

## G-TiDE S6 PRO

# G-TiDE Smartwatch S6 Pro User Manual

Model: S6 PRO

## INTRODUCTION

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This manual provides comprehensive instructions for the G-TiDE Smartwatch S6 Pro. Please read this manual carefully before using the device to ensure proper operation and to maximize its features. Keep this manual for future reference.

## PACKAGE CONTENTS

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Upon opening the package, please verify that all the following items are included:

- 1 x G-TiDE Smartwatch S6 Pro
- 2 x Interchangeable Watch Straps
- 1 x Charging Cable
- 1 x User Manual (this document)

## PRODUCT OVERVIEW

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Familiarize yourself with the physical components of your G-TiDE Smartwatch S6 Pro.





**Figure 1:** Front view of the G-TIDE Smartwatch S6 Pro. The watch features a large square AMOLED display, showing a customizable watch face with various health and activity metrics. The strap is a dark green silicone material.



Model-S6 PRO, DC5V=0.5A, Smart Watch, Designed in USA, Made in PRC &

SN: S6PRO24B5100386

G-TIDE FCC CE



**Figure 2:** Rear view of the G-TIDE Smartwatch S6 Pro. This side houses the advanced optical sensors for heart rate and blood oxygen monitoring, along with the magnetic charging contacts. Product information and certifications are also visible.





**Figure 3:** Side view of the G-TIDE Smartwatch S6 Pro. This perspective highlights the sleek profile of the watch and the single physical button, which typically serves as a power button or a return-to-home function. Small openings for the microphone and speaker are also visible, facilitating Bluetooth calls.





**Figure 4:** Detail of the G-TiDE Smartwatch S6 Pro's silicone strap. This image shows the adjustable holes and the traditional buckle closure, designed for a secure and comfortable fit on the wrist. The strap is easily interchangeable.

## SETUP

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### 1. Charging the Smartwatch

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch (refer to Figure 2) and plug the USB end into a compatible USB power adapter (not included) or a computer USB port. The watch display will indicate charging status. A full charge typically takes approximately 2 hours and provides up to 7 days of continuous use.

### 2. App Installation

To unlock the full potential of your G-TiDE Smartwatch S6 Pro, download and install the "Da Fit" application on your smartphone.

- For Android devices: Search for "Da Fit" on the [Google Play Store](#).
- For iOS devices: Search for "Da Fit" on the [Apple App Store](#).

Ensure your smartphone meets the minimum operating system requirements: iOS 9.0 or higher, or Android 4.4 or higher.

### 3. Pairing with Your Smartphone

After installing the Da Fit app, follow these steps to pair your smartwatch:

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the "Da Fit" app.
3. Navigate to the "Device" or "Add Device" section within the app.
4. The app will scan for available devices. Select "S6 PRO" from the list of found devices.
5. Confirm the pairing request on both your smartphone and the smartwatch if prompted.
6. Once successfully paired, the app will synchronize data with your watch, and you can customize settings.

For Bluetooth call functionality, you may need to pair the watch separately as an audio device in your phone's Bluetooth settings after the initial app pairing. Look for "S6 PRO\_CALL" or similar in your phone's Bluetooth device list.

## OPERATING INSTRUCTIONS

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### Basic Navigation

The G-TiDE Smartwatch S6 Pro features a full touch screen (1.95 inches AMOLED, 410x502 resolution) for intuitive navigation.

- **Swipe Up/Down:** Scroll through menus, notifications, or quick settings.
- **Swipe Left/Right:** Access different widgets or main functions (e.g., activity tracking, heart rate, weather).
- **Tap:** Select an item, open an application, or confirm an action.
- **Press Side Button:** Typically returns to the home screen or acts as a power on/off button (long press).

### Making and Receiving Calls

With Bluetooth call functionality, you can manage calls directly from your wrist.

- **Making Calls:** Access the dial pad or contact list on the watch (after syncing contacts via the Da Fit app) and tap to initiate a call.
- **Receiving Calls:** When a call comes in, the watch will display the caller ID. Tap the green icon to answer or the red icon to reject.

### Health Monitoring

The S6 Pro provides comprehensive health tracking features:

- **Heart Rate Monitoring:** Access the heart rate function on the watch. Ensure the watch is snug on your wrist for accurate readings. Data is synced to the Da Fit app for historical tracking.
- **Blood Oxygen (SpO2) Monitoring:** Similar to heart rate, select the SpO2 function. Remain still during measurement for best results.
- **Sleep Tracking:** The watch automatically monitors your sleep patterns when worn at night, providing data on sleep stages in the Da Fit app.

### Sport Modes

The smartwatch supports over 100 sport modes. Select your desired activity from the sport mode menu on the watch to track specific metrics like duration, calories burned, and heart rate during exercise. Data is recorded and can be reviewed in the Da Fit app.

## Notifications

Receive notifications from your smartphone directly on your watch. Ensure notification permissions are enabled for the Da Fit app in your phone's settings and within the app itself.

## Additional Functions

- **Music Control:** Control music playback on your smartphone (play, pause, skip tracks) from your watch.
- **Remote Camera:** Use your watch as a remote shutter for your smartphone's camera.
- **Alarm Clock:** Set alarms directly on the watch or through the Da Fit app.
- **Weather:** View current weather conditions and forecasts (requires synchronization with the Da Fit app and internet connection on your phone).
- **Stopwatch/Timer:** Basic timekeeping functions.
- **Anti-lost:** Helps locate your phone if it's within Bluetooth range by making it ring.
- **NFC:** The S6 Pro includes NFC functionality. Refer to the Da Fit app or G-TiDE support for specific NFC applications and setup instructions, as functionality may vary by region and service provider.

## MAINTENANCE

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### Cleaning Your Smartwatch

Regular cleaning helps maintain the appearance and functionality of your watch.

- Wipe the screen and body with a soft, lint-free cloth. If necessary, slightly dampen the cloth with water.
- Clean the charging contacts and sensors on the back of the watch periodically to ensure proper charging and accurate readings. Use a dry cotton swab or soft brush.
- Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the watch's finish or internal components.

### Water Resistance (IP68)

The G-TiDE S6 Pro is IP68 water-resistant, meaning it is protected against dust ingress and can withstand immersion in water up to 1.5 meters for up to 30 minutes. While it is suitable for daily use, hand washing, and light rain, it is **not recommended** for swimming, diving, hot showers, or exposure to high-pressure water jets. Always dry the watch thoroughly after exposure to water, especially the charging contacts, to prevent corrosion.

### Battery Care

- Charge the watch regularly, even if not in use, to prevent deep discharge.
- Avoid exposing the watch to extreme temperatures (hot or cold), as this can degrade battery life.
- Use only the provided charging cable.

### Strap Replacement

The S6 Pro comes with two interchangeable straps. To replace a strap, locate the quick-release pins on the underside of the strap where it connects to the watch body. Slide the pin to detach the strap, then align the new strap and slide the pin back into place to secure it.

## TROUBLESHOOTING

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If you encounter issues with your G-TiDE Smartwatch S6 Pro, try the following solutions:

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
Cannot pair with smartphone	<ul style="list-style-type: none"> <li>◦ Ensure Bluetooth is enabled on your phone and the watch is discoverable.</li> <li>◦ Make sure the watch is within Bluetooth range (approx. 10 meters).</li> <li>◦ Restart both your phone and the smartwatch.</li> <li>◦ Clear Bluetooth cache on your phone (Android) or forget the device and re-pair.</li> <li>◦ Ensure the Da Fit app has necessary permissions.</li> </ul>
Notifications not received	<ul style="list-style-type: none"> <li>◦ Check if notifications are enabled in the Da Fit app for specific applications.</li> <li>◦ Ensure the Da Fit app is running in the background and not optimized for battery saving (which might close it).</li> <li>◦ Verify phone's notification settings allow Da Fit to display alerts.</li> </ul>
Inaccurate health data	<ul style="list-style-type: none"> <li>◦ Ensure the watch is worn snugly on your wrist, not too loose or too tight.</li> <li>◦ Clean the sensors on the back of the watch.</li> <li>◦ Remain still during measurements for best accuracy.</li> </ul>
Short battery life	<ul style="list-style-type: none"> <li>◦ Reduce screen brightness.</li> <li>◦ Disable continuous heart rate monitoring if not needed.</li> <li>◦ Limit frequent screen wake-ups (e.g., raise-to-wake feature).</li> <li>◦ Ensure the watch is fully charged each time.</li> </ul>

## SPECIFICATIONS

Feature	Detail
Model Name	S6 PRO
Display	1.95 inches AMOLED, 410x502 resolution, Full Touch
Wireless Version	Bluetooth 5.2 + 3.0
Memory	128 MB
Battery Capacity	300 mAh
Battery Life	Up to 7 days (typical usage)
Water Resistance	IP68
Thickness	12.8mm
Compatibility	iOS 9.0 or higher, Android 4.4 or higher

Feature	Detail
Key Functions	Bluetooth Calls, Heart Rate, Blood Oxygen, 100+ Sport Modes, Notifications, Anti-lost, Stopwatch, Music Control, Weather, Remote Camera, Alarm Clock, NFC
Companion App	Da Fit

## WARRANTY AND SUPPORT

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The G-TiDE Smartwatch S6 Pro comes with a standard manufacturer's warranty. For detailed warranty terms and conditions, please refer to the warranty card included in your product packaging or visit the official G-TiDE website. For technical support, troubleshooting assistance beyond this manual, or warranty claims, please contact G-TiDE customer service through their official channels or the retailer from whom you purchased the product.

Please retain your proof of purchase for warranty purposes.