

## ERKUL ALMOND

# ERKUL 5.2" Running Boards for Subaru Forester 2014-2018

Model: ALMOND | Manufacturer Part Number: BR340112-ALM183G

## 1. INTRODUCTION

This manual provides comprehensive instructions for the installation, maintenance, and general use of your ERKUL 5.2" Running Boards. These running boards are designed to fit Subaru Forester models from 2014 to 2018, offering enhanced vehicle access and protection. Please read all instructions carefully before beginning installation.

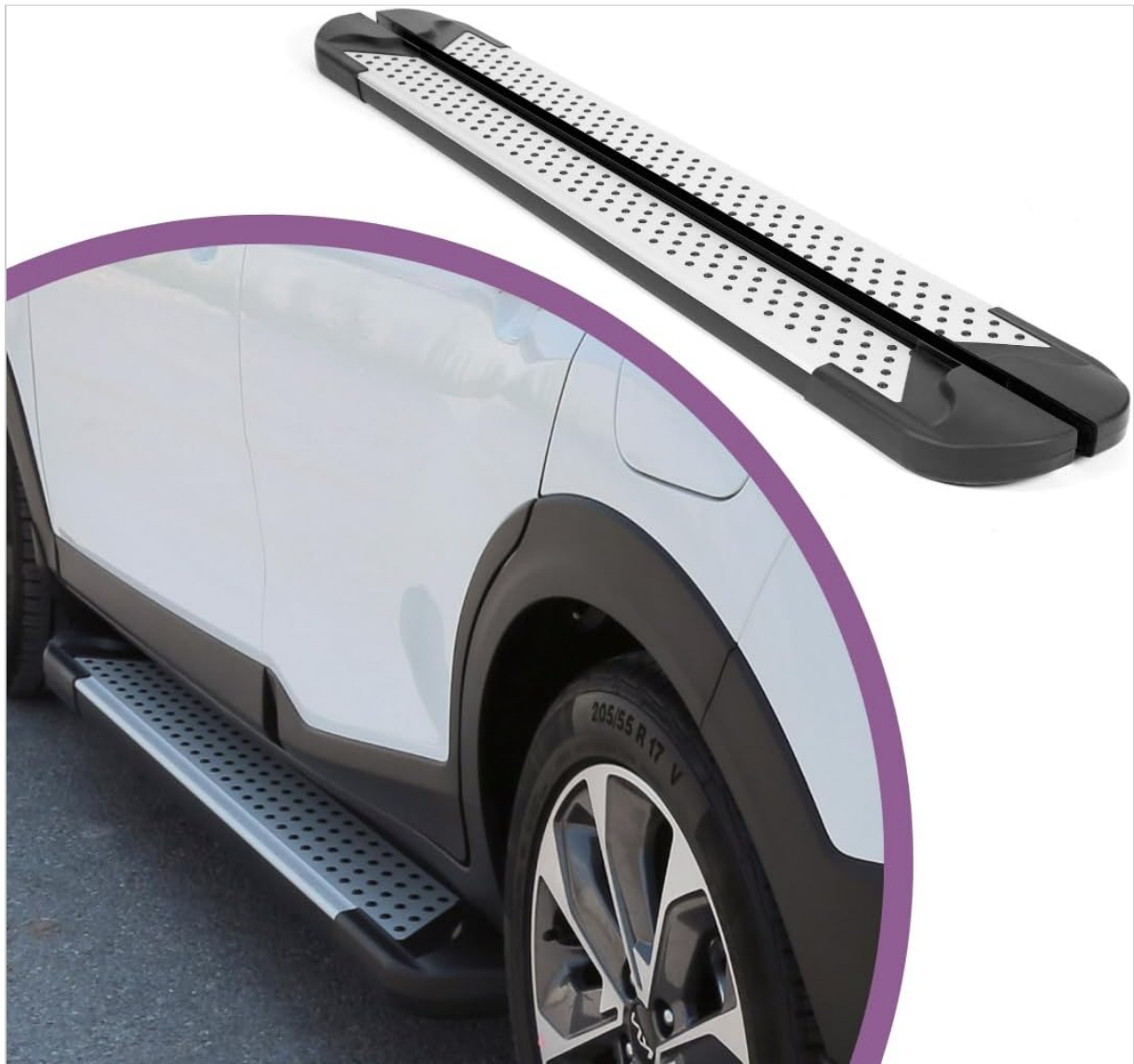


Image 1: Erkul 5.2" Running Boards installed on a white Subaru Forester.

## 2. SAFETY INFORMATION

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- Always wear appropriate personal protective equipment, such as safety glasses and gloves, during installation.
- Ensure the vehicle is securely supported on a level surface using jack stands or a car lift before working underneath.
- Do not overtighten bolts, as this may damage components. Refer to vehicle manufacturer specifications for torque values if available.
- Keep children and pets away from the work area.
- If you are unsure about any step of the installation process, seek professional assistance.

## 3. PACKAGE CONTENTS

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Verify that all components listed below are present and undamaged before beginning installation:

- Pair of Running Boards (Left and Right)
- Pair of Brackets (Vehicle-specific, typically Front and Rear for each side)
- All Necessary Mounting Hardware (Bolts, Washers, Nuts)



Image 2: Key features of the Erkul Running Boards.

## 4. INSTALLATION INSTRUCTIONS

**Note:** While these running boards are designed for no-drill installation, professional installation is recommended, especially if your vehicle is lower to the ground or if you are unfamiliar with vehicle modifications.

### 4.1. Tools Required

- Socket Wrench Set
- Screwdriver (Flathead or Phillips, depending on vehicle trim clips)
- Pry Tool (Plastic, to avoid scratching)
- Measuring Tape (Optional, for alignment)

### 4.2. Step-by-Step Installation Guide

The following video demonstrates a general installation process for ERKUL running boards. While the vehicle shown in the video is a Jeep Renegade, the fundamental steps for bracket attachment and running board mounting are similar for the Subaru Forester. Please refer to your specific vehicle's undercarriage for exact mounting points.

Your browser does not support the video tag.

Video 1: General installation guide for ERKUL 5.2" Running Boards. (Note: Vehicle shown is a Jeep Renegade, but installation principles apply.)

1. **Vehicle Preparation:** Raise the vehicle using a car lift or secure jack stands to provide adequate working space underneath.
2. **Locate Mounting Points:** Identify the factory mounting points on the vehicle's chassis. These are typically pre-drilled holes or existing bolts along the rocker panel. You may need to remove plastic covers or plugs to access these points.
3. **Install Front Bracket:** Secure the front bracket to the designated front mounting points on the vehicle's frame using the provided hardware. Hand-tighten bolts initially to allow for adjustment.
4. **Install Rear Bracket:** Secure the rear bracket to the designated rear mounting points. Again, hand-tighten bolts.
5. **Prepare Running Board:** Insert the T-bolts into the channels on the underside of the running board. Position them to align with the bracket mounting holes.
6. **Mount Running Board:** Carefully lift the running board and align the T-bolts with the holes on the installed brackets. Secure with washers and nuts, hand-tightening only.
7. **Adjust and Final Tighten:** Adjust the running board for proper alignment and desired position. Once satisfied, fully tighten all bolts on the brackets and the running board using a socket wrench. Ensure all connections are secure.
8. **Repeat for Other Side:** Follow the same steps for installing the running board on the opposite side of the vehicle.





Image 3: Side view of running boards installed on a vehicle.

## 5. MAINTENANCE

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- **Regular Cleaning:** Clean the running boards regularly with mild soap and water to remove dirt, road grime, and salt. Avoid abrasive cleaners or harsh chemicals that could damage the finish.
- **Inspect Fasteners:** Periodically check all mounting bolts and nuts to ensure they remain tight. Re-tighten if necessary to prevent loosening due to vehicle vibration.
- **Check for Damage:** Inspect the running boards and brackets for any signs of damage, corrosion, or wear. Replace any damaged components immediately to maintain safety and structural integrity.

## 6. TROUBLESHOOTING

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- **Loose Running Board:** If the running board feels loose or wobbly, re-check all mounting bolts and nuts for proper tightness. Ensure brackets are correctly seated.
- **Unusual Noises:** Squeaking or rattling sounds may indicate loose fasteners or improper installation. Inspect all contact points and tighten as needed.
- **Difficulty Aligning:** Ensure the correct brackets are used for the front and rear positions, and that the running board is oriented correctly. Slight adjustments may be needed before final tightening.

## 7. SPECIFICATIONS

Feature	Specification
Brand	ERKUL
Model	ALMOND
Compatibility	Subaru Forester 2014-2018
Material	High-strength Aluminum, Plastic
Exterior Finish	Anodized Coating
Weight Capacity	350 lbs per step
Item Weight	26 pounds (total package)
Special Features	Anti-Slippery Surface, No-Drill Installation

## 8. WARRANTY AND SUPPORT






ERKUL products are manufactured with quality and durability in mind. For specific warranty details, please refer to the product packaging or contact ERKUL customer service directly. For any installation questions or support, ERKUL offers dedicated after-sales support.



Image 4: ERKUL After-Sales Support.

### Related Documents - ALMOND

	<p><a href="#">Audi Q5 2008-2017 Running Boards Installation Guide - Erkul Auto</a></p> <p>Step-by-step installation guide for Erkul 5.2" Running Boards (Side Steps/Nerf Bars) for Audi Q5 models (2008-2017). Includes a detailed parts list with visual descriptions, installation steps, and quality assurance information.</p>
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	<p><a href="#">Erkul Running Boards Installation Guide for Audi Q3 (2019-2024)</a></p> <p>Detailed installation instructions for Erkul 5.2" Running Boards Wide Side Steps Nerf Bars on Audi Q3 models 2019-2024, including parts list and step-by-step guidance.</p>
	<p><a href="#">Erkul Running Boards for Subaru XV 2012 - Installation Instructions</a></p> <p>Step-by-step instructions for installing Erkul running boards on a Subaru XV 2012 model. Includes details on front and rear bracket mounting.</p>
	<p><a href="#">ERKUL Running Boards Installation Guide for Chrysler Grand Cherokee 2011</a></p> <p>Installation guide for ERKUL running boards (side steps) for Chrysler Grand Cherokee 2011. Details parts and mounting steps for front and rear brackets.</p>
	<p><a href="#">Erkul Running Boards Installation Guide for Jeep Cherokee 2014</a></p> <p>Detailed installation instructions for Erkul running boards on a 2014 Jeep Cherokee. Includes parts list and step-by-step visual guidance.</p>
	<p><a href="#">Toyota RAV-4 2013-2019 Skyport Roof Rail Installation Instructions</a></p> <p>Detailed instructions for installing the ERKUL Skyport Roof Rail system on a Toyota RAV-4 from 2013 to 2019. Includes a list of parts and step-by-step guidance.</p>