the features of the Aycy Smart Watch, including fitness tracking.

5.5 Notifications

Receive intelligent notifications from apps like Facebook, Messenger, Instagram, Gmail, WhatsApp, and Twitter directly on your watch. Raise your wrist to view messages.

Figure 12: Bluetooth call and message notification display.

5.6 Music Control

Control music playback on your smartphone directly from your watch.

5.7 Camera Control

Use your watch as a remote shutter to control your smartphone's camera.

5.8 Other Functions

The watch includes additional practical functions:

- **Alarm Clock:** Set multiple alarms.
- **Timer & Stopwatch:** For various timing needs.
- **Weather Display:** Get real-time weather updates.
- **Voice Assistant:** Interact with your phone's voice assistant.
- **Sedentary Reminder:** Prompts you to move after periods of inactivity.
- **Women's Health:** Specific tracking features for women.
- **Breathing Training:** Guided breathing exercises.

Figure 14: Additional practical functions of the smartwatch.
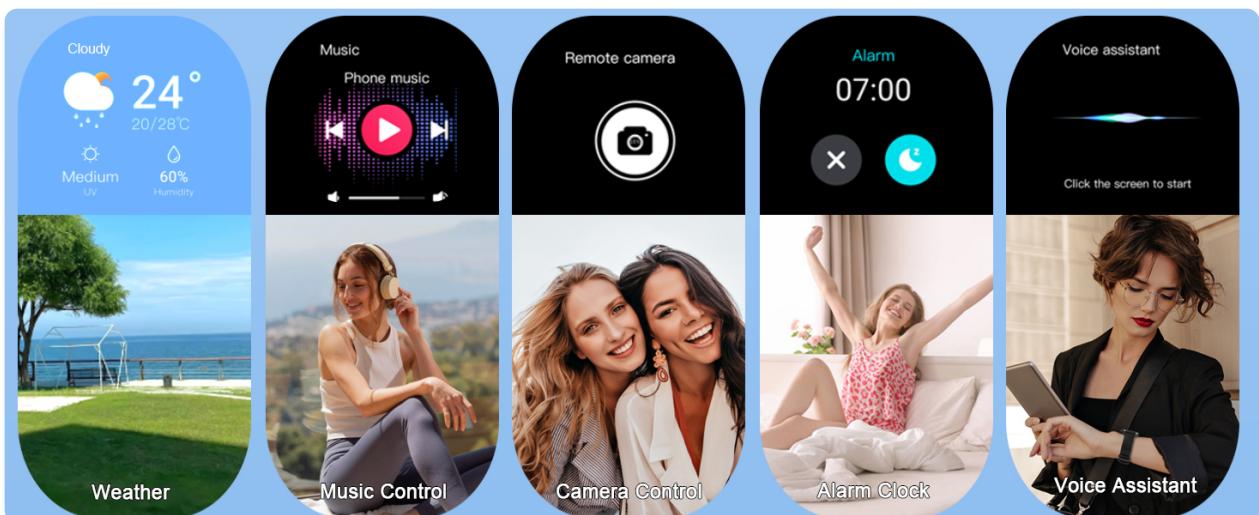
Figure 15: Weather, music, camera, alarm, and voice assistant features.

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Video 4: Instructions on how to turn off music playing on the P66D Smart Watch.

6. BATTERY & CHARGING

The Motast Smart Watch is equipped with a large-capacity battery, providing approximately 5-7 days of daily use and up to 30 days on standby mode. Charging takes 1.5-2 hours using the magnetic charging cable provided.

Figure 16: Battery life and magnetic charging details.

Figure 17: Battery capacity and charging method.

7. WATERPROOFING

The smartwatch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. You can wear it while washing hands or in the rain. **Note:** Do not use in showers, saunas, or hot tubs, as steam and hot water can damage the device.

Figure 18: IP68 Waterproof rating for the smartwatch.

8. MAINTENANCE

- Keep the watch clean and dry. Wipe it with a soft, dry cloth regularly.
- Avoid exposing the watch to extreme temperatures or direct sunlight for prolonged periods.
- Do not attempt to disassemble or repair the watch yourself. Contact customer support if issues arise.
- Ensure the charging contacts on the back of the watch and the charging cable are clean to prevent charging issues.

9. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the magnetic charger for at least 30 minutes.
- **Cannot pair with phone:** Make sure Bluetooth is enabled on your phone and the watch is within range. Restart both devices and try pairing again through the GloryFit App.
- **Notifications not received:** Check app notification settings on your phone and within the GloryFit App to ensure they are enabled for the watch. Ensure the watch is connected via Bluetooth.

- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Keep the sensor clean.
- **Charging issues:** Verify the magnetic charging cable is properly aligned with the contacts on the back of the watch. Try a different USB power source.

10. SPECIFICATIONS

Feature	Detail
Model Number	6db02fca-707d-49d2-b627-85fa94df7f3f
Screen Size	1.96 Inches
Display Type	TFT HD Color Display (320*386 resolution)
Connectivity	Bluetooth 5.3
Waterproof Rating	IP68
Battery Capacity	300 mAh (1 A battery included)
Charging Time	1.5-2 hours
Battery Life (Daily Use)	5-7 days
Battery Life (Standby)	30 days
Compatibility	Android 6.0+ / iOS 10.0+
Item Weight	3.2 ounces
Manufacturer	Motast

11. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the contact details provided in your product packaging or visit the official Motast website. Keep your purchase receipt for warranty claims.