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> Lifepro Red Light Therapy Belt User Manual

LifePro LP-ALVRD-PNK

Lifepro Red Light Therapy Belt User Manual

Model: LP-ALVRD-PNK | Brand: LifePro

1. INTRODUCTION

This manual provides essential information for the safe and effective use of your Lifepro Red Light Therapy Belt. Please read it thoroughly before operating the device and retain it for future reference. The Lifepro Red Light Therapy Belt utilizes both 660nm red light and 850nm near-infrared light to support muscle relaxation, circulation, and reduce inflammation.

2. SAFETY INFORMATION

Important Safety Precautions:

- Consult with a healthcare professional before using this device if you have any medical conditions, are pregnant, or are taking medications.
- Do not use on broken skin, open wounds, or areas with active infections.
- Avoid direct eye exposure to the LED lights.
- Discontinue use if you experience any discomfort, irritation, or adverse reactions.
- Keep out of reach of children.
- Ensure the device is unplugged when not in use or during cleaning.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

3. PACKAGE CONTENTS

Verify that all items are present in your package:

- Lifepro Red Light Therapy Belt
- Remote Control
- Power Adapter (USB cable)
- Extension Belt (optional for larger areas)
- User Manual

4. PRODUCT FEATURES

- **Dual Wavelength Technology:** Combines 660nm (red light) and 850nm (near-infrared light) for comprehensive therapy.
- **Targeted Application:** Flexible design allows application to various body parts including the back, waist, hips, knees, and shoulders.
- **Comfortable and Hands-Free:** Designed to be worn while sitting, lying down, or moving, freeing your hands.
- **Portable Design:** Lightweight (approximately 1.2 lbs) and compact for easy transport.
- **Easy-to-Use Remote Control:** Adjust time, intensity, and mode settings with a simple interface.
- **Extension Belt:** Provides adjustable length for a customized fit.



Image: The Lifepro Red Light Therapy Belt laid out, showing the LED panel and the attached remote control. A smaller, rolled-up belt is also shown, indicating its flexible nature.

YOUR FITNESS. YOUR WAY.



Image: A diagram illustrating the penetration depths of 660nm red light (epidermis, dermis, subcutaneous tissue) and 850nm infrared light (muscle, bone, interior tissues), highlighting their respective benefits.

5. SETUP

1. **Unpack:** Carefully remove all components from the packaging.
2. **Connect Power:** Plug the USB cable from the remote control into the provided power adapter. Plug the power adapter into a standard wall outlet (5V-1A charging adapter recommended). Alternatively, you can connect the USB cable to a computer or laptop USB port, or a compatible portable power bank (sold separately).
3. **Prepare for Use:** Ensure the belt is clean and free of debris.



UNPLUG & GO LIFEPRO POWERBANK

Pair with the Lifepro Powerbank for hassle-free portability and fewer wires for your wellness routine.

Powerbank sold separately.

Image: A man connecting a portable power bank to the Lifepro Red Light Therapy Belt, demonstrating the device's portability when used with an external power source.

6. OPERATING INSTRUCTIONS

1. **Position the Belt:** Wrap the therapy belt around the desired area of your body (e.g., waist, back, hip, knee, shoulder). Use the Velcro fasteners to secure it comfortably. If needed, attach the extension belt for a larger fit. Ensure all jewelry is removed from the area of use.
2. **Power On:** Press the power button on the remote control to turn on the device. The LED lights will illuminate.

3. **Select Mode:** Use the mode button on the remote to switch between 660nm Red Light, 850nm Near-Infrared Light, or a Combined Mode.
4. **Adjust Intensity:** Use the intensity buttons (+/-) to select your preferred light intensity level.
5. **Set Timer:** Use the timer buttons (+/-) to set the desired session duration. A typical session lasts 20 minutes.
6. **Begin Session:** Relax and allow the device to work for the set duration. The device will automatically shut off when the timer expires.
7. **Power Off:** After use, press the power button to turn off the device and unplug it from the power source.



CUSTOMIZE YOUR WELLNESS EASY-TO-USE REMOTE

Adjust time, intensity and
mode in one click.



Image: A man holding the remote control for the Lifepro Red Light Therapy Belt, demonstrating its ease of use for adjusting settings.

ALLEVARED BELT TARGETED RED LIGHT THERAPY

Boost your wellness routine with soothing relief and enhanced recovery.

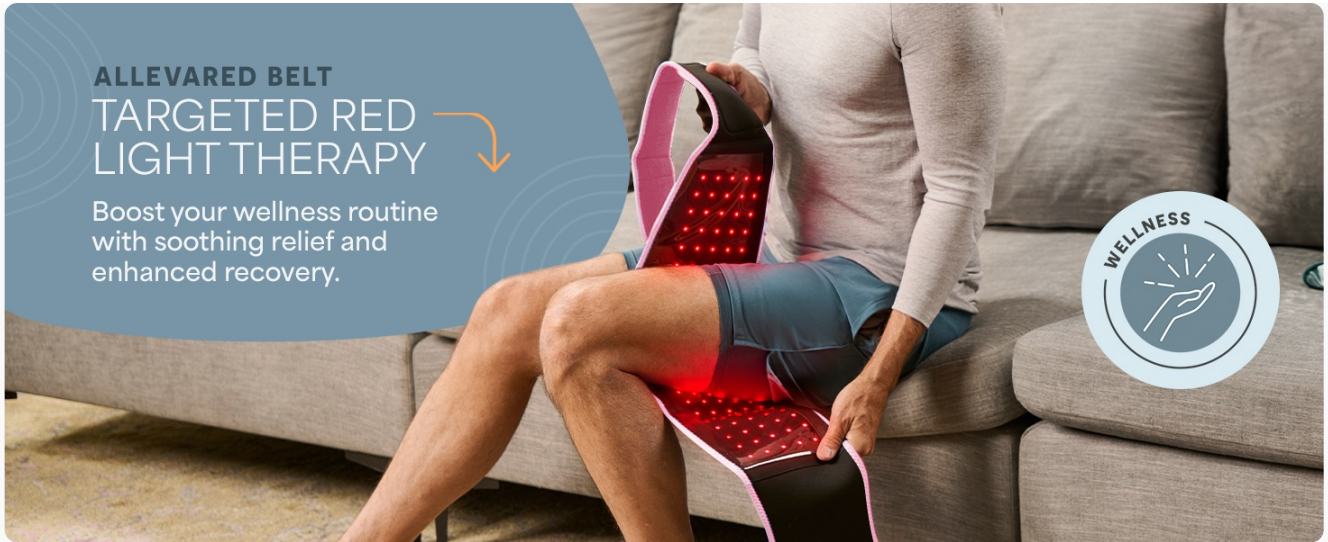


Image: A collage showing individuals applying the red light therapy belt to various body parts, including hamstrings, abdominals, shoulders, back, and quadriceps, illustrating its versatility.

7. MAINTENANCE

- **Cleaning:** Disconnect the device from the power source before cleaning. Wipe the surface of the belt with a soft, damp cloth. Do not use harsh chemicals or abrasive cleaners. Ensure the device is completely dry before storage or next use.
- **Storage:** Store the belt in a cool, dry place away from direct sunlight and extreme temperatures. Keep it flat or loosely rolled to avoid creasing the LED panel.
- **Inspection:** Regularly inspect the power cord and the belt for any signs of damage. Do not use if damaged.

8. TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Power cable not properly connected; power outlet issue; remote control malfunction.	Ensure all connections are secure. Try a different power outlet. Check if the remote control has power.
Lights are dim or not all LEDs are working.	Low power supply; device malfunction.	Ensure the power source provides adequate power (e.g., 5V-1A adapter). Contact customer support if the issue persists.
Belt feels too warm.	Normal operation; prolonged use.	The device may get warm during use, which is normal. If it becomes uncomfortably hot, discontinue use immediately and allow it to cool down. It is recommended to rest 3 hours between uses to let it completely cool.
Remote control is unresponsive.	Connection issue; remote malfunction.	Check the connection between the remote and the belt. Ensure the power supply is stable.

9. SPECIFICATIONS

- **Model Number:** LP-ALVRD-PNK
- **Wavelengths:** 660nm (Red Light), 850nm (Near-Infrared Light)
- **Dimensions:** Approximately 49.6 inches (Length) x 7.08 inches (Height)
- **Weight:** Approximately 1.2 lbs (2.98 lbs packaged)
- **Power Input:** 5V-1A (via USB)
- **Manufacturer:** LifePro

ON-THE-GO RELIEF PORTABLE & ADJUSTABLE

Velcro and light weight materials provide a perfect fit and a portable design.

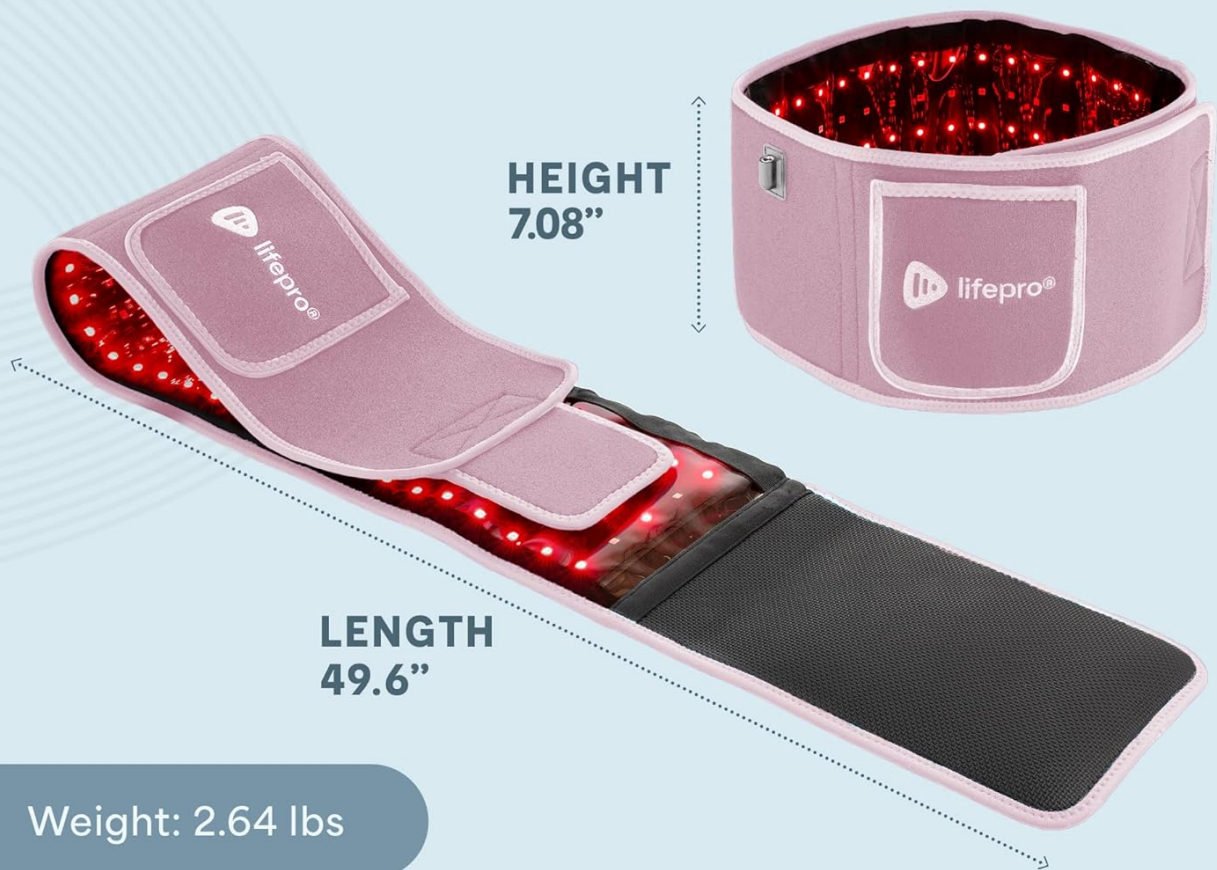


Image: The LifePro Red Light Therapy Belt with indicated dimensions: Length 49.6 inches, Height 7.08 inches, and Weight 2.64 lbs (note: product weight is 1.2 lbs, packaged weight is 2.98 lbs).

10. WARRANTY AND SUPPORT

LifePro offers a lifetime warranty for this product. For technical support, warranty claims, or any questions regarding your LifePro Red Light Therapy Belt, please contact LifePro customer service. Refer to the contact information

provided with your product or visit the official LifePro website for assistance.

You can also find support and resources by visiting the [LifePro Store on Amazon](#).



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