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› GenSDH Ergonomic Mesh Office Chair User Manual (Pink, Nylon Feet)

GenSDH B0DWX7T3GD

GenSDH Ergonomic Mesh Office Chair User Manual

Model: B0DWX7T3GD

INTRODUCTION

This manual provides instructions for the assembly, operation, maintenance, and troubleshooting of your GenSDH Ergonomic Mesh Office Chair. Please read this manual thoroughly before assembly and use to ensure proper function and safety.

SAFETY INFORMATION

- Do not stand on the chair.
- Do not use the chair if any parts are missing or damaged.
- Ensure all bolts and screws are tightened before use. Periodically check and re-tighten as necessary.
- Keep children away from moving parts during adjustment.
- Maximum weight capacity: 102 kg (225 lbs).

PACKAGE CONTENTS

Please verify that all components are present before beginning assembly. If any parts are missing or damaged, contact customer support.

- Chair Backrest
- Seat Cushion
- Armrests (2)
- Chair Base (Nylon feet)
- Casters (5)
- Gas Lift Cylinder
- Mechanism Plate
- Headrest
- Hardware Pack (Screws, Allen Wrench)

SETUP AND ASSEMBLY

Follow these steps to assemble your office chair. It is recommended to assemble on a soft, clean surface to prevent damage.

1. **Attach Casters to Base:** Insert each of the five casters into the holes at the end of each leg of the chair base. Push firmly until they click into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the assembled chair base.
3. **Attach Mechanism Plate to Seat:** Align the mechanism plate with the pre-drilled holes on the underside of the seat cushion. Ensure the front of the mechanism faces the front of the seat. Secure with screws using the provided Allen wrench.
4. **Attach Armrests to Seat:** Attach the armrests to the sides of the seat cushion using the designated screws. Do not fully tighten yet.
5. **Attach Backrest to Seat/Armrests:** Align the backrest with the armrests and the mechanism plate. Secure the backrest to the armrests and the mechanism plate using screws. Once all screws are in place, fully tighten all armrest and backrest screws.
6. **Attach Headrest:** Insert the headrest into the designated slots at the top of the backrest.
7. **Connect Seat Assembly to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring the center hole of the mechanism plate aligns with the top of the gas lift. Press down firmly to secure.

OPERATING INSTRUCTIONS

Your GenSDH Ergonomic Mesh Office Chair offers several adjustable features for personalized comfort.

1. Seat Height Adjustment

To adjust the seat height, locate the lever on the right side beneath the seat cushion.

- **To raise the seat:** Lift the lever while taking your weight off the seat. The seat will rise automatically. Release the lever at the desired height.
- **To lower the seat:** Lift the lever while remaining seated. The seat will lower. Release the lever at the desired height.

The seat can be raised and lowered by approximately 10 cm.

2. Tilt Function and Locking

The chair features a three-speed locking chassis allowing for a tilt of up to 120 degrees.

- **To recline:** Pull out the lever on the left side beneath the seat. Lean back to the desired angle (up to 120 degrees). Push the lever back in to lock the tilt position.
- **To return to upright:** Pull out the lever, lean forward slightly, and the backrest will return to its upright position. Push the lever back in to lock.



Figure 1: Third gear locking chassis mechanism for tilt adjustment.

3. 360-Degree Swivel

The chair is designed to swivel 360 degrees for ease of movement and access to your workspace.

4. Fixed Headrest

The chair features a fixed headrest designed to support your neck and head, conforming to the natural curve of the human body.

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Fixed headrest



Figure 2: Fixed headrest for neck support.

5. Double S Support Spine Protection

The backrest features an ergonomic curve design with nylon frame support to provide optimal lumbar and spine protection.



Figure 3: Double S support for spine protection.

6. Comfortable Armrests

The armrests are designed with a PU surface for comfort and durability, providing stable support for your arms.



Figure 4: Comfortable PU surface armrests.

MAINTENANCE

- **Cleaning:** Wipe mesh and plastic parts with a damp cloth and mild soap. Avoid harsh chemicals. For the latex seat cushion, spot clean with a gentle fabric cleaner.
- **Hardware Check:** Periodically check all screws and bolts to ensure they are tight. Re-tighten as needed to maintain stability and safety.
- **Caster Care:** Keep casters free of hair and debris to ensure smooth rolling.
- **Avoid Direct Sunlight:** Prolonged exposure to direct sunlight may cause fading or material degradation.

TROUBLESHOOTING

Problem	Possible Cause	Solution
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Problem	Possible Cause	Solution
Chair does not raise or lower.	Gas lift cylinder malfunction or lever not engaged.	Ensure the height adjustment lever is fully engaged. If the problem persists, the gas lift may need replacement. Contact customer support.
Chair wobbles or feels unstable.	Loose screws or improper assembly.	Check and tighten all assembly screws, especially those connecting the seat, backrest, and armrests. Ensure the gas lift is properly seated in the base.
Casters do not roll smoothly.	Debris caught in casters or damaged casters.	Remove any hair, dust, or debris from the caster wheels. If casters are damaged, they may need replacement.
Backrest does not recline or lock.	Tilt mechanism not engaged or damaged.	Ensure the tilt locking lever is properly operated. If the mechanism is damaged, contact customer support.

SPECIFICATIONS

- **Product Name:** Ergonomic Mesh Office Chair
- **Model:** B0DWX7T3GD
- **Brand:** GenSDH
- **Material:** Mesh (backrest), Latex (seat cushion), Plastic (frame), PU (armrest surface)
- **Base Type:** Nylon feet
- **Color:** Pink
- **Weight Capacity:** 102 kg (225 lbs)
- **Tilt Angle:** Up to 120 degrees (3-speed locking)
- **Seat Height Adjustment:** Approximately 10 cm
- **Rotation:** 360 degrees
- **Gas Lift:** SGS International Certification Level 3 Pneumatic Rod



Figure 5: High-quality professional mesh fabric for breathability.

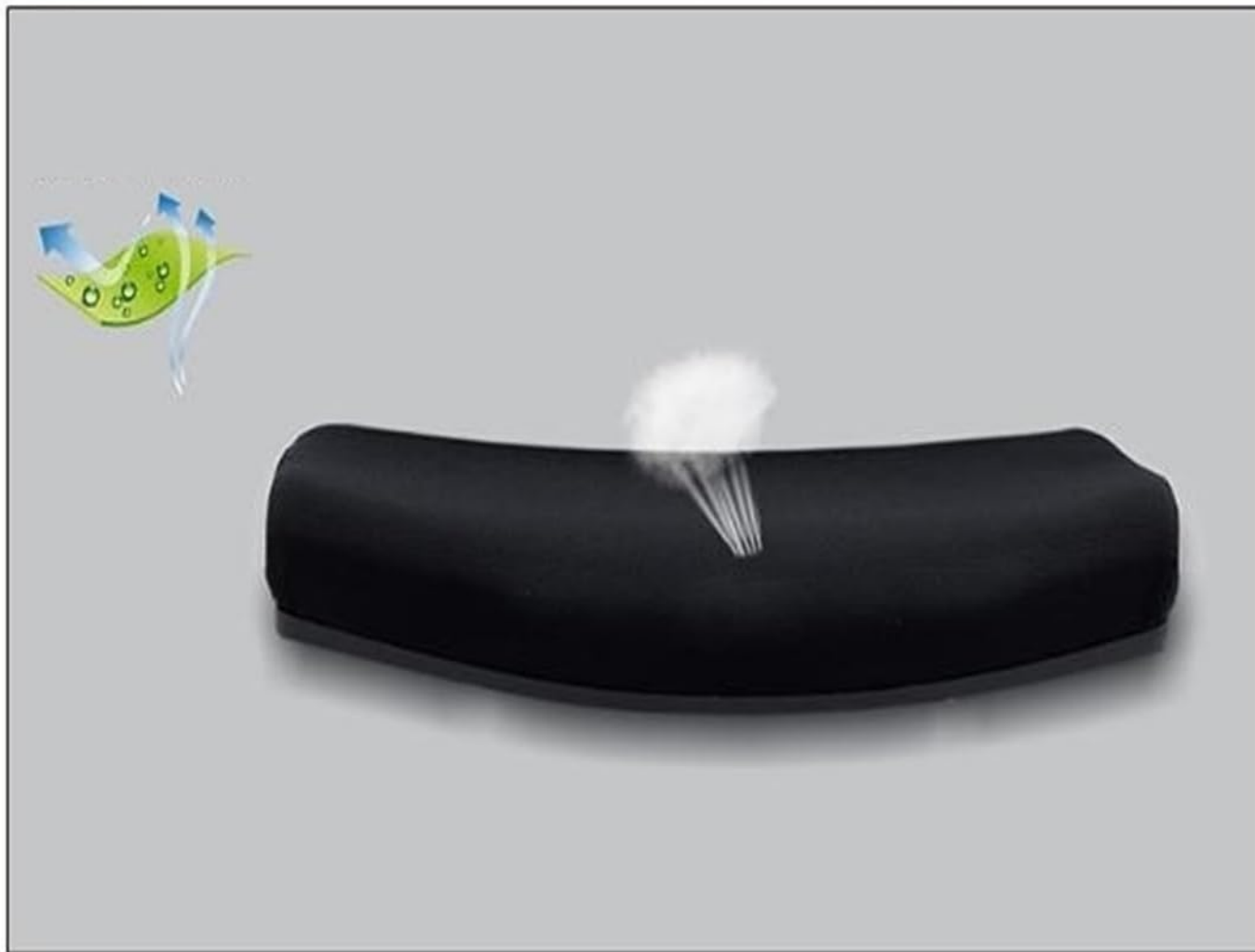


Figure 6: High-quality shaped latex cushion for comfort and durability.

WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the seller's policy on the purchase platform or contact the manufacturer directly. Keep your purchase receipt for warranty claims.

Manufacturer: GenSDH

For further assistance, please visit the product page on Amazon: [GenSDH Ergonomic Mesh Office Chair](#)

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