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› RAOO MIN F8000H Electric Treadmill User Manual

RAOO MIN F8000H

RAOO MIN F8000H Electric Treadmill User Manual

Model: F8000H

INTRODUCTION

Thank you for choosing the RAOO MIN F8000H Electric Treadmill. This manual provides essential information for the safe and efficient operation, setup, maintenance, and troubleshooting of your new fitness equipment. Please read this manual thoroughly before initial use and retain it for future reference.

IMPORTANT SAFETY INSTRUCTIONS

To reduce the risk of serious injury, read all important precautions and instructions in this manual before using the treadmill. RAOO MIN assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

- Always place the treadmill on a level surface.
- Keep children and pets away from the treadmill during operation.
- Ensure the safety key is properly attached before starting the treadmill.
- Do not operate the treadmill if it has a damaged cord or plug, or if it is not working properly.
- Wear appropriate athletic footwear during use.
- Do not exceed the maximum user weight of 100 kg (220 lbs).

WHAT'S INCLUDED

Verify that all components are present before assembly:

- Main frame x 1
- Hexagonal wrench x 1
- Remote control x 1

- Screws x 2
- iPad holder x 1
- Silicone oil x 1
- Knob x 2



Image: All components included with the RAOO MIN F8000H Treadmill, including the main frame, remote control, safety key, iPad holder, silicone oil, and hexagonal wrench.

SETUP AND ASSEMBLY

The RAOO MIN F8000H treadmill is designed for easy setup. Follow these steps to prepare your treadmill for use:

1. **Unpacking:** Carefully remove all components from the packaging.
2. **Placement:** Place the main frame on a flat, stable surface, ensuring adequate space around the unit for safe operation.
3. **Handlebar Assembly (if applicable):** If the handlebar is folded, raise it to the upright position until it locks securely.
4. **iPad/Phone Holder Installation:** Attach the iPad/phone holder to the designated slot on the console.
5. **Power Connection:** Plug the power cord into a grounded electrical outlet.
6. **Safety Key:** Attach the safety key to the console and clip the other end to your clothing before starting any exercise.



EASY TO MOVE



TAKES UP VERY LITTLE SPACE

Image: The RAOO MIN F8000H Treadmill demonstrating its easy folding mechanism and portability, highlighting its space-saving design.

OPERATING INSTRUCTIONS

The RAOO MIN F8000H offers versatile workout options with its 2-in-1 design and intuitive controls.

2-in-1 Running Mode

- **Walking Mode (1-6 km/h):** Ideal for light exercise or warm-ups. In this mode, the handlebar can be folded down for a more compact setup.
- **Running Mode (6-12 km/h):** For more intense workouts, raise the handlebar to the upright position for stability.



Image: The RAOO MIN F8000H Treadmill showcasing its 2-in-1 functionality, with a user walking in the compact mode and another running with the handlebar raised.

Remote Control and LED Display

Use the included remote control to adjust settings during your workout. The integrated LED display provides real-time feedback.

- **Speed Adjustment:** Increase or decrease speed using the remote control. The speed range is 1-12 km/h.
- **Incline Adjustment:** The treadmill features an automatic incline function, adjustable up to 10 degrees via the remote control. This simulates uphill walking or running, increasing workout intensity.
- **LED Display Metrics:** The clear LED screen displays:
 - Time elapsed
 - Current speed
 - Distance covered
 - Calories burned
 - Current incline level

MULTIFUNCTIONAL LED DISPLAY



Image: The multifunctional LED display of the RAOO MIN F8000H Treadmill, showing various workout metrics such as time, speed, distance, calories, and incline.



Image: A user operating the RAOO MIN F8000H Treadmill with the remote control, demonstrating the automatic incline feature up to 10 degrees for enhanced calorie burning.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your RAOO MIN F8000H treadmill.

- **Cleaning:** Wipe down the treadmill after each use with a damp cloth to remove sweat and dust. Do not use abrasive cleaners.
- **Lubrication:** Periodically lubricate the running belt with the provided silicone oil. Refer to the specific instructions in the full manual for frequency and application method.
- **Belt Tension and Alignment:** Check the running belt tension and alignment regularly. Adjust as needed using the hexagonal wrench to ensure smooth operation and prevent wear.
- **Storage:** When not in use, the treadmill can be easily folded and stored upright to save space.



Image: A cross-section view of the RAOO MIN F8000H Treadmill's 5-layer running belt, illustrating its anti-slip, shock-absorbing, and supportive layers designed for durability and user comfort.

TROUBLESHOOTING

If you encounter issues with your treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not start.	Power cord not plugged in; Safety key not attached; Power switch off.	Ensure power cord is securely plugged in; Attach safety key; Turn on power switch.
Running belt slips or hesitates.	Belt too loose; Insufficient lubrication.	Adjust belt tension; Apply silicone oil to the running belt.
Unusual noise during operation.	Loose components; Motor issue; Belt friction.	Check and tighten all visible screws; Lubricate belt; If noise persists, contact customer support.

For problems not listed here, or if solutions do not resolve the issue, please contact RAOO MIN customer support.

SPECIFICATIONS

Feature	Detail
Model Number	F8000H
Brand	RAOO MIN

Feature	Detail
Motor Power	1.5 HP
Speed Range	1-12 km/h
Maximum Incline	10 degrees (automatic)
Running Belt Dimensions (L x W)	1000 mm x 400 mm (approx. 39.4 in x 15.7 in)
Max User Weight	100 kg (220 lbs)
Product Dimensions (L x W x H)	100 x 56 x 120 cm (approx. 39.4 x 22 x 47.2 inches)
Product Weight	25.5 kg (approx. 56.2 lbs)
Material	Acrylonitrile Butadiene Styrene (ABS), Aluminum, Iron
Special Features	Foldable, 2-in-1 Mode, Remote Control, LED Display, Shock Absorption, Anti-slip Belt

POWERFUL, SILENT 1.5 HP MOTOR



POWER
1.5HP



SPEED
1-12KM/H



LOAD
100KG



Image: The RAOO MIN F8000H Treadmill highlighting its powerful and silent 1.5 HP motor, capable of speeds from 1-12 km/h and supporting a load of up to 100 kg.

Image: The spacious running area of the RAOO MIN F8000H Treadmill, measuring 100cm in length and 40cm in width, providing a comfortable and secure walking experience.

PROTECTS KNEES AND **ANKLES**



**8 SILICONE
SHOCK ABSORBERS**



ANTI-SLIP



**5 LAYERS OF
RESISTANT BELTS**



Image: Features of the RAOO MIN F8000H Treadmill designed to protect knees and ankles, including 8 silicone shock absorbers, an anti-slip surface, and 5 layers of resistant belt material.

WARRANTY AND SUPPORT

RAOO MIN provides professional technical support for this product. Several parts are covered by a one-year warranty. Please refer to the product instruction manual for detailed warranty information.

For any questions or assistance, please contact our customer service. We commit to responding within 24 hours with satisfactory solutions.

Contact information (e.g., email, phone number, website) can typically be found on the product packaging or the official RAOO MIN website.

