

Armitron 42/1021BKBK

Armitron Connect Link Smartwatch Model 42/1021BKBK User Manual

Your guide to setup, operation, and maintenance.

1. INTRODUCTION

This manual provides essential information for the proper use and care of your Armitron Connect Link Smartwatch, Model 42/1021BKBK. This device combines timekeeping with advanced health and fitness tracking, communication features, and smart functionalities. Please read these instructions thoroughly before operating your smartwatch.

2. PACKAGE CONTENTS

Upon unboxing your Armitron Connect Link Smartwatch, verify that all components are present:

- Armitron Connect Link Smartwatch (Model 42/1021BKBK)
- USB Charging Cable
- User Manual (this document)



Figure 1: Armitron Connect Link Smartwatch and accessories in packaging. The image displays the smartwatch, a charging cable, and a user manual within a white box.

3. SETUP

3.1 Charging the Smartwatch

Before initial use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a compatible power source (e.g., computer USB port, USB wall adapter).



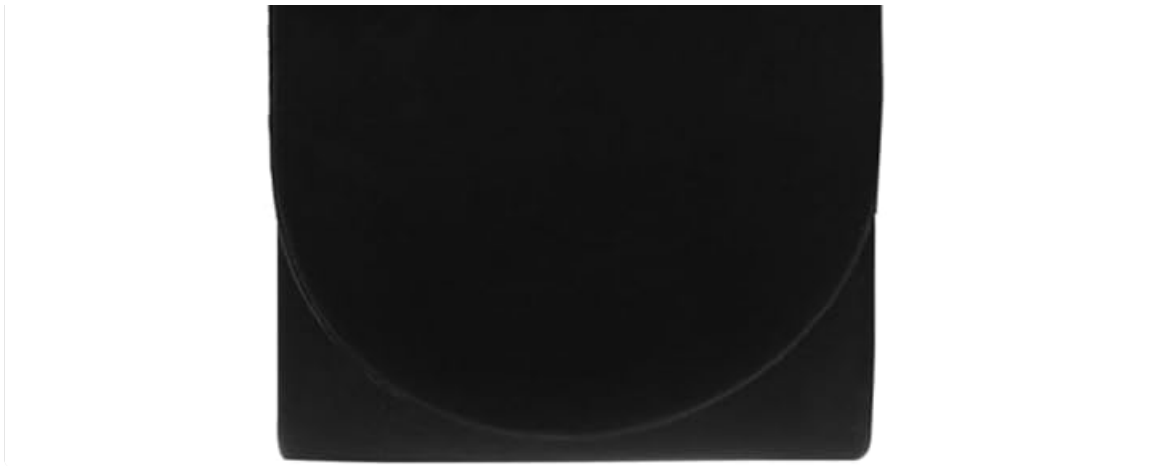


Figure 2: Rear view of the smartwatch, highlighting the charging contacts. The watch has a black strap and a black circular case with metallic charging pins on the back.

3.2 App Installation and Pairing

To unlock the full functionality of your smartwatch, download and install the **Armitron Connect Mobile app** on your smartphone. The app is compatible with Android 5.0+ and iOS 9.0+ devices.

1. Search for "Armitron Connect" in your device's app store.
2. Install the app and open it.
3. Follow the on-screen instructions within the app to pair your smartwatch via Bluetooth. Ensure Bluetooth is enabled on your smartphone.

3.3 Wearing the Smartwatch

Wear the smartwatch snugly on your wrist, about one finger's width above your wrist bone. This ensures accurate heart rate and other health metric readings.



Figure 3: Side view of the smartwatch, showing its slim profile and how it sits on the wrist. The watch has a black case and a black silicone strap with a silver buckle.

4. OPERATING THE SMARTWATCH

4.1 Basic Navigation

The Armitron Connect Link Smartwatch features a responsive touchscreen and a side button for navigation:

- **Swipe Up/Down:** Scroll through menus and notifications.
- **Swipe Left/Right:** Access different widgets or quick settings.
- **Tap:** Select an item or open an application.
- **Press Side Button:** Return to the home screen or wake the display.



Figure 4: Front view of the smartwatch with a digital watch face showing time and activity data. The watch has a black circular display and a black strap.

4.2 Customizing Watch Faces

Personalize your smartwatch by changing the watch face. This can be done directly on the watch by long-pressing the screen or through the Armitron Connect Mobile app, which offers a wider selection of designs.

4.3 Health Monitoring

The smartwatch tracks various health metrics:

- **Heart Rate:** Monitor your heart rate throughout the day.
- **Calories:** Track calories burned based on your activity.
- **Sleep:** Analyze your sleep patterns (awake, REM, light, restful sleep).
- **Menstrual Cycle:** Track and predict your menstrual cycle (via app integration).

4.4 Fitness Tracking

Enhance your fitness journey with these features:

- **Step Counter:** Records your daily steps.
- **Sport Modes:** Select from various sport modes for accurate activity tracking.
- **Reminders:** Receive reminders to move and stay hydrated.

4.5 Communication

Stay connected directly from your wrist:

- **Make and Receive Calls:** Use the smartwatch for phone calls when connected to your smartphone.
- **Message Notifications:** Receive alerts for incoming messages.
- **Save Favorite Contacts:** Access your most important contacts quickly.

4.6 Other Features

The smartwatch includes additional utilities:

- **Flashlight:** Utilize the screen as a temporary light source.
- **AI Voice:** Access voice assistant features.
- **Timer & Alarm:** Set timers and alarms.
- **Stopwatch & World Clock:** Time events and view global times.
- **Find Phone:** Locate your paired smartphone.
- **Calculator:** Perform basic calculations.
- **Games:** Engage with pre-installed games.
- **Settings:** Adjust display, vibration, DND mode, and other system preferences.

ADDITIONAL FEATURES



**MAKE &
RECEIVE CALLS**



**MUSIC
CONTROL**



**CALORIE
TRACKING**



**SPORTS
MODES**



**MESSAGE
NOTIFICATIONS**



**HEART
RATE**



**WOMEN'S
HEALTH**



**SLEEP
TRACKING**



**GPS
CONNECTION**



**VOICE
ASSISTANT**



**SEDENTARY
REMINDERS**



**STEP
COUNTER**



**CAMERA
CONTROL**



**WATCH
LOCATOR**



**BREATHING
EXERCISES**



**HYDRATION
REMINDERS**



**WEATHER
UPDATES**



**IP68 WATER
RESISTANT**

Figure 5: Icons illustrating the diverse features of the smartwatch, including calls, music control, calorie tracking, sport modes, message notifications, heart rate, women's health, sleep tracking, GPS connection, voice assistant, sedentary

reminders, step counter, camera control, watch locator, breathing exercises, hydration reminders, weather updates, and IP68 water resistance.

5. MAINTENANCE

5.1 Cleaning

Regularly clean your smartwatch and strap with a soft, damp cloth. Avoid harsh chemicals or abrasive materials that could damage the device.

5.2 Water Resistance

The Armitron Connect Link Smartwatch is IP68 water resistant. This means it is protected against immersion in water up to 1.5 meters for up to 30 minutes. It is suitable for activities like swimming in shallow water but not for diving or high-pressure water activities.

5.3 Battery Life

When fully charged, the smartwatch battery life can last up to four days, depending on usage. To maximize battery life, adjust screen brightness, limit notifications, and disable features not in active use.

6. TROUBLESHOOTING

If you encounter issues with your smartwatch, try the following:

- **Smartwatch not turning on:** Ensure the device is fully charged.
- **Difficulty pairing with phone:** Check that Bluetooth is enabled on your phone and the smartwatch is in pairing mode. Restart both devices.
- **Inaccurate health data:** Ensure the smartwatch is worn snugly on your wrist.
- **Notifications not appearing:** Verify app permissions and notification settings on both your phone and the smartwatch.
- **Short battery life:** Review usage patterns and adjust settings as described in Section 5.3.

For further assistance, refer to the Armitron Connect Mobile app's help section or visit the official Armitron support website.

7. SPECIFICATIONS

Feature	Detail
Model Number	42/1021BKBK
Display Type	AMOLED High-Definition
Battery Life	Up to 4 days (typical usage)
Water Resistance	IP68
App Compatibility	Android 5.0+ / iOS 9.0+
Connectivity	Bluetooth
Package Dimensions	7.36 x 3.46 x 1.26 inches

Item Weight	3.53 ounces
Manufacturer	Armitron Sport

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your purchase or visit the official Armitron website. Keep your proof of purchase for warranty claims.

9. OFFICIAL PRODUCT VIDEOS

No official seller videos directly relevant to the Armitron Connect Link Smartwatch Model 42/1021BKBK were available for embedding at this time.