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› Shefmon Pneumatic Shockwave Therapy Machine User Manual

Shefmon 003af912-12f5-45ea-a505-2c5775b5caeb

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Model: 003af912-12f5-45ea-a505-2c5775b5caeb

1. INTRODUCTION

The Shefmon Pneumatic Shockwave Therapy Machine is designed to provide targeted relief for muscle and joint pain, and to support muscle and bone tissue recovery. This device utilizes shockwave technology to deliver a deep massage experience, suitable for various applications.



Figure 1: Shefmon Pneumatic Shockwave Therapy Machine with included accessories.

2. SAFETY INFORMATION

Please read and understand all safety instructions before operating the device. Failure to follow these instructions may result in injury or device malfunction.

- Consult a medical professional or doctor before using this device, especially if you have pre-existing medical conditions.
- Do not use the device on injured, inflamed, or broken skin areas.
- Keep the device clean and dry. Avoid exposure to water or excessive moisture.
- Ensure the device is unplugged when not in use or during cleaning.
- Keep out of reach of children.
- This device is intended for personal use as described in this manual. Any other use is not recommended.

3. PRODUCT COMPONENTS

The Shefmon Pneumatic Shockwave Therapy Machine consists of the main unit, a treatment handle, and various working heads.



Figure 2: Main components of the Shockwave Therapy Machine.

3.1 Working Heads

The device includes 5 different professional working heads, each designed for specific treatment areas and intensity levels.

- **6mm Head:** Suitable for treating small areas.
- **15mm Heads (2 types):** Suitable for treating areas such as elbows.
- **20mm Head:** Suitable for treating knees and soles of the feet.
- **32mm Head:** Suitable for treating larger areas such as the waist, back, and shoulders.

MASSAGE HEAD



Figure 3: Overview of massage head sizes and their applications.

4. APPLICATION AREAS

The shockwave therapy machine can be applied to various parts of the body to address specific concerns:

- **Shoulder:** For stimulating cells.
- **Foot:** For reducing pain.
- **Arm:** For reducing tissue tension.
- **Neck:** For improving blood circulation.
- **Leg:** For promoting collagen.
- **Waist:** For promoting calcified fibers.
- **Back:** For supporting growth.

EASY SOLUTION

PHYSICAL THERAPY AND MASSAGE

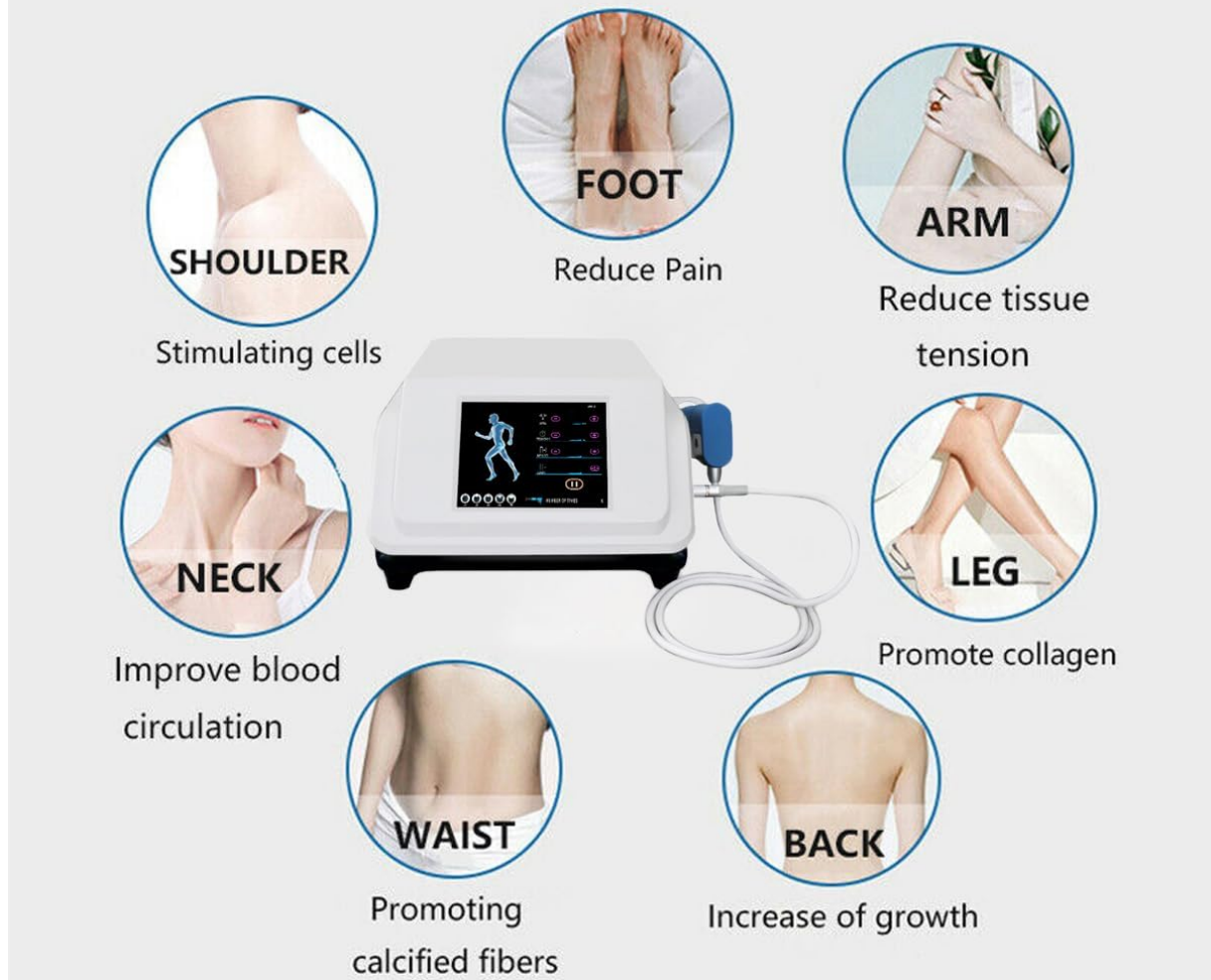


Figure 4: Recommended application areas and their benefits.

5. SETUP AND OPERATION

Follow these steps to set up and operate your Shefmon Pneumatic Shockwave Therapy Machine:

- 1. Power Connection:** Connect the power cord to the machine and a suitable power outlet.
- 2. Handle Connection:** Securely attach the treatment handle to the designated port on the main unit.
- 3. Select Working Head:** Choose the appropriate working head (6mm, 15mm, 20mm, or 32mm) for your intended treatment area and screw it onto the treatment handle.
- 4. Power On:** Turn on the main power switch, usually located at the back of the unit. The HD touch screen will illuminate.
- 5. Adjust Settings:** On the touch screen, you can select from built-in prescriptions for specific body parts (e.g., Neck, Shoulders, Elbows, Hips, Legs, Ankles, Back, Knees, Feet, Wrists) or customize settings. Adjust the 'Number of Impacts', 'Impact Strength (Bar)', and 'Impact Frequency (Hz)' according to your needs and comfort level.
- 6. Apply Gel:** Apply a small amount of conductive gel to the skin area where the treatment will be applied. This ensures optimal contact and energy transfer.
- 7. Begin Treatment:** Press the 'Ready' button on the screen, then place the working head firmly against the

skin over the applied gel. Activate the treatment by pressing the trigger on the handle. Move the handle slowly and steadily over the treatment area.

- 8. Monitor Progress:** The screen will display the remaining impacts and current settings. Adjust as necessary during the session.
- 9. End Treatment:** Once the desired number of impacts is reached or the session is complete, release the trigger and press 'Return' on the screen. Power off the machine.

5.1 Operation Demonstration Video

Watch this video for a visual guide on operating the Shefmon Pneumatic Shockwave Therapy Machine, including screen navigation and treatment application.

Your browser does not support the video tag.

Video 1: Instrument operation mode. This video demonstrates the power-on sequence, screen navigation for setting parameters and selecting treatment areas, attaching working heads, applying conductive gel, and performing a treatment session.

6. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your device:

- **Cleaning:** After each use, wipe the treatment handle and working heads with a clean, damp cloth. Ensure all gel residue is removed. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the machine and its accessories in a cool, dry place, away from direct sunlight and extreme temperatures.
- **Inspection:** Periodically inspect the power cord, handle, and working heads for any signs of wear or damage. If any damage is found, discontinue use and contact customer support.

7. TROUBLESHOOTING

If you encounter any issues with your Shefmon Pneumatic Shockwave Therapy Machine, please refer to the following general advice:

- **Device Not Powering On:** Check if the power cord is securely connected to both the machine and the power outlet. Ensure the main power switch is in the 'On' position.
- **No Shockwave Output:** Verify that a working head is properly attached to the handle. Check the settings on the touch screen to ensure impact strength and frequency are set above zero.
- **Unusual Noise or Operation:** Immediately power off the device and unplug it. Contact customer support for assistance.

For any persistent problems or concerns not addressed here, please contact Shefmon customer support.

8. TECHNICAL SPECIFICATIONS

Detailed specifications for the Shefmon Pneumatic Shockwave Therapy Machine:

Parameter	Value
Item Type	Pain Relief & Muscle Relaxation

Parameter	Value
Frequency	1-21Hz
Input	AC110-240V
Intensity	0.5-8Bar
Power	350W
Probes Quantity	5
Product Dimensions	14.96 x 14.17 x 7.87 inches
Weight	43.7 Pounds
Material	Plastic
Power Source	Battery Powered
Model Number	003af912-12f5-45ea-a505-2c5775b5caeb

TECHNICAL PARAMETERS

Item type:pain relief&muscle relaxation

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Input:AC110-240V

Intensity:0.5-8Bar

Power:350W

Probes quantity:5



Figure 5: Technical parameters of the device.

9. WARRANTY AND SUPPORT

Shefmon is committed to providing quality products and customer satisfaction. If you encounter any machine usage problems or failures, please contact us through Amazon's messaging system.

Professional technical guidance is available to assist you with any questions or concerns regarding your device.