Motast P99

Motast P99 1.96" HD Smart Watch User Manual

1. INTRODUCTION

Thank you for choosing the Motast P99 1.96" HD Smart Watch. This manual provides essential information for setting up, operating, and maintaining your device. Please read it carefully to ensure optimal performance and longevity of your smart watch.

Image: The Motast P99 Smart Watch with its 1.96-inch display showing various metrics and a side view of the watch with its strap.

2. WHAT'S IN THE BOX
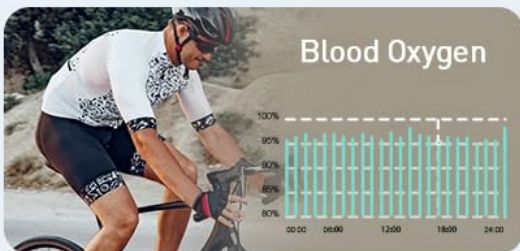
Verify that all items are present in your package:

- Motast P99 Smart Watch x1
- Charging Cable x1
- Instruction Manual x1

3. SETUP GUIDE

3.1 Charging the Device

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes 1.5-2 hours.

Image: The rear view of the smart watch highlighting the health sensors and magnetic charging points.

3.2 App Installation

To unlock all features, download the 'GloryFit' app on your smartphone. Scan the QR code provided in the manual or search for 'GloryFit' in your phone's app store (compatible with Android 6.0+ and iOS 10.0+).

3.3 Device Pairing

1. Ensure your phone's Bluetooth is enabled.
2. Open the 'GloryFit' app and follow the on-screen instructions to create an account or log in.
3. In the app, navigate to 'Device' and select 'Add Device'.
4. The app will search for your smart watch. Select 'P99' from the list of available devices.
5. Confirm the pairing request on both your phone and the watch.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

The watch features a 1.96" HD touch screen. Swipe left, right, up, or down to navigate through menus and functions. Press the side button to return to the home screen or wake the device.

Image: The 1.96-inch full touch colorful screen showcasing various watch faces and feature icons.

4.2 Making and Answering Calls

With Bluetooth 5.3, the watch supports direct call functionality. Once paired, you can answer incoming calls, dial numbers, and view call history directly from your wrist using the built-in microphone and HD speaker.

Image: A user demonstrating the call answering feature on the smart watch.

4.3 Smart Notifications

Receive notifications for messages, calls, and app alerts (e.g., Facebook, Messenger, Instagram, Gmail, WhatsApp, Twitter) directly on your watch. Ensure notification permissions are enabled in the 'GloryFit' app.
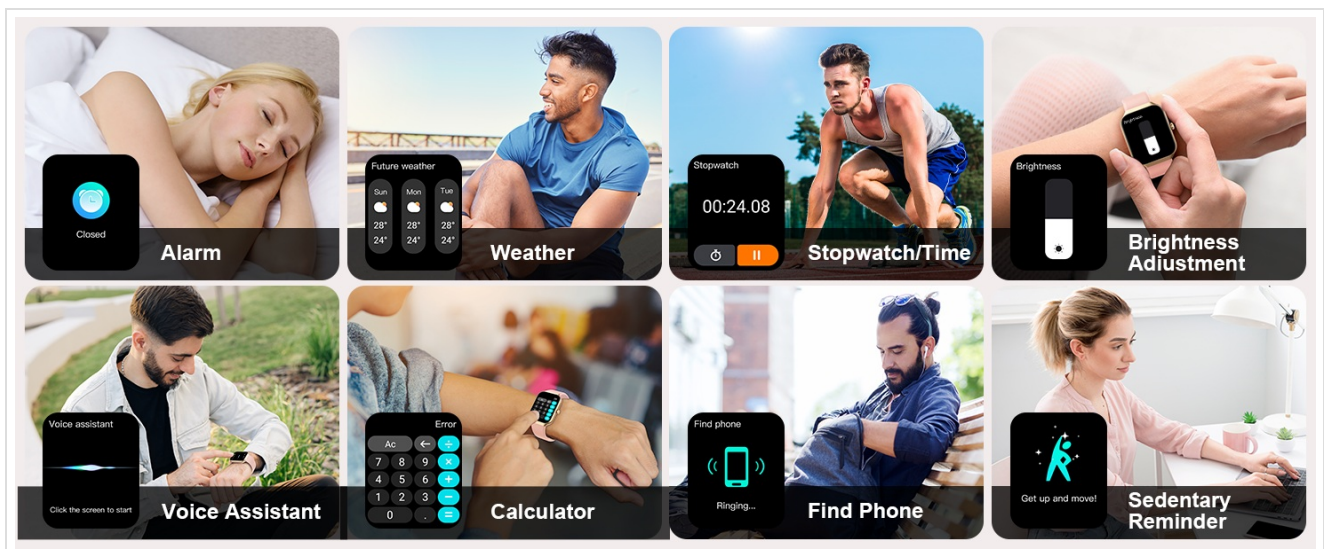

Image: The smart watch displaying a message notification from a social media application.

4.4 Health Monitoring

The watch continuously monitors various health metrics:

- **Heart Rate:** 24-hour real-time heart rate tracking.
- **Sleep Monitoring:** Tracks deep and light sleep patterns, providing detailed analysis in the 'GloryFit' app.
- **Blood Oxygen:** Measures SpO2 levels.
- **Menstrual Health Tracking:** Track menstrual cycles and estimate ovulation dates (available through the app).
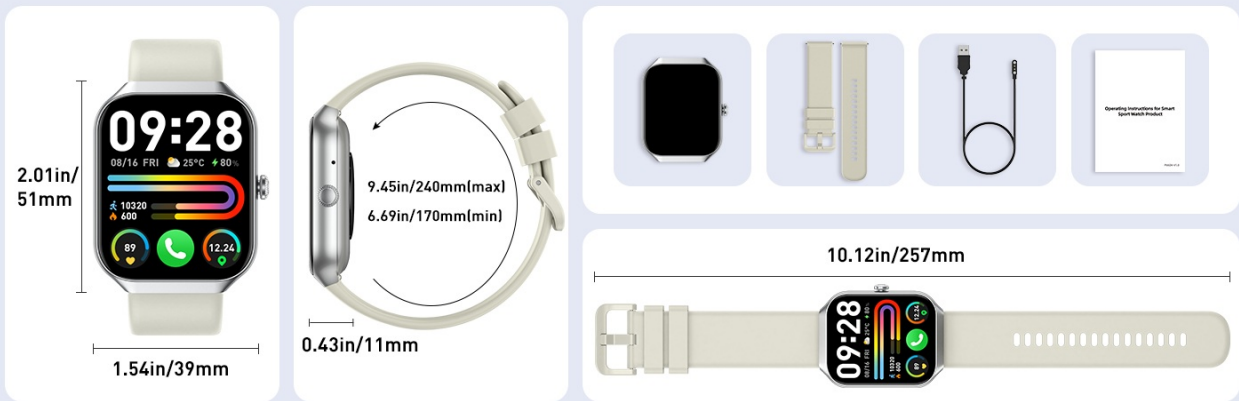
Size& Package Contents

2.01in/51mm

1.54in/39mm

9.45in/240mm(max)
6.69in/170mm(min)

0.43in/11mm

10.12in/257mm

Image: Visual representation of health data including blood oxygen, heart rate, sleep duration, and activity metrics.

4.5 Sport Modes and Activity Tracking

The watch supports over 112 indoor and outdoor sports modes, including walking, cycling, hiking, yoga, and swimming. It automatically records daily steps, distance, calories burned, and active minutes. Connect to your phone's GPS via the 'GloryFit' app to track workout routes.

Image: A user preparing for exercise, illustrating the watch's support for over 112 sports modes.

4.6 Other Functions

The Motast P99 Smart Watch includes several practical features:

- **Remote Camera:** Control your phone's camera remotely.
- **Music Control:** Play, pause, skip tracks, and adjust volume for music playing on your phone.
- **Weather Forecast:** View current weather conditions.
- **Alarm Clock:** Set alarms directly from the watch.
- **Stopwatch & Timer:** For precise timekeeping.
- **Find Phone:** Locate your paired smartphone.
- **Voice Assistant:** Interact with your phone's voice assistant.
- **Calculator:** Basic calculations on your wrist.
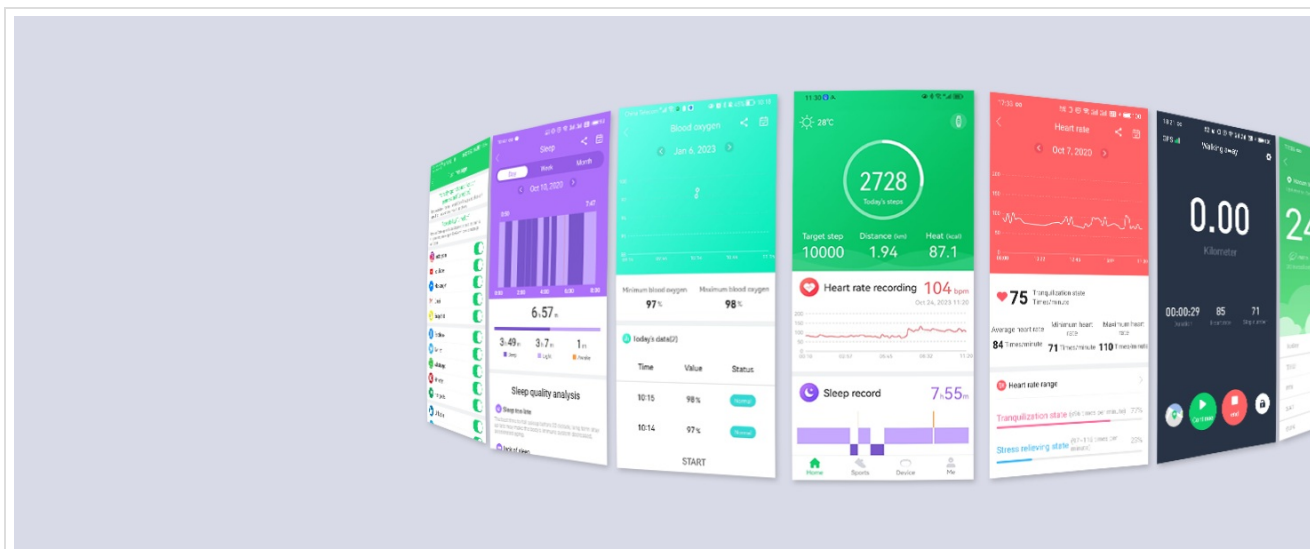- **Sedentary Reminder:** Prompts you to move after periods of inactivity.

Image: A visual overview of various utility functions available on the smart watch.

4.7 Customizing Watch Faces

Choose from over 200 watch faces available in the 'GloryFit' app to match your style. You can also upload photos from your phone gallery to create custom watch faces.
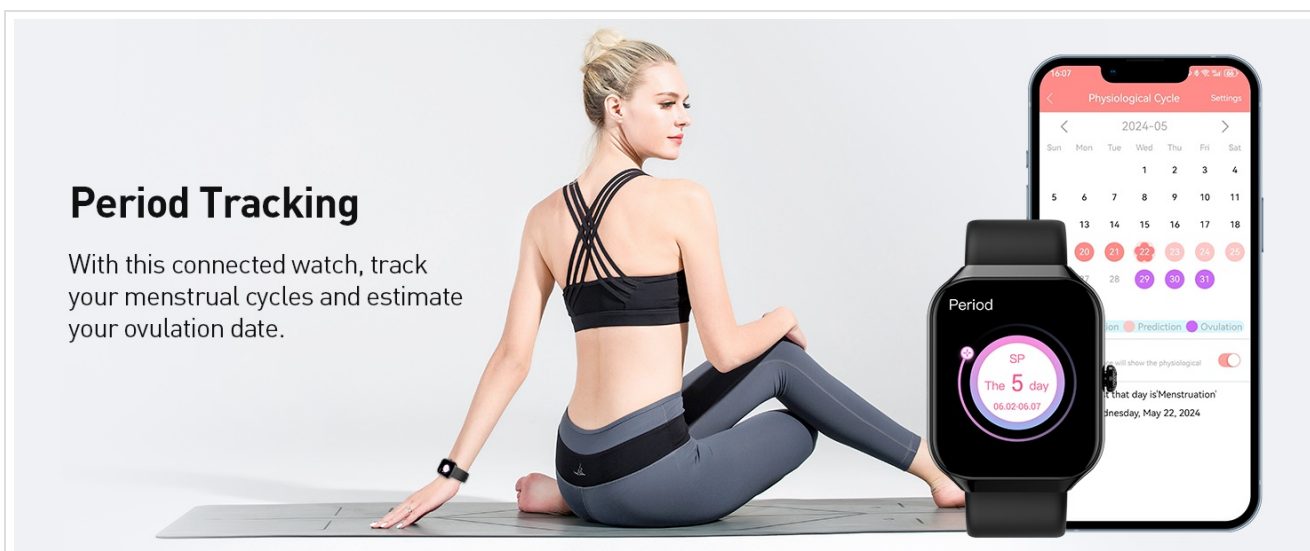

Image: A selection of customizable watch faces for the device.

5. Maintenance

5.1 Cleaning

Wipe the watch screen and strap regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp cloth and dry thoroughly. Avoid harsh chemicals or abrasive materials.

5.2 Water Resistance

The Motast P99 Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for washing hands, rain, and shallow swimming. **Do not use it in hot showers, saunas, or during diving, as steam and hot water can compromise the seals.**

Image: The smart watch being splashed with water, demonstrating its IP68 water resistance.

5.3 Battery Care

To prolong battery life, avoid extreme temperatures. Charge the watch using the provided cable. The watch offers approximately 5-7 days of daily use and up to 30 days in standby mode on a single charge.

6. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged.
- **Cannot pair with phone:** Check if Bluetooth is enabled on your phone and the watch is within range. Restart both devices and try pairing again. Ensure the 'GloryFit' app has necessary permissions.
- **No notifications:** Verify that notifications are enabled in both your phone's settings and the 'GloryFit' app. Ensure the app is running in the background.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor regularly.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

7. Specifications

Feature	Specification
Model Number	P99
Screen Size	1.96 Inches TFT HD Color Display
Resolution	320*386
Connectivity	Bluetooth 5.3
Battery Capacity	300 mAh (approx.)
Charging Time	1.5-2 hours
Battery Life (Daily Use)	5-7 days
Battery Life (Standby)	Up to 30 days
Water Resistance	IP68
Operating System	Android Wear 1.0 (compatible with Android 6.0+ / iOS 10.0+)
Item Weight	3.13 ounces
Manufacturer	Motast

8. Warranty and Support

For warranty information and technical support, please refer to the contact details provided with your purchase or visit the official Motast website. Keep your purchase receipt as proof of purchase for warranty claims.

Related Documents - P99

	[Power Q25 Pro Waterproof Wireless Sports Earbuds User Manual](#) User manual for the Power Q25 Pro waterproof wireless sports earbuds, detailing Bluetooth pairing, music controls, call functions, charging, product specifications, troubleshooting, and safety precautions.
	[i09 True Wireless Stereo Earphones - User Guide & Specifications](#) User manual for i09 True Wireless Stereo Earphones. Learn how to power on/off, pair, use music controls, voice assistant, and handle calls. Includes specifications, packing list, troubleshooting, and warranty information. Features Bluetooth 5.0.
	[J52 Wireless Earbuds Instruction Manual](#) User manual for J52 Wireless Earbuds, covering setup, operation, troubleshooting, and specifications. Learn how to connect, use, and maintain your J52 earbuds.

[P99 Smart Watch User Manual and Features](#)

Comprehensive user manual for the P99 Smart Watch, detailing its appearance, functions, charging, app connection, precautions, and troubleshooting. Covers features like Bluetooth calling, theme switching, health monitoring (heart rate, blood oxygen), exercise modes, sleep tracking, weather, message notifications, music control, and more.