

Ninja AF142

Ninja Air Fryer Pro 5-in-1 Instruction Manual

Model: AF142

Brand: Ninja

1. INTRODUCTION

The Ninja Air Fryer Pro 5-in-1 is a versatile kitchen appliance designed to provide quick and easy cooking solutions. Utilizing Air Crisp Technology, it circulates superheated air up to 400°F to deliver hot, crispy results with minimal oil. This appliance offers five distinct cooking functions: Air Fry, Bake, Roast, Reheat, and Dehydrate, allowing for a wide range of culinary applications. Its 5-quart capacity is suitable for preparing meals for individuals or small families, accommodating up to 4 lbs of French fries or 5 lbs of chicken wings. The nonstick basket and crisper plate ensure easy food release and simplified cleanup.

This manual provides essential information for the safe and effective operation of your Ninja Air Fryer Pro 5-in-1. Please read all instructions thoroughly before first use and retain this manual for future reference.

2. IMPORTANT SAFEGUARDS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and/or injury to persons, including the following:

- Read all instructions before using the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse cord, plugs, or main housing in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.

- Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Do not use appliance for other than intended use.
- Ensure the appliance is placed on a stable, level, heat-resistant surface.
- Adequate space should be left around the appliance for proper ventilation.

3. WHAT'S INCLUDED

- Ninja Air Fryer Pro Unit
- 5-Quart Nonstick Basket
- Nonstick Crisper Plate
- Chef-Inspired 20 Recipe Book with Cooking Charts



Includes

Air fryer, 5-qt nonstick basket and crisper plate, chef-inspired recipe book with cooking charts.

Image: The Ninja Air Fryer Pro 5-in-1 with its included accessories: the main unit, the 5-quart nonstick basket, the crisper plate, and a recipe book.

4. SETUP AND FIRST USE

4.1 Unpacking

Carefully remove all packaging materials and promotional labels from the air fryer. Ensure all parts are accounted for before discarding packaging.

4.2 Placement

Place the main unit on a clean, dry, level, and heat-resistant surface. Ensure there is at least 6 inches of space around the unit for proper air circulation.



Space-saving design

Ninja's innovative design saves space without compromising cooking capacity.

Image: The Ninja Air Fryer Pro 5-in-1 positioned on a kitchen countertop, highlighting its compact design that saves space without compromising cooking capacity.

4.3 Initial Cleaning

Before first use, wash the nonstick basket and crisper plate in warm, soapy water. Rinse thoroughly and dry completely. Wipe the main unit with a damp cloth.

4.4 Pre-heating (Optional)

For optimal performance and to eliminate any manufacturing odors, it is recommended to run the air fryer empty for about 10-15 minutes at 400°F before cooking food for the first time. A slight odor may be present, which is normal and will dissipate.

5. OPERATING INSTRUCTIONS

5.1 Control Panel Overview

The control panel features a digital display and touch controls for various functions:

- **POWER Button:** Turns the unit on/off.
- **TEMP Arrows (▲/▼):** Adjust cooking temperature.
- **TIME Arrows (▲/▼):** Adjust cooking time.
- **Function Buttons:** AIR FRY, ROAST, REHEAT, DEHYDRATE, BAKE.
- **START/PAUSE Button:** Begins or pauses the cooking cycle.



Image: A detailed view of the Ninja Air Fryer Pro 5-in-1's control panel, displaying the digital temperature and time readouts, along with the touch-sensitive buttons for power, temperature adjustment, time adjustment, and various cooking functions like Air Fry, Roast, Reheat, Dehydrate, and Bake.

5.2 Cooking Functions

To begin cooking, ensure the basket with the crisper plate is inserted into the unit. Place ingredients evenly on the crisper plate.



Large capacity

The 5-qt nonstick basket fits up to 4 lbs of French fries or 5 lbs of chicken wings.

Image: The 5-quart nonstick basket of the Ninja Air Fryer Pro filled with a generous amount of French fries, illustrating its large capacity suitable for up to 4 lbs of fries or 5 lbs of chicken wings.



Image: A visual representation of the Ninja Air Fryer Pro's 5-in-1 functionality, showing examples of food prepared using each mode: crispy French fries for Air Fry, roasted Brussels sprouts for Roast, reheated pizza for Reheat, dried apple slices for Dehydrate, and chocolate chip cookies for Bake.

Air Fry

This function uses superheated air for crispy results with little to no oil.

1. Press the **AIR FRY** button.
2. Use the **TEMP** arrows to set desired temperature (e.g., 375°F - 400°F).
3. Use the **TIME** arrows to set desired cooking time.
4. Press **START/PAUSE** to begin. Shake or flip food halfway through for even crisping.



Frozen to crispy

Cook frozen foods hotter for an extra-crispy finish in minutes.

Image: The Ninja Air Fryer Pro 5-in-1 in operation, with a bowl of crispy chicken nuggets and a bowl of French fries, illustrating its capability to cook frozen foods to a crispy finish in minutes.

Roast

Ideal for tender meats, roasted vegetables, and more.

1. Press the **ROAST** button.
2. Set temperature and time using the respective arrows.
3. Press **START/PAUSE**.

Reheat

Perfect for warming up leftovers while maintaining texture.

1. Press the **REHEAT** button.
2. Set temperature and time.
3. Press **START/PAUSE**.

Dehydrate

Removes moisture from food for healthy snacks like fruit leathers and jerky.

1. Press the **DEHYDRATE** button.
2. Set temperature (typically lower, e.g., 105°F - 150°F) and time (longer durations).
3. Press **START/PAUSE**.

Bake

For baking cakes, pastries, and other baked goods.

1. Press the **BAKE** button.
2. Set temperature and time.
3. Press **START/PAUSE**.

5.3 Tips for Best Results

- For best results, preheat the unit for 3-5 minutes before adding food.
- Do not overcrowd the basket. Cook food in batches if necessary to ensure even cooking and crisping.
- Shake the basket or flip food halfway through the cooking cycle for even browning.
- Lightly toss food with a small amount of oil (1-2 teaspoons) for crispier results, especially for fresh vegetables or homemade fries.
- Use an instant-read thermometer to ensure food reaches safe internal temperatures.



Guilt-free fried foods

Get crispy textures with up to 75% less fat than traditional air-frying methods.*

*Tested against hand-cut, deep-fried French fries

Image: A collection of air-fried foods, including crispy chicken, fish sticks, tater tots, and chicken wings, demonstrating how the Ninja Air Fryer Pro can achieve delicious, crispy textures with up to 75% less fat compared to traditional deep-frying methods.

6. MAINTENANCE AND CLEANING

Clean the air fryer after every use. Always unplug the unit from the power outlet and allow it to cool completely before cleaning.

6.1 Cleaning the Basket and Crisper Plate

The nonstick basket and crisper plate are **NOT dishwasher safe**. Hand wash them with warm, soapy water. Use a non-abrasive sponge or brush to avoid damaging the nonstick coating. Rinse thoroughly and dry completely before storing.

6.2 Cleaning the Main Unit

Wipe the exterior of the main unit with a clean, damp cloth. Do not immerse the main unit in water or any other liquid. Do not use abrasive cleaners or scouring pads, as they may damage the surface.

6.3 Storage

Ensure all parts are clean and dry before storing. Store the appliance in a cool, dry place. You can store the crisper plate inside the basket, and the basket inside the main unit.

7. TROUBLESHOOTING

Problem	Possible Cause	Solution
Unit does not turn on.	Appliance is not plugged in. Power outlet is not functioning.	Ensure the power cord is securely plugged into a working outlet. Try plugging another appliance into the same outlet to confirm it is working.
Food is not crispy.	Basket is overcrowded. Temperature or time settings are incorrect.	Cook food in smaller batches. Adjust temperature higher or increase cooking time. Ensure food is lightly coated with oil if desired.
White smoke coming from unit.	Grease residue from previous cooking. Excess oil on food.	Clean the basket and crisper plate thoroughly after each use. Ensure excess oil is drained from food before cooking.
Unit emits a burning smell.	Food residue stuck in the unit.	Unplug the unit and allow it to cool. Remove the basket and crisper plate and check for any food debris. Clean thoroughly.

8. SPECIFICATIONS

Feature	Detail
Model Name	Ninja AF142
Product Dimensions	14.84"D x 11.3"W x 10.39"H
Color	Black
Capacity	5 Quarts
Material	Metal, Plastic
Recommended Uses	Bake, Dehydrate, Reheat, Roast
Output Wattage	1750 Watts
Item Weight	10.47 Pounds
Voltage	120 Volts
Control Method	Touch
Nonstick Coating	Yes

Feature	Detail
Min Temperature Setting	40 Degrees Celsius
Max Temperature Setting	400 Degrees Fahrenheit
Dishwasher Safe	No (Basket & Crisper Plate)
Air Frying Technology	Air Crisp Technology

9. WARRANTY AND SUPPORT

For warranty information or customer support, please refer to the warranty card included with your product or visit the official Ninja website. You can also contact Ninja customer service directly for assistance with product registration, troubleshooting, or replacement parts.

Ninja Customer Service: Please refer to your product packaging or the official Ninja website for the most current contact information.

