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› Snailax Vibration Back Massage Seat Cushion with Heat (Model 242) Instruction Manual

Snailax 242

Snailax Vibration Back Massage Seat Cushion with Heat (Model 242) Instruction Manual

INTRODUCTION

This manual provides detailed instructions for the safe and effective use of your Snailax Vibration Back Massage Seat Cushion with Heat, Model 242. This product is designed to provide a relaxing vibration massage and soothing heat to help alleviate muscle stress and fatigue in your back, hips, and thighs. Please read this manual thoroughly before first use and retain it for future reference.



Image: The Snailax Vibration Back Massage Seat Cushion in Classic Black, positioned on a comfortable chair, with a woman relaxing while using it. This image illustrates the product in a typical use setting.

SAFETY INFORMATION

- Do not use the massager for more than 15 minutes at a time. Allow your body rest periods between sessions.
- To avoid straining your muscles, do not exceed a continuous massage duration of 15 minutes.
- Consult a physician before using this product if you have any medical conditions, are pregnant, or have a pacemaker.

- Do not use this product in damp or wet environments.
- Keep out of reach of children.
- Unplug the unit from the power outlet when not in use or before cleaning.

PRODUCT FEATURES

- **Powerful Vibration Massage:** Features 10 vibration motors for a relaxing massage experience. This product provides vibration massage only, not Shiatsu massage.
- **Gentle Heat Function:** Offers 2 heating levels (Low: ~113°F, High: ~131°F) to help soothe muscle tension.
- **Personalized Settings:** Includes 5 distinct vibration modes and 3 adjustable intensity levels for a customizable massage.
- **Convenient Timer:** Built-in timer with 30, 60, and 90-minute auto shut-off options.
- **Portable Design:** Equipped with a storage bag for easy portability and storage.
- **Adjustable Straps:** Features straps for securing the cushion to various chairs.

SETUP INSTRUCTIONS

1. **Unpack:** Carefully remove the massage cushion and all accessories from the packaging.
2. **Position:** Place the massage cushion on your desired seating surface, such as an office chair, sofa, recliner, or wooden chair. Ensure it is stable and comfortable.
3. **Secure (Optional):** Use the adjustable straps located on the back of the cushion to secure it to your chair, preventing it from slipping during use.
4. **Connect Power:** Plug the power adapter into the cushion's input port. Then, plug the adapter into a standard 110-120V or 220-240V electrical outlet.
5. **Remote Control:** Place the remote control in the integrated storage bag or a convenient location within reach.

Video: This official Snailax video demonstrates the simple steps to set up the massage cushion, including connecting the power adapter and positioning it on a chair for use.



Image: A visual guide demonstrating the versatility of the Snailax massage cushion, showing it comfortably placed on a sofa, recliner, office chair, and a traditional wooden chair.

OPERATING INSTRUCTIONS

Use the wired remote control to operate the massage cushion.

Suitable for Multiple Scenarios



Image: A detailed view of the remote control, illustrating the various buttons and their functions for customizing your massage experience.

Remote Control Functions:

- **Power Button:** Press to turn the unit ON or OFF.
- **Heat Control:** Press to cycle through High, Low, or OFF heat settings. The default timer for heat is 30 minutes.
- **Vibration Mode (M1-M5):** Press to cycle through 5 different vibration patterns (M1, M2, M3, M4, M5) or turn off the mode.
- **Massage Regions:** Select specific areas for massage: Neck/Shoulders, Upper Back, Lower Back, Hips, Thighs. Each region can be turned on or off individually or combined.
- **Massage Intensity:** Cycle between 3 intensity levels (Low, Medium, High) for vibration.
- **Timer Button:** Press to set the massage/heat timer to 30, 60, or 90 minutes. The unit will automatically shut off after the selected time.

Personalized Settings



Vibration Modes
(M1-M5)



Heat
High/Low/Off



Intensity
High/Medium/Low



Timer
30/60/90 Mins



Image: A user demonstrating the personalized settings of the massage cushion, including vibration modes, heat, intensity, and timer functions.

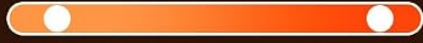


Image: An illustration highlighting the placement of the 10 vibration motors and heat elements within the cushion, indicating target areas such as the neck, shoulders, upper back, lower back, hips, and thighs.

Soothing Heat

The heating function can be used separately

2 Heating Levels



L~113°F

H~131°F



Image: A user experiencing the soothing heat function of the Snailax massage cushion, with an overlay indicating the two heating levels: Low (~113°F) and High (~131°F).

MAINTENANCE

Cleaning:

- Always unplug the unit before cleaning.

- Wipe the cushion with a soft, slightly damp cloth. Do not use abrasive cleaners or harsh chemicals.
- Do not immerse the cushion in water or any other liquid.
- Allow the cushion to air dry completely before storing or next use.

Storage:

- When not in use, store the massage cushion in its provided storage bag to protect it from dust and damage.
- Store in a cool, dry place, away from direct sunlight and extreme temperatures.
- Avoid placing heavy objects on the cushion during storage.

Storage Bag for Convenient Store



Image: A user demonstrating the ease of storing the Snailax massage cushion in its dedicated storage bag, highlighting its portability and compact design.

TROUBLESHOOTING

- **Unit does not turn on:**
 - Ensure the power adapter is securely plugged into both the cushion and a working electrical outlet.

- Check if the power outlet is functional by plugging in another device.

- **Vibration is weak or not felt:**

- Increase the intensity level using the remote control.
- Adjust your seating position on the cushion to ensure proper contact with the vibration motors.

- **Heat is not felt:**

- Ensure the heat function is activated on the remote control.
- Allow a few minutes for the heat to build up, as it may not be immediately noticeable.
- Check that the heat intensity is set to High if you desire maximum warmth.

SPECIFICATIONS

Product Dimensions	17.32 x 5.71 x 12.8 inches
Item Weight	3.75 pounds (1.7 kg)
Model Number	242 (SL-242-US)
Brand Name	Snailax
Power Source	Corded Electric
Target Use Body Part	Back, Neck, Shoulder, Hips, Thighs
Massage Type	Vibration Massage (10 Motors)
Heat Settings	2 Levels (Low: ~113°F, High: ~131°F)
Vibration Modes	5 Modes
Intensity Levels	3 Levels
Timer Options	30/60/90 Minutes Auto Shut-off
Material Type	Foam
Color	Classic Black

WARRANTY AND SUPPORT

Snailax products are designed for quality and reliability. For any warranty claims, technical support, or inquiries regarding your Snailax Vibration Back Massage Seat Cushion with Heat (Model 242), please contact Snailax customer service directly. Refer to the product packaging or the official Snailax website for the most current contact information.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question