

Reebok RBK-SBLS-P

Reebok LS Edition Smartwatch User Manual

Model: RBK-SBLS-P

1. PRODUCT OVERVIEW

The Reebok LS Edition Smartwatch is designed to integrate seamlessly into your daily routine, offering advanced features for activity monitoring and connectivity. Its clean, minimalist design ensures both functionality and style.

1.1 Package Contents

- Reebok LS Edition Smartwatch (Pink)
- Charging Cable
- Adjustable Strap
- User Manual (this document)



Figure 1.1: Front view of the Reebok LS Edition Smartwatch with its pink case and strap.

2. SETUP

2.1 Initial Charging

1. Connect the charging cable to the smartwatch's charging port.
2. Plug the other end of the charging cable into a USB power adapter (not included) or a computer's USB port.
3. Allow the smartwatch to charge completely before first use. A full charge typically takes approximately 2 hours. The screen will indicate charging status.

2.2 Powering On/Off

- **To Power On:** Press and hold the side button until the Reebok logo appears on the screen.
- **To Power Off:** Press and hold the side button, then select "Power Off" from the options displayed on the screen.

2.3 Pairing with a Smartphone

To unlock the full functionality of your Reebok Smartwatch, pair it with your smartphone via Bluetooth.

1. Ensure your smartwatch is powered on and fully charged.
2. Download and install the official Reebok Smartwatch application on your smartphone (available on iOS App Store and Google Play Store).
3. Enable Bluetooth on your smartphone.
4. Open the Reebok Smartwatch application and follow the on-screen instructions to search for and connect to your device.
5. Confirm the pairing code displayed on both your smartwatch and smartphone.

3. OPERATING INSTRUCTIONS

3.1 Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and widgets. Tap to select an item.
- **Side Button:** Press once to return to the watch face or access the app menu. Press and hold for power options or to activate voice assistant (if supported).



Figure 3.1: Side view of the Reebok LS Edition Smartwatch, highlighting the side button for navigation and power control.

3.2 Notifications

Once paired with your smartphone, the smartwatch will display notifications for calls, messages, and other applications. Swipe down from the watch face to view recent notifications.

3.3 Activity Tracking

The smartwatch features an integrated sensor for tracking various activities. Access the activity tracking menu to view:

- Step count
- Distance traveled
- Calories burned
- Heart rate (if applicable, based on integrated sensor)

For detailed insights and historical data, refer to the Reebok Smartwatch application on your smartphone.

3.4 Customizing Watch Faces

Personalize your smartwatch by changing the watch face. Press and hold the watch face, then swipe left or right to browse available options. Tap to select a new watch face.

4. MAINTENANCE

4.1 Cleaning Your Smartwatch

- Wipe the screen and case with a soft, lint-free cloth.
- For stubborn marks, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Ensure the charging contacts are clean and dry before charging.

4.2 Battery Care

- Avoid exposing the smartwatch to extreme temperatures.
- Do not allow the battery to fully discharge frequently, as this can reduce its lifespan.
- Charge the device regularly, even if not in constant use.

4.3 Strap Replacement

The adjustable strap can be replaced. Refer to the quick release pins on the underside of the strap to detach and attach new compatible straps. Ensure the new strap is securely fastened before wearing.

5. TROUBLESHOOTING

Issue	Possible Solution
Smartwatch does not power on.	Ensure the device is fully charged. Connect to the charger for at least 30 minutes.
Cannot pair with smartphone.	<ul style="list-style-type: none"> • Ensure Bluetooth is enabled on your smartphone. • Make sure the smartwatch is in pairing mode. • Restart both the smartwatch and smartphone. • Check if the Reebok Smartwatch app is updated to the latest version.
Notifications are not received.	<ul style="list-style-type: none"> • Verify that the smartwatch is successfully paired with your smartphone. • Check notification settings within the Reebok Smartwatch app and your smartphone's system settings. • Ensure the app has necessary permissions to send notifications.
Inaccurate activity tracking.	<ul style="list-style-type: none"> • Ensure the smartwatch is worn snugly on your wrist. • Calibrate the device through the companion app if a calibration option is available.

6. TECHNICAL SPECIFICATIONS

Feature	Detail
Model Number	RBK-SBLS-P
Brand	Reebok
Color	Pink
Display Type	AMOLED
Shape	Round
Material Type	Plastic
Operating System	Wear OS 2.0
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth

Feature	Detail
GPS	No GPS
Special Feature	Notifications, Integrated Sensor
Memory Storage Capacity	63.98 MB
Battery Capacity	149.99 mAh
Product Dimensions	1.6 x 4.5 x 17 cm; 70 g
Compatible Devices	Smartphone, Tablet

7. WARRANTY AND SUPPORT

This Reebok Smartwatch comes with a standard manufacturer's warranty. For specific warranty terms and conditions, please refer to the warranty card included in your product packaging or visit the official Reebok website.

For technical support, troubleshooting assistance, or further inquiries, please contact Reebok customer service through their official website or the contact information provided in your product documentation.

Online Resources:

- [Reebok Official Store on Amazon](#)
- Refer to the Reebok Smartwatch application for FAQs and additional support.

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Related Documents - RBK-SBLS-P

	<p>Reebok Open Flow Open Wearable Earphones User Manual</p> <p>User manual for the Reebok Open Flow Open Wearable Earphones (RBK1307), covering safety precautions, features, charging, pairing, usage, maintenance, and warranty information.</p>
	<p>Reebok GB40s / GX40s Console Guide: User Manual</p> <p>This guide provides essential information for operating the Reebok GB40s and GX40s fitness equipment console. Learn about display functions, workout modes, and operational procedures for a versatile training experience.</p>

	<p><u>Reebok Relay Smart Bracelet Instruction Manual</u></p> <p>Comprehensive instruction manual for the Reebok Relay Smart Bracelet, covering setup, features, sports modes, app usage, and care instructions.</p>
	<p><u>Reebok JET300+ Treadmill User Manual & Bluetooth Guide</u></p> <p>Comprehensive user manual for the Reebok JET300+ treadmill, covering assembly, operation, safety, maintenance, and Bluetooth connectivity. Essential guide for owners.</p>
	<p><u>Reebok Watch User Manual: Operation, Features, and Warranty</u></p> <p>Comprehensive guide to operating your Reebok watch, including setting the date and time, using the alarm and INDIGLO® night-light, understanding water resistance, adjusting the bracelet, and warranty information.</p>
	<p><u>Reebok GX40s Cross Trainer User Manual</u></p> <p>Discover the Reebok GX40s Cross Trainer with this comprehensive user manual. Learn about safe operation, assembly, console features, and various workout modes for an effective home fitness experience.</p>