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UMAY U50-series

UMAY Fitness Home Folding Incline Treadmill User Manual

Model: U50-series
Brand: UMAY

1. Introduction

The UMAY Fitness Home Folding Incline Treadmill is designed to provide an efficient and convenient cardio workout experience in the comfort of your home. Featuring a quiet brushless motor, pulse sensors, manual incline positions, and a hydraulic auto-folding system, this treadmill is built for performance, durability, and ease of storage. This manual provides essential information for safe setup, operation, and maintenance of your treadmill.

2. Safety Information

Please read all instructions carefully before using the treadmill. Keep this manual for future reference.

- Ensure the treadmill is placed on a flat, stable surface.
- Keep children and pets away from the treadmill during operation.
- Do not exceed the maximum user weight capacity of 300 lbs.
- Always attach the safety key clip to your clothing before starting your workout.
- Unplug the treadmill from the power source when not in use or before cleaning/maintenance.
- Wear appropriate athletic footwear during use.
- Consult a physician before starting any new exercise program.

3. Setup and Assembly

Your UMAY Fitness Treadmill requires minimal assembly. Follow the steps below or refer to the official installation video for a visual guide.

3.1 Required Tools and Components

- 4 Short Bolts and Washers
- 2 Long Bolts and Washers
- 2 Safety Pins
- 1 Allen Key (provided)

3.2 Assembly Steps

1. **Attach Armrests:** Insert one long screw with a washer into the bottom bolt hole of each armrest (left and right side). Fix them clockwise using the Allen key.
2. **Secure Front Armrest:** Insert two short screws with washers into the front bolt holes of each armrest (left and right side). Fix them clockwise using the Allen key.
3. **Secure Protective Covers:** Place and secure the protective covers over the base of the armrests as shown in the video.
4. **Adjust Display Angle:** Adjust the display angle so that it is parallel to the ground. Insert one short screw with a washer into the bolt hole at the connection between the screen and the handle on both sides. Fix them clockwise using the Allen key.
5. **Insert Safety Pins:** Insert the safety pins into the designated slots on both sides of the treadmill's folding mechanism to secure it in the upright position.

3.3 Installation Video

Video Description: This official UMAY Fitness video demonstrates the complete installation process for the U50 Treadmill, including attaching the armrests, securing components, and adjusting the display. It provides clear visual guidance for each step of the assembly.



Image Description: Thumbnail from the UMAY Fitness U50 Treadmill Installation video, showing the treadmill in a partially assembled state, ready for the final steps.

4. Operating Instructions

Familiarize yourself with the control panel and features for an optimal workout.

4.1 Control Panel and Display



Image Description: Close-up view of the UMAY Fitness Treadmill's multi-function handrail and control panel, highlighting the display, speed controls, and heart rate sensors.

- **Display:** The LCD display shows Time, Distance, Calories, and Speed.
- **Speed Control:** Use the 'Speed+' and 'Speed-' buttons on the control panel or handrails to adjust the speed from 0.6 MPH to 8.7 MPH.
- **Start/Stop:** Press 'Start' to begin your workout and 'Stop' to end it.
- **Mode:** Cycle through different workout modes.
- **Prog (Program):** Select from 12 pre-set workout programs.

4.2 Pulse Sensors

Keep track of your target heart rate in real-time by gripping the built-in handrail heart sensors. Monitoring your pulse rate during exercise ensures you're working out correctly and efficiently.

4.3 Manual Incline



Image Description: Illustration showing the three different manual incline positions (3%, 8%, 10%) available on the UMAY Fitness Treadmill, indicating increased calorie burn at higher inclines.

Customize the intensity of your workout with 3 different manual incline positions. Simulate the challenge of running uphill and engage different muscle groups.

4.4 Auto-Folding System

Video Description: This official UMAY Fitness video demonstrates the automatic folding system of the treadmill, showing how the hydraulic mechanism allows for safe and hands-free folding and unfolding.



Image Description: A visual representation of the treadmill's hydraulic system, illustrating how it assists in the auto-folding process

for convenient storage.

The hydraulic system guarantees safe and hands-free unfolding. The built-in transportation wheels allow for effortless movement or storage, taking up only 0.35m³ when folded.

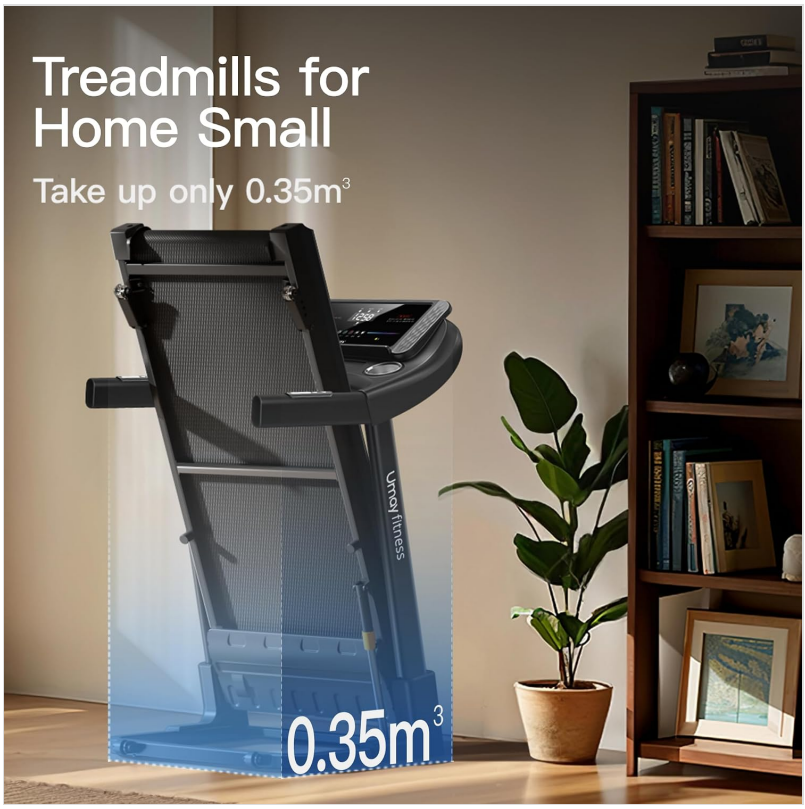


Image Description: The UMAY Fitness Treadmill shown in its folded, compact state, demonstrating how it can be stored in small home environments.

5. Maintenance

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Lubrication:** The walking belt comes pre-lubricated. Periodically check the belt and apply silicone lubricant as needed to ensure smooth operation and prevent friction.
- **Belt Alignment:** If the treadmill belt drifts to one side or makes unusual noises, it may need adjustment. Refer to the user manual (PDF) for detailed instructions on how to center the belt using the provided Allen wrench.
- **Cleaning:** Wipe down the treadmill with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners.

6. Troubleshooting

If you encounter any issues with your UMAY Fitness Treadmill, refer to the common problems and solutions below.

- **Treadmill Not Powering On:**
  - Ensure the power cord is securely plugged into a working outlet and the treadmill's power switch is in the 'ON' position.
  - Check the safety key is correctly inserted into its slot on the console.
- **Running Belt Drifting or Squeaking:**
  - This often indicates the belt needs alignment or lubrication. Follow the maintenance guidelines for belt adjustment and lubrication.

- **Unusual Noises During Operation:**
    - Check for loose parts or foreign objects under the belt. Ensure the treadmill is on a level surface. If the noise persists, contact customer support.

For further assistance, please contact UMAYCare customer support.

7. Specifications

Feature	Detail
Brand	UMAY
Model Name	U50-series
Color	BLACK
Product Dimensions (LxWxH)	56.3"D x 24.3"W x 43.7"H
Item Weight	66 Pounds
Frame Material	Alloy Steel
Maximum Speed	8.7 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	3.0 HP
Maximum Incline Percentage	3 (Manual Positions)
Maximum Weight Recommendation	300 Pounds
Deck Length	44.1 Inches
Deck Width	16.1 Inches
Folded Size	52.4 x 24 x 8.7 inches
Display Type	LCD
Number of Programs	12
Connectivity Technology	Bluetooth
Metrics Measured	Heart Rate
UPC	850074068044, 796520169623

8. Warranty and Support

UMAY is committed to providing excellent customer service and product reliability.

8.1 Product Warranty

- **Frame:** 5-year warranty
- **Parts:** 1-year warranty

8.2 Customer Support (UMAYCare)

UmayCare is dedicated to ensuring your satisfaction. Our California-based customer support team is available to assist with any questions or issues you may have regarding your equipment. We provide comprehensive after-sales and technical support, covering everything from shipping damage and parts issues to product usage, installation, and maintenance, ensuring tailored solutions for your needs.

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