

EKO Lumos

EKO Lumos Smartwatch User Manual

Model: Lumos

INTRODUCTION

This manual provides detailed instructions for the setup, operation, maintenance, and troubleshooting of your EKO Lumos Smartwatch. Please read this manual thoroughly before using your device to ensure proper function and longevity.

PACKAGE CONTENTS

Verify that all items are present in your package:

- EKO Lumos Smartwatch
- Charging Cable

SETUP

1. Charging the Smartwatch

Before first use, fully charge your EKO Lumos Smartwatch. Connect the provided charging cable to the charging port on the back of the smartwatch and plug the other end into a USB power adapter (not included) or a computer's USB port.

The watch display will indicate charging status. A full charge typically takes approximately 2 hours.

2. Powering On/Off

- **To Power On:** Press and hold the side button until the EKO logo appears.
- **To Power Off:** Press and hold the side button, then select "Power Off" on the screen.

3. Installing the Companion App

The EKO Lumos Smartwatch requires a companion application to unlock its full functionality and synchronize data with your smartphone. Search for the official EKO smartwatch app on your smartphone's app store (Google Play Store for Android or Apple App Store for iOS).

Ensure your smartphone meets the minimum operating system requirements for the app.

4. Pairing with Your Smartphone (Bluetooth)

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the EKO companion app on your smartphone.
3. Follow the in-app instructions to add a new device. The app will search for available EKO Lumos devices.
4. Select "EKO Lumos" from the list of discovered devices.
5. Confirm the pairing request on both your smartphone and the smartwatch if prompted.

Successful pairing will be indicated on both devices. Keep your smartwatch close to your smartphone during the pairing process.

OPERATING YOUR SMARTWATCH

Basic Navigation

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select an item.
- **Side Button:** Press to return to the home screen or wake the device. Press and hold for power options.

Key Features

The EKO Lumos Smartwatch offers a range of functions to support your daily activities and health monitoring:

- **Heart Rate Tracking:** Monitor your heart rate throughout the day. Access this feature from the main menu.
- **Blood Pressure Monitoring:** Measure your blood pressure directly from your wrist. For accurate readings, remain still during measurement.
- **Blood Oxygen (SpO2) Measurement:** Check your blood oxygen saturation levels.
- **SOS Function:** In an emergency, activate the SOS function to send an alert to pre-set contacts. Configure emergency contacts in the companion app.
- **Anti-Theft Function:** Utilize this feature to locate your paired smartphone or receive alerts if your watch moves too far from your phone.
- **Activity Tracking:** Track steps, distance, and calories burned.
- **Notifications:** Receive call, message, and app notifications directly on your wrist. Configure notification settings in the companion app.



Figure 1: Front view of the EKO Lumos Smartwatch, showing the digital display with time, date, heart rate, calories, and steps. This image illustrates the primary interface for accessing various functions.



Figure 2: Side view of the EKO Lumos Smartwatch, highlighting the black TPU strap and the metallic buckle. This view also shows the side button used for navigation and power control.

MAINTENANCE

Cleaning Your Smartwatch

Regularly clean your smartwatch to ensure hygiene and proper sensor function. Use a soft, damp cloth to wipe the screen and body. Avoid using harsh chemicals or abrasive materials.

Ensure the charging contacts are clean and dry before charging.

Battery Care

- Avoid exposing the smartwatch to extreme temperatures, which can degrade battery life.
- Charge the device regularly, even if not in constant use, to maintain battery health.
- Do not attempt to replace the battery yourself. Contact support if battery issues arise.

Software Updates

Periodically check the EKO companion app for available software updates. Updates often include performance improvements, new features, and bug fixes. Ensure your smartwatch is sufficiently charged before initiating an update.

TROUBLESHOOTING

Common Issues and Solutions

- **Smartwatch not powering on:**

Ensure the device is fully charged. Connect it to the charging cable and allow it to charge for at least 30 minutes before attempting to power it on again.

- **Unable to pair with smartphone:**

Check that Bluetooth is enabled on your smartphone and the smartwatch. Ensure the smartwatch is within range of your phone. Restart both devices and try the pairing process again. Verify that the EKO companion app is up to date.

- **Inaccurate health readings:**

Ensure the smartwatch is worn snugly on your wrist, not too tight or too loose. Clean the sensors on the back of the watch. Avoid excessive movement during measurements. Note that the smartwatch is not a medical device and readings are for reference only.

- **Notifications not appearing:**

Verify that notifications are enabled in both your smartphone's settings for the EKO app and within the EKO companion app itself. Ensure the smartwatch is connected via Bluetooth.

- **Short battery life:**

Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not required. Ensure the device is fully charged each time.

SPECIFICATIONS

Feature	Detail
Brand	EKO
Model	Lumos
Manufacturer	JG FASHION
Display Size	1.85 Inches
Display Type	Digital
Display Resolution	240 x 280
Memory Capacity	128 MB
Connectivity	Bluetooth
Compatible Devices	Smartphone
Battery Capacity	260 mAh (approx.)
Average Battery Life	7 Days
Special Features	SOS Function, Heart Rate Tracking, Blood Pressure Monitoring, Blood Oxygen Supply, Anti-Theft Function

Feature	Detail
GPS	No GPS
Product Weight	200 g
Product Dimensions	15 x 10 x 10 cm (Package)

WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation provided with your purchase or visit the official EKO website. Specific warranty terms and conditions may vary by region.